**4 STEPS TO DISCUSSING YOUR CRIMINAL BACKGROUND**

**STEP 1**

**Take Responsibility for Your Actions**

I made some bad choices Don’t play the blame game

I made bad judgments Don’t use the word “caught”

I made bad decisions Accept willingness to develop your character

**STEP 2**

**State the Positive Changes You’ve Made**

Completed GED/HiSET Paid restitution

Completed classes or workshops Participated in counseling or treatment programs

Continue to attend supportive groups Volunteering my time in my community

**STEP 3**

**What You Learned**

I am not proud of what I have done I had no right to victimize others

My priorities were all mixed up I wanted money fast and I now see it was wrong

I wish I realized sooner just how immature I lost sight of what was important to me

and irresponsible I was being

**STEP 4**

**Talk About the New You**

I now have new goals in life I am focused on establishing my career

I am moving forward and am willing to I learned from my past and will not repeat the same

work very hard to make it happen mistakes

I am passionate about this type of work I have strong organizational skills

**You want to spend more time talking about where you are going, than where you have been!**