

## Iowa Vaccines for Adults (VFA) Program Available Vaccines and Schedule Guidance

The following vaccines are available through the Iowa Vaccines for Adults (VFA) Program. For VFA-eligible adults 19 years or older, healthcare providers should:

- Confirm patient eligibility for the Iowa VFA Program using the [VFA Eligibility Screening Record](#)
- Determine recommended vaccine(s) by referencing the [Adult Immunization Schedule](#)
- Review vaccine types, dosing frequencies and intervals, and considerations for special situations in [Schedule Notes](#)
- Review the [Adult Immunization Schedule Appendix](#) for contraindications and precautions
- Review new or updated [ACIP guidance](#)

### Diseases and ACIP-Recommended Vaccines Covered by the Iowa VFA Program

Vaccine Group/Disease	Vaccine(s)	Schedule Guidance (Adults 19+ Years)
Chickenpox (Varicella)	Varivax	<ul style="list-style-type: none"> <li>• 19-44 years: Two doses (if born after 1980).</li> <li>• 45+ with additional risk factors or another indication</li> </ul>
COVID-19	Comirnaty, Spikevax, & Novavax	One or more doses of the updated formula ( <a href="#">notes</a> ).
Hepatitis A	Vaqta & Havrix	Two, three, or four doses depending on vaccine
Hepatitis B	Engerix B & Recombivax HB	<ul style="list-style-type: none"> <li>• Adults 19-59 years: three or four doses depending on vaccine or condition</li> <li>• Adults 60+ years: three or four doses depending on vaccine for those with risk factors or another indication</li> </ul>
Hepatitis A and B Combination	Twinrix	<ul style="list-style-type: none"> <li>• Three or four doses depending on the schedule utilized</li> </ul>
Human Papillomavirus (HPV)	Gardasil 9	<ul style="list-style-type: none"> <li>• Adults 19-26 years: two or three doses depending on age at initial vaccination or condition.</li> <li>• Adults 27-45 years: Recommended based on shared clinical decision-making. Number of doses depends on age at initial vaccination.</li> </ul>

Influenza (Flu)	Varies based on federal vaccine contracts	1 dose annually
Measles, Mumps, Rubella (MMR)	MMR (MMRII & Priorix)	One or two doses depending on indication
Meningococcal	MenACWY (MenQuadfi & Menveo)	19+ years: One or two doses depending on indication; <a href="#">See notes</a> for booster recommendations
	MenB (Trumenba & Bexsero)	<ul style="list-style-type: none"> <li>• 19+ years: 2-3 doses depending on vaccine and indication, <a href="#">see notes</a> for booster recommendations</li> <li>• 19-23 years: Based on shared clinical decision making (<a href="#">notes</a>)</li> </ul>
Pneumococcal	PCV20 (Prevnar 20)	<ul style="list-style-type: none"> <li>• 19-64 years with risk factors: one or two doses depending on vaccines used</li> <li>• 50+ years: one or two doses depending on vaccines used (<a href="#">see notes</a>)</li> </ul>
Polio (IPV)	IPOL	<ul style="list-style-type: none"> <li>• 19+ years: one, two, or three doses depending on indication for those unvaccinated or incompletely vaccinated. (Most adults born and raised in the U.S. can assume they were vaccinated as children.)</li> </ul>
Respiratory Syncytial Virus (RSV)	Abrysvo & Arexvy	<ul style="list-style-type: none"> <li>• Adults 19-49 years: One time dose Seasonal during pregnancy (<a href="#">notes</a>)</li> <li>• Adults 60-74 years: One time dose for those at increased risk (<a href="#">notes</a>)</li> <li>• Adults 75+: One time dose</li> </ul>
Tetanus (Tdap Combination vaccines)	Tdap (Adacel & Boostrix)	One dose and then booster every 10 years. one dose each pregnancy; one dose for wound management ( <a href="#">notes</a> )