

Intensive Residential Service Home (IRSH)

I-PAC

2024.07.17

Definition

- Intensive Residential Services are intended to serve adults with the most severe and persistent mental health conditions who have functional impairments and may also have multi-occurring conditions. This service provides intensive 24-hour supervision, behavioral health services, and other supportive services in a community-based residential setting.
- Providers of intensive residential service homes are enrolled with Medicaid as providers of home and community based services (HCBS) habilitation or HCBS intellectual disability waiver supported community living (SCL), & meet additional criteria specified in 441—subrule 25.6(8).

IRSH Basics

- Supervision is 24 hours a day, 7 days a week, 365 days a year.
- The staffing ratio is 1 : 2.5 - For every 2.5 clients, there must be one staff.
- Individuals can work, go to an education program, attend Day Habilitation, and visit with their natural supports.
- Staff members have at minimum one year of experience working with individuals with a mental illness or multi-occurring conditions.
- Staff members must complete 48 hours of training in mental health and multi-occurring conditions, double the non-IRSH requirement.

History

- Development of IRSH was recommended by the 2017 Complex Service Needs workgroup
- These recommendations became law in 2018 through HF 2456. Development of IRSH began in earnest in late 2021.
- Mental Health and Disability Services (MHDS) Regions worked collaboratively with providers, MCOs, and HHS to designate providers.

IRSH Basics cont.

- Staff training shall include, but is not limited to the following:
 1. Applied behavioral analysis.
 2. Autism spectrum disorders, diagnoses, symptomology and treatment.
 3. Brain injury diagnoses, symptomology and treatment.
 4. Crisis management and de-escalation and mental health diagnoses, symptomology and treatment.
 5. Motivational interviewing.
 6. Psychiatric medications.
 7. Substance use disorders and treatment.
 8. Other diagnoses or conditions present in the population served.

IRSH Basics cont.

- IRSH programs must have clinical oversight by a mental health professional. The mental health professional consults on all behavioral health services provided; reviews and consults on service plans, behavior intervention plans, crisis intervention plans; coordinates monthly interdisciplinary team meetings; and provides training to IRSH staff.
- IRSH providers must have written cooperative agreements with an outpatient mental health provider and substance abuse treatment program.
- Submit evidence to MHDS region sufficient to support initial designation; participate in annual review and evaluation of service standards; submit required data and reporting to MHDS regions and MCOs.
- Work with Medicaid Quality Improvement Organization to assure that settings for IRSH do not isolate residents and are not institutional.

Admission Criteria

- The individual is an adult with a diagnosis of a severe and persistent mental illness or multi-occurring conditions.
- The individual has had a standardized functional assessment and screening for multi-occurring conditions completed 30 days or less prior to application for intensive residential services.
- The individual must be authorized at the highest level of care: The member has a LOCUS/CALOCUS actual disposition of level six medically managed residential services, authorized for H2016 U7.
- Members approved for IRSH under the ID Waiver SCL service are authorized for H2016 U7. The reimbursement rate is negotiated between the member's MCO and IRSH provider.

Admission Criteria cont.

- The individual has three or more areas of significant impairment in activities of daily living or instrumental activities of daily life.
- The individual is in need of 24-hour supervised and monitored treatment to maintain or improve functioning and avoid relapse that would require a higher level of treatment.
- The individual has exhibited a lack of progress or regression after an adequate trial of active treatment at a less intensive level of care.
- The individual is at risk of significant functional deterioration if intensive residential services are not received or continued.

Admission Criteria cont.

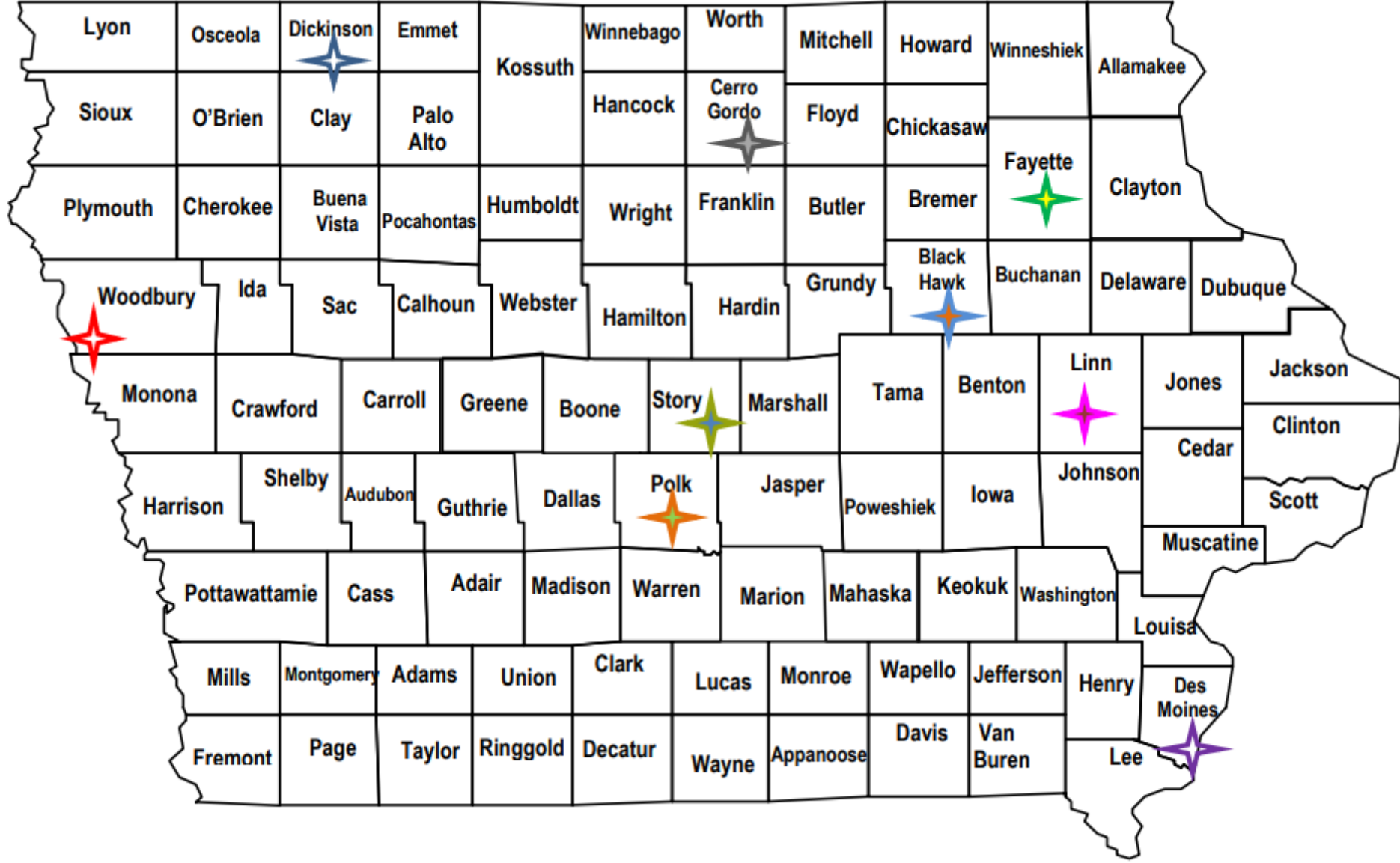
- The individual meets at least one of the following:
 - 3+ psychiatric emergency room visits in the past 12 months.
 - 3+ psychiatric hospitalizations in the past 12 months.
 - 90+ psychiatric hospital days in the past 12 months.
 - 30+ medically unnecessary psychiatric hospitalization days in the past 12-months.
 - Residing in a state resource center and has a SPMI.
 - Is being served out of state due to unavailability of medically necessary services in Iowa.
 - Has a SPMI and is being released from a correctional facility or jail.
 - Is homeless or precariously housed.

Source, <https://www.legis.iowa.gov/docs/iac/rule/441.25.6.pdf>

Present Status of IRSH in Iowa

- There are currently 8 providers with a total of 10 sites and a total of 42 beds statewide.
- Anticipate 1 new provider and 7 new sites opening by the end of the year with a total of 28 new beds.
- Source, <https://hhs.iowa.gov/media/13875/download?inline=>

Intensive Residential Services



	IRSH Provider	Location	Contact Information
	Lakes LifeSkills (8 Beds - Hab)	Spirit Lake/Dickinson County	712-339-9311 www.lakeslifeskills.com
	Trivium Life Services (8 Beds)	Sioux City/Woodbury County	712-256-7888 www.triviumlifeservices.org
	First Resources (4 Beds)	Burlington/Des Moines County	641-682-8114 www.firstresources.us
	Elevate (5 Beds)	Waterloo/Black Hawk County	833-370-0719 elevateccbhc.org/
	Candeo (4 Beds)	Des Moines/Polk County	515-259-8110 www.candeiowa.org/
	43 North (4 Beds)	Mason City/Cerro Gordo County	641-424-8708 referral@43northiowa.org
	Inspiring Lives (5 Beds)	West Union/Fayette County	563-422-5606 www.inspiringlivesiowa.org
	Abbe Center (4 beds)	Cedar Rapids/Linn County	319-365-9109 Devon.steen@unitypoint.org
	Optimae LifeServices (4 Beds)	Ames/Story County	515-291-4224 www.optimaelifeservices.com

Upcoming sites

- Optimae – Waukee (Dallas)
- Elevate – Fort Dodge (Webster), Indianola (Warren), Marshalltown (Marshall) & Newton (Jasper)
- First Resources – Ottumwa (Wapello)

Questions

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