

Heart of Iowa

Community Services



FY25 ANNUAL SERVICE & BUDGET PLAN

SUBMITTED
04/01/2024

GEOGRAPHIC AREA: *Adair, Adams, Audubon, Clarke, Dallas, Decatur, Guthrie,
Lucas, Marion, Ringgold, Taylor, Union, Wayne*

APPROVED BY GOVERNING BOARD: 03/18/24

Table of Contents

| | |
|---|-----------|
| Introduction | 2 |
| A. Local Access Points | 2 |
| B. Service Coordination and Targeted Case Management | 4 |
| C. Crisis Planning | 4 |
| D. Intensive Mental Health Services | 6 |
| E. Scope of Services & Budget and Financing Provisions | 6 |
| Table A. Expenditures | 7 |
| Table B. Revenues | 10 |
| G. Financial Forecasting Measures | 10 |
| H. Provider Reimbursement Provisions | 11 |

Introduction

Heart of Iowa Community Services was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 225C.57. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2025 Annual Service and Budget Plan covers the period of July 1, 2024, to June 30, 2025. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

In FY2024 the member counties of the Country Rural Offices of Social Services; Clarke, Decatur, Lucas, Marion, Ringgold and Wayne as well as the member counties of the Southern Hills Region; Adair, Adams, Taylor and Union engaged in the 28E Agreement with Heart of Iowa Community Services to join the Heart of Iowa region.

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries as well as to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and children's behavioral health services as outlined in Iowa Code. The FY2025 Governing Board is comprised of the following membership.

| <u>Member</u> | <u>Representing</u> |
|-----------------------|--|
| Brad Golightly | Dallas County Board of Supervisors |
| Maggie Armstrong | Guthrie County Board of Supervisors |
| Rick Thompson | Audubon County Board of Supervisors |
| TBD | Board of Supervisor |
| TBD | Board of Supervisor |
| TBD | Board of Supervisor |
| Clifford Carney | Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services <i>(designated by the regional adult mental health and disability services advisory committee)</i> |
| Larry Loss | Parents/Actively Involved Relatives of a Child who Utilizes Children's Behavioral Health Services <i>(designated by the regional children's behavioral health services advisory committee)</i> |
| Lesleyann Christensen | The Regional Education System <i>(designated by the regional children's behavioral health services advisory committee)</i> |
| Melinda Dennis | Regional MHDS Adult Service Providers <i>(designated by the regional adult mental health and disability services advisory committee)</i> |
| Tony Raymer | Regional Children's Behavioral Health Service Providers <i>(designated by the regional children's behavioral health services advisory committee)</i> |
| Marc Elcock | Judicial Representative |
| Aaron Fuller | Law Enforcement Representative |

A. Local Access Points

An access point is a part of the Heart of Iowa Community Services service system trained to complete MHDS regional applications for persons with a disability.

Heart of Iowa Community Services has designated the following access points for adult mental health and disability services:

| Access Point | Location | Contact Information |
|--|--|---------------------|
| Heart of Iowa Community Services | 405 E McLane St. Osceola, IA 50213 | 641-414-2968 |
| Heart of Iowa Community Services | 201 NE Idaho Leon, IA 50144 | 641-446-7178 |
| Heart of Iowa Community Services | 125 South Grand Chariton, IA 50049 | 641-774-0423 |
| Heart of Iowa Community Services | 2003 N. Lincoln St. Knoxville, IA 50138 | 641-828-2238 |
| Heart of Iowa Community Services | 109 West. Madison St. Mount Ayr, IA 50854 | 641-464-0691 |
| Heart of Iowa Community Services | 101 North Lafayette Corydon, IA 50060 | 641-872-1301 |
| Heart of Iowa Community Services | 318 Leroy St. Audubon, IA 50025 | 515-494-8588 |
| Heart of Iowa Community Services | 52747 N Avenue, Suite D, Adel, IA 50003 | 515-993-5869 |
| Heart of Iowa Community Services | 200 N. 5 th St. Guthrie Center, IA 50115 | 515-494-8588 |
| Adair County Public Health | 609 SE Kent St. Greenfield, IA 50849 | 641-743-6173 |
| Crossroads Behavioral Health | 1003 Cottonwood Rd. Creston, IA | 641-782-8457 |
| Taylor-Adams County Public Health | 405 Jefferson St. #7 Bedford, IA 50833 | 712-523-2556 |
| Adel Mental Health | 309 S. 7 th St. Suite C, Adel, IA 50003 | 515-993-1919 |
| Audubon County Memorial Hospital | 515 Pacific Avenue, Audubon, IA 50025 | 712-563-2611 |
| Audubon County Jail | 318 Leroy St. Ste. 4, Audubon, IA 50025 | 712-563-2631 |
| Dallas County Hospital | 610 10 th St. Perry, IA 50220 | 515-465-3547 |
| Dallas County Jail | 201 Nile Kinnick Dr. N, Adel, IA 50003 | 515-993-5815 |
| Eyerly Ball Community Mental Health Services | 1301 Center St. Des Moines, IA 50139 | 515-243-5181 |
| SW Iowa Mental Health Center | 610 10 th St. Perry, IA 50220 | 515-642-1023 |
| Guthrie County Hospital | 710 N. 12 th St. Guthrie Center, IA 50115 | 641-332-2201 |
| Guthrie County Jail | 200 N. 5 th St., Guthrie Center, IA 50115 | 641-747-2214 |
| Inside Out Wellness and Advocacy | 706 Cedar Avenue, Woodward, IA 50076 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Zion Recovery | 309 S. 7 th St., Ste B, Adel, IA 50003 | 515-993-5243 |

Heart of Iowa Community Services has designated the following access points for children’s behavioral health services:

| Access Point | Location | Contact Information |
|--|---|---------------------|
| Heart of Iowa Community Services | 405 E McLane St. Osceola, IA 50213 | 641-414-2968 |
| Heart of Iowa Community Services | 201 NE Idaho Leon, IA 50144 | 641-446-7178 |
| Heart of Iowa Community Services | 125 South Grand Chariton, IA 50049 | 641-774-0423 |
| Heart of Iowa Community Services | 2003 N. Lincoln St. Knoxville, IA 50138 | 641-828-2238 |
| Heart of Iowa Community Services | 109 West. Madison St. Mount Ayr, IA 50854 | 641-464-0691 |
| Heart of Iowa Community Services | 101 North Lafayette Corydon, IA 50060 | 641-872-1301 |
| Heart of Iowa Community Services | 318 Leroy St. Audubon, IA 50025 | 515-494-8588 |
| Heart of Iowa Community Services | 52747 N Avenue, Suite D, Adel, IA 50003 | 515-993-5869 |
| Heart of Iowa Community Services | 200 N. 5 th St. Guthrie Center, IA 50115 | 515-494-8588 |
| Adair County Public Health | 609 SE Kent St. Greenfield, IA 50849 | 641-743-6173 |
| Crossroads Behavioral Health | 1003 Cottonwood Rd. Creston, IA | 641-782-8457 |
| Taylor-Adams County Public Health | 405 Jefferson St. #7 Bedford, IA 50833 | 712-523-2556 |
| Adel Mental Health | 309 S. 7 th St. Suite C, Adel, IA 50003 | 515-993-1919 |
| Audubon County Memorial Hospital | 515 Pacific Avenue, Audubon, IA 50025 | 712-563-2611 |
| Audubon Community Schools | 318 Leroy St. Ste 4, Audubon, IA 50025 | 712-563-2631 |
| Dallas County Hospital | 610 10 th St. Perry, IA 50220 | 515-465-3547 |
| Heartland AEA | 201 Nile Kinnick Dr. N, Adel, IA 50003 | 515-993-5815 |
| Eyerly Ball Community Mental Health Services | 1301 Center St. Des Moines, IA 50139 | 515-243-5181 |

| | | |
|-------------------------------------|--|--------------|
| SW Iowa Mental Health Center | 610 10 th St. Perry, IA 50220 | 515-642-1023 |
| Guthrie County Hospital | 710 N. 12 th St. Guthrie Center, IA 50115 | 641-332-2201 |
| ACGC Community Schools | 200 N. 5 th St. Guthrie Center, IA 50115 | 641-747-2214 |
| Inside Out Wellness and Advocacy | 706 Cedar Avenue, Woodward, IA 50076 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Zion Recovery | 309 S. 7 th St., Ste B, Adel, IA 50003 | 515-993-5243 |
| West Central Valley School District | 3299 White Pole Rd. Stuart, IA 50250 | 515-523-1313 |

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for Heart of Iowa Community Services.

| Service Coordination Provider | Adult/Child/Both | Location | Contact Information |
|--|-------------------------|---|----------------------------|
| Heart of Iowa Community Services, Service Coordination | Both | Locations listed under section A. | 515-993-1722 |
| SW IA Mental Health Integrated Health Home | Adult | 410 12 th St. Perry, IA 50220 | 515-642-1023 |
| Eyerly Ball Integrated Health Home | Adult | 1301 Center St. Des Moines, IA 50139 | 515-243-5181 |
| Community Support Advocates Integrated Health Home | Both | 6000 NW Aurora Ave. Des Moines, IA 50322 | 515-883-1776 |
| Crossroads Behavioral Health IHH | Both | 1003 Cottonwood Rd. Creston, IA 50801 | 641-782-8457 |
| Capstone Behavioral Health IHH | Adult | 1123 1 st Ave E. Suite 200 Newton, IA 50314 | 641-375-3481 |
| Southern Iowa Mental Health Center | Both | 1527 Albia Rd. Ottumwa, IA 52501 | 641-682-8772 |
| Ellipsis | Child | 918 SE 11 th St. Des Moines, IA 50309 | 515-282-9377 |
| HHS Case Management | Both | 400 SW 8 th St. Des Moines, IA 50319 | 515-242-6877 |
| Wellpoint | Both | PO Box 71099 Clive, IA 50325 | 1-800-600-4441 |
| Iowa Total Care | Both | 636 E Grand Ave. Des Moines, IA 50309 | 1-833-404-1061 |
| Molina Healthcare of Iowa | Both | 500 SW 7 th St. Ste 304 Des Moines, IA 50315 | 844-236-0894 |

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution:

24 Hour Crisis Response

| Provider | Location | Contact Information |
|----------------------------------|---|----------------------------|
| Inside Out Wellness and Advocacy | 706 Cedar Avenue, Woodward, IA 50076 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Crossroads Behavioral Health | 1003 Cottonwood Rd. Creston, IA 50801 | 641-782-8457 |
| Flowstate Health | 500 Locust St. Ste 126, Des Moines IA 50309 | 641-660-8273 |

24 Hour Crisis Hotline

| Provider | Location | Contact Information |
|----------------------------------|---|---------------------|
| Your life Iowa | Online: https://yourlifeiowa.org/ | 855-581-8111 |
| 988 | https://988lifeline.org/ | 988 |
| Inside Out Wellness and Advocacy | 410 12 th St. Perry, IA 50220 | 844-428-3878 |

Crisis Evaluation

| Provider | Adult/Child/Both | Location | Contact Information |
|----------------------------------|------------------|---|---------------------|
| Flowstate Health | Both | 500 Locust St. Ste 126, Des Moines IA 50309 Serves all region emergency departments and jails. | 641-660-8273 |
| Inside Out Wellness and Advocacy | Adult | 706 Cedar Avenue, Woodward, IA 50076 | 515-642-4125 |
| Inside Out Wellness and Advocacy | Both | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Inside Out Wellness and Advocacy | Adult | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |

Mobile Response

| Provider | Location | Contact Information |
|----------------------------------|--|---------------------|
| Inside Out Wellness and Advocacy | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |
| Inside Out Wellness and Advocacy | 410 12 th St. Perry, IA 50220 | 515-642-4125 |

Crisis Stabilization Community-based Services

| Provider | Adult/Child/Both | Location | Contact Information |
|--|------------------|--|---------------------|
| Inside Out Wellness and Advocacy *in development, planning to open July 1, 2024 | Both | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Inside Out Wellness and Advocacy *in development, planning to open July 1, 2024 | Both | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |
| Crossroads Behavioral Health *in development, planning to open July 1, 2024 | Both | 1003 Cottonwood Rd. Creston, IA 50801 | 641-782-8457 |

Crisis Stabilization Residential Services

| Provider | Adult/Child/Both | Location | Contact Information |
|--|------------------|---|---------------------|
| Inside Out Wellness and Advocacy *in development, planning to open July 1, 2024 | Both | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Inside Out Wellness and Advocacy *in development, planning to open July 1, 2024 | Both | 104 S. Sixth St. Knoxville, IA 50138 | 515-642-4125 |
| Inside Out Wellness and Advocacy | Adult | 706 Cedar Avenue, Woodward, IA 50076 | 515-642-4125 |
| Easter Seals | Child | 401 NE 66 th Ave. Des Moines, IA 50313 | 515-288-0818 |
| YSS | Child | 703 Burnett Ave. Ames, IA | 515-233-2330 |
| Southern Iowa Mental Health Center | Adult | 1527 Albia Rd. Ottumwa, IA 52501 | 641-814-8730 |
| Harbor Point | Adult | 218 W Division St. Clarinda, IA 51632 | 712-850-1389 |

23-Hour Observation

| Provider | Location | Contact Information |
|--|--|---------------------|
| Inside Out Wellness and Advocacy *in development, planning to open July 1, 2024 | 410 12 th St. Perry, IA 50220 | 515-642-4125 |
| Southern Iowa Mental Health Center | 1527 Albia Rd. Ottumwa, IA 52501 | 641-814-8730 |

When Heart of Iowa Community Services needs to utilize a crisis service in another region, HICS acts according to the host region's contract with the crisis provider. Heart of Iowa Community Services never requires prior authorization for a crisis service.

D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

| Provider | Location | Contact Information |
|------------------------------------|--------------------------------------|----------------------------|
| Inside Out Wellness and Advocacy | 706 Cedar Avenue, Woodward, IA 50076 | 515-642-4125 |
| Southern Iowa Mental Health Center | 1527 Albia Rd. Ottumwa, IA 52501 | 641-814-8730 |

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2):

| Provider | Location | Contact Information |
|---------------------------------|---|----------------------------|
| Eyerly Ball | 1301 Center St. Des Moines, IA 50139 | 515-243-5181 |
| Resources for Human Development | 1514 N. Lincoln St. Knoxville, IA 50138 | 641-632-2678 |

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals:

| Provider | Location | Contact Information |
|------------------------------------|----------------------------------|----------------------------|
| Southern Iowa Mental Health Center | 1527 Albia Rd. Ottumwa, IA 52501 | 641-814-8730 |
| Mary Greeley | 1111 Duff Ave. Ames, IA 50010 | 515-239-2011 |

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

| Provider | Location | Contact Information |
|-----------------------|---|----------------------------|
| First Resources | 1000 N. Roosevelt Ste 6. Burlington, IA 52601 | 319-752-4399 |
| Optimae Life Services | In development to open early FY25 | |

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by Heart of Iowa Community Services. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in section F of the Heart of Iowa Community Services policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in section F, page 18 of the Heart of Iowa Community Services policy and procedure manual. The Policy and procedure manual can be found online at: hicsiowa.org under the heading ‘About.’

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

Table A. Expenditures

| FY 2025 Budget | Heart of Iowa MHDS Region | MI (40) | ID (42) | DD (43) | BI (47) | Admin (44) | Total |
|---------------------|--|--------------|-----------|----------|-----------|------------|--------------|
| Core Domains | | | | | | | |
| COA | Treatment | | | | | | |
| 42305 | Mental health outpatient therapy ** | \$ 240,000 | | | | | \$ 240,000 |
| 42306 | Medication prescribing & management ** | | | | | | \$ - |
| 43301 | Assessment, evaluation, and early identification ** | | | | | | \$ - |
| 71319 | Mental health inpatient therapy-MHI | \$ 225,000 | | | | | \$ 225,000 |
| 73319 | Mental health inpatient therapy ** | \$ 55,000 | | | | | \$ 55,000 |
| | Crisis Services | | | | | | |
| 32322 | Personal emergency response system | \$ 1,000 | \$ 5,000 | | | | \$ 6,000 |
| 44301 | Crisis evaluation | \$ 175,000 | | | | | \$ 175,000 |
| 44302 | 23-hour crisis observation & holding | \$ 5,000 | | | | | \$ 5,000 |
| 44305 | 24-hour access to crisis response | \$ 30,000 | | | | | \$ 30,000 |
| 44307 | Mobile response ** | \$ 630,000 | | | | | \$ 630,000 |
| 44312 | Crisis Stabilization community-based services ** | \$ 75,000 | | | | | \$ 75,000 |
| 44313 | Crisis Stabilization residential services ** | \$ 215,000 | | | | | \$ 215,000 |
| 44379 | System building & sustainability - Crisis | \$ 660,000 | | | | | \$ 660,000 |
| 44396 | Access Centers: start-up / sustainability | \$ 1,268,267 | | | | | \$ 1,268,267 |
| | Support for Community Living | | | | | | |
| 32320 | Home health aide | \$ 1,000 | | | | | \$ 1,000 |
| 32325 | Respite | | | \$ 2,500 | | | \$ 2,500 |
| 32328 | Home & vehicle modifications | | | | | | \$ - |
| 32329 | Supported community living | \$ 125,000 | \$ 50,000 | | | | \$ 175,000 |
| 42329 | Intensive residential services | \$ 100,000 | | | | | \$ 100,000 |
| | Support for Employment | | | | | | |
| 50362 | Prevocational services | \$ 35,000 | \$ 15,000 | | | | \$ 50,000 |
| 50364 | Job development | \$ 1,500 | | | | | \$ 1,500 |
| 50367 | Day habilitation | | \$ 2,000 | \$ 3,000 | \$ 30,000 | | \$ 35,000 |
| 50368 | Supported employment | \$ 80,000 | \$ 25,000 | | | | \$ 105,000 |
| 50369 | Group Supported employment-enclave | | | | | | \$ - |
| 50379 | System building & sustainability - IPS & Vocational | | | | | | \$ - |
| | Recovery Services | | | | | | |
| 45323 | Family support | | | | | | \$ - |
| 45366 | Peer support | | | | | | \$ - |
| | Service Coordination | | | | | | |
| 21375 | Case management | | | | | | \$ - |
| 24376 | Health homes | | | | | | \$ - |
| | Sub-Acute Services | | | | | | |
| 63309 | Subacute services-1-5 beds | | | | | | \$ - |
| 64309 | Subacute services-6 and over beds | \$ 25,000 | | | | | \$ 25,000 |
| | Core Evidenced Based Treatment | | | | | | |
| 04422 | Education & Training Services - provider competency | | | | | | \$ - |
| 32379 | System building & sustainability - Supported housing | | | | | | \$ - |
| 32396 | Supported housing | \$ 62,000 | | | | | \$ 62,000 |

| FY 2025 Budget | Heart of Iowa MHDS Region | MI (40) | ID (42) | DD (43) | BI (47) | Admin (44) | Total |
|--|--|---------------------|------------------|-----------------|------------------|------------|---------------------|
| 42398 | Assertive community treatment (ACT) | | | | | | \$ - |
| 45373 | Family psychoeducation | | | | | | \$ - |
| 45379 | System building & sustainability - FPE & Recovery Sv | | | | | | \$ - |
| | Core Domains Total | \$ 4,008,767 | \$ 97,000 | \$ 5,500 | \$ 30,000 | | \$ 4,141,267 |
| Mandated Services | | | | | | | |
| 46319 | Oakdale | \$ 3,000 | | | | | \$ 3,000 |
| 72319 | State resource centers | | | | | | \$ - |
| 74XXX | Commitment related (except 301) | \$ 215,000 | | | | | \$ 215,000 |
| 75XXX | Mental health advocate | \$ 40,000 | | | | | \$ 40,000 |
| | Mandated Services Total | \$ 258,000 | \$ - | \$ - | \$ - | | \$ 258,000 |
| Additional Core Domains | | | | | | | |
| Justice system-involved services | | | | | | | |
| 25xxx | Coordination services | \$ 501,518 | | | | | \$ 501,518 |
| 25378 | Contracted coordination services | | | | | | \$ - |
| 44346 | 24-hour crisis line* | | | | | | \$ - |
| 44366 | Warm line* | | | | | | \$ - |
| 46305 | Mental health services in jails | \$ 100,000 | | | | | \$ 100,000 |
| 46398 | Outpatient Competency Restoration | | | | | | \$ - |
| 46399 | Justice system-involved services-other | \$ 300 | | | | | \$ 300 |
| 46422 | Crisis prevention training | \$ 180,000 | | | | | \$ 180,000 |
| 46425 | Mental health court related costs | | | | | | \$ - |
| 74301 | Civil commitment prescreening evaluation | | | | | | \$ - |
| Additional Core Evidenced based treatment | | | | | | | |
| 42366 | Peer Wellness / Wellness and Recovery Centers | | | | | | \$ - |
| 42379 | System building & sustainability - Non-crisis | \$ 450,000 | | | | | \$ 450,000 |
| 42397 | Psychiatric rehabilitation (IPR) | \$ 8,000 | | | | | \$ 8,000 |
| | Additional Core Domains Total | \$ 1,239,818 | \$ - | \$ - | \$ - | | \$ 1,239,818 |
| Other Informational Services | | | | | | | |
| 03371 | Information & referral | | | | | | \$ - |
| 04372 | Planning, consultation &/or early intervention (client related) ** | | | | | | \$ - |
| 04377 | Provider Incentive Payment | \$ 40,000 | | | | | \$ 40,000 |
| 04399 | Consultation Other | | | | | | \$ - |
| 04429 | Planning and Management Consultants (non-client related) | \$ 55,000 | | | | | \$ 55,000 |
| 05373 | Public education, prevention and education ** | \$ 475,000 | | | | | \$ 475,000 |
| | Other Informational Services Total | \$ 570,000 | \$ - | \$ - | \$ - | | \$ 570,000 |
| Community Living Supports | | | | | | | |
| 06399 | Academic services | | | | | | \$ - |
| 22XXX | Services management | \$ 1,122,560 | | | | | \$ 1,122,560 |
| 22378 | Contracted services management | | | | | | \$ - |
| 23376 | Crisis care coordination | | | | | | \$ - |
| 23378 | Contracted crisis care coordination | | | | | | \$ - |
| 23399 | Crisis care coordination other | | | | | | \$ - |
| 24399 | Health home other | | | | | | \$ - |
| 31XXX | Transportation | \$ 157,000 | \$ 6,640 | \$ 1,180 | \$ 1,180 | | \$ 166,000 |
| 32321 | Chore services | | | | | | \$ - |
| 32326 | Guardian/conservator | \$ 3,800 | | | | | \$ 3,800 |
| 32327 | Representative payee | \$ 300 | | | | | \$ 300 |
| 32335 | CDAC | \$ 18,000 | \$ 2,000 | | | | \$ 20,000 |
| 32399 | Other support | \$ 1,500 | | | | | \$ 1,500 |
| 33330 | Mobile meals | | | | \$ 3,500 | | \$ 3,500 |
| 33340 | Rent payments (time limited) | \$ 25,000 | \$ 8,000 | | | | \$ 33,000 |
| 33345 | Ongoing rent subsidy | | | | | | \$ - |

| FY 2025 Budget | Heart of Iowa MHDS Region | MI (40) | ID (42) | DD (43) | BI (47) | Admin (44) | Total |
|----------------|---|---------------------|-------------------|-----------------|------------------|---------------------|---------------------|
| 33399 | Other basic needs | \$ 6,000 | \$ 1,000 | | | | \$ 7,000 |
| 41305 | Physiological outpatient treatment | \$ 4,500 | \$ 500 | | | | \$ 5,000 |
| 41306 | Prescription meds | \$ 5,000 | | | | | \$ 5,000 |
| 41307 | In-home nursing | \$ 500 | | | | | \$ 500 |
| 41308 | Health supplies | | | | | | \$ - |
| 41399 | Other physiological treatment | | | | | | \$ - |
| 42309 | Partial hospitalization | \$ 15,000 | | | | | \$ 15,000 |
| 42310 | Transitional living program | \$ 275,000 | | | | | \$ 275,000 |
| 42363 | Day treatment | | | | | | \$ - |
| 42396 | Community support programs | \$ 40,000 | | | | | \$ 40,000 |
| 42399 | Other psychotherapeutic treatment | | | | | | \$ - |
| 43399 | Other non-crisis evaluation | | | | | | \$ - |
| 44304 | Emergency care | | | | | | \$ - |
| 44399 | Other crisis services | | | | | | \$ - |
| 45399 | Other family & peer support | | | | | | \$ - |
| 46306 | Psychiatric medications in jail | \$ 25,000 | | | | | \$ 25,000 |
| 50361 | Vocational skills training | \$ 2,000 | | | | | \$ 2,000 |
| 50365 | Supported education | | | | | | \$ - |
| 50399 | Other vocational & day services | | | | | | \$ - |
| 63XXX | RCF 1-5 beds (63314, 63315 & 63316) | | | | | | \$ - |
| 63XXX | ICF 1-5 beds (63317 & 63318) | | | | | | \$ - |
| 63329 | SCL 1-5 beds | | | | | | \$ - |
| 63399 | Other 1-5 beds | | | | | | \$ - |
| | Community Living Supports | \$ 1,701,160 | \$ 18,140 | \$ 1,180 | \$ 4,680 | | \$ 1,725,160 |
| | Other Congregate Services | | | | | | |
| 50360 | Work services (work activity/sheltered work) | \$ 10,000 | | | | | \$ 10,000 |
| 64XXX | RCF 6 and over beds (64314, 64315 & 64316) | \$ 300,000 | | | | | \$ 300,000 |
| 64XXX | ICF 6 and over beds (64317 & 64318) | | | | | | \$ - |
| 64329 | SCL 6 and over beds | \$ 65,000 | | | | | \$ 65,000 |
| 64399 | Other 6 and over beds | | | | | | \$ - |
| | Other Congregate Services Total | \$ 375,000 | \$ - | \$ - | \$ - | | \$ 375,000 |
| | Administration | | | | | | |
| 11XXX | Direct Administration | | | | | \$ 788,533 | \$ 788,533 |
| 12XXX | Purchased Administration | | | | | \$ 307,600 | \$ 307,600 |
| | Administration Total | | | | | \$ 1,096,133 | \$ 1,096,133 |
| | Regional Totals | \$ 8,152,745 | \$ 115,140 | \$ 6,680 | \$ 34,680 | \$ 1,096,133 | \$ 9,405,378 |
| | (45XX-XXX) County Provided Case Management | | | | | | \$ - |
| | (46XX-XXX) County Provided Services | | | | | | \$ - |
| | Regional Grand Total | | | | | | \$ 9,405,378 |

*24-hour crisis line and warm line are transitioning from additional core to state wide services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

| FY 2025 Budget | Heart of Iowa MHDS Region | | |
|-----------------|---|--------------|---------------------|
| Revenues | | | |
| | Projected Fund Balance as of 6/30/24 | | \$ 271,033 |
| | Local/Regional Funds | | \$ - |
| 1010 | Delinquent Property Tax | | |
| 25XX | Other Governmental Revenues | | |
| 4XXX-5XXX | Charges for Services | | |
| 5310 | Client Fees | | |
| 60XX | Interest | | |
| 6XXX | Use of Money & Property | | |
| 8XXX | Miscellaneous | | |
| 9040 | Other Budgetary Funds (Polk Transfer Only) | | |
| | | | |
| | State Funds | | \$ 9,406,068 |
| 24XX | State/Federal pass thru Revenue | | |
| 2644 | State Regional Service Payments | \$ 9,406,068 | |
| 2644 | State Regional Service Payments (Refund to State) | | |
| 2643 | State Incentive Funds | | |
| | Other | | |
| | Federal Funds | | \$ - |
| 2345 | Medicaid | | |
| | Other | | |
| | Total Revenues | | \$ 9,406,068 |

| | |
|---|--------------|
| Total Funds Available for FY2025 | \$ 9,677,101 |
| FY25 Projected Regional Expenditures | \$ 9,405,378 |
| Accrual Fund Balance as of 6/30/2025 | \$ 271,723 |

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by Heart of Iowa Community Services in the identification of service need and funding necessary for services.

The FY25 budget was developed by the CEO and CFO and submitted to the Governing Board for final approval. Utilization data from the Community Services Network, provider network, and planning are reviewed annually as part of the budgeting process. The team also utilizes input gathered throughout the year from the Adult and Children Advisory Committees, provider groups, surveys and assessments to identify gaps and/or barriers in services or access to services. Developing an adequate budget is a balance between identifying trendline service utilization data and projections for services into the next year. The region works closely with providers to identify the cost for startup of new services and utilization modeling to determine ongoing support potentially needed from the region.

The Region does not anticipate any service reductions during FY25, though the region will need to begin prioritization of developing new programming versus funding ongoing infrastructure costs of already developed services.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by Heart of Iowa Community Services:

- **Fee for service:** Heart of Iowa Community Services contracts with MHDS providers whose base of operation is within the region. Heart of Iowa Community Services may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- **Block grant payments:** This payment type is used when no other funding stream is available and startup costs are needed. Additionally, block grant payments may be used for specific services/activities where billing based on individuals is impractical or causes unnecessary administrative burden or funding is required to ensure access to the service is available.
- **Compensation for a “system of care” approach:** System of Care funding may be utilized when Medicaid is not available and multiple services are a part of the package of services being provided to an individual.
- **Use of nontraditional providers:** When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the individual’s home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus and are initiated when there is a reasonable likelihood that such services will benefit the individual’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the individual’s stated goals or outcomes. A request for funding can be made by any individual, or the individual’s authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards.
- **Incorporation of all funding sources for individuals including Medicaid:** Heart of Iowa Community Services is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. Heart of Iowa Community Services will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.
- Heart of Iowa Community Services may allow for a family unit to exceed the \$2000/\$3000 limit in admin rule for FY25 (225C.60 subsection 2.h.) when a child needs BHIS services and the child is not eligible for Medicaid and the family shows they are not able to fund the sliding fee scale.