



MPA Steering Committee

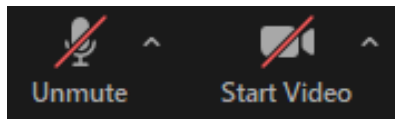
MEETING 6: MPA COMMUNITY ENGAGEMENT PRELIMINARY RESULTS

Iowa Solutions for Aging with Independence and Longevity (IA SAIL): Multisector Plan for Aging, Including Aging with Disabilities (MPA)

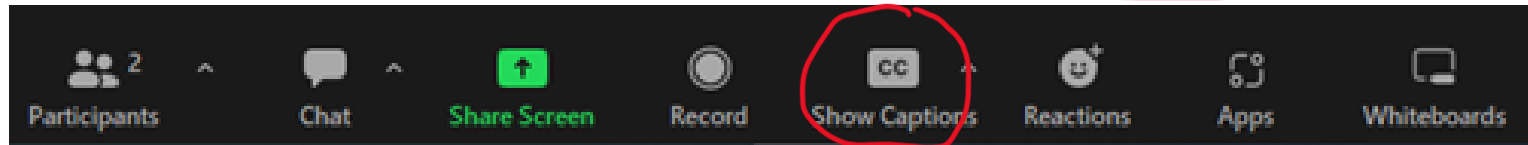
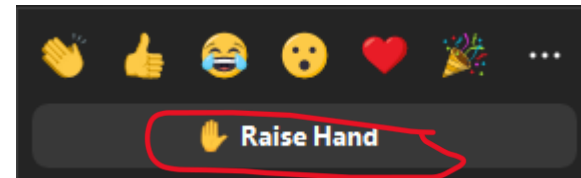
October 23, 2024

Meeting Logistics: Zoom Navigation

Please ensure your mic is muted when you are not speaking during the meeting. This can be found in the **far-left corner** of your screen.



To ask a question, please hit the **“raise hand”** button under the **“Reactions”** button



Chat button can be found here.

Click the **“CC’ button”** for closed captioning.

Meeting Logistics



Meeting materials will be sent out to the group after the meeting.

Materials will also be posted online ~~once a webpage is built for the project.~~



Please stay on mute if you are not speaking.
If able, please turn your camera on while speaking.

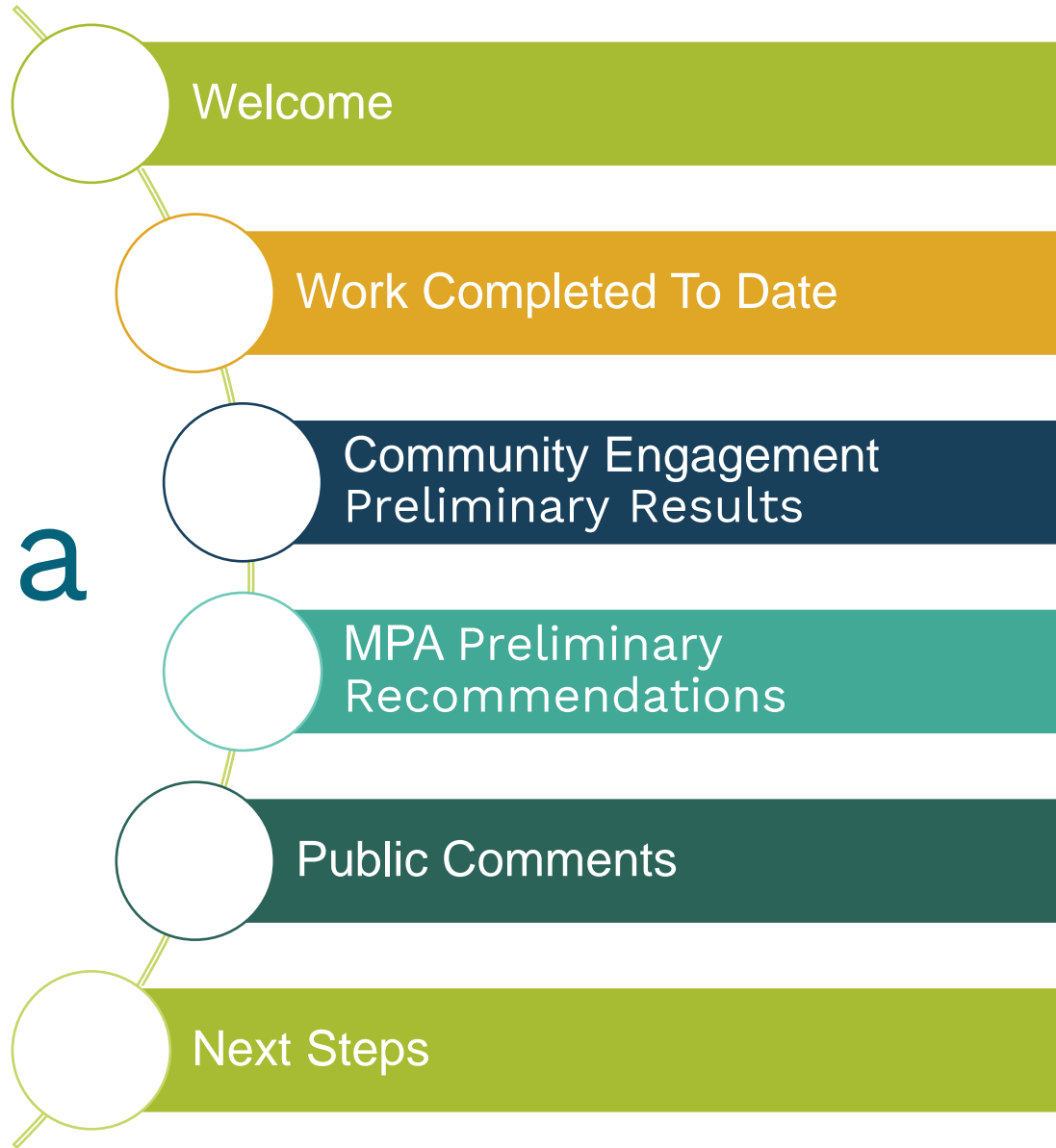


While you can submit your input through the Zoom chat, the MPA team will provide opportunities for discussion throughout the meeting.



To submit feedback after this meeting, please email **eugenia.kendall@hhs.iowa.gov**.

Agenda





Welcome and Introductions

Steering Committee Members

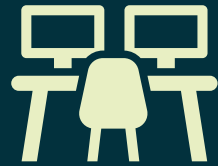
- **Anne Crotty**, Office of Health Equity
- **Brooke Lovelace**, Iowa Developmental Disabilities Council
- **Emma Simmons**, Iowa Transportation Coordination Council
- **Dr. Robert Kruse**, Iowa HHS – Division of Public Health
- **Jeff Berckes**, Office of the Chief Information Officer (OCIO)
- **Jill Lange**, Iowa HHS – Division of Community Access
- **Jill Myeres-Gadelmann**, Iowa HHS Division of Public Health
- **Jonn Durbin**, HHS – Division of Administration
- **Julie Johnson**, Iowa Department of Transportation
- **Kasey Lee**, Iowa Department of Transportation
- **Kathleen Meradith-Eyers**, Iowa Department of Transportation
- **Kimberley Walford**, Department for the Blind
- **Kevin Gabbert**, Iowa HHS – Division of Behavioral Health
- **Latisha McGuire**, Iowa HHS – Iowa Medicaid
- **Melissa Gillett**, Iowa Department of Transportation
- **Sally Kreamer**, Department of Corrections
- **Sara Bath**, Department of Workforce Development
- **Sonya Streit**, Iowa HHS – Division of Strategic Operations
- **Commandant Todd Jacobus**, Iowa Department of Veteran Affairs
- **Trisha Gowin**, Iowa HHS – Division of Family Well-Being & Protection
- **Zach Rhein**, Iowa HHS – Division of Aging and Disability Services

Steering Committee Members

- **Aimee Barritt**, Iowa State Association of Counties
- **Brad Anderson**, American Association of Retired Persons (AARP) Iowa
- **Dr. Brian Kaskie**, University of Iowa – Health Management and Policy
- **Caitlin Owens**, Iowa’s University Center for Excellence in Developmental Disabilities (UCEDD)
- **Cecilia Martinez**, Onelowa
- **Daniel Garrett**, Iowa Housing Partnership
- **Di Findley**, Iowa CareGivers
- **Doug Bickford**, Alzheimer’s Association – Iowa Chapter
- **Erin Ulrich**, Iowa Rural Health Association
- **Dr. Harleah Buck**, Csomay Center for Gerontological Excellence
- **Greg Fier**, Olmstead Consumer Task Force
- **Jeanne Fitzgerald**, Iowa Association of Councils of Government
- **Karen Mackey**, Tribal Representative, Human Rights, City of Sioux City
- **Katherine Riley Harrington**, Iowa Community Action Association
- **Kay Fisk**, Older Iowans Legislature
- **Kelly Butts-Elston**, Connections Area Agency on Aging
- **Linda Hildreth**, Iowa Area Agency on Aging Association
- **Mylene Wanatee**, Meskwaki Nation Representative
- **Nichole Moore**, Iowa Association of Councils of Government
- **Paige Yontz**, AARP Iowa
- **Shelly Sindt**, – Elderbridge Area Agency on Aging

Steering Committee Support

- **Eugenia Kendall**, Iowa Health and Human Services (HHS) – Division of Aging & Disability Services MPA Project Manager
- **Emily Eppens**, Iowa Health and Human Services (HHS) – Communications Manager



Work Completed to Date

MPA Updates



Communication and
Engagement

IA SAIL Webpage
Make a Recommendation Form



Community Survey

Results shared today!



Focus Groups/Agency
Interviews

4 Focus Groups, 4 more to
go and 9 Agency Interviews



Town Halls

Held 6, with 2 more to go



Steering Committee

Meetings in Oct., Nov., & Dec

Town Hall Schedule

*Subject to change

**Rescheduled

| Date | Time | Location |
|-----------------------------|-------------------------|--|
| October 22, 2024 | 10:00 - Noon | Johnson County Health & Human Services Building 855 S Dubuque St. Room 203, Iowa City, IA 52240 |
| November 1, 2024 | 3 p.m. – 4 p.m. | UPDATED ADDRESS Downtown Drop-In Center, 112 2nd St. S.E., Mason City, IA |
| November 6, 2024 | 3 p.m. – 4 p.m. | Linn Co. Public Health 1020 6 th St. S.E., Cedar Rapids, IA |

MPA Steering Committee (October - December)



October

Steering Committee Meeting 6

Objectives: Review and discuss community engagement results and recommendations.



November

Steering Committee Meeting 7

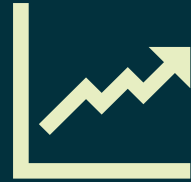
Objectives: Review existing programs and initiatives and discuss ideas to leverage and maximize resources.



December

Steering Committee Meeting 8

Objective: Review and discuss MPA draft.



MPA Community Engagement Results

Community Engagement Approaches

1. MPA STEERING COMMITTEE
& SUBCOMMITTEES

2. COMMUNITY SURVEY

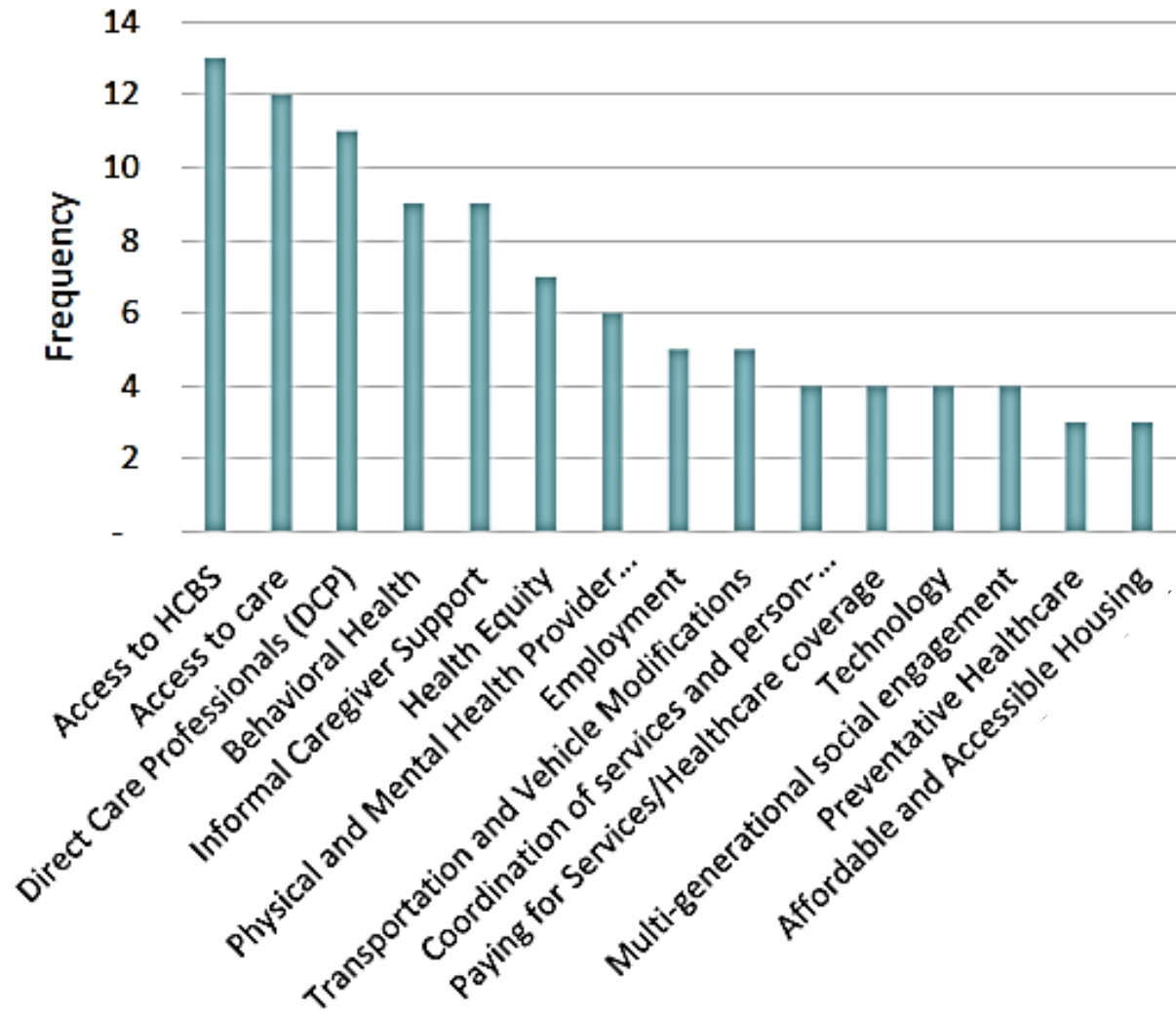
3. FOCUS GROUPS

4. TOWN HALLS

5. AGENCY INTERVIEWS

Approach #1 – MPA Subcommittee Discussions

Frequency of Steering Committee Recommendations by Subtopic



Approach #2 – Community Survey Respondents

N = 474 responses

Gender:

- **69% Female,**
- 25% Male,
- 6% prefer not to answer.

Sexual Orientation:

- Identifies as LGBTQ+ – 4% (21 people)

Age:

- 18-34 yrs. – 6%
- 35-54 yrs. – 22%
- 55-64 yrs. – 20%
- **65-74 yrs. – 31%**
- 75-84 yrs – 16%
- 85+ years – 2%
- Prefer not to answer – 3%

Race/Ethnicity:

- **White – 85%**
- Prefer not to answer – 8% (36 people)
- Hispanic/Latino – 2% (9 people)
- Black – 2% (8 people)
- Native American – 2% (8 people)
- Asian/Pacific Islander – 1% (6 people)
- Two or more races – 0% (2 people)

Income:

- Less than \$25K – 10%
- \$25K-\$49k – 16%
- **\$50K-\$74K – 18%**
- \$75K -\$99K – 15%
- \$100K-\$149K – 14%
- \$150k – 12%
- Prefer not to answer – 15%

Approach #2 – Community Survey Respondents

N = 474 responses

Characteristics of Respondents:

- Living in Urban counties – 64%
- An adult 60+ – 61%
- Living with a chronic health condition – 32%
- Person with a physical disability – 17%
- Person with a mental health condition (mental health, substance use disorder, alcohol use disorder) – 11%
- A veteran – 7%
- Person with an intellectual disability – 3%

Characteristics of Living Situation:

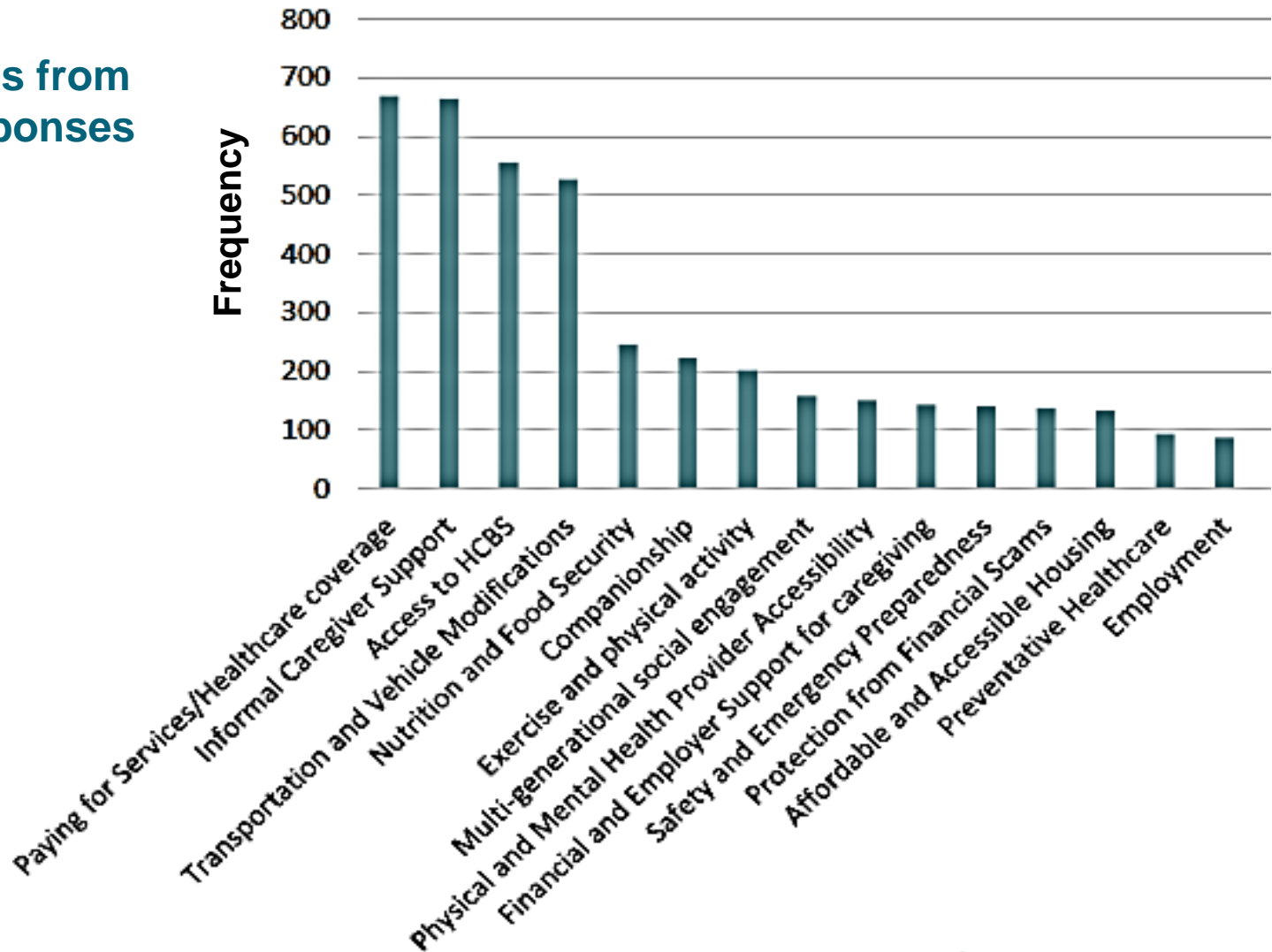
- Living with an adult aged 60+ yrs. – 38%
- Living alone – 30%
- Living with an adult aged 18 – 59 yrs. – 29%
- Living with children under 18 – 11%

Characteristics of Unpaid Caregivers:

- Unpaid caregiver – 37%
 - Person with chronic health condition – 88%
 - An adult aged 60+ yrs. – 69%
 - Person in long-term care facility – 13%
 - Children with disabilities - 9%
 - Adults with disabilities (18+) – 8%

Approach #2 – Community Survey Results

Frequency
of Subtopics from
Survey Responses



Approach #3 – Focus Groups

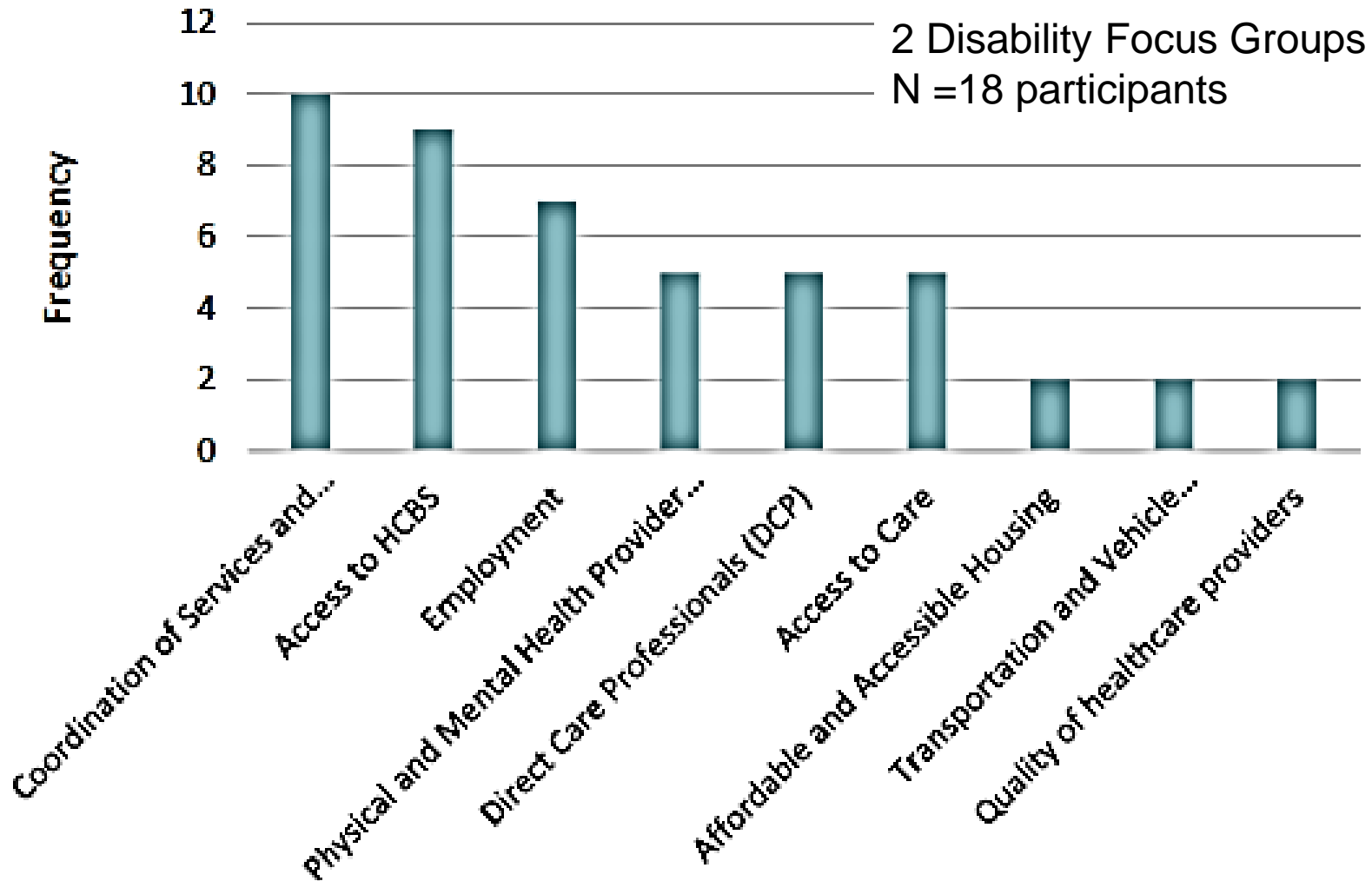
Completed Focus Groups:

- 2 Disability Focus Groups – 9 online and 9 in-person participants
- Asian and Pacific Islander Focus group – 8 participants
- Provider Focus Group – compiling results

Needed Focus Groups:

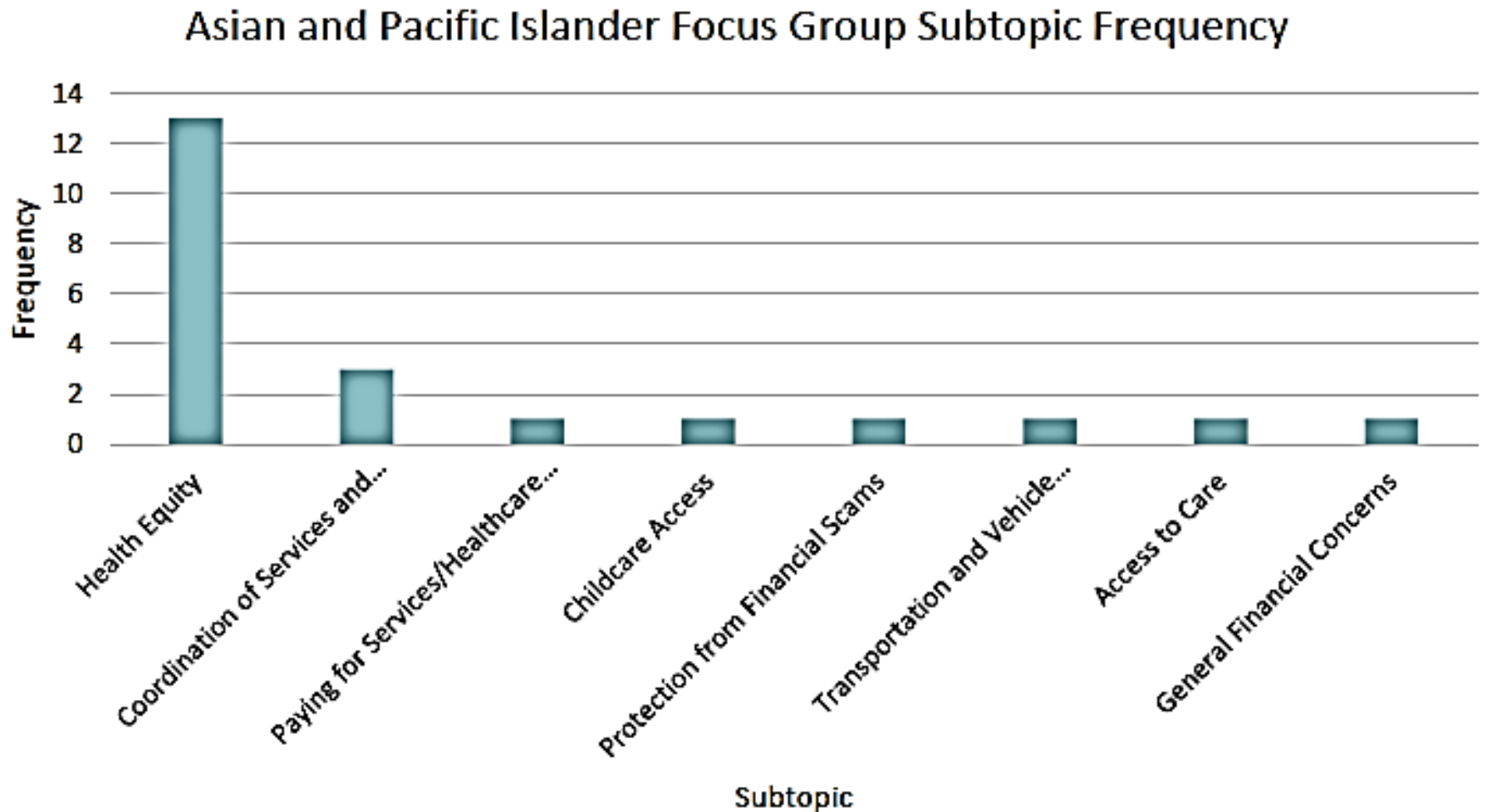
- Parents of youth with disabilities
- Black Focus Group
- Native American Focus Group
- Hispanic/Latino Focus group
- Others?

Approach #3 – Focus Groups

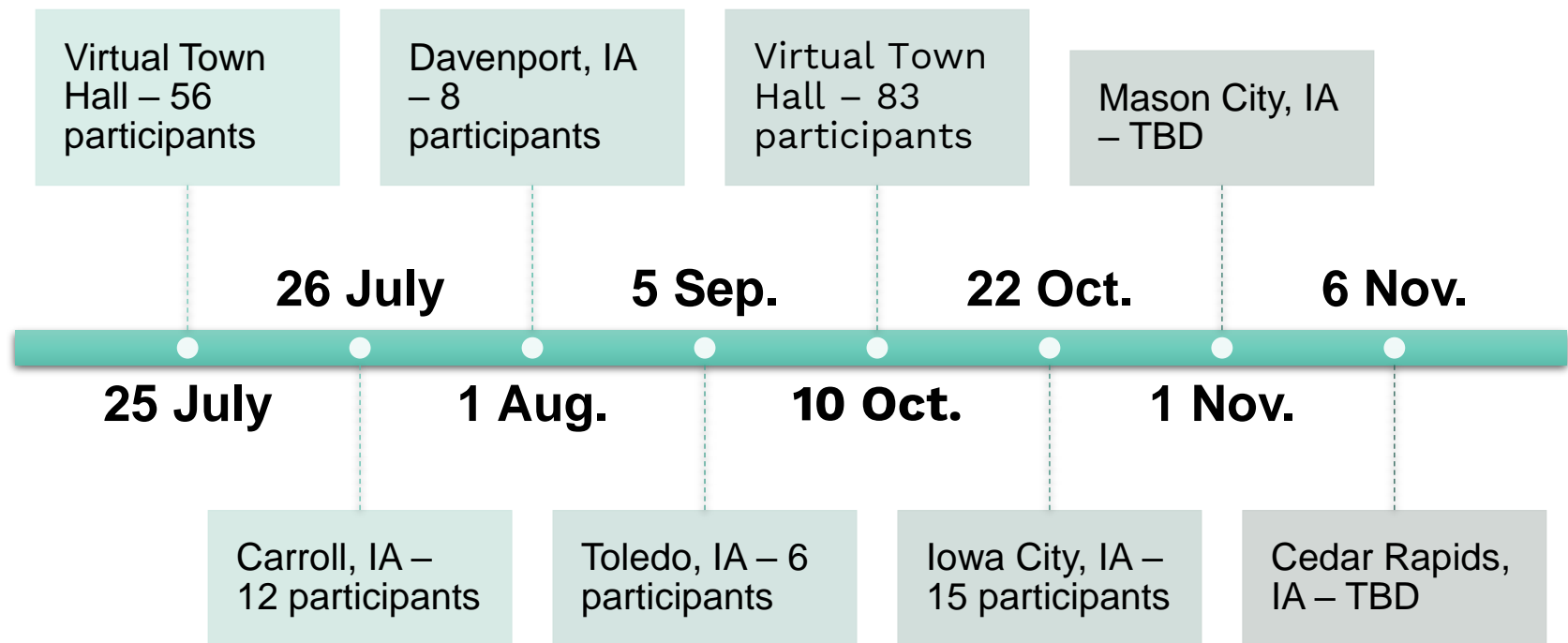


Approach #3 – Focus Groups

N = 8 participants.

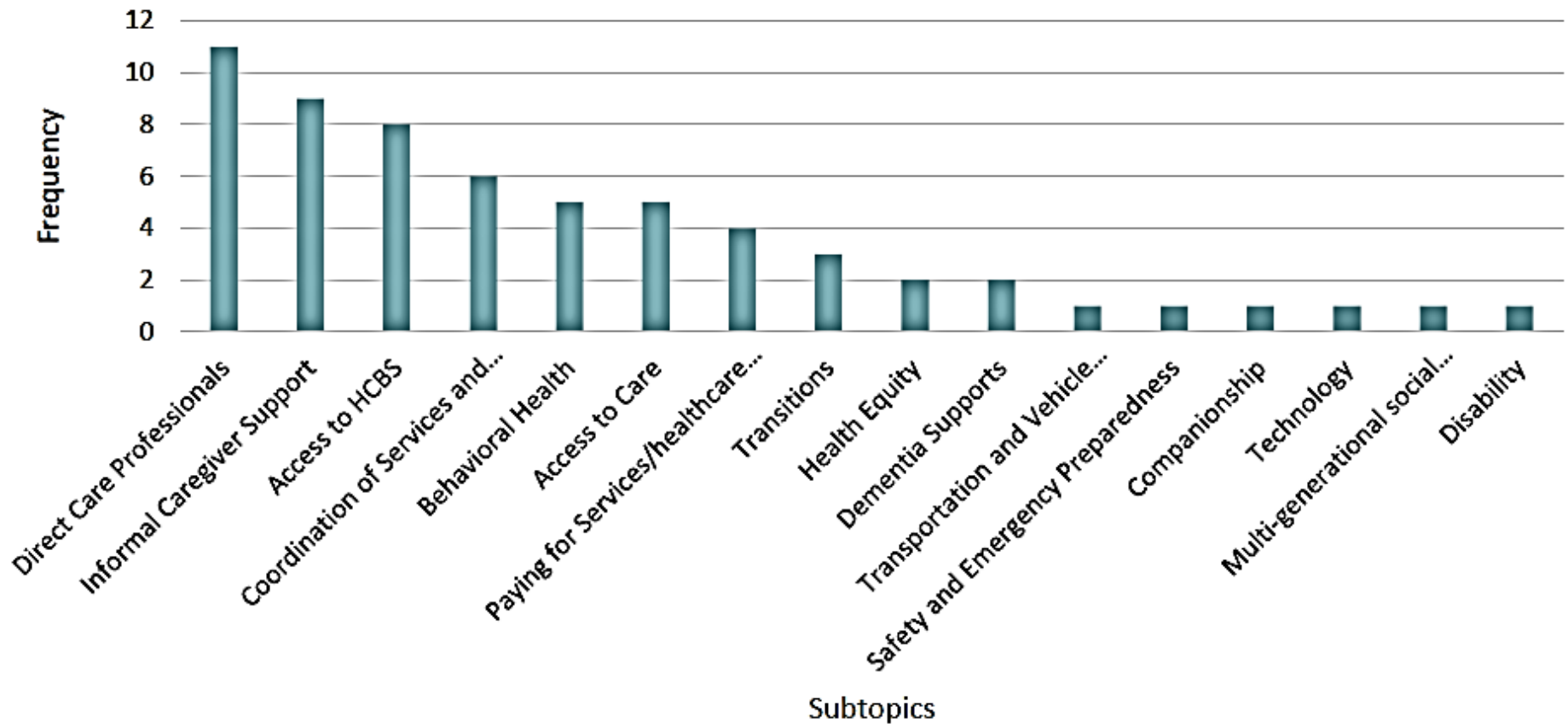


Approach #4 – Town Halls



Approach #4 – Town Halls

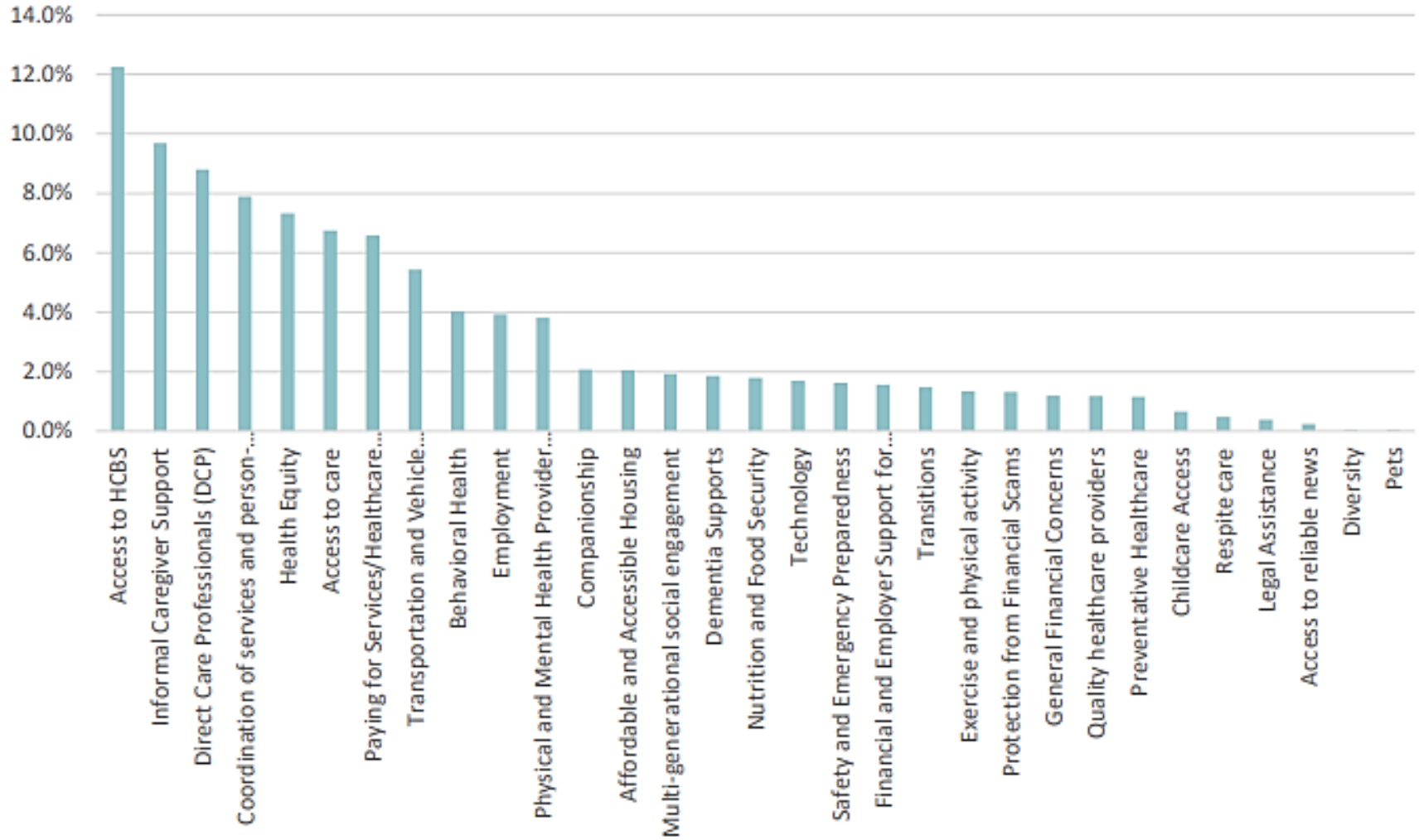
Town Halls Subtopic Frequency



Approach #5 – Targeted Interviews

- June 20 – **Sustainable Communities** with Travis Kraus, Associate Professor of Practice in the University of Iowa School of Planning and Public Affairs and Director of the Iowa Initiative for Sustainable Communities
- July 1 – **Community Engagement** with Nick Benson, Executive Director of the Office of Community Engagement at the University of Iowa
- July 11, 19 – **Geriatric Mental Health** with Kathleen Buckwalter, Professor Emeritus, College of Nursing at the University of Iowa
- July 11 – **Outreach to Diverse Populations** with Valerie Garr, Certified Diversity Executive and Director of Access, Opportunity and Diversity, College of Nursing at the University of Iowa
- July 11 – **Optimal Aging**, Jennifer Jones, Program Coordinator Optimal Aging Initiative, Csomay Center
- August 6 – **Mental Health and Homelessness**, Kathleen Buckwalter, U of I, Lila Starr HHS and Harleah Buck, Csomay Center
- August 7 – **Dementia Innovations**, Kathy Good, Sr. Director and Co-Founder and Tim Charles, former CEO of Mercy Medical Center – DeWolf Innovations Center
- August 21 – **Transitional Services**, Mary and Kelsey Vocational Rehabilitation Services and Department of Education
- August 21 – **Older Adults** - Renee Shulte and Katrina Curter Dept of Corrections

Average Across Community Approaches by Percent



Cross-Analysis of Findings

Priorities of state agencies, community providers, & public

| Top 10 | MPA Subcommittees | Town Halls Participants | All Survey Respondents |
|--------|---|--|---|
| 1 | Access to HCBS | Direct care professionals | Paying for services/healthcare coverage |
| 2 | Access to care | Informal caregiver support | Informal caregiver support |
| 3 | Direct care professionals | Access to HCBS | Access to HCBS |
| 4 | Behavioral health | Coordination of services and person-centeredness | Transportation & vehicle modifications |
| 5 | Informal caregiver support | Behavioral health | Nutrition and food security |
| 6 | Health Equity | Access to care | Companionship |
| 7 | Physical and mental health provider accessibility | Paying for services/healthcare coverage | Exercise and physical activity |
| 8 | Employment | Transitions | Multi-generational social engagement |
| 9 | Transportation & vehicle modifications | Healthy Equity | Physical and mental health provider accessibility |
| 10 | Coordination of services and person-centeredness | Dementia Supports | Financial and employer support for caregiving |

Pink = indicates issues that are listed among recommendations/priorities to address.

Yellow = indicates issues that also cross-over among groups.

Cross-Analysis of Findings

Priorities of specific populations

| Top 6 | People with Disabilities (16 people) | Asian and Pacific Islanders (8 people) | Most Frequent Survey Response Minorities (32 people) | Most Frequent Survey Response for Caregivers (142 people) |
|-------|--|--|--|--|
| 1 | Coordination of services and person-centeredness | Health equity | Paying for medications, medical care, long-term care, in-home services and/or insurance coverage | Paying for medications, medical care, long-term care, in-home services and/or insurance coverage |
| | Access to HCBS | Coordination of services and person-centeredness | Finding the financial support for caregiving | Managing the emotional and mental toll of caregiving |
| 3 | Employment | Pay for services/healthcare coverage | Being prepared for emergencies like natural disasters | Affordable health insurance |
| 4 | Physical & mental health provider accessibility | Childcare access | Access to transportation | Getting help with chores like laundry, housekeeping, cooking, grocery shopping, paying bills, etc. |
| 5 | Direct care professionals | Protection from financial scams | Affordable health insurance | Access to transportation |

Pink = indicates issues that are listed among recommendations/priorities to address.

Yellow = indicates issues that also cross-over among groups.

Access to HCBS

- Access to services that allow people to stay in their homes or community settings for as long as possible.

Informal caregiver support

- Connecting to information and resources to help with mental, physical, and financial stressors of informal caregiving.

Direct care professionals

- Concerns about DCP workforce shortage and low pay/benefits.

Coordination of services and person-centered services

- Removing barriers to navigating system of services. Also includes training, education, and opportunities for incorporating person-centered strategies into service delivery.

Health equity

- Includes concerns about language competency, understanding and respecting cultural values, and access to health care for underserved populations.

Paying for services

- Paying for doctors, dentists, mental health care, and other medical services, prescriptions, long-term care, and some medical bills.

Transportation & Vehicle Modifications

- Availability of community transportation options in rural areas, safe driving and stopping driving, making vehicle modifications to support drivers and passengers with disabilities, transportation to healthcare appointments, and community events or social engagements.

Process Recommendations

- Review and refine proposed steering committee recommendations.
- Assess recommendations for feasibility.
- Ensure SMART (Specific, Measurable, Achievable, Relevant, and Time-Bound) goals.
- Crosswalk the steering committee recommendations with current assessments and programs offered by state agencies and local partnerships to prevent duplication of work currently underway.
- Reconstitute focus groups at least annually to maintain relationships, build trust, and ensure their interests continue to be included.
- Regularly assess MPA activities and documents for whether disability could or should be more salient to ensure the MPA, as a multi-sector plan, fully includes the disability sector.

Discussion

Next Steps

Steering Committee Member Responsibilities (November & December)

Review and provide feedback on MPA crosswalk with other state plans and initiatives.

Review and provide feedback on the MPA document that will be posted for public review and feedback.

Public Comments

Questions?

Contact:

Eugenia Kendell, eugenia.kendell@hhs.iowa.org

Emily Eppens, emily.eppens@hhs.iowa.gov