



SNAP

Ifasha imiryango ifite amikoro make kubona ibiribwa bifite intungamubiri by'ingirakamaro ku buzima bwabo.

- Tanga ubusabe ku rubuga rwa <https://hhservices.iowa.gov/apspssp/spp.portal>
- 📦 Ibiro bya HHS byo mu karere kaho utuye
- ✉ Ohereza ukoresheje imeyiri ubusabe bwuzuye kuri: imagingcenter4@hhs.iowa.gov cyangwa wohereze ubusabe bwawe kuri fagisi kuri 515-564-4017
- Ohereza dosiye yuzuye kuri:
Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406
- Menya uko abahabwa SNAP bashobora kwikuba kabiri amafaranga yabo, akagera kuri \$15 ku munsu, bagura imbuto n'imboga ku rubuga doubleupiowa.org



WIC

Itanga ibiribwa by'inyongera, ubufasha mu konsa, taransiferi zo kwivuza, uburezi mu by'imirire ku bagore batwite, bonsa n'abatonsa bafite amikoro make nyuma yo kubyara, ndetse n'abana bato n'abana bari munsu y'imyaka 5.

- 📦 Saba ku ivuriro rya WIC ryaho utuye
- Ku bindi bisobanuro, sura urubuga rwa HHS kuri hhs.iowa.gov/wic



Ubufasha bw'abaganga

Iowa Medicaid itanga ubwisungane mu kwivuza ku bantu bakuru bafite amikoro make, abana, abagore batwite, abantu bakuze cyane, n'abantu bafite ubumuga.

- Iyandikishe ku rubuga rwa <https://hhservices.iowa.gov/apspssp/spp.portal> cyangwa Healthcare.gov
- Ubusabe butangirwa kuri interineti hhs.iowa.gov/media/5825/
- 📦 Ku biro byose bya HHS cyangwa ikigo nderabuzima cyujuje ibyangombwa muri Iowa
- ☎ Hamagara 1-855-889-7985 kugira ngo wiyandikishije unyuze kuri telefone
- Ohereza ukoresheje iposita ubusabe bwuzuye kuri:
Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406
- ✉ Ohereza ukoresheje imeyiri ubusabe bwuzuye kuri: imagingcenter4@hhs.iowa.gov cyangwa wohereze ubusabe bwawe kuri fagisi kuri 515-564-4017



HIPPA

Iowa Medicaid yishyurira ubwishingizi butangwa n'umumukoresha bw'itsinda n'ubw'umuntu ku giti cye abantu bujuje ibisabwa na Medicaid iyo bidahenze kuri leta.

- Sura hhs.iowa.gov/hipp
- ☎ Des Moines Area: 515-974-3282
kuri Telefone itishyurwa 1-888-346-9562
- ✉ Ohereza ubusabe bwuzuye kuri imeyiri kuri: hipp@hhs.iowa.gov cyangwa wohereze ubusabe bwawe kuri fagisi kuri 515-725-0725
- Ohereza ubusabe bwuzuye kuri:
Iowa Medicaid
HIPPA Unit
PO Box 36476
Des Moines, IA 50315



(Gahunda yo Kuboneza urubyaro) Family Planning Program (FPP)

Ubwishingizi bufite aho bugarukira buha ubwishingizi serivisi zo kuboneza urubyaro no kuboneza urubyaro ku baturage ba Iowa bemerewe bafite hagati y'imyaka 12 na 54.

- Iyandikishe ku biro bya HHS byo mu gace utuyemo
- Ushaka ibindi bisobanuro hhs.iowa.gov/fpp
- Iyandikishe ku Kigo cyagenewe igenamigambi ry'imiryango mu ntara ya Iowa
- Umujyanama mu bijyanye na gahunda yo kuboneza urubyaro kuri 515-675-5211



Gusubizwa amafaranga y'ubukode

Itanga amadolari agera ku 1000 yo kwishyura ubukode yishyuwe n'abasaza cyangwa abamugaye bujuje ibisabwa bishyura ubukode mu nyubako zidasenewe imisoro.

- Iyandikishe ku rubuga rwa <https://benefits.stateoflowahhs.org/program/rentreimbursement>
- Sura [LIFELONG LINKS](#)
- (Ikigo cya Iowa gishinzwe abageze mu za bukuru n'abafite ubumuga) Iowa's Aging and Disability Resource Center 1-866-468-7887
- Iowa Community Action Association (Ishyirahamwe ry'ibikorwa by'umuryango wa Iowa)
- Ibiro bya HHS byo mu karere kaho utuye
- Igice cyo Kwishyura Ubukode 515-420-6077



Ubufasha bwo Kwita ku Mwana

Ifasha imiryango yo muri leta ya Iowa ihanganye n'ikibazo cy'izamuka ry'igiciro cy'ubuvuzi bufite ireme. Ubufasha bwo kwita ku bana butuma Iowa ikomeza gutera imbere kandi bugatuma ababyeyi benshi baguma mu kazi, bakunguka amafaranga.

- Iyandikishe ku rubuga rwa <https://ccmis.dhs.state.ia.us/clientportal/>
- Ohereza dosiye yuzuye kuri:
HHS CCA Eligibility
2309 Euclid Ave
Des Moines, IA 50310-5703
- Ibiro bya HHS byo mu karere kaho utuye



FIP

Itanga ubufasha bw'amafaranga n'akazi n'amahugurwa ku miryango ifite abana. Intego y'iyi porogaramu ni iyo gufasha imiryango kwibeshaho.

- Iyandikishe ku rubuga rwa <https://hhservices.iowa.gov/apsspssp/ssp.portal>
- Ohereza dosiye yuzuye kuri:
Imaging Center 4
PO Box 2027
Cedar Rapids, IA 52406
- Your local HHS office
- Ohereza ukoresheje imeyiri ubusabe bwuzuye kuri: imagingcenter4@hhs.iowa.gov cyangwa woherewe ubusabe bwawe kuri fax kuri 515-564-4017