## Duck Vapes

## **GET INVOLVED**

Vaping seems to be all around you. Everyone seems to be doing it. Let's duck vapes and encourage others to do the same. Set up a pollution pond and play a fun game to test your peers' knowledge about tobacco and nicotine, including vaping.

The Council recommends doing this activity during parent teacher conferences but can be done at school, or any school or community event, at any time of the year. It can be repeated as many times as you'd like.

## DIRECTIONS

Blow up the pool and fill it with some water. Write numbers 1-10 on the bottom of the ducks with a permanent marker. During the event, ask people to pick up one duck and read off the number on the bottom. Use the vaping quiz to ask the correlating question and see if they can answer it correctly. After someone participates, provide them with a prize and My Life My Quit information. Be sure to put one of the fact labels on each prize.

## MATERIALS

Pool, rubber ducks, vaping quiz, fact labels, mini foam hands and keychains.

@IowaSTEP hhs.iowa.gov/istep



Health and Human Services

ÎSTEP