

Iowa Vaccines for Adults (VFA) Program Available Vaccines and Schedule Guidance

The following vaccines are available through the Iowa Vaccines for Adults (VFA) Program. For VFA-eligible adults 19 years or older, healthcare providers should:

- Determine recommended vaccine(s) by referencing the [Adult Immunization Schedule](#)
- Review vaccine types, dosing frequencies and intervals, and considerations for special situations in [Schedule Notes](#)
- Review the [Adult Immunization Schedule Appendix](#) for contraindications and precautions
- Review new or updated [ACIP guidance](#)

Diseases and ACIP-Recommended Vaccines Covered by the Iowa VFA Program

Vaccine Group/Disease	Vaccine(s)	Schedule Guidance (Adults 19+ Years)
Chickenpox (Varicella)	Varivax	<ul style="list-style-type: none"> • 19-44 years: Two doses (if born after 1980). • 45+ with additional risk factors or another indication
COVID-19	Comirnaty, Spikevax, & Nuvaxovid	<ul style="list-style-type: none"> • One or more doses of the updated formula (notes).
Hepatitis A	Vaqta & Havrix	<ul style="list-style-type: none"> • Two, three, or four doses depending on vaccine
Hepatitis B	Engerix B & Recombivax HB	<ul style="list-style-type: none"> • Adults 19-59 years: three or four doses depending on vaccine or condition • Adults 60+ years: three or four doses depending on vaccine for those with risk factors or another indication
Hepatitis A and B Combination	Twinrix	<ul style="list-style-type: none"> • Three or four doses depending on the schedule utilized
Human Papillomavirus (HPV)	Gardasil 9	<ul style="list-style-type: none"> • Adults 19-26 years: two or three doses depending on age at initial vaccination or condition. • Adults 27-45 years: Recommended based on shared clinical decision-making. Number of doses depends on age at initial vaccination.

Influenza (Flu)	Varies based on federal vaccine contracts	<ul style="list-style-type: none"> • 1 dose annually
Measles, Mumps, Rubella (MMR)	MMR (MMRII & Priorix)	<ul style="list-style-type: none"> • One or two doses depending on indication
Meningococcal	MenACWY (MenQuadfi & Menveo)	<ul style="list-style-type: none"> • 19+ years: One or two doses depending on indication; See notes for booster recommendations
	MenB (Trumenba & Bexsero)	<ul style="list-style-type: none"> • 19+ years: 2-3 doses depending on vaccine and indication, see notes for booster recommendations • 19-23 years: Based on shared clinical decision making (notes)
Pneumococcal	PCV20 (Prevnar 20) & PCV21 (Capvaxive)	<ul style="list-style-type: none"> • 19-49 years with risk factors: one dose • 50+ years: one dose (see notes)
Polio (IPV)	IPOLE	<ul style="list-style-type: none"> • 19+ years: one, two, or three doses depending on indication for those unvaccinated or incompletely vaccinated. (Most adults born and raised in the U.S. can assume they were vaccinated as children.)
Respiratory Syncytial Virus (RSV)	Abrysvo, Arexvy & mResvia *Available by request	<ul style="list-style-type: none"> • Pregnant 19+ years: Abrysvo ONLY. One time dose 32-36 weeks of pregnancy Sept-Jan (notes) • Adults 50-74 years: One time dose for those at increased risk. (notes) • Adults 75+: One time dose (notes)
Tetanus (Tdap Combination vaccines)	Tdap (Adacel & Boostrix)	<ul style="list-style-type: none"> • One dose and then booster every 10 years. • One dose each pregnancy; one dose for wound management (notes)