



**Mental Health Agency of Southeast Iowa
(MHASEI)**

APPANOOSE, DAVIS, DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, MAHASKA, MONROE, VAN BUREN,
WAPELLO & WASHINGTON COUNTIES

FY25 ANNUAL SERVICE & BUDGET PLAN

**SUBMITTED
3/20/2024**

GEOGRAPHIC AREA:

**Appanoose, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee,
Louisa, Mahaska, Monroe, Van Buren, Wapello & Washington
Counties**

APPROVED BY ADVISORY BOARD:

CHILDREN 3/14/2024

ADULT 3/20/2024

APPROVED BY GOVERNING BOARD:

3/20/2024

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Introduction

Mental Health Agency of Southeast Iowa (MHASEI) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 225C.57. The Annual Service and Budget Plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2025 Annual Service and Budget Plan covers the period of July 1, 2024, to June 30, 2025. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

There are no anticipated changes in geographic spaces of the region in FY2025 unless it is identified as advantageous to modify structures of the Region as the landscape of the Behavioral Health system changes away from Regions to District Administrative Service Organizations. The MHASEI Governing Board is comprised of designated member county Board of Supervisors, an adult or adult family member lived experience representative, a children's family member lived experience representative, a representative from the educational system, an adult service provider representative, a Children's service provider representative, a judicial representative, and a law enforcement representative. The MHASEI Governing Board functions as a political subdivision in its efforts of Mental Health and Disability Services and complies with all laws and rules applicable to public meetings and disclosure of information.

The MHASEI Governing Board appoints membership to four distinct advisory committees as identified below:

The Adult Advisory Committee, as appointed by the Governing Board, shall have a minimum of 5 members. The committee members shall be: adults who utilize services or actively involved relatives of such individuals, service providers, and others as identified by the Governing Board. The Governing Board will be represented at the adult advisory committee meetings by the Chief Executive Officer or designate to act in a supportive role to the Adult Advisory Committee members via communicating procedural requirements, assisting in information finding, and advising on relevant matters pertaining to the work of the Region. The Adult Advisory Committee shall advise the Governing Board as requested by the Governing Board and shall make designations to the Governing Board as requested due to vacancy of an Adult Advisory Director position that requires Adult Advisory committee designation.

The Children's Advisory Committee, as appointed by the Governing Board, shall have a minimum of 10 members. The committee members shall be: parents of children who utilize services or actively involved relatives of such children, a member of the education system, an early childhood advocate, a child welfare advocate, a children's behavioral health service provider, a member of the juvenile court, a pediatrician/Medical Professional, a child care provider, a local law enforcement representative and a regional Governing Board Member. The Governing Board will also be represented at the children's advisory committee meetings by the Chief Executive Officer or designate to act in a supportive role to the Children's Advisory Committee members via communicating procedural requirements, assisting in information finding, and advising on relevant matters pertaining to the work of the Region. The Children's Advisory Committee shall advise the Governing Board as requested by the Governing Board and shall make designations to the Governing Board as requested due to vacancy of a Children' Advisory Director position that requires Children's Advisory committee designation.

The Elected Official Advisory Committee, as appointed by the Governing Board, shall have one designated elected official from each member county. The Elected Official Committee shall advise the Governing Board as requested by the Governing Board and shall also make designations to the Governing Board to accommodate the six (6) Elected Official Directors allowable by Iowa Code 225C and as per any prescribed processes thereof.

The Region Finance Committee, as appointed by the Governing Board, shall have at minimum two elected officials, two provider representatives, two individuals with lived experience or family representatives thereof, the CEO, and Region assigned financial/operational administrator(s). The role of the Finance Committee is to review budgetary financial matters of the Merged Region and advise the Region Governing Board of budget development and financial risk management strategies while adhering to the mandates of the Region and obligations as specified in the Department of Health and Human Services Performance Based Contract.

*Description of governing board and advisory boards provided in Appendix A attached.

A. Local Access Points

An access point is a part of the MHASEI service system trained to complete MHDS regional applications for persons with a disability.

MHASEI has designated the following access points for adult mental health and disability services.

Access Point	Location	Contact Information
Appanoose	209 E Jackson Street Centerville, IA 52544	641-856-2085
Davis	712 S. West Bloomfield, IA 52537	641-664-1993
Des Moines	910 Cottonwood, Suite 1000 Burlington, IA 52601	319-754-8556
Henry	106 E Clay St. Mt Pleasant, IA 52641	319-385-4050
Jefferson	Courthouse, 51 E. Briggs Fairfield, IA 52556	641-472-8637
Keokuk	615 South Jefferson St. Sigourney, IA 52591	641-622-2383
Lee	307 Bank St. PO Box 937 Keokuk, IA 52632	319-524-1052
Louisa	503 Franklin St., Suite 1 Wapello, IA 52653	319-523-5125
Mahaska	301 1 st Avenue E. Oskaloosa, IA 52577	641-673-0410
Monroe	1801 S B Street Albia, IA 52531	641-932-2427
Van Buren	404 Dodge Street, Courthouse Keosauqua, IA 52565	641-919-6776
Wapello	110 E. Main Ottumwa, IA 52501	641-683-4576
Washington	2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353	319-653-7751

MHASEI has designated the following access points for children’s behavioral health services.

Access Point	Location	Contact Information
Appanoose	209 E. Jackson Street Centerville, IA 52544	641-856-2085
Davis	712 S. West Bloomfield, IA 52537	641-664-1993
Des Moines	910 Cottonwood, Suite 1000 Burlington, IA 52601	319-754-8556
Henry	106 E Clay St. Mt Pleasant, IA 52641	319-385-4050
Jefferson	Courthouse, 51 E. Briggs Fairfield, IA 52556	641-472-8637
Keokuk	615 South Jefferson St. Sigourney, IA 52591	641-622-2383
Lee	307 Bank St. PO Box 937 Keokuk, IA 52632	319-524-1052
Louisa	503 Franklin St., Suite 1 Wapello, IA 52653	319-523-5125
Mahaska	301 1 st Ave. E. Oskaloosa, IA 52577	641-673-0410
Monroe	1801 S B Street Albia, IA 52531	641-932-2427
Van Buren	404 Dodge Street, Courthouse Keosauqua, IA 52565	641-919-6776
Wapello	110 E. Main Ottumwa, IA 52501	641-683-4576
Washington	2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353	319-653-7751

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for MHASEI.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Appanoose	Adult	209 E. Jackson Street Centerville, IA 52544	641-856-2085
Counseling Associates	Adult	1013 Ave I, Suite 1 Fort Madison, IA 52627	319-372-8045 Fax: 319-372-2459
Davis	Adult	712 S. West Bloomfield, IA 52537	641-664-1993
Des Moines	Adult	910 Cottonwood, Suite 1000 Burlington, IA 52601	319-754-8556
First Resources	Adult	204 S Jefferson Suite 103, Mount Pleasant, IA 52641	641-954-7244 Fax: 641-201-4342
Henry	Adult	106 E Clay St. Mt Pleasant, IA 52641	319-385-4050
Hillcrest	Both	218 N 2 nd St. Wapello, IA 52653	319-527-4455 Fax: 319-527-4458
Jefferson	Adult	Courthouse, 51 E. Briggs Fairfield, IA 52556	641-472-8637
Keokuk	Child	615 South Jefferson St. Sigourney, IA 52591	641-622-2383
Lee	Adult	307 Bank St. PO Box 937 Keokuk, IA 52632	319-524-1052

Louisa	Adult	2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353	319-653-7751
Mahaska	Adult	301 1 st Avenue E. Oskaloosa, IA 52577	641-673-0410 Website:
Monroe	Adult	1801 South B Street Albia, IA. 52531	641-932-2427
Southern Iowa Mental Health Center	Both	1527 Albia Rd Ottumwa, IA 52501	641-682-8772 Website: www.simhcottumwa.org
Van Buren	Adult	Courthouse, 51 E. Briggs Fairfield, IA 52556	641-472-8637
Wapello	Adult	110 E. Main Ottumwa, IA 52501	641-683-4576 Website:
Washington	Adult	2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353	319-653-7751
Young House Family Services	Child	400 South Broadway St Burlington, IA 52601	319-752-4000 Fax: 319-758-6650
Wellpoint	Both	4800 Westown Parkway Suite 200 West Des Moines, IA 50266	800-600-4441 Fax: 844-556-6121 Website: www.wellpoint.com/ia/medicaid
Iowa Total Care	Both	1080 Jordan Creek Parkway Suite 100 South West Des Moines, IA 50266	800-735-2942 Fax: 844-536-2997 Website: www.iowatotalcare.com
Molina	Both	500 SW 7 th St. Suite 304 Des Moines, IA 50315	844-236-0894 Website: www.molinahealthcare.com
DHS Case Management	Both	400 SW 8 th St. Des Moines, IA 50319	515-242-6877

**This lists service coordination and targeted case management options regardless of whether funded by Region, Medicaid (including IHH and MCO), or third-party insurance.*

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

24 Hour Crisis Response

Provider	Location	Contact Information
Counseling Associates	1124 Avenue H Ste 2, Fort Madison, IA 52627 1522 Morgan St, Keokuk, IA 52632	319-372-7689 319-524-0510
Hillcrest	106 N Jackson, Mount Pleasant, IA 52641 218 N 2 nd St, Wapello, IA 52653 2175 Lexington Blvd Building 2, Washington, IA 52353	319-385-7177 319-527-5455 319-653-6161
Optimae	823 N. 6 th St. Suite 2, Burlington, IA 52601 301 West Burlington Avenue, Fairfield, IA 52556 509 Avenue F Ft., Madison, IA 52627 605 East Winfield Avenue, Mt. Pleasant, IA 52641 206 Bank St, Keokuk, IA 52632 401 Westview Ct., Suite 2, Washington, IA 52353 226 W Main St, Suite 405, Ottumwa IA 52501	319-237-1732 641-472-5771 319-372-3566 319-385-2830 319-524-5106 319-653-6571 641-684-6441
River Hills Community Health Center	300 West Kelly St, Sigourney, IA 52591	641-224-8061
Southern Iowa Mental Health Center	1527 Albia Rd, Ottumwa, IA 52501	641-682-8772

24 Hour Crisis Hotline

Provider	Location	Contact Information
Southern Iowa Mental Health	1527 Albia Rd Ottumwa, IA 52501 Online: www.simhcottumwa.org	641-682-8772
Your life Iowa	Online: https://yourlifeiowa.org/	Call: 855-581-8111 Text: 855-895-8398
Foundation 2	305 2 nd Ave SE Cedar Rapids, IA 52401	988

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Counseling Associates	Both	1124 Avenue H Ste 2 Fort Madison, IA 52627 1522 Morgan St Keokuk, IA 52632	319-372-7689 319-524-0510
GuideLink Center	Adult	300 Southgate Ave. Iowa City, IA 52240	319-688-8000
Hillcrest	Both	106 N Jackson, Mount Pleasant, IA 52641 218 N 2 nd St, Wapello, IA 52653 2175 Lexington Blvd Building 2, Washington, IA 52353	319-385-7177 319-527-5455 319-653-6161
Integrated Telehealth Partners (ITP)	Both	EDs-Mercy Medical Centerville, Mahaska Health, Monroe County Hospital, Ottumwa Regional Hospital	641-437-4111 641-672-3100 641-932-2134 641-684-2300
Optimae	Both	Offices and EDs-Ft. Madison Community Hospital, Jefferson County Health Center, Southeast Iowa Medical Center, Van Buren County Hospital, Keokuk County Health Center	641-472-5771
River Hills Community Health Center	Both	300 West Kelly St Sigourney, IA 52591	641-224-8061
Southern Iowa Mental Health	Both	1527 Albia Rd. Ottumwa, IA 52501	641-682-8772 Website: www.simhcottumwa.org

Mobile Response

Provider	Adult/Child/Both	Location	Contact Information
Elevate	Both	405 E. 5 th St. Waterloo, IA 50703	855-581-8111 988 833-370-0719 Website: www.elevateccbhc.org
Southern Iowa Mental Health	Both	1527 Albia Rd Ottumwa, IA 52501	855-581-8111 988 1-844-430-8520 Website: www.simhcottumwa.org

Crisis Stabilization Community-Based Services

Provider	Adult/Child/Both	Location	Contact Information
American Home Finding Association	Child	6941 Ashland Road Agency, IA 52530	641-937-5272 Website: www.ahfa.org
Elevate	Both	405 E. 5 th St. Waterloo, IA 50703	833-370-0719 Website: www.elevateccbhc.org
Southern Iowa Mental Health	Both	1527 Albia Rd Ottumwa, IA 52501	1-844-430-8520 Website: www.simhcottumwa.org

Crisis Stabilization Residential Services

Provider	Adult/Child/Both	Location	Contact Information
American Home Finding Association	Child	6941 Ashland Road Agency, IA 52530	641-937-5272 Website: www.ahfa.org
GuideLink Center	Adult	300 Southgate Ave. Iowa City, IA 52240	319-688-8000
Imagine the Possibilities-Hope Haven	Adult	828 North 7 th St. Burlington, IA 52601	319-209-2066
Southern Iowa Mental Health	Adult	1527 Albia Rd. Ottumwa, IA 52501	641-682-8772 Website: www.simhcottumwa.org

23-Hour Observation

Provider	Adult/Child/Both	Location	Contact Information
GuideLink Center	Adult	300 Southgate Ave. Iowa City, IA 52240	319-688-8000
Southern Iowa Mental Health Center	Adult	1527 Albia Rd Ottumwa, IA 52501	641-682-8772 Website: www.simhcottumwa.org

MHASEI recognizes the above identified service providers as preferred. Residents of the MHASEI may also access other core crisis services outside of the region with accredited contracted service providers of other MHDS Regions. The method of reimbursement for MHASEI non-contracted providers is on a Medicaid fee for service rate as identified by IME. In the event that there are additional costs associated with the above aforementioned crisis services that need to be addressed between regions, MHASEI will pursue Memorandum of Understandings with the host Region and/or designating Regions.

D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meets the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
GuideLink Center	300 Southgate Ave. Iowa City, IA 52240	319-688-8000
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
UIHC	200 Hawkins Dr. Iowa City IA 52242	319-356-1616
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

The region has designated the following **Subacute** service provider which meets the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Southern Iowa Mental Health Center	1527 Albia Rd Ottumwa, IA 52501	641-682-8772

The region has designated the following **Intensive Residential Service** provider which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
First Resources	Burlington Iowa	641-682-8114 Fax: 319-205-1004

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by MHASEI. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in Section F of MHASEI’s Policy and Procedure Manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in Section F, page 20 of MHASEI’s Policy and Procedure Manual. The Policy and Procedure Manual can be found online at: <https://dhs.iowa.gov/mhds-providers/providers-regions/regions/policies-procedures> or <https://mhasei.org/>

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other non-governmental funding is to be used prior to expending regional service payment dollars received from the state appropriations.

Table A. Expenditures

FY 2025 Budget	MHASEI MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	15,000	-	-	-		15,000
42306	Medication prescribing & management **	5,000	-	-	-		5,000
43301	Assessment, evaluation, and early identification **	10,000	-	-	-		10,000
71319	Mental health inpatient therapy-MHI	536,050	-	-	-		536,050

73319	Mental health inpatient therapy **	43,183	-	-	-		43,183
	Crisis Services						
32322	Personal emergency response system	-	-	-	-		-
44301	Crisis evaluation	292,790	-	-	-		292,790
44302	23 hour crisis observation & holding	29,129	-	-	-		29,129
44305	24 hour access to crisis response	223	-	-	-		223
44307	Mobile response **	1,212,720	-	-	-		1,212,720
44312	Crisis Stabilization community-based services **	55,312	-	-	-		55,312
44313	Crisis Stabilization residential services **	461,081	-	-	-		461,081
44379	System building & sustainability - Crisis	300,000	-	-	-		300,000
44396	Access Centers: start-up / sustainability	1,044,850	-	-	-		1,044,850
	Support for Community Living						
32320	Home health aide	-	-	-	-		-
32325	Respite	-	-	-	-		-
32328	Home & vehicle modifications	-	-	-	-		-
32329	Supported community living	53,184	-	-	-		53,184
42329	Intensive residential services	881,218	-	-	-		881,218
	Support for Employment						
50362	Prevocational services	5,000	-	-	-		5,000
50364	Job development	5,000	-	-	-		5,000
50367	Day habilitation	5,000	-	4,067	-		9,067
50368	Supported employment	51,280	-	7,796	-		59,076
50369	Group Supported employment-enclave	2,716	-	-	-		2,716
50379	System building & sustainability - IPS & Vocational	64,168	-	-	-		64,168
	Recovery Services						
45323	Family support	5,000	-	-	-		5,000
45366	Peer support	5,000	-	-	-		5,000
	Service Coordination						
21375	Case management	-	-	-	-		-
24376	Health homes	2,102	-	-	-		2,102
	Sub-Acute Services						
63309	Subacute services-1-5 beds	-	-	-	-		-
64309	Subacute services-6 and over beds	-	-	-	-		-
	Core Evidenced Based Treatment						

04422	Education & Training Services - provider competency	25,000	-	-	-		25,000
32379	System building & sustainability - Supported housing	56,475	-	-	-		56,475
32396	Supported housing	212,384	-	-	-		212,384
42398	Assertive community treatment (ACT)	350,000	-	-	-		350,000
45373	Family psychoeducation	5,000	-	-	-		5,000
45379	System building & sustainability - FPE & Recovery Svcs	10,000	-	-	-		10,000
	Core Domains Total	\$5,743,865	-	\$11,863	-		\$5,755,728
Mandated Services							
46319	Oakdale	-	-	-	-		-
72319	State resource centers	-	-	-	-		-
74XXX	Commitment related (except 301)	149,947	-	-	-		149,947
75XXX	Mental health advocate	303,005	-	-	-		303,005
	Mandated Services Total	\$452,952	-	-	-		\$452,952
Additional Core Domains							
	Justice system-involved services						
25xxx	Coordination services	387,151	-	-	-		387,151
25378	Contracted coordination services	-	-	-	-		-
44346	24 hour crisis line*	-	-	-	-		-
44366	Warm line*	-	-	-	-		-
46305	Mental health services in jails	-	-	-	-		-
46398	Outpatient Competency Restoration	57,515	-	-	-		57,515
46399	Justice system-involved services-other	-	-	-	-		-
46422	Crisis prevention training	131,095	-	-	-		131,095
46425	Mental health court related costs	-	-	-	-		-
74301	Civil commitment prescreening evaluation	-	-	-	-		-
	Additional Core Evidenced based treatment						
42366	Peer Wellness / Wellness and Recovery Centers	1,106,405	-	-	-		1,106,405
42379	System building & sustainability - Non crisis	-	-	-	-		-
42397	Psychiatric rehabilitation (IPR)	-	-	-	-		-
	Additional Core Domains Total	\$1,682,166	-	-	-		\$1,682,166
Other Informational Services							
03371	Information & referral	308,636	-	-	-		308,636

04372	Planning, consultation &/or early intervention (client related) **	250,125	-	-	-		250,125
04377	Provider Incentive Payment	-					-
04399	Consultation Other	-	-	-	-		-
04429	Planning and Management Consultants (non-client related)	14,485	-	-	-		14,485
05373	Public education, prevention and education **	120,509	-	-	-		120,509
	Other Informational Services Total	\$693,755	-	-	-		\$693,755
Community Living Supports							
06399	Academic services	-	-	-	-		-
22XXX	Services management	972,909	-	-	-		972,909
22378	Contracted services management	-	-	-	-		-
23376	Crisis care coordination	-	-	-	-		-
23378	Contracted crisis care coordination	-	-	-	-		-
23399	Crisis care coordination other	-	-	-	-		-
24399	Health home other	-	-	-	-		-
31XXX	Transportation	2,594	-	-	-		2,594
32321	Chore services	-	-	-	-		-
32326	Guardian/conservator	-	-	-	-		-
32327	Representative payee	-	-	-	-		-
32335	CDAC	-	-	-	-		-
32399	Other support	-	-	-	-		-
33330	Mobile meals	-	-	-	-		-
33340	Rent payments (time limited)	43,172	-	-	-		43,172
33345	Ongoing rent subsidy	-	-	-	-		-
33399	Other basic needs	4,266	-	-	-		4,266
41305	Physiological outpatient treatment	166	-	-	-		166
41306	Prescription meds	-	-	-	-		-
41307	In-home nursing	-	-	-	-		-
41308	Health supplies	-	-	-	-		-
41399	Other physiological treatment	-	-	-	-		-
42309	Partial hospitalization	-	-	-	-		-
42310	Transitional living program	-	-	-	-		-
42363	Day treatment	-	-	-	-		-

42396	Community support programs	-	-	-	-		-
42399	Other psychotherapeutic treatment	-	-	-	-		-
43399	Other non-crisis evaluation	-	-	-	-		-
44304	Emergency care	-	-	-	-		-
44399	Other crisis services	-	-	-	-		-
45399	Other family & peer support	-	-	-	-		-
46306	Psychiatric medications in jail	-	-	-	-		-
50361	Vocational skills training	-	-	-	-		-
50365	Supported education	-	-	-	-		-
50399	Other vocational & day services	-	-	-	-		-
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	-	-	-	-		-
63XXX	ICF 1-5 beds (63317 & 63318)	-	-	-	-		-
63329	SCL 1-5 beds	-	-	-	-		-
63399	Other 1-5 beds	-	-	-	-		-
	Community Living Supports	\$1,023,106	-	-	-		\$1,023,106
Other Congregate Services							
50360	Work services (work activity/sheltered work)	-	-	-	-		-
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	316,824	-	-	-		316,824
64XXX	ICF 6 and over beds (64317 & 64318)	-	-	-	-		-
64329	SCL 6 and over beds	-	-	-	-		-
64399	Other 6 and over beds	-	-	-	-		-
	Other Congregate Services Total	\$316,824	-	-	-		\$316,824
Administration							
11XXX	Direct Administration					590,674	590,674
12XXX	Purchased Administration					189,503	189,503
	Administration Total					\$780,176	\$780,176
	Regional Totals	\$9,912,669	-	\$11,863	-	\$780,176	\$10,704,708
(45XX-XXX)County Provided Case Management							-
(46XX-XXX)County Provided Services							-
	Regional Grand Total						\$10,704,708

Table B. Revenues

FY 2025 Budget	MHASEI MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/24		\$390,391
	Local/Regional Funds		\$100,001
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues	25,000	
4XXX-5XXX	Charges for Services		
5310	Client Fees	14,866	
60XX	Interest	49,502	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	10,633	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$10,214,316.00
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	10,214,316	
2644	State Regional Service Payments (Refund to State)		
2643	State Incentive Funds		
	Other		
	Federal Funds		-
2345	Medicaid		
	Other		
	Total Revenues		\$10,314,317

Total Funds Available for FY2025	\$10,704,708
FY25 Projected Regional Expenditures	\$10,704,708
Accrual Fund Balance as of 6/30/2025	\$(0)

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by MHASEI in the identification of service need and funding necessary for services.

MHASEI will use historical internal accounting and service data from the legacy region's data warehouse, most recent MHASEI data warehouse, and various other CSN queries. Additionally, MHASEI will seek out corresponding external market and economic indicators from other sources to engage in financial forecasting and industry requirements to be competitive for limited workforce capacity in our micropolitan and rural areas. Reimbursement rates for Medicaid funded services within and outside the state of Iowa have also been accounted for in the Region negotiation processes.

MHASEI will be focused on creating/maintaining an effective continuum of care for our region residents given the availability of resources to accomplish this goal and to solidly pave the path for the new Behavioral Health System that will replace the work of Regions. MHASEI intends to continue to bolster our efforts with regional partners to accomplish service availability mandates in the most cost effective and population useful means possible. With the development of CCBHCs in full effort and the changing landscape of provider footprints in geographic spaces, MHASEI is and will strive to develop optimum partnerships and points of contact between and amongst providers using Region contractual agreements and service workflow processes. MHASEI will need to be highly attuned to the changes that are being pursued by HHS, provider realignments to future service business obligations/processes, and system structures in this final year of Performance-Based Contracting with HHS. MHASEI also obligates itself to continue to perform the requisites of Region work through the final phase of Region dismantlement and the subsequent initiation of District Behavioral Health- Administrative Service Organization (ASO) initiation.

In these endeavors, MHASEI will continue to adhere to the prescribed resource limits synchronized with the Medicaid standards (\$2000/\$3000) and eligibility-based services will be preauthorized with the standard of 150% Federal Poverty Level (FPL) for all adult services with the exception of 200% FPL for outpatient services). Regarding Children's eligibility-based services, MHASEI will adhere to Iowa Code of up to 500% FPL.

Related to Core Services, MHASEI has issued RFP to expand the geographic reach of Assertive Community Treatment (ACT) and to secure an additional Intensive Residential Service Home (IRSH) to meet the population distribution quota of MHASEI's obligation to the 120 beds presently in Iowa Code. These were services that were anticipated and budgeted for by MHASEI in FY2024 however could financially obligate itself into FY2025 depending on RFP responses and timelines for service opening. Encumbrance of funds from FY2024 may be a tool necessary to accomplish this task, but again, this is predicated on RFP responses and timelines.

The full anticipated Revenue of MHASEI will be budgeted for in the anticipated conclusion of Region obligated dollars to cover services as identified in the Region Expenditure and Revenue tables above. Any additions and/or reductions in service for FY2025 within MHASEI will be based on the projected timeframes and cost for startup and sustainability of the above identified core services as well as the service providers capacity to maintain existing services given their potential new obligations to the state. With the anticipated "go live" of CCBHCs July 1, 2024, (given the approval of Iowa's demonstration grant) there may be difficulties in covering all services previously available and the additional services required of CCBHCs (directly provided and/or provided by a Designated Collaborating organization (DCO). Any such changes will be reported in the Regions Quarterly Report to HHS.

It is also to be noted that at time of submission of this Annual Service and Budget Plan, many things regarding the form and function of ASOs and/or the Behavioral Health system of care in FY2026 is unknown. The security of Region designated employment as known at this time is only ensured through June 30, 2025. The Region runs the risk of Region staff seeking other secure employment opportunities which in turn may increase administrative obligations in the form of payout of employee benefits. Such occurrences may play out incrementally throughout the fiscal year or with a final dismissal from employment in the final days. No matter the trend, expenditures related to these occurrences are the obligation of the Region and no other funds are currently available to transfer those obligations except through legislative direction. This is the cumulation of the outstanding liability sited in each of the annual audits of the legacy South Central Behavioral Health (SCBHR) Region, legacy Southeast Iowa Link (SEIL) Region, and the anticipated FY24 MHASEI audit. For all the reasons indicated above, a projection of ending fund balance cannot be ascertained at this time. The uncertainty of internal and external changes, timelines of change, and unspecified constructs of the Behavioral Health System moving forward in FY2026 create variables without financial capacity for measure at this time.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by MHASEI.

- **Fee-for-Service:**
MHASEI will contract with MHDS providers whose base of operation is within the region. The Region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. In general, the Medicaid rate will be applicable to services when accessed by individuals that meet region eligibility/responsibility. Identification of persons served will be required of providers that bill the region for service on a Fee-for-Service basis. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs, and crisis services.
- **Block grant payments:**
MHASEI continues to migrate away from the use of Block Grant funding to become more aligned with the financing structures for service on a statewide basis. There are several services in which the “cost of preparedness” (also known as gap funding) will be captured in more succinct processes across those identified services and the providers thereof. Those identified services include: Access Center, Mobile Crisis Response/Co-responder model/dispatch, 23-hour Observation, Crisis Stabilization Community-Based Services, Crisis Stabilization Residential Services, Drop-in Centers, Intensive Residential Service Homes (IRSH), and some Planning and or Consultation Services (client), Planning and Management Consultants (non-client) and Public Education Services. When applicable, identification of persons served will be required from these identified providers in their invoicing practices to capture specific information on persons served by diagnostic code utilizing contracted cost of preparedness fee structures. MHASEI will also engage in MOUs with region partners in which the regions have designated specified services. In these instances, the cost of preparedness may be identified to address the associated cost for service availability and access.
- **System of Care Approach:**
A system of care financing approach that is confined to a specified service type rather than a case rate system is only used as related to IHH services on a per member, per month rate and for the funding mechanisms of ACT which the nature of the service delivery is a team approach in which the person’s Individual Treatment Plan is created, maintained, implemented, and modified internally by the ACT team providing an intensive community-based, evidence-based service. System of care approaches to a larger/wider array are difficult due to the frequent blending of funds from different sources and the necessity of Regions to ensure that the state allocated funds to Regions are not supplanting Medicaid dollars that have a higher return on investment for Iowa taxpayers.
- **Use of non-traditional providers:**
When a non-traditional provider arrangement is more appropriate than a Fee-for-Service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses that do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus and are initiated when there is a reasonable likelihood that such services will benefit the consumer’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer’s stated goals or

outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards.

- Incorporation of all funding sources for individuals including Medicaid:
MHASEI is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. The Region will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.
- Medicaid Resource Allowance:
MHASEI will use the same standardized guidelines for resource allowances as Medicaid (\$2000/\$3000).

MHASEI will be the funder of last resort; however, the Region clearly identifies our role in our local communities and the larger ecosystem of Mental Health and Disability Services as a local access to address individualized need. In this role, the region will be readily accessible to the public in each of our counties, assist individuals in navigating the complexity of the service system and assist with resources in local communities that are contributing factors to the health and wellbeing of individuals and families. Within the Medicaid system these resources strongly link to the social determinants of health that Managed Care Organizations collect and analyze based on their assigned beneficiaries. MHASEI will assume the role of the boots on the ground that directly connect ALL individuals and families to the resources they need in order to improve and successfully support the individualized treatment outcomes. Engaging these processes and assistance in acquiring other benefits/funding options (i.e. Medicaid, Medicare, SNAP, WIC, FIP, Childcare Assistance, Decategorization services, SSI/SSDI, Section 8, General Assistance, LIHEAP, LIHWAP, Workforce Development, IVRS, etc.)

I. Appendix A

Governing Board

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Adult Advisory Committee

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Becky Montegna, Optimae Life Services
Christina Schark, Southern Iowa Mental Health Center (Chair)
Dewey McConville, NAMI
Amy Phillips, Mercy One Centerville
Don Phillips, Wapello County Sheriff
Ryanne Wood, CEO
Stephanie Koch, CDS
Staci Veach, CDS
Heather Gross, CDS
Miranda Tucker, CDS Supervisor
Sandy Stever, CDS
Bobbie Wulf, CDS
Sarah Berndt, CDS
Tracy Liptak, Optimae
Alicia Gaddy, Infinity Health
Cheryl Plank, Imagine the Possibilities
Susan Woodford, First Resources
Stephanie Millard, First Resources
Tom Broeker, Des Moines County Board of Supervisors
Tricia Lipski, Lived Experience
Jennifer Stevenson, Elevate
Carol Baiotto-Long, SEIDA
Dina Garrison, Imagine the Possibilities
Sonny Schroeder, Monroe County Board of Supervisors
David Crawford, Hillcrest

Children Advisory Committee

Cheryll Jones, Children Health Specialty Clinic (Chair)

Angie Mach, Sieda/MIECHV

Pat McReynolds, ECI Wapello and Mahaska, Wapello Children's Alliance, CPPC Coordinator

William Owens, Judge

Christina Schark, Southern Iowa Mental Health Center

Lorraine Uehling-Techel, Family Crisis Center

Bev Ver Steegh, Paula Gordy

Becky Zesiger, Davis County Schools

Ryanne Wood, CEO

Heather Gross, CDS

Miranda Tucker, CDS Supervisor

Mark Schneider, Retired Superintendent

Linda Boshart, Great Prairie AEA

Martha Peterson, Mt. Pleasant Community School District

Tasha Beghtol, ECI Des Moines, Henry, Louisa and Washington

Tessa Schroeder, Lee Co. Health Dept.

Sarah Smith, Washington Co. Public Health

Tammy Wetjen-Kesterson, ECI Jefferson and Keokuk, Decat Jefferson, Keokuk, Van Buren and Washington

Tamee DeCoursey, Headstart

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Amanda Rogers, VanBuren Community School District

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Brenda Almack, Community Health Centers of Southeastern Iowa

Codie Amason, First Resources

Erin Mafra, Burlington Community School District

Jen Weidman, Washington Community School District

Jocelyn Williams, Self Reliance

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Mike Peterson, Wapello Community School District

Tricia Lipski, Parent