

**Iowa Integrated Health Planning and Advisory Council**  
**November 20, 2024, 9:00 am to 3:00 pm**  
**via Zoom**  
**Meeting Minutes**

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**MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:**

Teresa Bomhoff	Megan Marsh
Rachel Cecil	Christina Maulsby
Sen. Claire Celsi	Cayleen Mesecher
Linda Dettmann	Todd Noack
Jessica Goltz	Brad Richardson
Jen Gomez	Jennifer Riley
Lorien Harker	Kristin Roof
Kyra Hawley-Preston	Dr. Shaad Swim
Theresa Henderson	William Veltri
Vienna Hoang	Patricia Whitmarsh
Michael Kaufman	Edward Wollner
Todd Lange	Joel Wulff

**MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:**

Jennifer Day	Brianna Steffe
Jenny Erdman	Monica Van Horn
Mary McKinnell	
Rep. Ann Meyer	

**OTHER ATTENDEES:**

Briana Alexandres	Patti Manna
Kendra Aracena	Nicole Miller
Theresa Armstrong	Kristin Pendegraft
Kari Bailey	Denise Rathman
Kevin Carroll	Libby Reekers
Lisa Cullins	Lorin Renner
Nicole Cusick	Rich Russell
Wendy DePhillips	Stephanie Schmidt
Nafissa Egbuonye	Flora Schmidt
Maggie Ferguson	Brittany Sikkink
Taryn Jonet	Suzanne Watson
Laura Larkin	Elizabeth Wolfe

**Materials Referenced:**

*I-PAC September 18 2024 Meeting Minutes DRAFT*  
*Joint I-PAC and MHDS Commission October 17, 2024 Meeting Minutes DRAFT*  
*CCBHC\_Presentation\_I-PAC\_11.20.2024*  
*IMHPC Strategic Plan 2023-2025*  
*Iowa Total Care Value Added Services Presentation*  
*I-PAC Presentation\_November 2024 Delta Dental*  
*I-PAC Strategic Plan 2025 Interim DRAFT*

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Task 3 - Committees and Workgroups 11.13.2024

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Wellpoint\_VAB

### **Welcome**

Teresa Bomhoff called the meeting to order at 9:00 am. Quorum was established with 24 members at 9:45 am.

### **Review and Approval of Meeting Minutes**

Teresa Bomhoff entertained a motion to approve the I-PAC September 18, 2024, meeting minutes. Todd Lange motioned to approve the minutes; Jessica Goltz seconded the motion. There was no further discussion, the motion passed, and the minutes were approved.

Teresa Bomhoff entertained a motion to approve the Joint Mental Health and Disabilities Services (MHDS) Commission and I-PAC October 17, 2024, meeting minutes. Todd Noack motioned to approve the minutes; Lorien Harker seconded the motion. There was no further discussion, the motion passed, and the minutes were approved.

### **Nominations Committee Report**

Jen Gomez shared that nominations this month include those who have terms expiring, the slate of officers for 2025, and a new application. The I-PAC By-Laws require renewing members to notify the nominating committee in writing of their desire to be re-appointed; the following members have all notified the nominating committee of their desire to be re-appointed.

Teresa Bomhoff  
Jennifer Day  
Jessica Goltz  
Theresa Henderson  
Christina Maulsby  
Todd Noack  
Brad Richardson  
Jennifer Riley  
Kristin Roof  
Edward Wollner

Jen Gomez motioned that the Council approve these members to continue on the Council for another term. Micheal Kaufmann seconded the motion. The motion carried.

Council members responding to invitations to be candidates for officer positions included the current chair, vice-chair, and secretary. No others were put forth and the candidates ran unopposed. Therefore, the current officers as the slate of officers are submitted for 2025:

Teresa Bomhoff, Chairperson,  
Brad Richardson, Vice Chairperson,  
Kyra Hawley-Preston, Secretary,

Jen Gomez motioned that the council approve the slate of officers by acclamation. Todd Lange seconded motion, and the motion carried.

The following individuals have submitted application materials to become new members:

Ellen Schardt

Jen Gomez moved that the council approve this application for membership on the Council. Jen Riley seconded the motion. The motion carried. Ellen Schardt will be listed as an individual in recovery.

Hannah Olson, who has formally been a state appointment representative, has expressed interest in membership on the council and her application is in progress. If approved, she would be placed in the other category. Michael Kaufmann will review the bylaws regarding her application.

Jenny Erdman will fill the role of Medicaid State Agency Representative until further notice.

Teresa Bomhoff led a discussion on the current vacancies. The council has 16 providers and 15 non-providers, it still has not met the 51% requirement, but progress has been made. Diversity in gender, ethnicity, and geographical location continues to be a priority. Remaining vacancies would need to be non-providers, with the two vacancies are available for family members of and adult with SMI/SUD.

### **Monitoring and Oversight Committee Report**

Theresa Henderson provided a report from the Monitoring and Oversight Committee on the Your Life Iowa (YLI) contract.

Foundation 2 Crisis Services (F2) was awarded the YLI contract in 201. This contract was scheduled to end in June 2023. The contract was extended to December 2024 and again from January 2025 to June 2028. YLI has experienced yearly growth, with 600% growth overall. In 2020, YLI became the statewide crisis line with a current budget of approximately \$1.5 million. Annual reports are on the website.

### **Workgroups**

Teresa Bomhoff reviewed the Council Committee and Workgroup Reports Summary 202411. The chair, or their representative, of each workgroup gave a short verbal summary of the report.

Todd Lange reported the Certified Community Behavioral Health Clinics (CCBHC) workgroup would like the Council to consider the information presented later in this meeting by the CCBHC directors and get feedback on steps moving forward after that.

Jessica Goltz reported the Children's Issues workgroup has student supports in school that are on an Individual Education Plan (IEP) or 504 Plan. The Children's group is working toward setting goals on the topics discussed.

Joel Wulf reported the Older Adults workgroup would like the council to review the workgroups action plan to provide education to consumers and provide feedback to the workgroup. The

workgroup would like to pursue partnerships and avenues to implement including determining if there would be an opportunity to pursue a grant, if allowed.

Edward Wollner reported updates from the substance use disorder (SUD) workgroup discussions. Youth Shelter and Services (YSS) is opening a new recovery center, Dubuque County is opening Narcan vending machines, Crush Recovery is providing recovery coaching on demand, and Story County is offering a diversion program for individuals with SUD. Suggestion for presentations included learning more about Polk Opioid Settlement dollars, Federal Medicaid dollars, the Polk County sobering center, and the work of CRUSH of Iowa.

There was discussion on how to develop a proposal to talk about integrated health centers that support the whole person rather than just centers that focus solely on mental health services and SUD services, things that are beyond the clinical settings. Members of the Council felt that block grant dollars are used for reactive services rather than paying for preventative services. There was a suggestion to propose to HHS to develop holistic healing centers. There was a suggestion to attend Mental Health Day on the hill, March 3, 2025, as a group. It was noted that there is an opportunity to provide public comment to HHS on the Behavioral Health statewide plan that is being developed.

There was a suggestion to develop an Integrated Health Care proposed workgroup with Jessica Goltz, Cayleen Mesecher, and Todd Noack expressing interest in joining.

Kristin Roof reported the Strategic Planning workgroup reviewing legislative bills and see how to respond and advocate as a part of the lobbyist system.

### **Strategic Plan Discussion – Teresa Bomhoff**

Teresa Bomhoff led a discussion on the 2025-2026 Interim Strategic Plan. The 2023-2025 Strategic Plan was reviewed, and Teresa Bomhoff reminded Council members of the tasks to still be completed, one of which is a survey of members. The 2024 survey has been created and will be distributed to members.

Teresa Bomhoff provided an overview of the 2025-2026 Interim Strategic Plan. The final version of the interim plan will be up for a vote in January 2025. Teresa Bomhoff reviewed the document Task 3 Standing Committee and Workgroup Structure.

There was a discussion on the proposed 2025 Meeting Schedule. It was suggested to have an in-person only meeting and the suggested date determined was May 2025.

### **Iowa Health and Human Services – Theresa Armstrong**

Theresa Armstrong provided an update from Iowa Health and Human Services (HHS).

The Behavioral Health service system implementation is still on target to award the Behavioral Health Service Organizations (BH-ASOs) by the end of year. Behavioral Health Service System Statewide Plan 2025-2027 has been drafted is available on the HHS webpage. Public meetings are being held and feedback is being solicited. Behavioral Health categories have been developed in the draft. These include system operations and infrastructure and the behavioral health continuum. The behavioral health continuum includes prevention and

education, early intervention, treatment, recovery, and crisis. The final draft will be available around the first of the year.

Public input will also be gathered prior to the administrative rules review process in January.

The Aging and Disability Services division has released a Request for Proposal (RFP) for Disability Access Points, with bids due mid-December and an announcement expected in February.

The Aging and Disability Services division has announced the successful bidder for the Aging and Disability Resource Centers (ADRC) Technical Assistance and Call Center with the award going to the University of Iowa Center for Disabilities and Development (CDD).

### **Public Comment**

There was an opportunity for public comment, with none offered.

### **Lunch Break**

There was a lunch break from 11:45 am to 12:30 pm.

### **CCBHC Update – Laura Larkin, HHS**

Laura Larkin, CCBHC Project Director, provided an update on the Certified Community Behavioral Health Clinics (CCBHC). An Overview of the model and state implementation efforts was provided.

CCBHCs are specially designed clinics that provide a comprehensive range of mental health and substance use disorder services. CCBHCs are required to serve anyone who walks through their doors, regardless of age, diagnosis or insurance status. CCBHCs receive a specialized prospective payment system (PPS) rate methodology for Medicaid payment. States receive an enhanced federal match for CCBHC services. The goals of the CCBHC initiative, the minimal standards, nine required services, and previous grants received were reviewed.

Laura Larkin shared that on June 4, 2024, the Substance Abuse and Mental Health Service Administration (SAMHSA) announced that Iowa was one of ten states selected to join a new cohort of states into the CCBHC Medicaid Demonstration Program. The Demonstration is a 4-year program that provides states with sustainable funding to assist them in expanding access to mental health and substance use services. The CCBHC timeline and certification process, outcomes, and activities were reviewed.

### **Managed Care Plans – Value Added Benefits**

Gretchen Hageman, Delta Dental  
Kendra Aracena, MCNA Dental  
Nafissa Egbuonye, Molina  
Brittany Sikkink, Iowa Total Care  
Lorin Renner, Wellpoint

Representatives of each of Iowa's three Managed Care Plans presented overviews of their respective value-added services for members. The value-added services were similar in

structure across the companies with variations in the rewards offered. All of the organizations utilize incentive programs to encourage members to engage in healthy behaviors and provide services, such as transportation, to reduce barriers to care.

**Public Comment**

There was an opportunity for public comment, with none offered.

**Adjourn**

Teresa Bomhoff entertained a motion to adjourn the meeting. Todd Lange motioned to adjourn and was seconded by Jen Riley. The motion passed and the meeting adjourned at 2:25 pm.

*Meeting minutes respectfully submitted by Patti Manna.*