

How to Apply for HHS Benefits



SNAP

Provides food benefits to low-income families to supplement their grocery budget so they can afford nutritious food essential to their health and well-being.

➤ Apply online at <https://hsservices.iowa.gov/apsspssp.portal>

👛 Your local HHS office

✉ Mail completed application to
Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406

✉ Email completed application to: imagingcenter4@dhs.state.ia.us or fax application to 515-564-4017



Medical Assistance

Iowa Medicaid provides health coverage to eligible Iowans including low-income adults, children, pregnant women, older adults and people with disabilities.

➤ Apply online at <https://hsservices.iowa.gov/apsspssp.portal>

➤ Healthcare.gov

👛 At any local HHS office or federally qualified health center in Iowa

✉ Mail completed application to
Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406

☎ Call 1-855-889-7985 to complete an application over the phone

✉ Email completed application to: imagingcenter4@dhs.state.ia.us or fax application to 515-564-4017



HIPP

Iowa Medicaid pays for employer-group and individual health insurance coverage for Medicaid-eligible persons when it is cost-effective to the state

➤ Visit hhs.iowa.gov/programs/welcome-iowa-medicaid/fee-service/hipp

☎ Des Moines Area: 515-974-3282 or Toll-Free 1-888-346-9562


✉ Email completed application to: hipp@dhs.state.ia.us or fax application to 515-725-0705


✉ Mail completed application to:
Iowa Medicaid
HIPP Unit
PO Box 36476
Des Moines, IA 50315



Family Planning Program (FPP)

Provides limited health coverage to eligible Iowans ages 12 through 54. This program is a form of limited insurance coverage and helps with the cost of family planning related services.


 Apply at your Local HHS Office or designated Title X family planning agencies in Iowa.


 For more information, visit the HHS website at hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/fpp



Rent Reimbursement

Provides up to \$1000 reimbursement of rent paid by income-eligible elderly or disabled persons who pay rent in buildings that are not tax-exempt.


 Apply online at <https://benefits.stateofiowahhs.org/program/rentreimbursement>

 Iowa's Aging and Disability Resource Center 1-866-465-7887

 Visit [LIFELONG LINKS](#)

 Iowa Community Action Association


 Your local HHS office


 Rent Reimbursement Unit
515-420-6077



Child Care Assistance

Helps families in Iowa struggling with the increasing quality care costs. Child care assistance keeps Iowa thriving and allows more parents to remain in the workforce, earning income.

 Apply online at <https://ccmis.dhs.state.ia.us/clientportal/>

 Mail completed application to:
HHS CCA Eligibility
2309 Euclid Ave
Des Moines, IA 50310-5703

 Your local HHS office





FIP

Provides cash assistance and employment and training services to families with children. The goal of the program is to help families become self-supporting.

 Apply online at <https://hsservices.iowa.gov/apsspssp/spp.portal>

 Your local HHS office

 Mail completed application to:
Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406

 Email complete application to: imagingcenter4@dhs.state.ia.us or fax application to 515-564-4017