



FY24 ANNUAL SERVICE & BUDGET PLAN

**SUBMITTED
3/27/2023**

GEOGRAPHIC AREA: Allamakee, Butler, Black Hawk, Chickasaw, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Tama and Winneshiek.

REVIEWED BY CHILDREN'S BEHAVIORAL SERVICES ADVISORY BOARD: 4/26/2023

REVIEWED BY ADULT SERVICES ADVISORY BOARD: 4/26/2023

APPROVED BY GOVERNING BOARD: 3/22/2023

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Introduction

County Social Services was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2024 Annual Service and Budget Plan covers the period of July 1, 2023, to June 30, 2024. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The Annual Service and Budget Plan has been approved by the County Social Services Governing Board on March 22, 2023 and is subject to approval by the Director of Health & Human Services. The CSS Plan is available in each local CSS office, and on the CSS (www.countysocialservices.org) and HHS (www.hhs.iowa.gov) websites.

The current membership of the FY2024 County Social Services Governing Board, formed in accordance with Iowa Code 331.390, may be found in the appendix. The Adult Services Advisory Committee membership and the Children’s Behavioral Health Advisory Committee membership are also included in the appendix.

A. Local Access Points

An access point is a part of the County Social Services service system trained to complete MHDS regional applications for persons with a disability.

County Social Services has designated the following access points for adult mental health and disability services, as well as for children’s behavioral health services.

Access Point	Location	Contact Information
988 or Your Life Iowa for Mobile Crisis Response	N/A	988 or Call: (855) 581-8111 Text:(855) 895-8398
County Social Services Local County Offices		
Allamakee County	110 Allamakee Street Waukon, IA 52172	563-568-6227
Black Hawk County	1407 Independence Ave. Waterloo, IA 50703	319-291-2624
Butler County	713 Elm Street Allison, IA 50602	319-267-2663
Chickasaw County	114 N. Vine Street West Union, IA 52175	563-422-5047
Clayton County	600 Gunder Rd. Elkader, IA 52043	563-794-0496
Fayette County	114 N. Vine Street West Union, IA 52175	563-422-5047

Floyd County	101 S. Main Street, Suite 202 Charles City, IA 50616	641-257-6363
Grundy County	706 H Avenue, Suite 1 Grundy Center, IA 50638	319-824-6779
Howard County	205 2nd Street E Cresco, IA 52136	563-547-9207
Mitchell County	415 Pleasant Street Osage, IA 50461	641-832-2615
Tama County	211 W. State Street Toledo, IA 52342	319-939-6472
Winneshiek County	305 Montgomery Decorah, IA 52101	319-277-5395
Designated Mental Health Center Access Points		
Black Hawk-Grundy Mental Health Center	3251 West 9th St. Waterloo, IA 50702	800-583-1526
Center Associates	1309 S. Broadway Toledo, IA 52342	800-896-2055
Northeast Iowa Behavioral Health	905 Montgomery St. Decorah, IA 52101	800-400-8923
Pathways Behavioral Services	3362 University Ave Waterloo, IA 50701	800-879-1372
Prairie Ridge Integrated Behavioral Healthcare	32 N. Eisenhower Ave. Mason City, IA 50401	866-429-2391

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for County Social Services.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
County Social Services Service Coordination	Both	Entire CSS Region	See local county office contact information above.
County Social Services Integrated Care Management	Both	Entire CSS Region	641-257-6199
HHS Targeted Case Management	Both	Statewide	515-281-7163
Abbe Center for Community Mental Health	Adult	Fayette County	319-261-0576
Black Hawk-Grundy Mental Health Center	Both	Black Hawk and Grundy Counties	319-234-2893
Center Associates	Both	Tama County	641-484-5234
Child Health Specialty Clinic	Child	Allamakee, Chickasaw, Clayton, Fayette, Howard, and Winneshiek Counties	877-571-9797
Elevate	Both	Entire CSS Region	833-370-0719
Families First Counseling Services	Child	Black Hawk, Clayton, Fayette, Howard, and Winneshiek Counties	888-316-3025
Four Oaks Family and Children's Services	Both	Black Hawk, Fayette, Floyd, and Mitchell Counties	319-247-4834, x2267
Northeast Iowa Behavioral Health	Both	Allamakee, Chickasaw, Clayton, Fayette, Howard, and Winneshiek Counties	563-382-3649
Pathways Behavioral Services	Both	Black Hawk, Butler, Chickasaw and Grundy Counties	319-235-6571

Prairie Ridge Integrated Behavioral Healthcare	Adult	Floyd and Mitchell Counties	641-243-7246
Tanager Place	Child	Tama County	319-286-4531
Amerigroup Iowa	Both	Statewide	800-600-4441
Iowa Total Care	Both	Statewide	833-404-1061
Molina Healthcare of Iowa	Both	Statewide	844-236-0894

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

24 Hour Crisis Response

Provider	Location	Contact Information
Black Hawk-Grundy Mental Health Center	Waterloo, IA	800-583-1526
Center Associates	Toledo, IA	800-896-2055
Elevate	Waterloo, IA	833-370-0719
Northeast Iowa Behavioral Health	Decorah, IA	800-400-8923
Pathways Behavioral Services	Waterloo, IA	800-879-1372
Prairie Ridge Integrated Behavioral Healthcare	Mason City, IA	866-429-2391

24 Hour Crisis Hotline

Provider	Location	Contact Information
YourLifelowa	https://yourlifeiowa.org/	855-581-8111
988 Suicide & Crisis Lifeline	https://988lifeline.org/	988

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Flowstate Health	Both	Local EDs via telehealth	641-660-8273
Elevate	Both	Waterloo, IA	833-370-0719

Mobile Response

Provider	Location	Contact Information
Elevate	Waterloo, IA	855-581-8111 or 988

Crisis Stabilization Community-based Services

Provider	Adult/Child/Both	Location	Contact Information
Elevate	Both	Waterloo, IA	833-370-0719

Crisis Stabilization Residential Services

Provider	Adult/Child/Both	Location	Contact Information
North Iowa Regional Services	Both	Waterloo, IA	319-291-2455
Youth & Shelter Services	Child	Mason City, IA	641-423-7362

23-Hour Observation

Provider	Location	Contact Information
Elevate CCBHC	Waterloo, IA	833-370-0719

County Social Services utilizes providers in neighboring regions for crisis services, as well, and reimburse the providers according to the host region contract.

D. Intensive Mental Health Services

The region has designated the following provider as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
North Iowa Regional Services	Waterloo, IA	319-291-2455

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Inspiring Lives	Fayette, IA	563-422-5606
Resources for Human Development	Waterloo, IA	319-229-5030

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Inspiring Lives	Fayette, IA	563-422-5606
North Iowa Regional Services	Waterloo, IA	319-291-2455

The region plans to designate the following **Intensive Residential Service** providers still in FY2023 which are working toward meeting the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
Elevate	Waterloo, IA	833-370-0719
Inspiring Lives	Fayette, IA	563-422-5606

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by County Social Services. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in Section F of the County Social Services Policy and Procedure Manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are also located in Section F of the County Social Services Policy and Procedure Manual. The Policy and Procedure Manual can be found online at: https://www.countysocialservices.org/about/documents_policies/.

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

Table A. Expenditures

FY 2024 Budget	County Social Services MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 225,000	\$ -	\$ -	\$ -		\$ 225,000
42306	Medication prescribing & management **	\$ 200,000	\$ -	\$ -	\$ -		\$ 200,000
43301	Assessment, evaluation, and early identification **	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
71319	Mental health inpatient therapy-MHI	\$ 400,000	\$ -	\$ -	\$ -		\$ 400,000
73319	Mental health inpatient therapy **	\$ -	\$ -	\$ -	\$ -		\$ -
Crisis Services							
32322	Personal emergency response system	\$ -	\$ -	\$ -	\$ -		\$ -
44301	Crisis evaluation	\$ 298,000	\$ 2,000	\$ -	\$ -		\$ 300,000
44302	23 hour crisis observation & holding	\$ 20,000	\$ -	\$ -	\$ -		\$ 20,000
44305	24 hour access to crisis response	\$ -	\$ -	\$ -	\$ -		\$ -
44307	Mobile response **	\$ 1,065,000	\$ 20,000	\$10,000	\$5,000		\$ 1,100,000
44312	Crisis Stabilization community-based services **	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
44313	Crisis Stabilization residential services **	\$ 1,000,000	\$ -	\$ -	\$ -		\$ 1,000,000
44379	System building & sustainability - Crisis	\$ 300,000	\$ -	\$ -	\$ -		\$ 300,000
44396	Access Centers: start-up / sustainability	\$ 60,000	\$ -	\$ -	\$ -		\$ 60,000
Support for Community Living							
32320	Home health aide	\$ -	\$ 1,000	\$ -	\$ -		\$ 1,000
32325	Respite	\$ -	\$ 1,000	\$ -	\$ -		\$ 1,000
32328	Home & vehicle modifications	\$ -	\$ 1,000	\$ -	\$ -		\$ 1,000
32329	Supported community living	\$ 1,120,000	\$230,000	\$ 00,000	\$ 50,000		\$ 1,500,000
42329	Intensive residential services	\$ 1,200,000	\$ -	\$ -	\$ -		\$ 1,200,000
Support for Employment							
50362	Prevocational services	\$ -	\$ 2,000	\$ -	\$ -		\$ 2,000
50364	Job development	\$ -	\$ 1,000	\$ -	\$ -		\$ 1,000
50367	Day habilitation	\$ 15,000	\$130,000	\$30,000	\$ -		\$ 175,000
50368	Supported employment	\$ 10,000	\$ 50,000	\$100,000	\$ -		\$ 160,000
50369	Group Supported employment-enclave	\$ 3,000	\$ 3,000	\$ 4,000	\$ -		\$ 10,000
50379	System building & sustainability - IPS & Vocational	\$ 200,000	\$ -	\$ -	\$ -		\$ 200,000
Recovery Services							
45323	Family support	\$ -	\$ -	\$ -	\$ -		\$ -
45366	Peer support	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
Service Coordination							
21375	Case management	\$ -	\$ -	\$ -	\$ -		\$ -
24376	Health homes	\$ 7,000	\$ -	\$ -	\$ -		\$ 7,000
Sub-Acute Services							
63309	Subacute services-1-5 beds	\$ -	\$ -	\$ -	\$ -		\$ -

64309	Subacute services-6 and over beds	\$ 195,000	\$ 5,000	\$ -	\$ -		\$ 200,000
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency	\$ 30,000	\$ -	\$ -	\$ -		\$ 30,000
32379	System building & sustainability - Supported housing	\$ -	\$ -	\$ -	\$ -		\$ -
32396	Supported housing	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
42398	Assertive community treatment (ACT)	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
45373	Family psychoeducation	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
45379	System building & sustainability - FPE & Recovery Svcs	\$ -	\$ -	\$ -	\$ -		\$ -
	Core Domains Total	\$ 6,513,000	\$446,000	\$244,000	\$55,000		\$ 7,258,000
	Mandated Services						
46319	Oakdale	\$ -	\$ -	\$ -	\$ -		\$ -
72319	State resource centers	\$ -	\$ -	\$ -	\$ -		\$ -
74XXX	Commitment related (except 301)	\$ 210,000	\$ -	\$ -	\$ -		\$ 210,000
75XXX	Mental health advocate	\$ 315,000	\$ -	\$ -	\$ -		\$ 315,000
	Mandated Services Total	\$ 525,000	\$ -	\$ -	\$ -		\$ 525,000
	Additional Core Domains						
	Justice system-involved services						
25xxx	Coordination services	\$ 140,000	\$ 10,000	\$ 5,000	\$ -		\$ 155,000
25378	Contracted coordination services	\$ -	\$ -	\$ -	\$ -		\$ -
44346	24 hour crisis line*	\$ -	\$ -	\$ -	\$ -		\$ -
44366	Warm line*	\$ -	\$ -	\$ -	\$ -		\$ -
46305	Mental health services in jails	\$ 245,000	\$ 10,000	\$ 5,000	\$ -		\$ 260,000
46399	Justice system-involved services-other	\$ -	\$ -	\$ -	\$ -		\$ -
46422	Crisis prevention training	\$ 60,000	\$ -	\$ -	\$ -		\$ 60,000
46425	Mental health court related costs	\$ -	\$ -	\$ -	\$ -		\$ -
74301	Civil commitment prescreening evaluation	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
	Additional Core Evidenced based treatment						
42366	Peer Wellness / Wellness and Recovery Centers	\$ 90,000	\$ 10,000	\$ -	\$ -		\$ 100,000
42379	System building & sustainability - Non crisis	\$ 50,000	\$ -	\$ -	\$ -		\$ 50,000
42397	Psychiatric rehabilitation (IPR)	\$ -	\$ -	\$ -	\$ -		\$ -
	Additional Core Domains Total	\$ 635,000	\$ 30,000	\$10,000	\$ -		\$ 675,000
	Other Informational Services						
03371	Information & referral	\$ 5,000	\$ -	\$ -	\$ -		\$ 5,000
04372	Planning, consultation &/or early intervention (client related) **	\$ 10,000	\$ -	\$ -	\$ -		\$ 10,000
04377	Provider Incentive Payment	\$ -	\$ -	\$ -	\$ -		\$ -
04399	Consultation Other	\$ -	\$ -	\$ -	\$ -		\$ -
04429	Planning and Management Consultants (non-client related)	\$ -	\$ -	\$ -	\$ -		\$ -
05373	Public education, prevention and education **	\$ 300,000	\$ -	\$ -	\$ -		\$ 300,000
	Other Informational Services Total	\$ 315,000	\$ -	\$ -	\$ -		\$ 315,000
	Community Living Supports						
06399	Academic services	\$ -	\$ -	\$ -	\$ -		\$ -

22XXX	Services management	\$ 1,194,000	\$140,000	\$75,000	\$25,000		\$ 1,434,000
22378	Contracted services management	\$ -	\$ -	\$ -	\$ -		\$ -
23376	Crisis care coordination	\$ -	\$ -	\$ -	\$ -		\$ -
23378	Contracted crisis care coordination	\$ -	\$ -	\$ -	\$ -		\$ -
23399	Crisis care coordination other	\$ -	\$ -	\$ -	\$ -		\$ -
24399	Health home other	\$ -	\$ -	\$ -	\$ -		\$ -
31XXX	Transportation	\$ 80,000	\$ 25,000	\$10,000	\$5,000		\$ 120,000
32321	Chore services	\$ -	\$ -	\$ -	\$ -		\$ -
32326	Guardian/conservator	\$ 41,400	\$ 81,000	\$ 3,600	\$1,800		\$ 127,800
32327	Representative payee	\$ -	\$ -	\$ -	\$ -		\$ -
32335	CDAC	\$ -	\$ -	\$ -	\$ -		\$ -
32399	Other support	\$ -	\$ -	\$ -	\$ -		\$ -
33330	Mobile meals	\$ -	\$ -	\$ -	\$ -		\$ -
33340	Rent payments (time limited)	\$ 33,000	\$ 2,000	\$ -	\$ -		\$ 35,000
33345	Ongoing rent subsidy	\$ 90,000	\$ -	\$ -	\$ -		\$ 90,000
33399	Other basic needs	\$ 65,000	\$ -	\$ -	\$ -		\$ 65,000
41305	Physiological outpatient treatment	\$ 1,000	\$ -	\$ -	\$ -		\$ 1,000
41306	Prescription meds	\$ 4,000	\$ -	\$ -	\$ -		\$ 4,000
41307	In-home nursing	\$ -	\$ -	\$ -	\$ -		\$ -
41308	Health supplies	\$ -	\$ -	\$ -	\$ -		\$ -
41399	Other physiological treatment	\$ -	\$ -	\$ -	\$ -		\$ -
42309	Partial hospitalization	\$ -	\$ -	\$ -	\$ -		\$ -
42310	Transitional living program	\$ -	\$ -	\$ -	\$ -		\$ -
42363	Day treatment	\$ -	\$ -	\$ -	\$ -		\$ -
42396	Community support programs	\$ 10,000	\$ -	\$ -	\$ -		\$ 10,000
42399	Other psychotherapeutic treatment	\$ -	\$ -	\$ -	\$ -		\$ -
43399	Other non-crisis evaluation	\$ -	\$ -	\$ -	\$ -		\$ -
44304	Emergency care	\$ -	\$ -	\$ -	\$ -		\$ -
44399	Other crisis services	\$ -	\$ -	\$ -	\$ -		\$ -
45399	Other family & peer support	\$ -	\$ -	\$ -	\$ -		\$ -
46306	Psychiatric medications in jail	\$ 25,000	\$ -	\$ -	\$ -		\$ 25,000
50361	Vocational skills training	\$ -	\$ -	\$ -	\$ -		\$ -
50365	Supported education	\$ -	\$ -	\$ -	\$ -		\$ -
50399	Other vocational & day services	\$ -	\$ -	\$ -	\$ -		\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	\$ -	\$ -	\$ -	\$ -		\$ -
63XXX	ICF 1-5 beds (63317 & 63318)	\$ -	\$ -	\$ -	\$ -		\$ -
63329	SCL 1-5 beds	\$ -	\$ -	\$ -	\$ -		\$ -
63399	Other 1-5 beds	\$ -	\$ -	\$ -	\$ -		\$ -
	Community Living Supports	\$ 1,543,400	\$248,000	\$88,600	\$31,800		\$ 1,911,800
Other Congregate Services							
50360	Work services (work activity/sheltered work)	\$ -	\$ -	\$ -	\$ -		\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 450,000	\$ 50,000	\$ -	\$ -		\$ 500,000
64XXX	ICF 6 and over beds (64317 & 64318)	\$ -	\$ -	\$ -	\$ -		\$ -

64329	SCL 6 and over beds	\$ 700,000	\$ -	\$ -	\$ -		\$ 700,000
64399	Other 6 and over beds	\$ -	\$ -	\$ -	\$ -		\$ -
	Other Congregate Services Total	\$ 1,150,000	\$ 50,000	\$ -	\$ -		\$ 1,200,000
Administration							
11XXX	Direct Administration					1,150,000	\$ 1,150,000
12XXX	Purchased Administration					220,000	\$ 220,000
	Administration Total					\$ 1,370,000	\$ 1,370,000
	Regional Totals	\$ 10,681,400	\$774,000	\$ 342,600	\$ 86,800	\$ 1,370,000	\$ 13,254,800
(45XX-XXX)County Provided Case Management							
							\$ 121,525
(46XX-XXX)County Provided Services							
							\$ -
	Regional Grand Total						\$ 13,376,325

Table B. Revenues

FY 2024 Budget	County Social Services MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/23		\$ 3,576,676
	Local/Regional Funds		\$ 230,000
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest	200,000	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	30,000	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 11,652,840.00
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	11,652,840	
2643	State Incentive Funds		
	Other		
	Federal Funds		\$ 121,525
2345	Medicaid	121,525	
	Other		
	Total Revenues		\$ 12,004,365

Total Funds Available for FY2024	\$ 15,581,041
FY24 Actual Regional Expenditures	\$ 13,376,325
Accrual Fund Balance as of 6/30/2024	\$ 2,204,716

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by County Social Services in the identification of service need and funding necessary for services.

Historical service utilization is the starting point for all financial projections. The FY2024 budget is based on this and utilization for the current year, while also planning for service development for the upcoming fiscal year. Areas of expenditure continue to shift to meet state requirements of funding core and additional core services for adults and children and to meet the Region's obligations under our Performance-Based Contract with the Department of Health and Human Services. Although this leaves fewer discretionary dollars, we continually assess community needs and may reallocate funds within the budget as needed to areas of unmet need.

CSS staff meet with stakeholders throughout the year to identify unmet needs and areas for service development. The Adult and Children's Advisory Committees, through their CSS Board representatives, may make recommendations to the CSS Governing Board for service development.

County Social Services will continue to budget for additional service development in the areas of Crisis Services, Intensive Mental Health Services and Children's Behavioral Health Services in order to meet compliance in service availability, as well as access standards. Crisis stabilization residential expenditures for children are projected to increase with the opening of the Brownstone Youth Crisis Stabilization Residential Services program in the Region in late FY2023. In FY2024, County Social Services is budgeting \$1,325,000 for Children's Behavioral Health Service provision. This includes almost \$240,000 for the social emotional wellness and preventative wellbeing programs in our region's elementary and middle schools, which began in the fall of 2020 with CARES Act funding. In FY2024, this program will expand to reach 22 schools with in-person programming, as well as 10 online schools. We continue our investment in providing Youth Mental Health First Aid Training throughout the region and now also will be offering Teen Mental Health First Aid.

County Social Services strives to be responsible stewards of the taxpayer's finances, while at the same time be responsive to the needs of the mental health and disability service system. While our fund balance may be used for start-up funds for some needed projects, we keep in mind that ongoing region funding for services that should be funded by Medicaid is not sustainable. Region funding with the state tax appropriation provided continues to be for core services where there is no other funder, gaps in the current service system and other needed services not reimbursed by Medicaid.

Due to the unique nature of County Social Services being the employer of record for its staff, the 5% fund balance carryover creates some trepidation with relation to meeting payroll, and all other expenses that come along with being the employer, and still being able to pay providers on a timely basis should the Regional Service Payment not be timely from HHS. The region will need to be mindful of this potential tight cashflow situation as we forecast for future fiscal years.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by County Social Services.

- Fee for service:

County Social Services will contract with MHDS providers whose base of operation is within the region. County Social Services may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs, and crisis services.

- **Block grant payments:**
County Social Services utilizes block grant funding for activities not specified to one individual, but that benefit the population as a whole. Block grant funding is used for drop-in centers, matching dollars for the federal PATH grant for homeless outreach, judicial hospital referees, mental health reentry programs, etc.
- **Compensation for a “system of care” approach:**
A System of Care funding approach is used for services such as Mobile Crisis Response. These specific services are funded using a per capita methodology, ensuring needed crisis services are available and sustainable where and when individuals in our region, or “system,” need them. We also use this methodology in a slightly different way to fund the psychiatric services in the Black Hawk County Jail, spreading the cost over the individuals served that month.
- **Use of nontraditional providers:**
When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the service coordinator will request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus and are initiated when there is a reasonable likelihood that such services will benefit the consumer’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer’s stated goals or outcomes. A request can be made by an individual, or their authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards. In the past, the Region has contracted with Veridian Fiscal Solutions (VFS) to enroll members in region-funded Self-Directed Services. This service delivery model allows the individual to select a non-traditional provider of their choice and become the actual employer. Payroll is run through VFS. Due to low usage, this contract was not renewed by VFS for FY2023. However, VFS was clear that, if interest in Self-Directed Services increases, they would contract with the Region again.
- **Incorporation of all funding sources for individuals including Medicaid:**
The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. County Social Services will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

Appendix A: County Social Services Board Members

Name	Title	Representing
Dennis Keatley	Board Member	Allamakee County Board of Supervisors
Tavis Hall	Board Member	Black Hawk County Board of Supervisors
Greg Barnett	Secretary/Treasurer	Butler County Board of Supervisors
Jacob Hackman	Board Chair	Chickasaw County Board of Supervisors
Doug Reimer	Board Member	Clayton County Board of Supervisors
Janell Bradley	Board Member	Fayette County Board of Supervisors
Mark Kuhn	Board Member	Floyd County Board of Supervisors
Heidi Nederhoff	Board Member	Grundy County Board of Supervisors
Pat Murray	Vice-Chair	Howard County Board of Supervisors
Mark Hendrickson	Board Member	Mitchell County Board of Supervisors
Bill Faircloth	Board Member	Tama County Board of Supervisors
Mark Faldet	Board Member	Winneshiek County Board of Supervisors
Bruce Grant	Board Member	Adult or Actively Involved Relative of Adult who utilizes MHDS
June Klein-Bacon*	Board Member	Parent or Actively Involved Relative of Child who Utilizes CBH
Kristi Aschenbrenner	Board Member	Regional Education System Representative
Brittney Montross	Non-voting Ex-Officio Board Member	Regional MHDS Adult Service Provider
<vacant>	Non-voting Ex-Officio Board Member	Regional Children's Behavioral Service Provider

*term expires 6/30/2023. May be reappointed.

Appendix B: CSS Children’s Behavioral Health Advisory Committee

Representing	Member(s)
Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services	June Klein-Bacon, Brain Injury Alliance of Iowa (board rep)
The Education System	Kristi Aschenbrenner, Osage Community Schools (board rep)
	Donna Kitrick, Waterloo Community Schools (CHAIR)
	Dana Miller, Central Rivers AEA (VICE CHAIR)
	Amy Spieker, Charles City Schools
	Lindsey Staudt, Charles City CSD Special Education
Early Childhood Advocate	Melissa Holohan, Northeast Iowa Community Action
Child Welfare Advocate	Melissa Clough, Community Partnership for Protecting Children
Children’s Behavioral Health Service Providers	Brittany Davie, Brownstone Youth Services Chrissa Hunt, Heart and Solutions
The Juvenile Court System	Terrance Campbell, First Judicial District Juvenile Court Services
Pediatrician	Kendra Elwood, MercyOne Waterloo
	Stuart Feldman, MercyOne Waterloo
Child Care Provider	<vacant>
Local Law Enforcement	<vacant>
Regional Governing Board	Heidi Nederhoff, Grundy County Board of Supervisors

Appendix C: CSS Adult Services Advisory Committee

Representing	Member(s)
CSS Governing Board Members	Greg Barnett, Butler County Board of Supervisors
	Dennis Keatley, Allamakee County Board of Supervisors
Service providers of adult mental health and disability services	June Klein-Bacon, Brain Injury Alliance of Iowa (CHAIR)
	Brittney Montross, Exceptional Persons, Inc. (board rep)
	Melody Moser, Cedar Valley Community Support Services
	Tom Eachus, Black Hawk-Grundy Mental Health Center
Individuals who utilize service or the actively involved relatives of such individuals	Bruce Grant (board rep)
Other Interested Parties	Sara Geiger, Community Treatment Coordinator, Dept. of Correctional Services
	Dan Marx, Winneshiek County Sheriff

Appendix D: 2023 HHS Federal Poverty Guidelines

2023 Federal Poverty Guidelines

Persons in Family or Household	48 Contiguous States and D.C.	Monthly 100%	Monthly 150%
1	\$14,580	\$1,215	\$1,823
2	19,720	\$1,643	\$2,465
3	24,860	\$2,072	\$3,108
4	30,000	\$2,500	\$3,750
5	35,140	\$2,928	\$4,393
6	40,280	\$3,357	\$5,035
7	45,420	\$3,785	\$5,678
8	50,560	\$4,213	\$6,320
For each additional person, add	5,140	\$428	\$643

Effective January 19, 2023 – per the Department of Health and Human Services
<https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

Appendix E: Cost Share Table for Children’s Behavioral Health Services

Children’s Behavioral Health Services: Cost-Share for Family	
Family Income as a % of FPL	Cost Share % Paid by Family
0 to 150%	0%
151 to 200%	10%
201 to 250%	15%
251-300%	20%
301-350%	35%
351-400%	50%
401-450%	65%
450-500%	80%
Over 500%	100%

Appendix F: CSS 2023 Sliding Fee Schedule for CMHC Outpatient Services

	Household Size:								
Client Co-Payments	1	2	3	4	5	6	7	8	% Poverty
	Income listed is the upper threshold for that copayment.								
No Fee	\$1,823	\$2,465	\$3,108	\$3,750	\$4,392	\$5,036	\$5,678	\$6,320	150%
\$10	\$2,066	\$2,793	\$3,522	\$4,250	\$4,978	\$5,707	\$6,435	\$7,162	170%
\$20	\$2,309	\$3,122	\$3,937	\$4,750	\$5,563	\$6,378	\$7,192	\$8,005	190%
\$30	\$2,552	\$3,450	\$4,351	\$5,250	\$6,149	\$7,050	\$7,949	\$8,847	210%
\$40	\$2,795	\$3,779	\$4,766	\$5,750	\$6,734	\$7,721	\$8,706	\$9,690	230%
\$50	\$3,038	\$4,108	\$5,180	\$6,250	\$7,320	\$8,393	\$9,463	\$10,533	250%
\$60	\$3,281	\$4,436	\$5,594	\$6,750	\$7,906	\$9,064	\$10,220	\$11,375	270%
\$70	\$3,524	\$4,765	\$6,009	\$7,250	\$8,491	\$9,735	\$10,977	\$12,218	290%
\$80	\$3,767	\$5,093	\$6,423	\$7,750	\$9,077	\$10,407	\$11,734	\$13,060	310%
\$90	\$4,010	\$5,422	\$6,838	\$8,250	\$9,662	\$11,078	\$12,491	\$13,903	330%
\$100	\$4,253	\$5,751	\$7,252	\$8,750	\$10,248	\$11,750	\$13,248	\$14,746	350%
Full Fee	>\$4,253	>\$5,751	>\$7,252	>\$8,750	>\$10,248	>\$11,750	>\$13,248	>\$14,746	>350%

*monthly gross income

Income listed is the upper threshold for that copayment.