



Postpartum Coverage Updates

Iowa Medicaid provides services for women during pregnancy, postpartum and for infants (children under age 1). The requirements for this coverage are different than normal Medicaid coverage. Once a pregnant person is determined Medicaid eligible, that person stays eligible regardless of any change in her circumstances throughout pregnancy and during postpartum coverage.

Beginning April 1, 2025, there will be some changes to eligibility.

Coverage Changes



Postpartum Coverage extended from 60 days to 12 months after childbirth.



Pregnant Women Federal Poverty Level (FPL) limit updated to 215%

Infants under 1

- Eligible until age 1 if mother was enrolled in Iowa Medicaid at birth
- Must apply if mother was not enrolled in Iowa Medicaid at birth (FPL limit up to 302%)

Eligibility Requirements

- Proof of Identity
- U.S. Citizenship or legal immigrant status
- Iowa Residency
- Proof of social security number or application for social security number
- Pregnancy, self-attestation of pregnancy accepted
- Income under 215% of the FPL
- Resources under applicable limits if applying based on disability or being over age 65

Benefits

Members can get full Medicaid benefits from doctors, hospitals, community health centers, local public health departments and rural health clinics.

Examples of available care and services include:

- Lactation (breast milk) consultation services
- Labs and X-rays
- Hospitals, anesthesia and outpatient surgical centers
- Alternative treatment for pain management
- Prescriptions
- Dental services
- Medical equipment, such as wheelchairs
- Mental and behavioral health care

Note: some services may need a referral, prior approval by your doctor, or a small copay.



To learn more, use the QR code or link below.

<https://hhs.iowa.gov/postpartum-coverage>

If you have questions on coverage, please call Iowa Medicaid Member Services at: 1-800-338-8366 locally in the Des Moines area at 515-256-4606