

Mental Health Planning Council
May 15, 2024, 9:00 am to 11:30 am
via Zoom
Meeting Minutes

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Christina Maulsby
Rachel Cecil	Mary McKinnell
Jennifer Day	Cayleen Mesecher
Linda Dettmann	Todd Noack
Jim Donoghue	Hannah Olson
Jen Gomez	Brad Richardson
Kyra Hawley-Preston	Jennifer Riley
Theresa Henderson	Kristin Roof
Vienna Hoang	Patricia Whitmarsh
Michael Kaufman	Edward Wollner
Todd Lange	Joel Wulff
Megan Marsh	

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Sen. Claire Celsi	Rep. Ann Meyer
Sen. Jeff Elder	Brianna Steffe
Jessica Goltz	Dr. Shaad Swim
Lorien Harker	Monica Van Horn
Randy Hoover	

OTHER ATTENDEES:

Jacob Appel
Theresa Armstrong
Justin Edwards
Nancy Hunt
Brenna Koedam
Denise Rathman
Flora Schmidt
William Veltri
Elizabeth Wolfe
Patti Manna

Materials Referenced:

MHPC March 20, 2024, Meeting Minutes DRAFT
I-PAC Policy 4-2024
IPN 101 Presentation May 2024
MHBG Presentation 2
Task 3 - Committees and Workgroups

Welcome

Teresa Bomhoff called the meeting to order at 9:05 am. Quorum was established with 23 members.

Review and Approval of Meeting Minutes

Teresa Bomhoff entertained a motion to approve the March 20th, 2024, meeting minutes. Todd Noack motioned to approve the minutes. Todd Lange seconded the motion. There was no discussion, the motion passed, and the minutes were approved.

Nominations Committee Report

Jen Gomez welcomed a new member, Cayleen Mesecher, who fulfills the category of parent of a child with a Serious Emotional Disturbance (SED).

William Veltri was nominated to fill the category of a consumer. Jen Gomez stated the nominations committee has reviewed his application and motioned to approve the nomination; Joel Wulf seconded the motion. The motion passed and William, who was present, was welcomed to the Council.

Jen Gomez shared there are now 3 Current Vacancies which include two for a family member of an adult with serious mental illness or substance use disorder, and one for other.

Teresa Bomhoff led a discussion on ways to expand on the diversity of the Council. It was noted that all additional members should be non-providers to meet the requirement for 51% non-providers. To expand and balance diversity, applicants will ideally be male, from the southwest corner of the state, and have lived SUD experience.

Policy Document Update

Michael Kaufmann shared with the Council the drafted Policy Document 4-2024, which was developed by the Bylaws Workgroup. Changes proposed included changes to the name (becoming Iowa Integrated Health Planning and Advisory Council (I-PAC). The Mission and Vision were reviewed and opened for discussion. There was discussion on the membership section that encourages diversity and a suggestion to be more specific in inclusion in the membership. It was decided to alter Article III.1 to include examples of diversity. The document will be re-presented at the July meeting for consideration for vote of approval. Other changes included changes to now indicate the Orientation workgroup will assist in mentorship, specifying workgroups meeting requirements and reporting expectations, and a listing of the workgroups.

Workgroups

Teresa Bomhoff reviewed the membership of each committee and included a reminder that the 3 standing committees are limited to 5 people. The remaining workgroups do not have a limit on membership. Teresa asked that each meet at least once before the July meeting and prepare a short report.

Monitoring & Oversight Committee Report – Todd Noack

Todd Noack reported on the Monitoring & Oversight Committee activities. The Committee met and prepared a recommendation letter which included the recommendations to:

1. Expand peer support services through peer run organizations.
2. Include language in CCBHC contracts to promote education, trainings and services that focus on the needs of the aging population, transition age youth, and youth discharging from crisis services.
3. Focus on services for the rural population.

There was a suggestion to add support for Direct Support Professionals (DSP's) working in the field of mental health for the next review.

Iowa's Substance Use Block Grant Review – Justin Edwards, HHS

Justin Edwards, HHS Substance Use Block Grant Manager, provided an overview of Iowa's Substance Use Block Grant (SUBG), Integrated Provider Network (IPN) Grant, COVID-19 & ARPA Supplements and SFY 2023 Report Highlights

The SUBG is a SAMHSA grant with a formula-based award intended to plan, implement, and evaluate activities to prevent and substance use.-Iowa's award is approximately \$14 Million, which is an increase from fiscal year 2023 of approximately \$900,000. The SUBG has specific parameters for allocating funding with no less than 20% to be spent on individuals who do not require SUD Treatment services, not less than \$1.39 Million on Women's Services, not less than 100% of the Federal award as a Maintenance of Effort via State Appropriations.

IPN is a competitively procured, statewide grant for Substance Use Prevention, Treatment, & Recovery Services. It is the first project of its kind in Iowa to integrate SUD Prevention, Treatment, and Recovery services into one Request for Proposal (RFP). The project period is 1/1/2019-12/31/2024. HHS has awarded 23 contracts, between 16 providers, covering 19 service areas accounting for all 99 Iowa counties.

IPN includes two supplemental funding opportunities, which were consecutively released for use with the SUBG. The COVID-19 Emergency funds were meant to address gaps in SUD services, as well as hardships incurred by providers during the COVID-19 pandemic. The contract period is 10/1/2021 – 3/14/2023 (18 Months) with a total award of \$10,052,386. The American Rescue Plan Act (ARPA) Supplement contract period is 3/15/2023 – 6/30/2024 (16 Months) with a total award of \$10,598,978.

SUBG-Adjacent Funding has had many different funding opportunities throughout its project period including the State Opioid Response, COVID-19 Mitigation, Social Care Referrals and Zero Suicide. The Council was provided the opportunity to ask questions.

Understanding the Iowa Substance Use Prevention, Treatment, and Recovery Services Mental Health Services (MHBGSUPTRS) Block Grant: A Review in Three Parts

Christina Malsby continued the presentation of the second of a three part series on an overview, of the Iowa Substance Abuse Prevention Treatment and Community Mental Health Services Block Grant. Part 3 will be shared at the July 2024 Council meeting.

Public Comment

There was an opportunity for public comment, with none offered.

Adjourn

Teresa Bomhoff entertained a motion to adjourn the meeting. Todd Lange motioned and was seconded by Joel Wulf seconded. There was no discussion and the motion passed. The meeting adjourned at 11:30 am.

Meeting minutes respectfully submitted by Patti Manna.