

Iowa Integrated Health Planning and Advisory Council
September 18, 2024, 9:00 am to 2:00 pm
via Zoom
Meeting Minutes

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Ashley Banes	Christina Maulsby
Teresa Bomhoff	Todd Noack
Rachel Cecil	Hannah Olson
Jennifer Day	Brad Richardson
Jim Donoghue	Kristin Roof
Jen Gomez	Brianna Steffe
Lorien Harker	Dr. Shaad Swim
Kyra Hawley-Preston	Monica Van Horn
Theresa Henderson	William Veltri
Michael Kaufman	Patricia Whitmarsh
Todd Lange	Edward Wollner
Megan Marsh	Joel Wulff

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Linda Dettmann	Mary McKinnell
Jessica Goltz	Cayleen Mesecher
Sen. Claire Celsi	Jennifer Riley
Sen. Jeff Elder	Rep. Ann Meyer
Randy Hoover	

OTHER ATTENDEES:

Theresa Armstrong	Libby Reekers
Sue Duhn	Flora Schmidt
Wade Eperts	Mikki Stier
Mae Hingtgen	Annie Uetz
Dawn Kekstadt	Monica Wilke-Brown
Patti Manna	

Materials Referenced:

Welcome

Teresa Bomhoff called the meeting to order at 9:03 am. Quorum was established with 24 members at 9:17 am.

Review and Approval of Meeting Minutes

Teresa Bomhoff entertained a motion to approve the I-PAC July 17, 2024, meeting minutes. There was discussion that there was an error in the noted end time of the meeting. Todd Noack motioned to approve the minutes pending the correction of the error. Monica Van Horn seconded the motion. There was no further discussion, the motion passed, and the minutes were approved.

Nominations Committee Report

Jen Gomez shared that there is one applicant that has been approved, pending one last document in her application. Once received, the nominations committee will bring the application of Ellen Schardt to the council for review and vote. This would fill the position of a consumer. There is one member, Randy Hoover, who has incurred a 3rd absence as of today and will be contacted to inform of dismissal from I-PAC. Jen Gomez shared there are currently 3 current vacancies which include two for a family member of an adult with serious mental illness or substance use disorder, and one for other.

Teresa Bomhoff led a discussion on the current vacancies. The council has 16 providers and 15 non-providers, it still has not met the 51% requirement, but progress has been made.

Monitoring and Oversight Committee Report

Theresa Henderson provided a report from the Monitoring and Oversight Committee on the following contracts.

Office of Recovery Services (ORS), which connects lowans with resources and referrals to behavioral health use services and supports. ORS has priorities that are written on an annual basis, and an advisory committee that meets on an ongoing basis. They are under new leadership, with the new director having a lot of positivity.

The Iowa Peer Workforce Collaborative provides comprehensive training for Iowa's peer workforce and technical assistance to agencies and organizations. Trainings are free, vary by location, and are generally full. Challenges with trainers' availability are being addressed.

There are four contracts for the peer run organizations. The Iowa Peer Network contract was terminated in July due to an unforeseen leadership challenge. This was changed to a contractual arrangement with University of Iowa and will start in October. Iowa HHS was unable to post a Request for Proposal (RFP) due to lack of time. NAMI Johnson County/R Place provides remote peer support and a robust calendar of programmatic activities. Iowa HHS is working with NAMI/Johnston County to ensure fiscal procedures are followed effectively. Life Connections has experienced staff turnover but has an effective house manager. They are working through their admissions processes to ensure stability in the service. Freedom Pointe has experienced some changes in leadership structure with challenges in staff retention and ensuring a successful business growth plan is in place. Successes include providing peer support in non-traditional settings, such as the jail and outdoors for homeless individuals.

Workgroups

It was noted that the Strategic Plan Steering Committee should reconvene to review and update the strategic plan. This meeting will be set up.

Teresa Bomhoff reviewed the Council Committee and Workgroup Reports Summary 202409. The chair, or their representative, of each workgroup gave a short verbal summary of the report.

Todd Lange reported the Certified Community Behavioral Health Clinics (CCBHC) workgroup noted the State of Iowa received a demonstration grant earlier this year. Implementation is

scheduled for July 1, 2025, with nine CCBHC's provisionally certified. This workgroup would recommend a more in depth presentation on CCBHC's as the work progresses.

Hannah Olson reported the Children's Issues workgroup has compiled a list of resource documents for children and shared those resources with the group.

Joel Wulf reported the Older Adults workgroup would like to suggest drafting a proposal, meeting with potential funding sources, and identifying potential partners to produce educational videos.

Edward Wollner reported the Substance Use Disorder workgroup noted that the peer support inventory has been published and there was good attendance at the Iowa Recovery Conference. Future recommendations include learning more about the Federal Medicaid Waiver for individuals leaving incarceration and not being able to be enrolled in Medicaid.

Kristin Roof reported the Strategic Planning workgroup has discussed how to best share information and awareness on the work of I-PAC with the possibility of using social media and/or electronic methods. If there are members that have resources available to develop websites or connections regarding outreach and partnership outreach events they should contact the workgroup.

Iowa Health and Human Services – Theresa Armstrong

Theresa Armstrong provided an update from Iowa Health and Human Services (HHS).

Iowa has provisionally certified nine demonstration grant CCBHC's with one additional that is continuing to work on certification. There continue to be five expansion grantees in Iowa through the Substance Abuse and Mental Health Services Administration (SAMHSA). Iowa Medicaid is working with the Managed Care Organizations (MCOs) to ensure readiness for the start. HHS will continue to provide training and technical assistance for Iowa specific services prior to the full implementation date of July 1, 2025.

Project Recovery Iowa, HHS's program that implements disaster behavioral recovery efforts, has three grants pending approvals which will provide nine months of assistance. Additionally, the Federal Emergency Management Agency (FEMA) will award the state a Crisis Counseling Assistance and Training Program (CCP), with community-based outreach and educational services.

The Behavioral Health Alignment finalized map was published on August 1, 2024, with seven identified districts. Iowa HHS worked with Health Management Associates (HMA) for stakeholder input. Strong themes around equitable access, network adequacy, collaboration, and continuity of care emerged and were taken into consideration in the development of the map. A Request for Proposal (RFP) for the Administrative Service Organizations (ASO) has been posted and awards will be announced in December. Iowa HHS is also developing a Behavioral Health State Plan which will drive goals and outcomes for the behavioral health system.

Iowa HHS has received a Crisis System Report prepared by HMA, which is being vetted and will be available to the public in the fall of 2024. HHS will plan a presentation when ready.

Aging & Disability Resource Center Expansion – Morgan Casey

Morgan Casey, HHS, provided an update on the Aging and Disability Services System Alignment. Alignment aims at reducing confusion, improving outcomes, and decreasing duplicative administrative red tape. Through alignment Iowa will create consistent pathways for accessing services, use existing funding more effectively towards outcomes, and streamline administrative work.

Iowa has six Area Agencies on Aging (AAAs) which are designated as Aging and Disability Resource Center (ADRCs), and currently lack the funding and ability to serve Iowans with disabilities under age 60. A coordinated Aging and Disabilities Services Network will create Disability Access Points to ensure adequate service provision. An implementation timeline was provided with implementation on July 1, 2025.

Public Comment

There was an opportunity for public comment, with none offered.

Lunch Break

There was a lunch break from 11:45 am to 12:30 pm.

Understanding the Iowa Substance Use Prevention, Treatment, and Recovery Services Mental Health Services (MHBGSUPTRS) Block Grant: A Review in Three Parts

Christina Maulsby continued the presentation of the third of a three part series on an overview of the Iowa Substance Abuse Prevention Treatment and Community Mental Health Services Block Grant.

State Opioid Response (SOR) Grant and Medications for Opioid Use Disorder (MOUD) Overview – Monica Wilke-Brown and Edward Wollner

Monica Wilke-Brown provided an overview of the SOR grant, which SAMHSA has funded since 2017 with overall increased funding. The SOR grant is discretionary grant focusing on the effects of opioids and stimulants across the continuum of care. A local level prevention approach is used working across the Division of Behavioral Health to collaborate and align prevention activities for behavioral health. Monica Wilke-Brown reviewed treatment options. These include opioid overdose reversal medications (Naloxone) and Medications for Opioid Use Disorder (MOUD), which are also known as Medications for Addiction Treatment (MAT). Monica Wilke-Brown reviewed additional recovery support initiatives that HHS engages in that extend beyond clinical treatment services.

Edward Wollner discussed how the SOR grant benefits the individuals served at UCS Healthcare. UCS Healthcare delivers comprehensive health care services, including medical and behavioral health diagnosis, education, and treatment, including therapy, psychiatric services, substance use disorder therapy, and medication assisted treatment.

Public Comment

There was an opportunity for public comment, with none offered.

Adjourn

The meeting adjourned at 2:09pm.

Meeting minutes respectfully submitted by Patti Manna.