# Iowa Solutions for Aging with Independence and Longevity (IA SAIL) MPA Domain Template

**Last Updated: March 19, 2024**

## MPA Domain Template

The purpose of this template is to help subcommittee members identify and recommend goals, strategies, initiatives, and measures for inclusion in the Multisector Plan on Aging (MPA).

## MPA Purpose

The MPA is a long-term plan for Iowa to help people age well in their communities. The Steering Committee wants input from community partners, professionals, and the public to create a more organized system. This system aims to support healthy aging, independent living, and social engagement, while also dealing with issues like healthcare, housing, transportation, and other factors affecting health.

## Subcommittee Member Activities

As subcommittee members, you are responsible for working together to:

1. Identify and discuss MPA goals and recommendations.
2. Propose strategies and initiatives under each recommendation.
3. Select measures of success.
4. Designate point person(s) to capture recommendations and submit recommendations to the full Steering Committee for the MPA.

## Template Instructions

1. Identify draft priorities and discuss impacts.
2. Discuss how priorities should be articulated in the Multisector Plan on Aging (MPA).
3. Identify and discuss which initiatives, programs, services, etc., would address the priorities and consider:
   1. Existing initiatives, programs, services, or infrastructure connected to the priorities.
   2. Opportunities for change or improvement.
   3. New initiatives, programs, services, or infrastructure that may be needed.
   4. Implementation challenges.
   5. Potential costs and investments related to changes to existing programs/services, or for new initiatives.
   6. Timing and implementation requirements, including whether legislative direction or state appropriations may be required.

## Key Perspectives

Please keep the following perspectives in mind when discussing issues and start developing strategies.

1. *Diversity, Equity, and Inclusion* – keeping in mind the impact of aging issues from a diversity, equity and inclusion standpoint.
2. *Person-Centeredness* – taking a person-centered approach when developing strategies.
3. *Underserved Population* – making every attempt to include underserved populations within subcommittee discussions.
4. *Aging Across the Lifespan* – identify and address aging issues from across the lifespan. Seeing the interconnections on what happens early in life and its impact on the adoption of unhealthy behaviors and the development of chronic diseases and ultimate early death or the need for higher levels of care later in life.

## Guided Questions

1. How does this domain affect people’s daily lives?
2. What factors in this domain present challenges for people in their daily lives?
3. How do the challenges in this domain relate to other domains?
4. What are the most common challenges that community partners identify regarding [X]?
5. What needs to be done to address this challenge?
6. How would addressing this challenge positively affect people in their daily lives?
7. What type of strategy/initiative would have the biggest impact (a disproportionately large effect compared to the input or amount of effort) in addressing this challenge?
8. Does this strategy/initiative complement or supplement existing efforts across the state that focus on a similar priority?
9. What data or research is available that informs/supports priorities?
10. What data should be tracked to measure implementation and impact of each strategy/initiative, including for specific populations?
11. What are potential challenges to addressing these recommendations?

## Capture Table

| **Domain** | **Goal** | **Recommendation** | **Strategy/Initiative** | **Short, Mid, or Long-Term** | **Lead Agency** | **Consensus**  (Y/N) |
| --- | --- | --- | --- | --- | --- | --- |
| Example: Economic Security | Affordable, safe housing | More housing options | Assess needs for housing modifications to address changing needs for aging, e.g., housing modification programs, falls prevention programs | Short-term (Year 1) | Iowa Finance Authority, Iowa Health & Human Services | Y |