



Hope and Opportunity in Many Environments

TOWNHALL MEETING

May 16, 2024



Health and
Human Services

Agenda

- ▶ Welcome
- ▶ Statewide Access and Provider Capacity Assessment Survey
- ▶ Waiver submission 101
- ▶ Concept paper
- ▶ Initial changes for 2024
- ▶ Initial feedback
- ▶ Discussion

Tips and tricks for using Zoom

- ▶ If you are joining the meeting via computer...
 - Click on the participants button at the bottom of the screen to open a box with all meeting attendees listed
 - Speaking on the call:
 - Click the microphone icon to mute/unmute
 - Use the "raise hand" option to raise or lower your hand as a prompt for the meeting facilitator to call on you—click on reactions and select raise hand
 - Using the chat function:
 - Click the chat icon to open the chat box and begin typing
 - Share thoughts, links, and questions
- ▶ If you are joining by phone...
 - Press *6 to mute/unmute
 - Press *9 to raise/lower hand

Statewide Access and Provider Capacity Assessment Survey

Goals

- ▶ **Investigate the community-based service (CBS) needs of three populations of concern and provider capacity to serve them in the least restrictive setting**
 1. Individuals with intellectual and developmental disabilities (IDD)
 2. Children and youth with serious emotional disturbance (SED)
 3. School-based services users

Provider survey

- ▶ To analyze CBS needs and gaps, we want to hear from providers!
 - Does not include paid caregivers and case managers; other state efforts will address these perspectives
- ▶ Builds on input from public engagement efforts to date
- ▶ The survey will provide opportunity to share perspectives on...
 - Services our populations of interest have problem accessing
 - Capacity and workforce challenges
 - Potential strategies to meet the needs of providers and lowans who use CBS

We want to hear from you!

- ▶ Survey launch: expected first week of June 2024
 - Survey closes after one month
- ▶ To make sure you receive the survey, or to ask questions...
 - Email IowaHCBS@mathematica-mpr.com
 - **Subject:** Statewide Access and Provider Capacity Assessment Survey
 - Share your preferred email address and/or question

Waiver Submission 101

What is Medicaid?

- ▶ Medicaid is a program run by state governments within federal guidelines
- ▶ It provides health care coverage for low-income adults, children, individuals with disabilities and pregnant women
- ▶ It is the largest payer of mental health services, long-term services and supports and births

Federal Approval of State Programs

A state must submit documents to the Centers for Medicare & Medicaid Services for approval in order to operate programs.

In Iowa, these documents include:

- ▶ State Plan Amendments (SPAs) – Documents that describe the Medicaid program administration, eligibility categories and non-waiver services provided
- ▶ 1915(i) State Plan Option – A document that describes Home and Community Based Service benefits under the state plan for a targeted population
- ▶ 1915(c) Waivers – Documents that describe how a state will meet the needs of people who prefer supports in the community rather than an institutional setting
- ▶ 1115 Demonstrations – A document, approved by the Secretary of Health and Human Services, that waives certain provisions of Medicaid law
- ▶ 1915(b) Waivers – A document that describes the modification of a typical fee-for-service delivery system (these are typically to get authority to operate managed care programs)

Long Term Services and Supports – Institutional vs. Home and Community Based Services



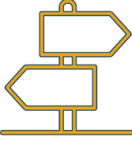
| | Institutional | Home and Community Based Services |
|------------------------------|---|---|
| Is the service required? | Yes (Mandatory, State Plan) | No (Optional, State Plan Waiver) |
| Where are services provided? | Nursing Facilities Hospitals Intermediate Care Facilities for Intellectual Disability Other Medical Institutions | Home Other integrated community-based settings that exclude coverage of room and board |
| What services are provided? | Hospital services Nursing Facility services Inpatient psychiatric services for people age <21 or 65+ in an IMD | Case management Homemaker services Home health aide services Personal care services Adult day health services Habilitation services Respite care services Day treatment or partial hospitalization services Other as cost effective and necessary to avoid institutionalization |

Concept paper

Current HCBS System

CHALLENGES

RECOMENDATIONS

| | |
|---|---|
| <p>1</p>  <p>Waitlists are not timely, efficient or needs-based</p> | <ul style="list-style-type: none">• Develop a single waitlist that allows Iowa HHS to understand needs and prioritize waiver slots |
| <p>2</p>  <p>Services do not align with Iowa's needs</p> | <ul style="list-style-type: none">• Transition to a waiver system that is need-based, person-centered and equitable• Expand service offerings to address the whole person• Use tiered budget levels to more efficiently use limited funds |
| <p>3</p>  <p>Services and supports are difficult to navigate and access</p> | <ul style="list-style-type: none">• Develop a system that is easier to understand and navigate• Use blended provider networks to maximize capacity |

HOME Guiding Principles



Equitable
access



High quality
service



Coordinated
systems



Proven
valuable
services

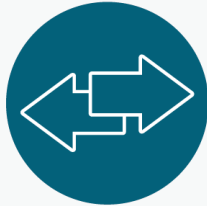


Effective and
accountable
system

Proposed Waiver Redesign

Supporting families, serving individuals across the lifespan, and serving individuals in the living situation that works best for them and their families.

1



Change from 7 waivers to 2, age-based waivers

Waiver 1: Children and Youth (ages 0 to 20)
Waiver 2: Adult and Aging (ages 21 and older)

2



Offer comprehensive service packages

Include formal and informal supports that meet the needs of Iowans across their lifespan

3



Develop “tiered” budgets

Allocate resources for eligible individuals based on their needs

1. Change from 7 waivers to 2 age-based waivers

CURRENT HCBS WAIVERS (2024)

| WAIVER | GROUPS SERVED | AGES SERVED |
|--------------------------|--|-------------|
| Elderly | Aging | 65+ |
| Intellectual Disability | Intellectual Disability | 0+ |
| Brain Injury | Brain Injury | 0+ |
| AIDS/HIV | AIDS/HIV | 0+ |
| Health & Disability | Physical disability; blind or disabled | 0-64 |
| Physical Disability | Physical disability; blind or disabled | 18-64 |
| Children's Mental Health | Serious emotional disturbance (SED) | 0-17 |



PROPOSED WAIVER REDESIGN (2025/2026)

| WAIVER | GROUPS SERVED | AGES SERVED |
|------------------|---|-------------|
| Children & Youth | <ul style="list-style-type: none"> • Intellectual disability • Brain injury • AIDS/HIV • Physical disability, including blindness • SED • Developmental Disabilities NEW | 0-20 |
| | <ul style="list-style-type: none"> • Intellectual disability • Brain injury • AIDS/HIV • Physical disability, including blindness • Aging • Developmental Disabilities NEW | 21+ |

Waitlist Management

| Current Waitlist | Future Waitlist |
|---|---|
| <ul style="list-style-type: none">• Some people apply for multiple waivers and stay on the waitlists for long periods without receiving adequate services to meet their needs | <ul style="list-style-type: none">• An assessment and prioritization system would ensure those with the highest needs can access services in a timely fashion• People with lower assessed needs may be placed on a waitlist, and receive navigation services to connect them with services and supports during this time |

2. Offer comprehensive service packages

Retain existing services
that lowans need and broadly use

Add services
to meet lowans' current unmet needs

Eliminate duplication
or overlapping components across services

Children & Youth Waiver

Daily Activities and Care

- Home-Delivered Meals
- Medical Day Care for Children
- Respite
- Supported Community Living
- Transportation

Help with Health Needs

- Positive Behavioral Support and Consultation
- Family and Community Support Service

Equipment and Modifications

- Assistive Devices
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services

Day Services

- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Residential-Based Supported Community Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- **Community Transition Services**
- **Crisis Planning and Support**
- **Peer Mentoring**

Adult & Aging Waiver

Daily Activities and Care

- Attendant Care (skilled & unskilled)
- Companion*
- Home-Delivered Meals
- Home Health Aide
- Home Maintenance Support*

Help with Health Needs

- Positive Behavioral Support and Consultation
- Family Training
- Interim Medical Monitoring and Treatment
- Nursing
- Nutritional Counseling

Equipment and Modifications

- Assistive Devices
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services
- Specialized Medical Equipment

Day Services

- Adult Day Health
- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Assisted Living
- Supported Community Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- Respite
- **Community Transition Services**
- **Crisis Planning and Support**
- **Peer Mentoring**
- Transportation

3. Develop “tiered” budgets

- ▶ A universal assessment would assess every individual’s needs and result in a level of need score.
- ▶ The score, plus other factors such as age or living arrangements, would set the monthly budget for waiver services.
- ▶ The approach would ensure lowans receive services they need in an efficient and cost-effective way.

Proposed timeline for waiver redesign



**Timeline contingent upon ongoing support from the IA legislature and federal review, support, and approval*

Funding Community Based Services

Funding for Community Based Services

▶ House File 2698 appropriates funds to support:

- ✓ \$14.6 million for HCBS provider reimbursement rates
- ✓ \$1.9 million for 76 additional waiver slots for Iowans with intellectual disabilities
- ✓ \$2.3 million for mental health provider reimbursement rates
- ✓ \$3 million for adjustments toward home health provider rates working with older Iowans
- ✓ \$5.0 million for case management to coordinate care for vulnerable populations

Initial Feedback on Concept Paper

Engagement and feedback activities

- ▶ Shared concept paper with CMS and the public on April 18
 - 104 responses received via the online feedback form as of May 8
 - 285 providers attended the listening session on May 7
 - 109 total members attended listening sessions on May 6 and May 9
- ▶ Steering committee meetings on March 26 and May 1
 - Introduced the concept paper and promoted the upcoming feedback opportunity

Preliminary themes from feedback

- ▶ Positive reactions to the proposed two waiver structure, emphasizing increased efficiencies and reduced administrative burden.
- ▶ Ongoing concerns about meeting the elderly population needs, and transitions from the child/youth to adult/aging waiver.
- ▶ Support for increased accessibility to services that were not previously available due to waiver restrictions.

Note: This is a preliminary summary of feedback. A complete analysis will be done once the comment period is over on May 17.

Provide your feedback!

- ▶ Review the concept paper on the HHS website here -

<https://hhs.iowa.gov/media/13069/download?inline>

- ▶ Submit the online feedback form by May 17 here -

<https://mathematica.questionprogov.com/t/AC6cZGO4>

Questions



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