

2025 I-PAC Interim STRATEGIC PLAN

Organization	Date
Iowa Integrated Health Planning and Advisory Council	March 2025
Created By	Timeframe
I-PAC Strategic Plan Steering Committee	March 2025 through July 2026

Preceding document – Iowa Mental Health Planning Council 2023-2025 Strategic Plan (was due to be completed by March 2024) – **Attachment A** to this document.

Executive Summary	<p>The Bylaws for the Iowa Integrated Health Planning and Advisory Council were approved on 3-20-24. The purposes of I-PAC were identified as:</p> <p>Section 1. Duties</p> <ul style="list-style-type: none"> A. To participate in the development of and subsequently review substance abuse prevention, treatment, and recovery services and mental health plans for Iowa provided to the Council pursuant to 42 USC 300X-4 (a) and to submit to the State of Iowa any recommendations of the Council for modifications to the plans; B. To serve as an advocate for adults with serious mental illness, substance use disorder, children with serious emotional disturbance, substance use disorder, and other individuals with mental illnesses or emotional problems and/or substance use disorder; C. To monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health and substance abuse prevention, treatment, and recovery services within Iowa; and D. To affiliate, join, and collaborate with groups, organizations, and professional associations that the Council may designate or choose to advance its stated purposes under these bylaws and federal law; and, specifically, to join the National Association of Mental Health Planning and Advisory Councils. <p>The 23-25 IMHPC Strategic Plan has been implemented and completed with the exception of:</p> <p>Task 11: Reconvene Steering Committee for Q1 Discussion – initial poll has been done</p> <ul style="list-style-type: none"> a. Discuss poll results (orientation & block grant education) <i>Will need to meet with Brad Richardson and develop survey, compare with Spring survey.</i> <i>Would like to review poll results to determine if block grant presentation should be done yearly or bi-annually.</i> b. Discuss the effectiveness of workgroups (meeting attendance, reporting/feedback, actions taken) <i>Workgroups and reporting have been established</i> c. Look at meeting attendance and retention of members. <i>One member discharged for lack of attendance, one resigned due to work conflict. 2 open positions, 2 applications in process</i> <p>Re-polling will be on the agenda of the 2025 I-PAC <u>Interim</u> Strategic Plan. Re-Polling will take place at the Nov. 20 Council meeting</p>
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	<p>The 2025 I-PAC Interim Strategic Plan will be for 1 1/2 years. The State Government is in the midst of a realignment of Iowa Health and Human Services (IHHS). There are a series of state plans that are in process and their completions along with legislative action will affect the work I-PAC does. Changes at the federal level could also affect state realignment and operations.</p> <p>The 2025 I-PAC interim strategic plan will be designed for what will be accomplished until more direction can be given by the IHHS state plans. The focus will be on workgroups that meet monthly.</p>
Vision Statement	<ul style="list-style-type: none"> All lowans have access to comprehensive integrated health services and supports, hope for recovery, and resilience within the community of their choice.
Mission Statement	<ul style="list-style-type: none"> To assess and promote the strengths of the Mental and Behavioral Health System while advising and advocating for system improvements to ensure high-quality and effective service alternatives are available for all lowans. Service Values: peer-supported, community-based, culturally competent, person-centered, family driven and evidence-based.
SWOT Analysis	<ul style="list-style-type: none"> SWOT Analysis – originally done in IMHPC 10.2.23 document – see attachment B to this document
Goal(s)	<ul style="list-style-type: none"> To create a knowledgeable, committed, and interactive Council that understands its role with regards to its statutory duties and is focused on engaging in advocacy efforts related to both mental health and substance use disorders to ensure positive outcomes for all lowans.
	<p>https://hhs.iowa.gov/advisory-groups/i-pac</p>
<p>Status of Workgroups</p> <p>Topics of each committee or workgroup identified</p> <p># of members identified</p> <p>General responsibilities of each determined</p> <p>Members of Council on each identified</p> <p>Frequency of meetings determined</p>	<p>Standing Committees – covers the three purposes of the Council and are specifically named in the Bylaws.</p> <p>Executive Board – 1st Friday of month – 10 AM to Noon</p> <p>Nominations – meets as needed to consider new applicants, monitor attendance and conduct election processes</p> <p>Monitoring and Oversight - Meets 2nd Thurs 8 months of the year. They do not meet in July, August, Nov and December.</p> <p>Workgroups – very limited and irregular meeting times</p> <p>Orientation workgroup</p> <p>Block Grant Education workgroup</p> <p>Block Grant Feedback to IHHS grant writers (MH/SUD)</p> <p>Bylaws/Policy/Procedures Workgroup</p> <p>Steering Committee – complete strategic plan for 2025 – future years to be done when more is known about agency realignment state plans for behavioral health and aging and disability agency.</p> <p>Monthly Workgroup meetings</p> <p>Children’s Issues - 4th Monday of every month 9:30 AM to 10:30 AM</p> <p>Substance Use Disorders – 3rd Thursday of every month 3:00 PM to 4:00 PM</p> <p>Older Adults – 2nd Wednesday of every month 12:00 PM to 1:00 PM</p> <p>CCBHC – 2nd Monday of every month 2:00 PM to 3:00 PM</p> <p>Strategic Planning – 4th Wednesday of every month 2:00 PM to 3:00 PM</p> <p>See Attachment C – Task 3 – Committees and Workgroups</p>

<p>Action Plan Notes</p>	<ul style="list-style-type: none"> • Finish re-polling for Task 11 from 23-25 IMHPC Strategic Plan • Ensure workgroups are needed and best serve the work and current focus of the Council. • Ensure that Council meetings are focused, concise, and make the best use of Council members' time to ensure attendance and retention. • For Aging services - https://hhs.iowa.gov/aging-services/nutrition-health/alzheimers-other-dementias • For Disability services - https://hhs.iowa.gov/disability-services-0 there are two separate pages that support those seeking pathways for assistance on the website. • There is also the Iowa's Disability Services System page https://hhs.iowa.gov/initiatives/system-alignment/iowas-disability-services-system that highlights the transition and expansion of services through the ADRC Technical Assistance and Call Center and Disability Access Points in the division. • Monitor the development of the final Behavioral Health State Plan https://hhs.iowa.gov/media/14823/download?inline • Monitor the development of the Aging and Disability Agency Alzheimer's and Dementia website https://hhs.iowa.gov/programs/programs-and-services/aging-services/nutrition-health/alzheimers-other-dementias • State Plan for Alzheimer's and Dementia https://hhs.iowa.gov/media/592/download?inline • Long Term Services and Supports (LTSS) https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/ltss • Trualta Login Login - ltssiowa (training platform) • HHS Aging Services webpage: Aging Services Health & Human Services • Monitor what is happening on the federal level as well as the state level. • Determine the duties of the I-PAC and how the block grant will be spent after realignment is concluded on July 1, 2026.
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Action Step	Responsibility	Completion Date
I-PAC Activities:		
Goal - Development of 2025 I-PAC Interim Strategic Plan		November 2024 – July 2026
Task 1: Determine effectiveness of orientation and block grant education presentations		
<ul style="list-style-type: none"> a. Re-Poll members on the effectiveness of Member Orientation. Is there an increased understanding of their role, duties, and responsibilities of being a Council member. b. Re-Poll members on the effectiveness and comprehension regarding the block grant and the three-part presentation. c. Discuss poll results (orientation & block grant education) 	Brad Richardson and Patty Manna	Nov. 20, 2024
5 Monthly Workgroups		
Task 2: Project work for Children’s Issues Workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. advise Council of pertinent events, actions, and policy changes affecting the targeted topic h. make recommendations for further education on the targeted topic i. provide a report at each Council meeting- timing will depend on magnitude of effects found 		
Task 3: Project work for Substance Use Disorders workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. advise Council of pertinent events, actions, and policy changes affecting the targeted topic h. make recommendations for further education on the targeted topic i. provide a report at each Council meeting- timing will depend on magnitude of effects found 		

Task 4: Project work for Older Adults workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. advise Council of pertinent events, actions, and policy changes affecting the targeted topic h. make recommendations for further education on the targeted topic i. provide a report at each Council meeting- timing will depend on magnitude of effects found 		
Task 5: Project work for CCBHC workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. advise Council of pertinent events, actions, and policy changes affecting the targeted topic h. make recommendations for further education on the targeted topic i. provide a report at each Council meeting- timing will depend on magnitude of effects found 		
Task 6: Project work for Strategic Planning workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. advise Council of pertinent events, actions, and policy changes affecting the targeted topic h. make recommendations for further education on the targeted topic i. provide a report at each Council meeting- timing will depend on magnitude of effects found 		

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Workgroups – very limited and irregular meeting times		
Task 7: Project work for Orientation workgroup		July 2026
<ul style="list-style-type: none"> • <i>Member/Orientation packets - Adjust as needed changes are identified</i> • <i>Mentor new members</i> • <i>Jan each year – Review council member responsibilities – will require changes in the presentation as our responsibilities change</i> 		
Task 8: Project work for Block Grant Education workgroup		January 2026
<ul style="list-style-type: none"> • <i>Teach what the Block Grant contains in 3 sessions to the full council</i> • <i>Re-polling will indicate if this is to be done every year or on a biennial basis</i> • <i>The existing presentation will need to be adjusted after the upcoming BG application is finalized</i> 		
Task 9: MH/SUD Combined Block Grant		September 2025
<ul style="list-style-type: none"> • <i>Meet with IHHS grant writers</i> • <i>Provide feedback on proposed grant application</i> • <i>Identify gaps in Iowa adult and children’s MH and SUD system</i> • <i>Provide information as requested by grant writers</i> • <i>Review final draft for accuracy</i> 		
Task 10: Bylaws/Policy/Procedures Workgroup		July 2026
<ul style="list-style-type: none"> • <i>Upon direction by the Council – Bylaws and Council policy will be revised based on changes identified.</i> • <i>Monthly Workgroup members and Executive Committee will identify possible changes whether it be from state alignment, state legislation, state policy, federal legislation or federal policy.</i> • <i>Policy and Bylaw workgroup will send updated draft version of documents to the full Council for review and discussion</i> • <i>Council will vote on final draft of documents</i> 		
Task 11: Steering Committee		July 2026
<ul style="list-style-type: none"> • <i>Meet on a regular basis – quarterly</i> • <i>Monitor progress of workgroups</i> • <i>Monitor progress of identified changes affecting I-PAC and the targeted topics of the Monthly Workgroups</i> 		

Standing Committees		
<i>Executive Committee</i>		
<i>Monitoring and Oversight Committee</i>		
<i>Nominations Committee</i>		
<p><i>Write new Strategic Plan to include any necessary changes based on Council and Steering Committee input and information obtained during the previous strategic plan ending date which was as of 7-1-26.</i></p> <p><i>Re-do SWOT analysis to give direction to the new Strategic Plan</i></p>		1-1-27