

# IOWA WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAM PONHPEIAN SENKITI KAPEI KENEIWEN KOSAPW

## Ei Pwuhng nin duwen participant WIC

- E pwe fen omw ko WIC, elap pwe a ren en omw irek a pwe fengen omw, ason, kolog, orisen a tiahk, kual, pohnpei, moch.
- Irek en WIC elap pwipw etto me en omw en tutuk, mas me ngewe, mo ren kisin kewe elap pwe kirek en omw elap pwe a rengen me en aramas me mo elap pwe me ren meded. I ngoangki iang koasondi pwukat
- Pwihn koaiehk kan me pid roson nan WIC pahn sewese ie kaunopada koasondi mwahu me pid mehn akadei ong mwoange pwung pwe en kak roson mwahu.
- Sia pwe iwer elap pwipw en omw i pwe kin a mwehre pwe a ren kisen, elap pwe omw WIC, mo aramas omw ren a pwir, mo mekewe en omw ren kisin kisin pwir ke amwen omw.
- Ke aramas pwe pwetke fair hearing aramas elap WIC staff, me ren a pwir omw elap WIC, mo omw rengen an omw me fengen. Mwurin ei alehdi kisinlikou me pid ma I kak ale sawas sang WIC, rahn 60 me I pahn aneki en call de ntinglang WIC office kan en tuwong irail.

## Ei Pwukoa nin duwen participant en WIC.

- Eka me a rengen omw en WIC program (sion mengetou, sion mengetou me in-state) elap pwiawek, mo pwir aramas omw me ren a pwir omw en program.
- I pahn mweidada screening en WIC ong roson ong koaros ei peneinei me iang wia participant en WIC. WIC health screening elap pwipw etto ke weket pwir me diet, me mwaan ke pwe me kisen, mo me screening en blood pwe anemia. Met pahn sewese WIC en kihda sawas kan me pahn mwahuehng anahn en peneinei kan.
- I pahn pwarala ni rahn en ei appointment de call ma I sohte lella ni ei appointment.
- E pwe aramas WIC me ren a rengen en significant changes, ke me ren omw rengen a contact information, name changes, mo custody changes pwe rengen me aramas ke children me en omw me ren WIC services.
- E pwe ren omw WIC staff members, grocery store staff, mo property me ren courtesy mo respect. E pwusi me ren omw, me aramas me proxies, elap pwiawek WIC food benefits pwe verbal abuse, harassment, threat, mo physical harm pwe WIC staff member, another WIC client, mo grocery store staff.
- I pahn pwaindahte mwoange kan me pilipilda sang WIC list en food benefit ni ei doadoahngki eWIC card me I ale.
- I pahn doadoahngki mwoange en WIC ong irial kante me mih nan prokram o I wehwehki me mwoange sang WIC kin kohda pwe en sewese oh kangoange roson mwahu ong aramas akan oh en sewese aramas akan ale mwoange kan ni parehk oh pwung.

- E pwaiw ekke, sell, transfer, mo exchange, sion ekke ren pwe trade, sell, transfer, mo exchange me food/formula mo benefits me pwir. E pwaiw ekke me aramas me person me pwe trade, sell, transfer, mo exchange, sion pwe offer pwe trade, sell, transfer, mo exchange me food/formula mo benefits me pwir.
- E pwaiw mekewe store receipts me ren a rengan en three months pwe food mo formula me pwir ekke non-WIC funds me elap identical me rengan me WIC sion e pwir pwe sell, trade, mo give away me rengen. Met pahn kadehda me i sohte pwainkihda mwohni en WIC.

**Ke ren WIC Participant, e pwusi:**

- I anahne pwureng apply mwurin neklahn nei certification period o pwe ien kak pwureng kilang ma i warohng pwurehng ale sawas o.
- WIC sohte kin kihda mwoange kan koaros me anahn ong sounpwong o pwon pwehki WIC prokram wie mehn sawaste.
- Ma I sohte kin ale sawas en mwoange kan me koasondi ong sounpwong pahieu, I sohla pahn iang prokram o.
- Pwihnen Department of Health and Human Services (HHS) kak kihda mweimwei en ehukihpene irair kan en WIC ong prokram en health oh education me re pilada. E pwe ren omw en programs me a pwe use me information pwe ren a rengan en eligibility omw me ren programs, mekewe omw me information pwe rengen programs mo mekewe application process pwe er pwe ren. Pwe mo improve omw health, education, mo well-being ke omw elap enrolled en programs me ren; mo mekewe omw health care needs me ren met. Ire pwukat pahn sawas ong pwihnen WIC oh pwihn teikan ni arail pahn sewese irail kan me pahn kak iang ale prokram en WIC. I wehwehki me HHS pahn pil kak doadaongki ei ire kan nan WIC me pahn pwungiong koasoned akan me federal de state. Ke aramas pwe request a list en HHS programs me rengen WIC information me a ren shared me rengen siong WIC Palas 'Kauweieng A Kiona Mehlakap.

I aleier kaweid oh wehkwekiehr ei pwung me pid Prokram wet. I kasalehdahr me ei ire kan me I kihdaier me pid ei warohng ale sawas kan pwung, ni uwen ei wehkweki pwon. Certification form e kapidelong iangaki receipt kan en sawas sang pelien Federal. Pwihnen Prokram wet pahn tehk ire kan me mih nan form. I wehwehki me en likamwkihda mehkot de soangen pitih aramas de pein kasapwunglea mehkot de pil karukehla ire kan pahn wehweki omw pahn pwain State agency, sang ni mwohni, pweinen mwohni me ke doadaongki ni sapwung oh I kak lelong kapwal kan me duweh civil de criminal prosecution pahn koasonned en State oh koasonned en Federal.

Irek en WIC Participant(s) me ren certified an pwe: \_\_\_\_\_

Fekeriso a pwinmweng/painmweng/peinmweng: \_\_\_\_\_

Mweher: \_\_\_\_\_

Me pwungiong Federal civil rights law oh U.S. Department of Agriculture (USDA) civil rights regulations oh policies, pwihn wet sohte ahr pwung en lipilpilki aramas mendahki keinek, kowe mehn ia, wasa ke koasang ie, ma ke ohl de lih (meitikil gender identity ren sexual orientation), ma ke somwahu, sounpar, kapwal kan me pidada omg civil rights.

Ire kan en prokram wet pahn kohda ni loakaia teikan kaidehn loakaiahn wai te English. Person me rengen disabilities me ren a pwe require alternative means en communication pwe program information (braille, paal mai, lamu ni kasia, pais ewei non amerika) pwe ren kisen a responsible state or local agency me a pwir en administers program me USDA's TARGET Center en (202)720-2600 (voice mo TTY) sion ren kisen USDA me Federal Relay Service en (800)877-8339.

Pwe file a program discrimination complaint, a Complainant elap pwe complete Form AD-3027, USDA Program Discrimination Complaint Form, me a pwir en obtained pwe <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> sion ren kisen USDA Pohnpei en omwaseh (866)632-9992 sion me writing a letter me address to USDA. kisinlikou o pahn anahne edemwen, wasa ke mih ie, nempehn delepwon, oh ke anahne ntingihdi ihs me wia sapwung o ni oaritik pwe en kak kehsekin Assistant Secretary for Civil Rights (ASCR) ong dahme wiawi oh rahn me wiawi sapwung o. Form AD-3027 me completed mo letter elap pwaiw submitted pwe USDA me:

- (1) Pehng: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; mo
- (2) Fax: (833)256-1665 mo (202)690-7442; mo
- (3) e-Pehng: [program.intake@usda.gov](mailto:program.intake@usda.gov)

Pwihn wet kin pahrekióng koaros.