



Youth Admission and Exclusion Criteria

for Independence Mental Health Institute (IMHI)

Admission Categories

Voluntary Admission (Iowa Code §229.2)

- Per policy, youth patients must meet criteria as "danger to self or others due to serious mental impairment"
- Requires parent/guardian written consent, and, if minor objects, juvenile court approval

Involuntary Commitment (Iowa Code §229.6/§229.6A)

- Court-ordered hospitalization, to originate in the county where the youth resides or where the youth is currently located
- Must meet criteria as "danger to self or others due to serious mental impairment"

Juvenile Court – Pending Delinquency (Iowa Code §232.49)

- Court-ordered as part of ongoing delinquency case
- Commitment not to exceed 30 days
- Often includes request for psychological evaluation
- Provisions of Chapter 229 do not apply
- Requires agreement of parent/guardian and juvenile's attorney if ordered prior to adjudication

Juvenile Court - Delinquency Disposition (Iowa Code §232.52)

- Court-ordered as part of delinquency disposition
- Requires findings pursuant to Chapter 229 standards

Juvenile Court - CINA Petition (Iowa Code §232.98)

- Court-ordered as part of CINA case
- Must not exceed 15 days (Must not exceed 30 days if ordered after adjudication)
- Can be ordered prior to or at adjudication if one of the three criteria is present:
 - 1. Probable cause exists to believe that the child is CINA pursuant to section 232.96A, subsection 6, **OR**
 - Commitment is necessary to determine whether there is clear & convincing evidence that the child is a CINA, OR
 - 3. Child's attorney agrees to the commitment

Competence to Stand Trial (Iowa Code §812)

 IMHI can provide competency evaluations and/or restoration services for youths charged in delinquency cases



Exclusion Criteria

Substance Abuse Treatment

IMHI is not licensed to provide substance abuse treatment

Transfers of Youths with Intellectual Disability

- Unless determined otherwise in the sole discretion of the Director of Iowa HHS (or the Director's designee), a youth with intellectual disability may be transferred under Iowa Code §222.7 only if all the following criteria are met:
 - 1. IMHI determines the youth meets criteria for inpatient psychiatric care
 - IMHI determines the youth will benefit from psychiatric treatment or from a specific program available at IMHI
 - 3. There is sufficient available capacity to meet the youth's needs

Adequate Resources in the Community

► IMHI may decline to admit a youth patient when there are other community resources available that are adequate to meet the youth's needs

Minimum Age

IMHI does not serve youth under the age of seven

IMHI Resources

- IMHI may decline to admit a youth patient when it lacks sufficient beds or other resources to serve the youth's needs
- IMHI is an acute psychiatric hospital and has limited ability to address other medical needs
- IMHI is not a long-term placement facility
- Some youth with traumatic brain injury, intellectual disability, or autism may have unique needs which IMHI could not adequately address

Facility Security

IMHI does not have specialized security staff and has limited ability to meet the needs of highly aggressive or violent individuals

Additional information about patient admissions may be obtained by contacting the IMHI admissions office

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