

# Certified Community Behavioral Health Clinics (CCBHC)

## OVERVIEW OF MODEL & STATE IMPLEMENTATION EFFORTS

Laura Larkin, CCBHC Project  
Director

November 20, 2024

# What are CCBHCs?

# The CCBHC Model

- ▶ CCBHCs are specially designed clinics that provide a comprehensive range of mental health and substance use disorder services.
- ▶ CCBHCs are required to serve anyone who walks through their doors, regardless of age, diagnosis or insurance status.
- ▶ CCBHCs receive a specialized prospective payment system (PPS) rate methodology for Medicaid payment.
- ▶ States receive an enhanced federal match for CCBHC services.

# Goals of the CCBHC Initiative

Expand community-based services

Improved integration with medical care

Expand the use of evidence-based practices

Improve access to high-quality care

Improve data collection

Target persons with serious mental illness, significant substance use disorders, and children with serious emotional disturbance while serving the whole community

# CCBHC Minimum Standards

- ▶ CCBHCs must meet 113 federal standards in addition to state certification criteria in the following six areas to achieve CCBHC designation.
  - Staffing
  - Accessibility
  - Care Coordination
  - Service Scope
  - Quality/Reporting
  - Organizational Authority

# Nine Required Services

Screening,  
assessment, and  
diagnosis

Comprehensive  
outpatient behavioral  
health across the  
entire life cycle

Family/Patient-  
centered care  
planning

Case management

Peer and family  
support

Psychiatric  
rehabilitation

Medical screening  
and monitoring

Services for the  
armed forces and  
veterans

Mobile crisis

## Nine Required Services (cont.)

A CCBHC can use a Designated Collaborating Organization (DCO) to provide up to 49% of the required service encounters.

Iowa CCBHCs must DCO with the State Sanctioned mobile crisis provider for the counties in their catchment area.

# CCBHC Efforts in Iowa 2015-2024



# Iowa CCBHC 2015-2022

---

- The federal [Substance Use and Mental Health Services Administration \(SAMHSA\)](#) has promoted implementation of the CCBHC model nationally in two different ways:
  - Planning Grants which offer states the opportunity to apply for CCBHC Demonstration programs and implement Medicaid-funded CCBHC programs
  - Expansion grants which are direct grants to providers to implement the CCBHC model within an organization
- Iowa first applied for a 1-year CCBHC Planning Grant in 2015.
- The state engaged in extensive stakeholder engagement and certification activities with three providers invested in providing integrated, community-based mental health and substance-use disorder services.
- The state was not selected to be a 2016 Demonstration state but continued to provide technical assistance to interested providers in the year following the conclusion of the Planning Grant.

# Iowa CCBHC 2015- 2022

- 15 Iowa behavioral health providers have received CCBHC Expansion grants to assist with local implementation of the CCBHC model
- Iowa HHS coordinated CCBHC Community of Practice meetings with CCBHC Expansion Grantees to understand the role of CCBHCs within Iowa's behavioral health system.
- Mental Health Block Grant funds have also supported Iowa's CCBHC implementation.

# CCBHC Planning Grant 2022-2024

- Iowa was awarded a one-year CCBHC Planning Grant for March 2023-2024. This grant required the state to: select and certify CCBHCs, provide technical assistance to CCBHCs, develop a prospective payment system, build data collection systems, and apply to be a CCBHC Demonstration state by March 20, 2024.
- Iowa implemented an extensive process to collect feedback on the behavioral health system from stakeholders, including people with lived experience, their family members, advocates, local and state officials and other stakeholders.
- 10 in-person/virtual community focus groups were held across the state along with 2 virtual focus groups.

# CCBHC Planning Grant 2022- 2024

- Iowa issued a Request for Proposal to select community behavioral health providers to engage in the state's CCBHC certification process.
- Successful bidders were selected in December 2023 and engaged in certification activities with the state.



# CCBHC Demonstration Award

---

On June 4, 2024, the Substance Abuse and Mental Health Service Administration (SAMHSA) announced that Iowa was one of ten states selected to join a new cohort of states into the CCBHC Medicaid Demonstration Program.



The Demonstration is a 4-year program that provides states with sustainable funding to assist them in expanding access to mental health and substance use services.

# CCBHC Timeline

---

Iowa was awarded a place in the CCBHC Demonstration on June 4, 2024. The Demonstration is a 4-year program that provides states with sustainable funding to assist them in expanding access to mental health and substance use services.

---

Iowa was one of 10 states selected.

---

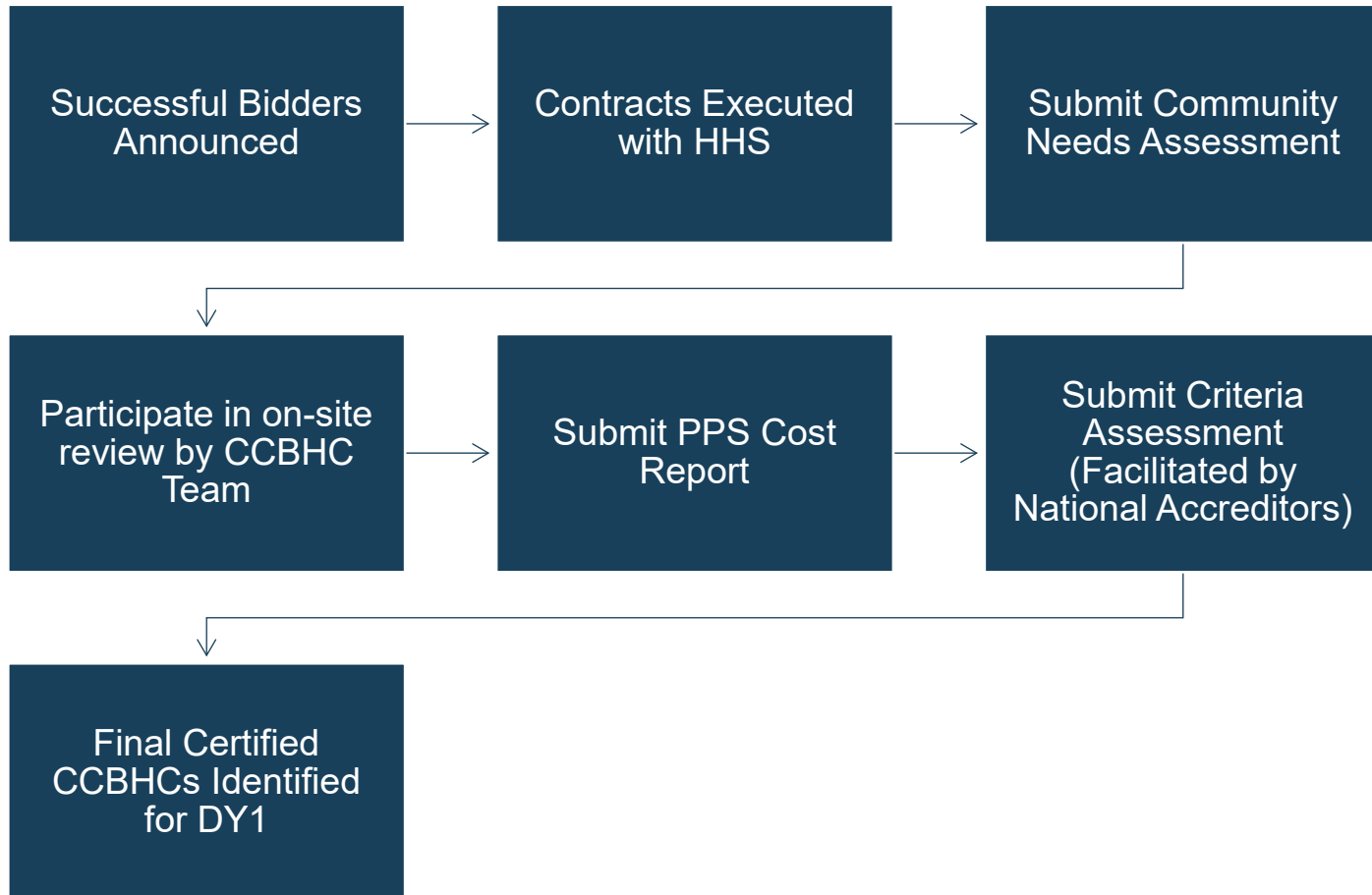
Iowa's original goal was to begin the CCBHC Demonstration on July 1, 2024

---

With the launch of the State's new behavioral health service system set for July 1, 2025, it was determined that aligning the launch of CCBHCs with the new system would be beneficial for both initiatives.

# CCBHC Certification Update

# CCBHC Certification Process





# Certification Outcomes

There are two certification tracks for eligible providers:

## Provisional certification for DY1

- Nine providers were provisionally certified for DY1 and included the state's Demonstration application.
- Providers are on-track for state certification and inclusion in DY1.

## Working towards certification for DY1

- One provider was originally on the path for certification for DY2.
- With the alignment of Iowa's CCBHC Medicaid Demonstration Project to coincide with the launch of the State's new behavioral health service system on July 1, 2025, this provider is now working towards state certification and inclusion in DY1.

## Provisionally Certified for DY1

Provider Name	Service Area	Population Served
Abbe Center	Delaware, Benton, Linn, Jones, Iowa, and Johnson	466,055
Berryhill	Humboldt, Calhoun, Webster, Hamilton	69,009
Eyerly Ball	Boone, Story, Polk, Warren counties	676,441
Heartland Family Service	Monona, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page	185,561
Pathways	Chickasaw, Butler, Bremer, Grundy, Blackhawk, Buchanan	216,163
Plains Area	Plymouth, Cherokee, Buena Vista, Pocahontas, Ida, Sac, Crawford, Carroll	118,591
Prairie Ridge	Kossuth, Winnebago, Worth, Mitchell, Hancock, Cerro Gordo, Floyd, Wright, Franklin, Hardin, Marshall, Tama, Poweshiek	226,343
Robert Young Center	Jackson, Cedar, Clinton, Scott, and Muscatine	300,897
Seasons Center	Lyon, Osceola, Dickinson, Emmet, Sioux, O'Brien, Clay, and Palo Alto	120,768

## Working Towards Certification for DY1

Provider Name	Service Area	Population Served
Southern Iowa Mental Health Center	Mahaska, Keokuk, Monroe, Wapello, Jefferson, Appanoose, Davis, and Van Buren	118,408

## Certification Activities

Providers received CCBHC reviews from National Accrediting Bodies (CARF & Social Current)

```
graph TD; A[Providers received CCBHC reviews from National Accrediting Bodies (CARF & Social Current)] --> B[Executed contracts with Designated Coordinating Organizations (DCOs) for specific CCBHC services and care coordination agreements with key partners (schools, jails/police, hospitals, FQHC, etc.)]; B --> C[Participate in ongoing technical assistance and trainings including weekly "Office Hours"];
```

Executed contracts with Designated Coordinating Organizations (DCOs) for specific CCBHC services and care coordination agreements with key partners (schools, jails/police, hospitals, FQHC, etc.)

Participate in ongoing technical assistance and trainings including weekly "Office Hours"

# Technical Assistance/Trainings

## Past Trainings

- Cost Reporting
- Crisis Services
- Integrated Care
- DCOs
- Consumer Advisory Boards
- Data Collection & Quality

## Upcoming Trainings

- Cost Reporting
- CCBHC Billing
- Quality Measures
- Quality Bonus Payment (QBP)
- Continuous Quality Improvement
- Preventative Care Screenings & more

# Quality Assurance Activities

## Monthly Monitoring Calls

- Start November 2024.
- Check in with providers to assist with troubleshooting issues and to provide guidance, as needed.
- Calls are meant to be collaborative in nature and driven by the needs of the CCBHC.

## Quarterly Site Visits

- Start January 2025.
- Allow for a more in-depth conversation about current practices, to ensure CCBHC criteria is being met.
- Focus on quality improvement strategies, provider strengths and areas for improvement.

# Prospective Payment System (PPS) Update



Health and  
Human Services

## Prospective Payment System (PPS)

---

Iowa HHS is working to operationalize Medicaid billing and payment, both for fee for service (FFS) and managed care (MCOs) to ensure correct and timely payment for services.

---

Providers will have the opportunity to revise their cost reports to reflect the new start date as well as adjust cost projections based on increased understanding of the CCBHC model.

# Data & Quality Measures Update



Health and  
Human Services



# Data & Quality Measures

---



Iowa HHS has paused efforts to implement CCBHC data into Iowa Behavioral Health Reporting System (IBHRS).



Currently looking at low barrier alternative including tools that will enable Iowa HHS to receive aggregated data for CCBHC clinic collected measures.



Providers will be required to use SAMHSA excel templates to report data until data collection/reporting system is determined.

# Next Steps and Considerations

# Looking Forward

## October 1 – July 1, 2025

- Targeted technical assistance and capacity development to assist providers who are provisionally certified or working towards certification to meet and maintain all requirements for the Demonstration, including:
  - Achieving necessary data reporting capacity to submit Demonstration metrics and meet reporting requirements.
  - Ensuring accurate billing processes to allow for timely reimbursement for services delivered.
  - Implementing Continuous Quality Improvement processes.
- Ongoing statewide implementation activities to meet July 1, 2025, go-live expectations.

## Beyond July 1, 2025

- Statewide expansion opportunities for CCBHC demonstration in DY2-DY4.

# Questions

Laura Larkin, CCBHC Project Director

[IowaCCBHC@hhs.iowa.gov](mailto:IowaCCBHC@hhs.iowa.gov)

[Certified Community Behavioral Health Clinics \(CCBHC\) | Health & Human Services](#)



Health and  
Human Services