



Help Your Patients Cut Their Risk of Diabetes in Half

Why start a CDC-recognized lifestyle change program?

- You can help patients with prediabetes prevent or delay their risk of developing type 2 diabetes by 50% or more.
- Lifestyle change programs can also reduce the risk of heart attack and stroke associated with prediabetes.
- You can positively impact the health of your community.
- We'll help you implement a program and support you along the way.
- You'll get increased visibility because your program will be listed on the CDC website.
- You'll be part of a national effort to help prevent diabetes across the country.

IOWA™ | Health and Human Services

Get support to start a program, find patient resources and more:

