

Iowa Solutions for Aging with Independence and Longevity (IA SAIL)

**MULTISECTOR PLAN FOR
AGING (MPA), INCLUDING
AGING WITH DISABILITIES**

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Solutions for Aging with Independence and Longevity

IA SAIL is the name of the State's initiative to address aging and longevity starting with planning, developing recommendations, implementing recommendations, and ongoing monitoring of progress.

MPA Is the document itself that will be drafted called a Multisector Plan for Aging (MPA).



What is the Multisector Plan for Aging?

- The MPA is a cross-sector, state-led strategic planning resource.
 - Provides a clear framework to plan for aging across the lifespan for the next 10 years.
 - Shares a common vision and clear priorities.
 - Coordinates resources and services throughout the state.
 - Reflects input from a variety of voices.

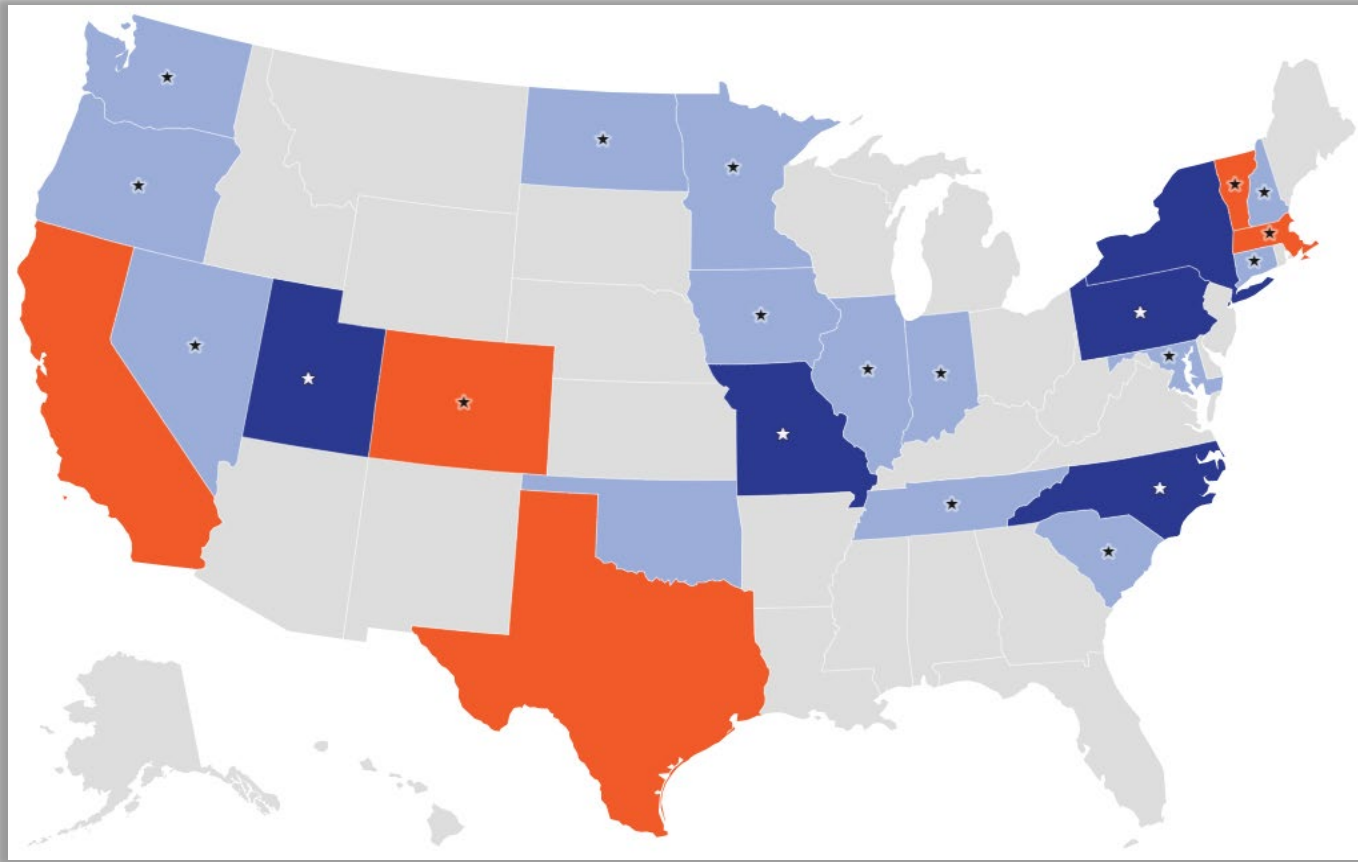


★ = MPA Learning Collaborative

■ Fostering Development

■ Legislation/Executive Order

■ MPA Developed/Implementing



MPA Activity Across States

Example: California's MPA Goals

Master Plan for Aging: Five Bold Goals for 2030

For people of all ages and abilities



Goal 1:
Housing for All Ages
and Stages



Goal 2:
Health Reimagined



Goal 3:
Inclusion and Equity,
Not Isolation



Goal 4:
Caregiving that Works



Goal 5:
Affording Aging



“All persons in Iowa age with independence and health across their lifespans.”

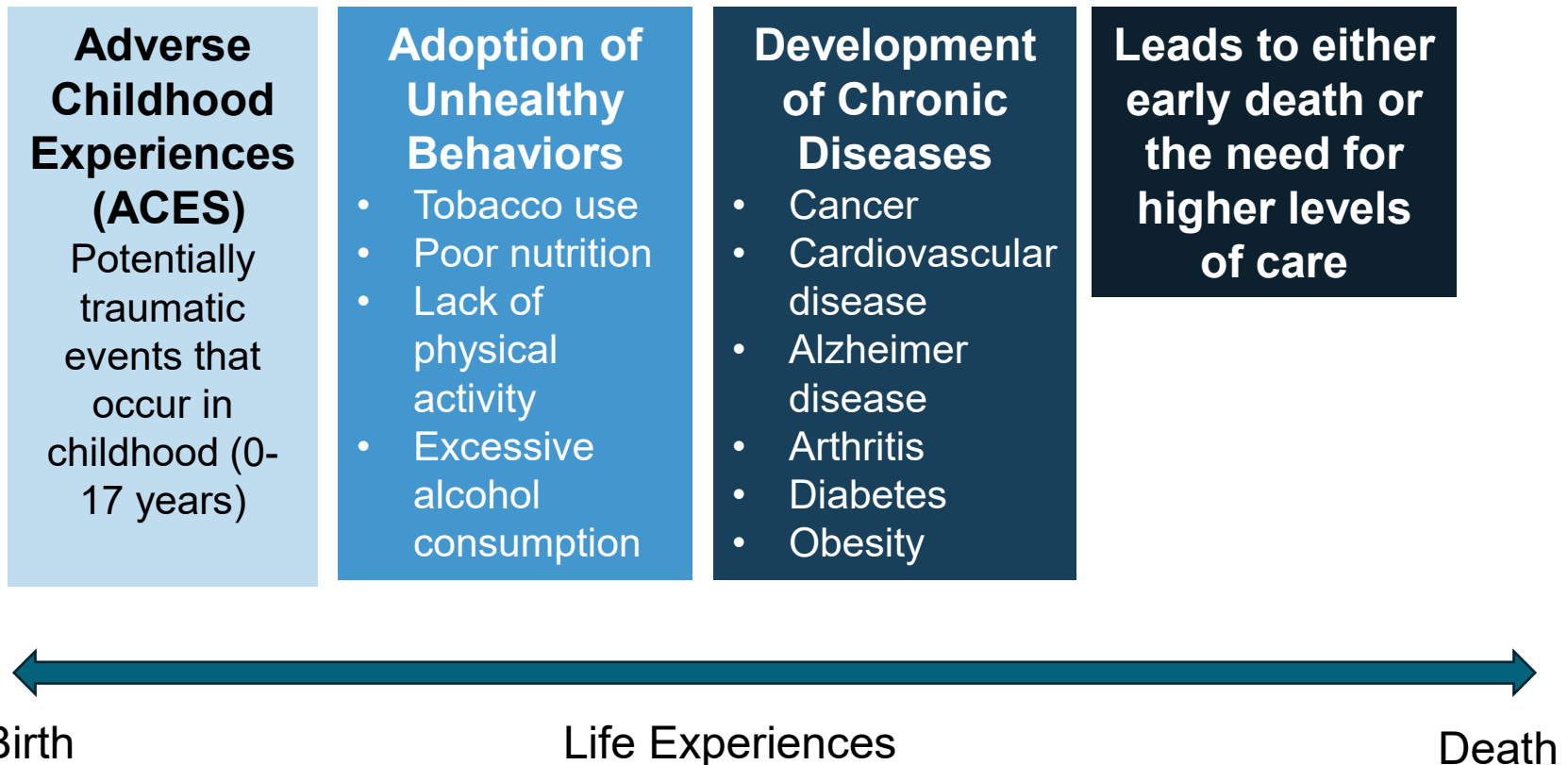
IA SAIL Vision

“To understand, plan for and address aging issues across multiple sectors. To ensure everyone has access to person-centered services and supports needed to age well within their community of choice.”

IA SAIL Mission

Aging Throughout the Lifespan

Why we are taking a long view...



Landscape Highlights

HHS System Snapshot

STATE OF IOWA

Population 3,200,517

Life Expectancy 78.7 years

37 counties have a shortage and **Primary Care** Providers

82 counties have a shortage of **Dental** Care Providers

92 counties have a shortage of **Mental Health** Care Providers

24.7% of adults report binge drinking

36.3% of adults have an unhealthy body weight

23% of households spend 30% or more on housing

12.8% non-institutionalized population with a disability*

11% live below the rate of poverty

5.6% of households do not have a vehicle

*2022 U.S. Census

Focus on Equity

30.5% poverty rate in 2022 for the **African American** Population

12.4% poverty rate in 2021 for **women** in Iowa

8.4% poverty rate for people **65 and older** in 2021

12.8% poverty rate in 2021 for those who reported their race as **Asian**

14.7% poverty rate for the **Latino** population in 2022

36% poverty rate for the Iowa **American Indian and Alaska Native** in 2022

18.9% poverty rate for **Iowans with disabilities** in 2021

46.1% veterans 18-64 yrs. below poverty and have a disability in 2021

43.8% veterans 65 yrs. and over below poverty in 2021

Iowa Data Profiles

- [African Americans in Iowa: 2024](#)
- [Women in Iowa: 2023](#)
- [Older Iowans: 2023](#)
- [Asian and Pacific Islanders in Iowa: 2023](#)
- [Latinos in Iowa: 2023](#)
- [Native Americans in Iowa: 2023](#)
- [Iowans with Disabilities: 2022](#)

*2022 U.S. Census

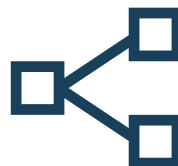
Iowa's MPA Approach



Review MPA and related efforts in Iowa and other states.



Highlight and leverage existing programs and initiatives.



Partner with complementary state efforts.



Gather and share community input to inform MPA priorities.



Post draft MPA for public feedback.



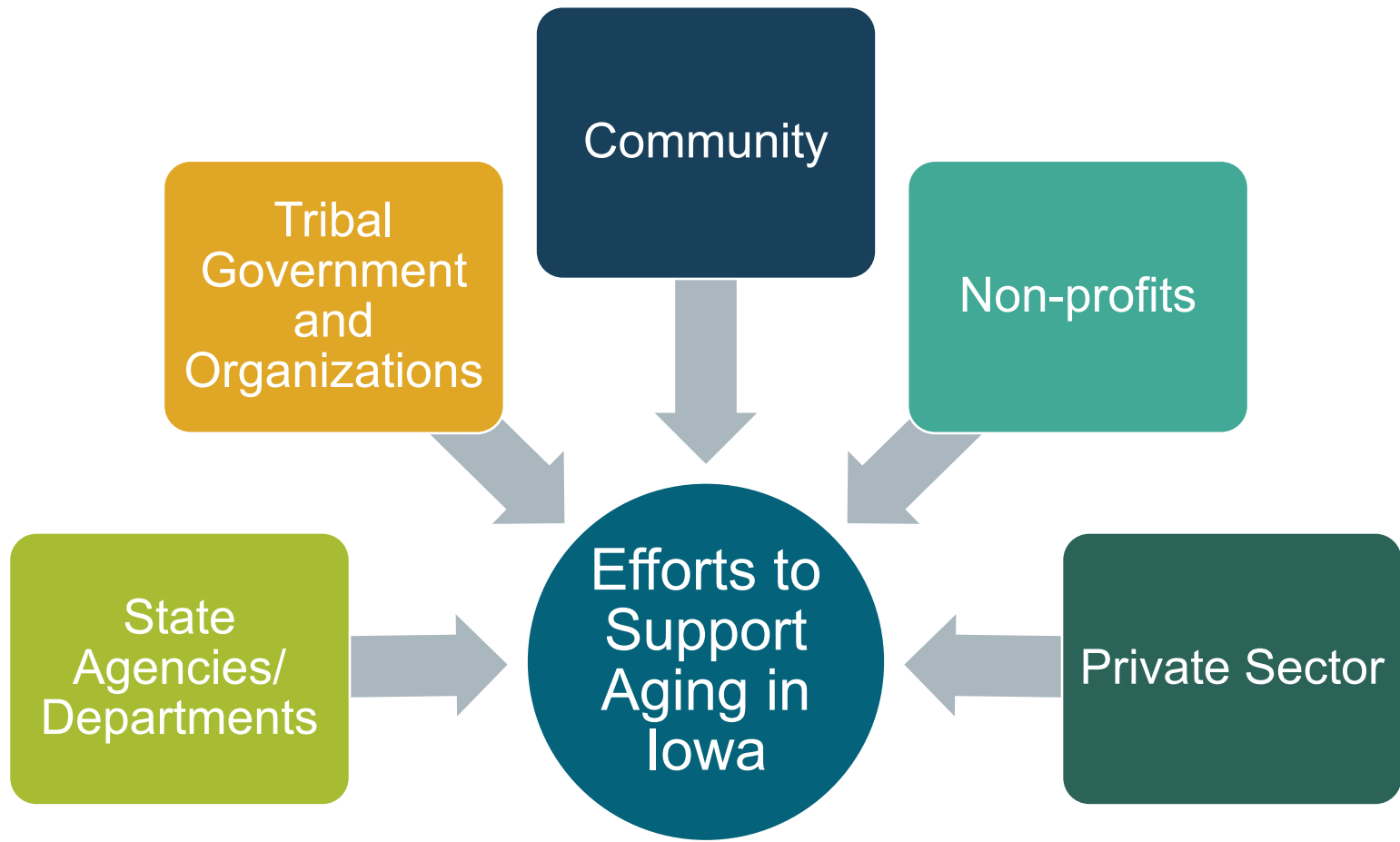
Adopt final state MPA.

Building on Iowa's Strengths

- Comprehensive Medicaid program including coverage of long-term services and supports (LTSS) and home and community-based services (HCBS)
- Current HHS initiatives:
 - Aging and Disability Resource Centers (ADRC)/Front door
 - Certified Community Health Workers
 - Hope and Opportunity in Many Environments (HOME)
 - Health Equity Needs Assessment
 - Healthy Iowans/Community Needs Assessment
 - Thrive Iowa/Closed Loop Referral



Multisector Collaboration



Engagement Strategy



Timeline: 2024-2025

	Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Steering Committee												
MPA Webpage Launch												
Town Halls												
Subcommittees												
Community Survey												
Agency and Partner Interviews												
Focus Groups												
Recommendations												
Draft MPA												

MPA Partnerships

State Departments and Divisions

- ▶ Department of Transportation
- ▶ Department of Veteran Affairs
- ▶ Department of Workforce Development
- ▶ Department for the Blind
- ▶ Department of Corrections
- ▶ HHS – Division of Administration
- ▶ HHS - Division of Aging and Disability
- ▶ HHS - Division of Behavioral Health
- ▶ HHS - Division of Community Access
- ▶ HHS - Division of Family Well-Being & Protection
- ▶ HHS - Division of Public Health
- ▶ HHS - Human Rights
- ▶ HHS - Iowa Medicaid
- ▶ Office of the Chief Information Officer (OCIO)
- ▶ Office of Health Equity

Community Partners

- ▶ AARP
- ▶ Alzheimer's Association
- ▶ Csomay Center for Gerontological Excellence
- ▶ Iowa Area Aging on Aging Association
- ▶ Iowa Association of Councils of Government
- ▶ Iowa CareGivers
- ▶ Iowa Community Action Association
- ▶ Iowa Developmental Disabilities Council
- ▶ Iowa Housing Partnership
- ▶ Iowa Rural Health Association
- ▶ Iowa State Association of Counties
- ▶ Iowa Transportation Coordination Council
- ▶ Iowa's University Center for Excellence in Developmental Disabilities (UCEDD)
- ▶ Older Iowans Legislator
- ▶ Olmstead Consumer Task Force
- ▶ One Iowa
- ▶ Tribal Representatives
- ▶ University of Iowa, Health Management & Policy

Domains

Aging in Place

- Choosing where I live and having the support I need as I age.

Aging with Economic Security

- Being financially secure as I age.

Living Better Longer

- Having good health as I age.

Supporting Caregivers

- Having community supports to assist others as they age.

Social Engagement

- Staying active and social within my community as I age.

How to get Involved?



Visit the IA SAIL website:
<https://hhs.iowa.gov/programs/programs-and-services/aging-services/ia-sail>.



Complete the community survey.



Share the community survey.



Make recommendations

Questions

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Health and
Human Services

Discussion



- ▶ What challenges do you and those in your community face in regards to aging in Iowa?
- ▶ Are there any other concerns you have about aging across the lifespan that are not included within the Domain statements?
- ▶ What are some initiatives and/or programs that currently support aging?
- ▶ What are the top three priorities you would to see addressed in an MPA?
- ▶ What are your recommendations to strengthen aging with independence and longevity?