



ISU Distribution Center Order Form

Updated 1-13-26




Please make sure you are using the most current version of this form, it is on WIC Portal.

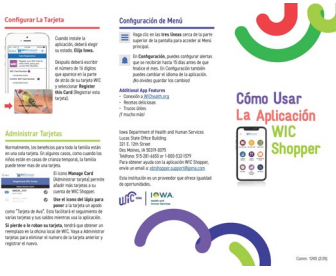
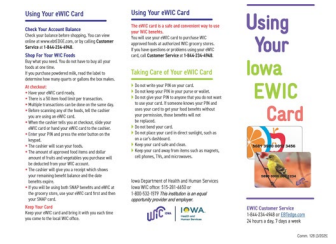

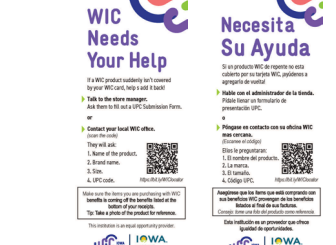
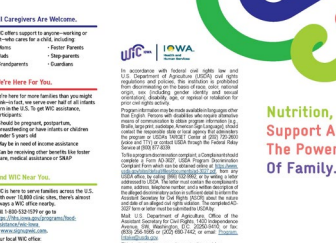
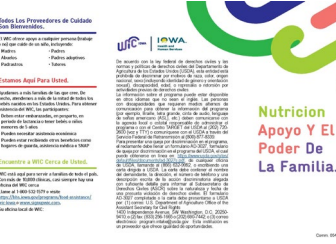
Please complete all fields of this form and email to:
Dena Dittmer - dena.dittmer@hhs.iowa.gov

Today's Date					
First & Last Name					
Agency		Phone			
Mailing Address					
City		State		Zip	
Email					
Comments:					

Please allow 5-7 days for delivery, it may be longer if the date falls on a holiday. UPS ships all orders. You must include a street address as they will not deliver to a P.O. Box.

The unit listed in the Product Description field are shrink wrapped in that amount, please make sure you are checking that when you are placing your order. Thank you!

Image of Brochure	Product Description	Quantity:
	Iowa Voter Registration form English, Unit=100 Required form for clients to complete if they want to register to vote. IHHS 636	
	Health History Card for women & children (2 sided) English, Unit = 100 Used to record and share pertinent medical data with medical providers IHHS 623	
	How to Use the WIC Shopper App English, Unit = 100 Explain how to install and use the shopper app to look up available WIC benefits for the current month and to see WIC approved foods. IHHS 644	

 <p>Configurar la Tarjeta</p> <p>Guarde esta tarjeta de información para usarla en el futuro. Guarde esta tarjeta de información para usarla en el futuro. Guarde esta tarjeta de información para usarla en el futuro.</p> <p>Configuración de Menú</p> <p>Guarde esta tarjeta de información para usarla en el futuro. Guarde esta tarjeta de información para usarla en el futuro. Guarde esta tarjeta de información para usarla en el futuro.</p> <p>Cómo Usar La Aplicación WIC Shopper</p> <p>Guarde esta tarjeta de información para usarla en el futuro. Guarde esta tarjeta de información para usarla en el futuro. Guarde esta tarjeta de información para usarla en el futuro.</p>	<h2>How to Use the WIC Shopper App</h2> <h3>Spanish, Unit=50</h3> <p>Explain how to install and use the shopper app to look up available WIC benefits for the current month and to see WIC approved foods.</p> <p>IHHS 644(s)</p>	
 <p>Using Your eWIC Card</p> <p>Check Your Account Balance</p> <p>Take Care of Your eWIC Card</p> <p>Using Your eWIC Card</p>	<h2>Using Your Iowa eWIC Card</h2> <h3>English, Unit=100</h3> <p>Gives information on how to use the eWIC card and check balances before shopping. Also gives the customer service number to set up or change the card PIN number.</p> <p>IHHS 645</p>	
 <p>Usando Su Tarjeta eWIC</p> <p>Verifique el Saldo de Su Cuenta</p> <p>Utilizando Su Tarjeta eWIC</p>	<h2>Using Your Iowa eWIC Card</h2> <h3>Spanish, Unit=50</h3> <p>Gives information on how to use the eWIC card and check balances before shopping. Also gives the customer service number to set up or change the card PIN number.</p> <p>IHHS 645(s)</p>	
 <p>WIC Needs Your Help</p> <p>Necesita Su Ayuda</p>	<h2>WIC Needs Your Help</h2> <h3>English/Spanish, Unit=100</h3> <p>Tell clients how to submit UPCs if they think the product should be WIC eligible.</p> <p>IHHS 639</p>	
 <p>All Caregivers Are Welcome.</p> <p>We're Here For You.</p> <p>Find WIC Near You.</p>	<h2>Nutrition Support & Power of Family *July 2025</h2> <h3>version with Current Income Guidelines</h3> <h3>English, Unit=100</h3> <p>Includes Current income guidelines</p> <p>IHHS 621</p>	
 <p>Todos Los Proveedores de Cuidado Son Bienvenidos.</p> <p>Estamos Aquí Para Usted.</p> <p>Encuentra la WIC Cerca de Usted.</p>	<h2>Nutrition Support & Power of Family *July 2025</h2> <h3>version with Current Income Guidelines</h3> <h3>Spanish, Unit=50</h3> <p>Includes Current income guidelines</p> <p>IHHS 621(s)</p>	

Do Your Nutrition Education Online: wichealth.org

To Create a wichealth.org Account:

1. Click on wichealth.org
2. Select "Sign Up"
3. Fill in the required information, including your email, name, address, and phone number. You will receive a confirmation email with a link to create your account. Click on the link to create your account.
4. Create your account and select your country, state, and zip code. You will receive a confirmation email with a link to create your account. Click on the link to create your account.
5. It is recommended to enter your email address. This will allow you to receive updates about the program. You will receive a confirmation email with a link to create your account. Click on the link to create your account.
6. Select "I am a parent" or "I am a caregiver".
7. Select "I am a parent" or "I am a caregiver".
8. Select "I am a parent" or "I am a caregiver".
9. Select "I am a parent" or "I am a caregiver".
10. Select "I am a parent" or "I am a caregiver".

For more information, visit wichealth.org.

What Happens if I Forget My Password?

Select the "Forgot My Password" link on the login page. You will receive an email with a link to reset your password. Click on the link to reset your password.

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Lessons Catalog

Lessons are available in English and Spanish. Lessons are available in English and Spanish. Lessons are available in English and Spanish.

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Do Your Nutrition Education Online

English/Spanish, Unit=100

Tells how to access website & what lesson topics are available for participants to do on the nutrition ed website.

IHHS 622

Parents Provide, Kids Decide

Children Decide: How Much to Eat

Let your children decide how much to eat. Your job is to provide the food and let them decide how much to eat. Your job is to provide the food and let them decide how much to eat.

Parents Provide: When to Eat

Parents provide the food and let the children decide when to eat. Parents provide the food and let the children decide when to eat.

Parents Provide, Kids Decide

Parents Provide: When to Eat

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Parents Provide: How Much to Eat

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Parents Provide, Kids Decide

English/Spanish, Unit=100

Discusses the division of duties between parents and children when it comes to eating.

IHHS 634

Fight Lead Poisoning with a Healthy Diet

Lead Poisoning Prevention Tips for Families

Lead poisoning is a serious health problem. Lead poisoning is a serious health problem. Lead poisoning is a serious health problem.

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Fight Lead Poisoning with a Healthy Diet

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Fight Lead Poisoning with a Healthy Diet

English, Unit=25

Tips for families regarding lead and a healthy diet. 10 recipes are included

IHHS 605

Weaning From A Bottle

Parent Approved Weaning Tips

Weaning from a bottle is a process. Weaning from a bottle is a process. Weaning from a bottle is a process.

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Weaning From A Bottle

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Weaning from a Bottle

English/Spanish, Unit=100

Gives tips for when a good time is to start weaning your baby from a bottle and transition to a cup.

IHHS 609

Eating For You And Your Baby

Being Physically Active

Eating for you and your baby is important. Eating for you and your baby is important. Eating for you and your baby is important.

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Eating For You And Your Baby

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Eating for you and your baby

English/Spanish, Unit=100

Gives tips for a healthy pregnancy and what foods and amounts a woman should eat.

IHHS 627

Every Woman Needs Folic Acid

Folic Acid-rich foods and vegetables

Every woman needs folic acid. Every woman needs folic acid. Every woman needs folic acid.

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Every Woman needs Folic Acid

English/Spanish, Unit=100

Looks at why all women need folic acid, recommended use, and what foods to choose.

IHHS 613

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