

Iowa Mental Health Block Grant and Substance Use Prevention, Treatment and Recovery Services Block Grant Part II

Presented at I-PAC Meeting on 5/15/2024

Planning Tables

Priority Areas and Annual Performance Indicators

Priority 1: Development of Certified Community Behavioral Health Clinics in Iowa

- Goal: The state will submit a CCBHC Demonstration Application in March 2024 with the goal of participation in the CCBHC demonstration project and expanding CCBHC services across the state.
- First Year Target: Demonstration grant application submitted by March 2024 or SAMHSA prescribed due date
- Second Year Target: N/A



Priority 2: Behavioral Health Workforce

- Goal: Improve capacity, retention, and quality of Iowa's behavioral health workforce
- Indicator 1: ASAM
- Baseline: Iowa HHS does not currently have a competence measure for the use of the ASAM
- First Year Target: Iowa will establish a measure of confidence and competence in using the ASAM by Iowa providers
- Second Year Target: Iowa will provide a minimum of two ASAM trainings
- Indicator 2: Training and technical assistance of CCBHC clinics
- Baseline: 0
- First Year Target: 9 clinics enrolled with Relias and accessing training for their staff
- Second Year Target: Same as first

Treatment for Early Serious Mental Illness and First Episode Psychosis

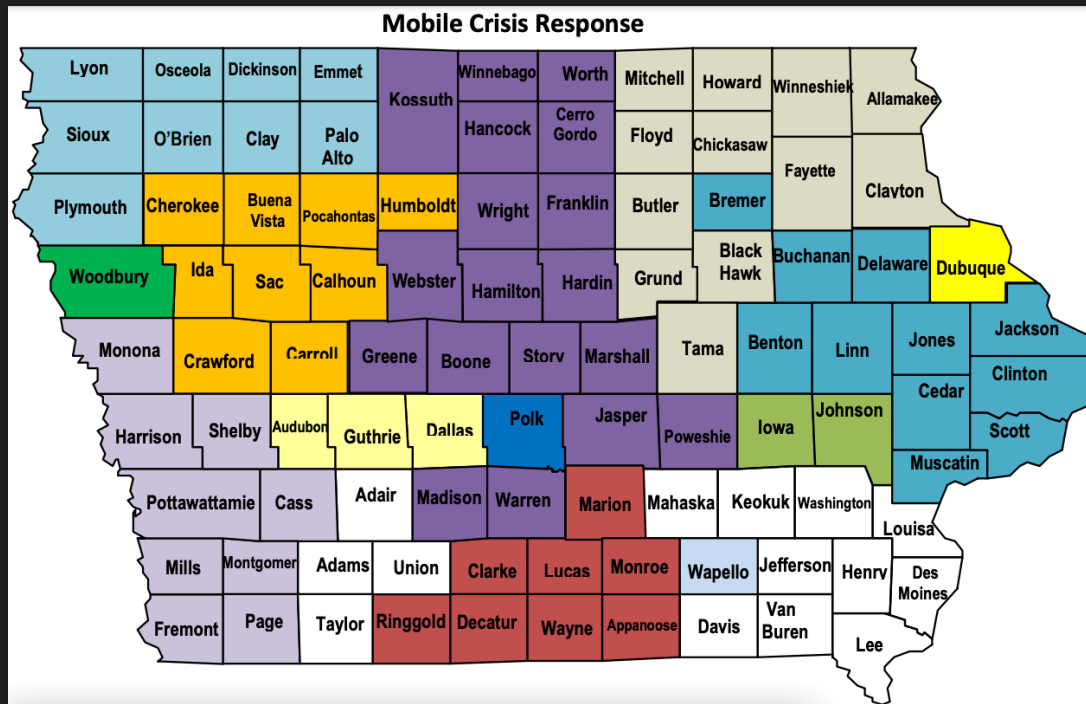
- Goal: Increase the number of individuals receiving ESMI/FEP treatment services through Iowa's NAVIGATE teams
- Indicator: Number of individuals served by Iowa's NAVIGATE teams
- Baseline: 102
- First Year Target: 120
- Second Year Target: 135
- Indicator 2: Work with Iowa NAVIGATE teams to add peer supports services to the NAVIGATE team structure
- Baseline: 0 teams have peer support specialists
- First Year Target: Teams work with HHS and technical assistance to incorporate peer support into the team structure
- Second Year Target: 4 Teams have peer support

Priority 4: Development of a Behavioral Health Planning Council

- Goal: As the state has aligned MHBG SUPTRS block grant, the Mental Health Planning Council is working towards becoming a Behavioral Health Planning Council
- Indicator: Membership of individuals with lived experience and SUD provider representation are council members
- Baseline: 0
- First Year Target: 2
- Second Year Target: 4



Priority 5: Access to Behavioral Crisis Services



- Goal: Increase access to mobile crisis statewide in compliance with CCBHC and Medicaid standards
- Indicator: Counties with crisis services that meet CCBHC and Medicaid criteria
- Baseline: 0
- First Year Target: 99
- Second Year Target: 99

Priority 6: Primary Prevention

- Goal: Increase Iowa's access to and quality of primary prevention services
- Indicator: Increase access and quality of primary prevention programming
- Baseline: Training needs assessment
- First Year Target: Iowa HHS will conduct learning communities and a training needs assessment with prevention contractors to determine priority needs and training topics. Iowa HHS will establish a two-year prevention training calendar which will include topics identified in the training needs assessment.
- Second Year Target: Iowa HHS will provide additional workforce supports



Priority 8: Recovery Support Services

- Goal: Advance Treatment Continuum of Care
- Indicator: Assign funding and pathways dedicated with the accessibility of recovery support services in Iowa
- Baseline: 2022 Recovery Support Services utilization
- First Year Target: Assess needs and gaps in Iowa for recovery supports
- Second Year Target: Implement a statewide project dedicated to recovery support services
- Indicator 2: Incorporate peer support, family peer support and recovery peer coaching into the state's CCBHC model
- Baseline: Planning grant year
- First Year Target: Consult with the state's peer training contractor, peer support and family peer support specialists and recovery coaches on how to effectively integrate peer services into the state's CCBHC model
- Second Year Target: All certified CCBHCs in Iowa employ at least one FTE of each peer specialty by June 30, 2025

Priority 9: Tuberculosis

- Goal: Iowans will have increased access to TB services
- Indicator: Providers will demonstrate increased competency with serving individuals who may have TB
- Baseline: Iowa will collect pre/post survey questionnaires for all training opportunities, however there is not a current baseline measure
- First Year Target: All IPN providers will complete the SUBG prevention and treatment regulations form which documents compliance with requirements for individuals who screen positive for TB. 75% of training participants will report an increase in competency for serving individuals who may have TB
- Second Year Target: 85% of participants in a TB services quality improvement activity will report an increase in competency for serving individuals who may have TB

Priority 10: Persons who Inject Drugs

- Goal: Iowan's who inject drugs will have increase access to services.
- Indicator: Competency and increased access to services for individuals who inject drugs
- Baseline: Increased SUBG regulation competency and compliance for serving Iowan's who inject drugs
- First Year Target: All state contracted providers will complete the SUBG prevention and treatment regulations form with documents SUBG requirements for individuals who inject drugs
- Second Year Target: Iowa will provide at least 1 quality improvement activity to increase competency and compliance with SUBG regulations for persons who inject drugs

Priority 11: Substance Use Treatment – Youth Services

- Goal: Increase access and quality of youth services in Iowa.
- Indicator: Assess Iowa's substance use youth services system and identify gaps/disparities and areas of need
- Baseline: Carry out two activities for information gathering and data analysis for the purpose of surveying Iowa's substance use youth services system
- First Year Target: Review and analyze internal data to identify what substance use youth services are currently being offered
- Second Year Target: Survey Iowa licensed substance use treatment providers about their capacity for youth services and information on needs/gaps/disparities



Planning Tables

State Agency Planned Expenditures for SUPTRS

Substance Use Prevention, Treatment and Recovery Services Block Grant

- SUPTRS Block Grant Funds are for the FY 24
- 20% set aside funds in SUPTRS BG must be used for activities designed to prevent substance misuse

Activity	SUPTRS BG Funds
1. Substance use prevention and treatment	\$10,044,289
a. PWWDC	\$1,390,939
b. RSS	\$2,000,000
c. All Other	\$6,653,350
2. Primary Prevention	\$3,368,804
a. Substance Use Primary Prevention	\$3,368,804
3. Administration	\$705,952
Total	\$14,110,045

Other Federal Funds (for SUPTRS)

Activity	Other Federal Funds
1. Substance Use Prevention and Treatment	\$ 13,464,759
a. PWWDC	\$0
b. RSS	\$0
c. All Other	\$13,464,759
2. Primary Prevention	\$3,078,753
a. Substance Use Primary Prevention	\$3,078,753
Administration	\$2,643,992
Total	\$19,187,504

State Funds (for SUPTRS)

Activity	State Funds
1. Substance Use Prevention and Treatment	\$16,813,534
a. PWWDC	\$1,018,867
b. RSS	\$0
c. All Other	\$15,794,667
2. Primary Prevention	\$2,203,355
a. Substance Use Primary Prevention	\$2,203,355
3. Administration	\$3,487,227
Total	\$22,504,116

Covid-19 Relief Funds and ARP Funds

- Covid-19 Funds were to be spent between March 15, 2021 and March 14, 2023
- Iowa applied for a one year, no cost extension and had until March 14, 2024 to spend the funds
- The SUPTRS expenditures chart reflects the remaining balance to spend until March 14, 2024
- ARP Funds are to be spend between September 1, 2021 and September 30, 2025
- The SUPTRS expenditures chart reflects remaining balance



Covid-19 Relief Funds (for SUPTRS)

Activity	Covid-19 Relief Funds
1. Substance Use Prevention and Treatment	\$2,229,663
a. PWWDC	\$0
b. RSS	\$0
c. All Other	\$2,229,663
2. Primary Prevention	\$0
a. Substance Use Primary Prevention	\$0
3. Administration	\$117,351
Total	\$2,347,014

ARP Funds (for SUPTRS)

Activity	ARP Funds
1. Substance Use Prevention and Treatment	\$7,949,233
a. PWWDC	\$1,059,898
b. RSS	\$0
c. All Other	\$6,889,335
2. Primary Prevention	\$2,119,796
a. Substance Use Primary Prevention	\$2,119,796
3. Administration	\$529,949
Total	\$10,598,978

Planning Tables

State Agency Planned Expenditures for Mental Health

Mental Health Block Grant

- For the expenditures chart, the planning period is July 1, 2023 through June 30, 2025
- MHBG requires 10% towards ESMI/FEP
- MHBG requires 5% towards crisis services
- Bulk of the money in “Ambulatory/Community non-24 hour care” is towards CMHC



Mental Health Block Grant

Activity	Mental Health Block Grant
EBP for ESMI including FEP	\$1,547,882
Ambulatory/Community non-24 hour care	\$12,383,064
Crisis Services	\$773,941
Administration	\$773,941
Total	\$15,478,828

Covid-19 Relief Funds (for MH)

Activity	Covid-19 Relief Funds
EBP for ESMI including FEP	\$239,627
Ambulatory/Community non-24 Hour Care	\$30,000
Crisis Services	\$0
Administration	\$117,116
Total	\$386,743

ARP Funds (for MH)

Activity	ARP Funds
EBP for ESMI including FEP	\$1,119,845
Ambulatory/Community non-24 Hour Care	\$4,675,435
Crisis Services	\$3,187,716
Administration	\$559,922
Total	\$9,542,918

Planning Tables

SUPTRS BG Persons in need/receipt of SUD treatment

Persons in need/receipt of SUD treatment

Population Type	Aggregate Number Estimated In Need	Aggregate Number in Treatment
Pregnant Women	1,805	280
Women with Dependent Children	64,251	3,433
Individuals with a co-occurring M/SUD	186,709	3,174
Persons who Inject Drugs	53,977	1,403
Persons Experiencing Homelessness	207	375

Planning Tables

SUPTRS BG Planned Primary Prevention Priorities

SUPTRS BG Planned Primary Prevention Priorities

- 20% of the SUPTRS BG funds set aside for primary prevention
- States should identify the categories of substances the state BG plans to target with the primary prevention set aside dollars
- Prioritized Populations
 - Rural
- Prioritized Substances
 - Alcohol
 - Tobacco
 - Marijuana
 - Prescription Drugs
 - Fentanyl

**Questions?
Comments?
Feedback?**

This portion of the presentation was over the planning tables found in the combined SUBG and MHBG. Pages 84-106 of the Block Grant. Copy of the block grant can be found on the HHS website.

<https://hhs.iowa.gov/programs/mental-health/provider-resources/grants#block-grant>