



**2026 Iowa WIC
Program Quarterly Order Form**
Updated 4-20-26

Please complete all fields on form. Please indicate the quantities under the Quarter you are ordering for. Please note that there is no quantity limit or increment for Spanish or English like the ISU order form. Once complete, please email to Dena Dittmer: dena.dittmer@hhs.iowa.gov
The Deadline for your Quarterly Order is no later than C.O.B. (close of business) on the date indicated below; we cannot accept your order any later than the date indicated. Once we place an order to print, we are unable to alter it. Thank you

Today's Date			
First & Last			
Agency		Phone	
Mailing Address			
City		State	Zip
Email			
Comment			




Image	Name of Brochure	1 st Qtr. Due Date: C.O.B. March 23, 2026	2 nd Qtr. Due Date: C.O.B. June 22, 2026	3 rd Qtr. Due Date: C.O.B. Sept. 21, 2026	4 th Qtr. Due Date: C.O.B. Dec. 21, 2026
	Can Fast Food Fit? 2-sided English/Spanish				
	Changing your baby to a different Formula 2-sided English/Spanish Newly added				
	Children's Feeding Guide 2-sided English/Spanish Newly added				





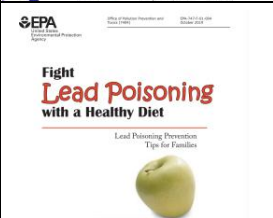


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	Eating for you and your baby 2-sided English/Spanish Newly added				
	Every Woman needs Folic Acid 2-sided English/Spanish Newly added				
	Feeding your older infant 2-sided English Newly added				
	Feeding your older infant 2-sided Spanish Newly added				
	Fight Lead Poisoning with a Healthy Diet English Newly added				
	Fight Lead Poisoning with a Healthy Diet Spanish Newly added				
	Food Safety for Baby and Me 2- sided English/Spanish				







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	Formula Feeding 2- sided English/Spanish Newly added				
	Gaining Weight Too fast while Pregnant 2-sided English/Spanish				
	Get the Most Iron Everyday 2-sided English/Spanish Newly added				
	Healthy Drinks for Kids 2-sided English/Spanish				
	5.2.1.0 Healthy Habits During Your Pregnancy English trifold				
	5.2.1.0 Healthy Habits During Your Pregnancy Spanish trifold				
	Healthy Sleep for you and your baby 2-sided Eng/Span. Newly added				

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	How Does Formula Compare to Breastmilk 2-sided Eng/Spanish Newly added				
	I-Smile for Me and my baby 2-sided English				
	Make Healthy Choices for you and your family 2-sided English/Spanish Newly added				
	Moms Helping Moms 2-sided English/Spanish Newly added				
	Parents Provide, Kids Decide 2-sided English/Spanish Newly added				
	Rights & Responsibilities For WIC Participants English Trifold				
	Rights & Responsibilities For WIC Participants Spanish Trifold				

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	Smoking during pregnancy 2-sided English/Spanish				
	Starting Foods 2-sided English Newly added				
	Starting Foods 2-sided Spanish Newly added				
	Starting Foods – The Baby Led Way 2-sided English Newly added				
	Starting Foods – The Baby Led Way 2-sided Spanish Newly added				
	Stay Healthy for your baby 2-sided English/Spanish				
	Tips for New Moms 2-sided English/Spanish Newly added				

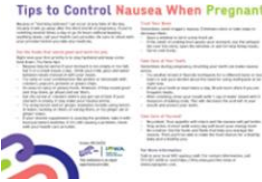






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	Tips to control Nausea while pregnant 2-sided English/Spanish Newly added				
	Tips to Prevent Constipation While Pregnant 2-sided English/Spanish Newly added				
	Turn off TV and Play 2-sided English/Spanish				
	Understanding your babies' cues 2-sided English/Spanish Newly added				
	Weaning From a Bottle 2-sided English/Spanish Newly added				
	WIC Needs your Help 2-sided English/Spanish Newly added				
	We Can Help- English Trifold				

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	We Can Help-Spanish Trifold				
	We Can Help–Arabic Trifold				
	We Can Help–Burmese Trifold				
	We Can Help–Chinese Trifold				
	We Can Help–French Trifold				
	We Can Help –Nepali Trifold				
	We Can Help –Swahili Trifold				
	We Can Help–Thai Trifold				
	We Can Help-Vietnamese Trifold				