



OFFICE OF THE

State Long-Term Care

Ombudsman



## RESIDENT RIGHTS

**Resident rights are guaranteed by the federal Nursing Home Reform Law of 1987, which requires nursing facilities to promote and protect the rights of each resident and places a strong emphasis on individual dignity and self-determination.**

## KNOW YOUR RIGHTS!

Residents of long-term care facilities are entitled to many rights. These include, but are not limited to:



Honoring dignity, respect, and privacy



Managing one's own finances



Ensuring information remains confidential



Participating in the care planning process and making informed decisions about treatment



Making independent choices, such as when to go to bed, when to get up and what to eat



Receiving advance notice of a transfer or discharge



Choosing visitors



Enjoying individual interests



Remaining free from chemical and physical restraints, abuse, discrimination and neglect



Expressing grievances without fear of retaliation



Being fully informed about rights, services and costs prior to admission

To learn more about resident rights, reach out to your long-term care ombudsman at

**866-236-1430**