

# **R** PLACE PEER RECOVERY CENTER

702 S. Gilbert Street, Suite 111, Iowa City, IA 52240 Center Hours: M - F 1pm to 5pm (319) 354-3455 RPS Hours: M-F 12pm to 5pm, Sat 11am to 4pm (319) 855-1966





Mary Issah NAMI JC Executive Director

# **Our Staff**



Jenna Briasco R Place Program Coordinator



Laura Semprini Remote Peer Support Coordinator

#### PEER SUPPORT SPECIALISTS

Terri Walters

Todd Foldesi

Leann Cortimiglia

Nancy Teubel

Mike Brigham

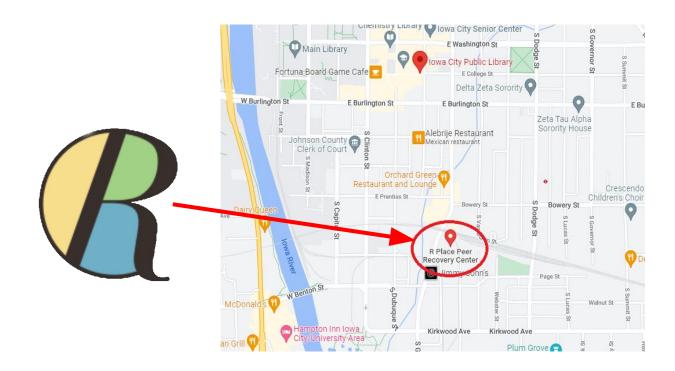
Ben LaGrange

#### FAMILY PEER SUPPORT SPECIALIST

Sandy McFarland

#### About Us

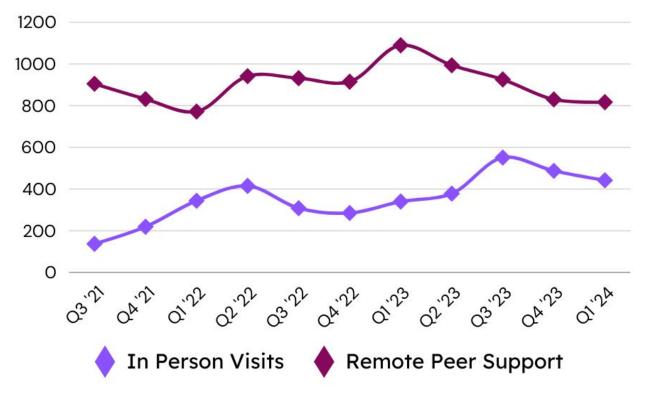
R Place Peer Recovery Center is a wellness recovery center for adults living with mental health conditions.



# **Growth Since 2021**

Peer Client Interactions

since re-opening after Covid-19 restrictions in July 2021

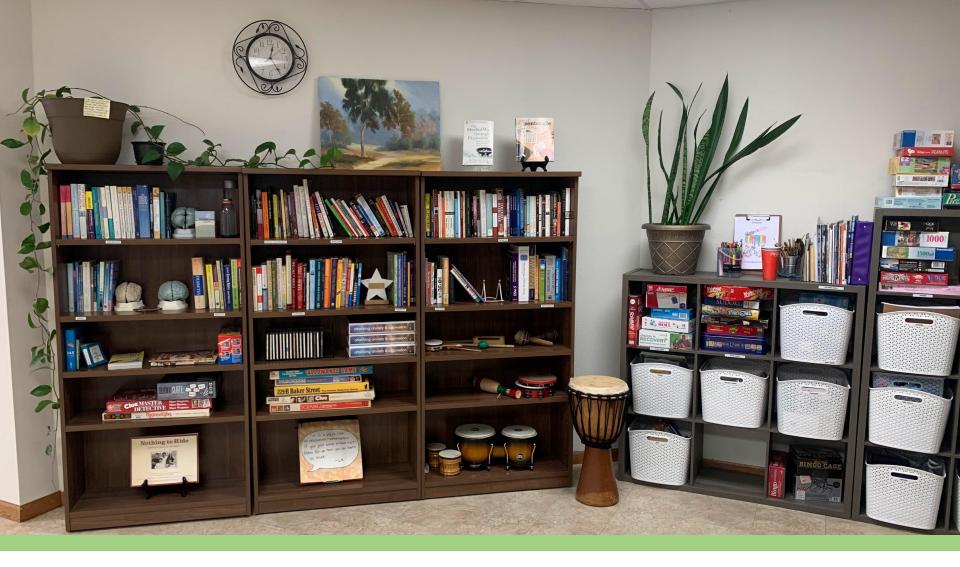




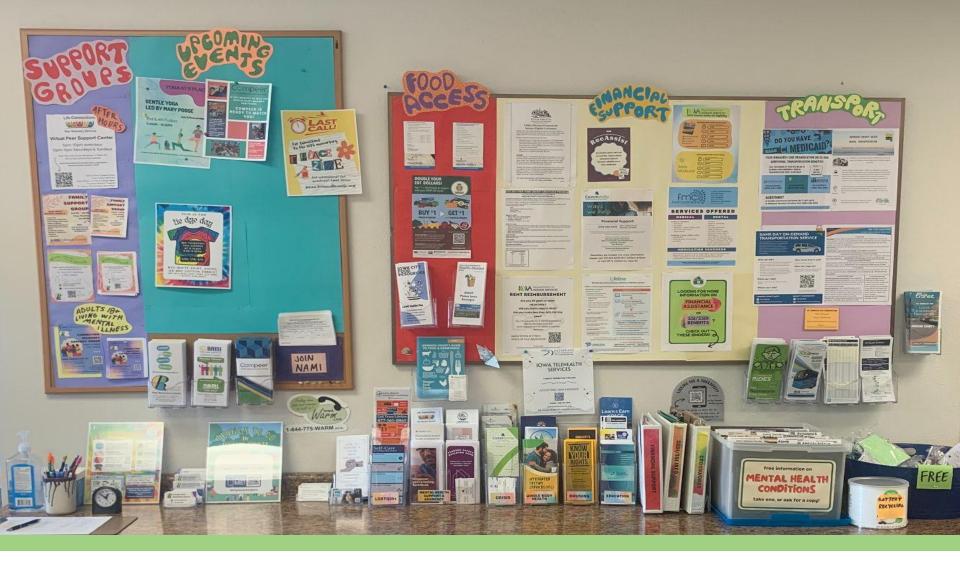
# **Sitting Area**



### **Front Table**



# Library & Activity Corner



#### **Quick Access Resources**



# Peer Support Room



# **Kitchen Remodel**



# **R Place is...**

# A safe, nurturing, non-judgmental community for those living with mental illness.





### **Remote Peer Support**

- Free and low-barrier
- Weekly scheduled phone, Zoom, or text conversations with PSS
- Talk to trained professionals who "get it"
- Support groups
- Expanded hours
- Connect to resources
- Empower peer clients

rps@namijc.org

319-855-1966 (call or text)



# **Virtual Support Groups**



- for any adult living with a mental illness, led by peers
- every Tuesday 5:30-7:00pm on Zoom



- for loved ones of individuals living with a mental illness, led by family members
- every Thursday 6:30-7:30pm on Zoom



- for individuals living with this experience, led by peers
- every 1st, 3rd, and 5th Thursday 5:30-7:00pm on Zoom



Mental Health Support

702 S. Gilbert Street, Suite 111 Iowa City, IA 52240

Center Hours: M - F 1pm to 5pm (319) 354-3455 RPS Hours: M-F 12pm to 5pm, Sat 11am to 4pm (319) 855-1966

R Place Peer Recovery Center



