

2025 I-PAC Interim STRATEGIC PLAN**Version 3-19-25**

Organization	Date
Iowa Integrated Health Planning and Advisory Council	March 2025
Created By	Timeframe
I-PAC Strategic Plan Steering Committee	March 2025 through July 2026

Preceding document – Iowa Mental Health Planning Council 2023-2025 Strategic Plan (was due to be completed by March 2025) – **Attachment A** to this document.

Executive Summary	<p>The Bylaws for the Iowa Integrated Health Planning and Advisory Council were approved on 3-20-24. The purposes of I-PAC were identified as:</p> <p>Section 1. Duties</p> <ul style="list-style-type: none"> A. To participate in the development of and subsequently review substance abuse prevention, treatment, and recovery services and mental health plans for Iowa provided to the Council pursuant to 42 USC 300X-4 (a) and to submit to the State of Iowa any recommendations of the Council for modifications to the plans; B. To serve as an advocate for adults with serious mental illness, substance use disorder, children with serious emotional disturbance, substance use disorder, and other individuals with mental illnesses or emotional problems and/or substance use disorder; C. To monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health and substance abuse prevention, treatment, and recovery services within Iowa; and D. To affiliate, join, and collaborate with groups, organizations, and professional associations that the Council may designate or choose to advance its stated purposes under these bylaws and federal law; and, specifically, to join the National Association of Mental Health Planning and Advisory Councils. <p>The 23-25 IMHPC Strategic Plan has been implemented and completed with the exception of:</p> <p>Task 11: Reconvene Steering Committee for QI Discussion – initial poll has been done</p> <ul style="list-style-type: none"> a. Discuss poll results (orientation & block grant education) <i>Will need to meet with Brad Richardson and develop survey, compare with Spring survey.</i> <i>Would like to review poll results to determine if block grant presentation should be done yearly or bi-annually.</i> b. Discuss the effectiveness of workgroups (meeting attendance, reporting/feedback, actions taken) <i>Workgroups and reporting have been established</i> c. Look at meeting attendance and retention of members. <i>One member discharged for lack of attendance, one resigned due to work conflict. 2 open positions, 2 applications in process</i> <p>Re-polling will be included in the 2025 I-PAC <u>Interim</u> Strategic Plan. Re-Polling will take place shortly after the Nov. 20 Council meeting. <i>Done</i> Results will be shared at the Jan. 15 Council meeting. <i>Done</i> <i>Adjustments made 3-19-25 after addition of another workgroup – Public Safety.</i></p>
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	<p>The 2025 I-PAC Interim Strategic Plan will be for 1 1/2 years. The State Government is in the midst of a realignment of Iowa Health and Human Services (IHHS). There are a series of state plans that are in process and their completions along with legislative action will affect the work I-PAC does. Changes at the federal level could also affect state realignment and operations.</p> <p>The 2025 I-PAC interim strategic plan will be designed for what will be accomplished until more direction can be given by the IHHS state plans. The focus will be on workgroups that meet monthly.</p>
Vision Statement	<ul style="list-style-type: none"> All Iowans have access to comprehensive integrated health services and supports, hope for recovery, and resilience within the community of their choice.
Mission Statement	<ul style="list-style-type: none"> To assess and promote the strengths of the Mental and Behavioral Health System while advising and advocating for system improvements to ensure high-quality and effective service alternatives are available for all Iowans. Service Values: peer-supported, community-based, culturally competent, person-centered, family driven and evidence-based.
SWOT Analysis	<ul style="list-style-type: none"> SWOT Analysis – originally done in IMHPC 10.2.23 document – see attachment B to this document
Goal(s)	<ul style="list-style-type: none"> To create a knowledgeable, committed, and interactive Council that understands its role with regards to its statutory duties and is focused on engaging in advocacy efforts related to both mental health and substance use disorders to ensure positive outcomes for all Iowans.
	<p>https://hhs.iowa.gov/advisory-groups/i-pac - the I-PAC location on the HHS website.</p>
Status of Workgroups Topics of each committee or workgroup identified # of members identified General responsibilities of each determined Members of Council on each identified Frequency of meetings determined	<p><u>3-Standing Committees</u> – covers the three purposes of the Council and are specifically named in the Bylaws.</p> <p>Executive Board – 1st Friday of month – 10 AM to Noon</p> <p>Nominations – meets as needed to consider new applicants, monitor attendance and conduct election processes</p> <p>Monitoring and Oversight - Meets 2nd Thurs 8 months of the year. They do not meet in July, August, Nov and December.</p> <p><u>5 Workgroups – very limited and irregular meeting times</u></p> <p>Orientation workgroup Block Grant Education workgroup Block Grant Feedback to IHHS grant writers (MH/SUD) Bylaws/Policy/Procedures Workgroup Steering Committee – complete strategic plan for 2025 – future years to be done when more is known about agency realignment state plans for behavioral health and aging and disability agency.</p> <p><u>6 - Monthly Workgroup meetings</u></p> <p>Children’s Issues – 2nd Wednesday of every month 10:00 AM to 11:00 AM Substance Use Disorders – 3rd Thursday of every month 3:00 PM to 4:00 PM Older Adults – 2nd Wednesday of every month 12:00 PM to 1:00 PM CCBHC – 2nd Monday of every month 2:00 PM to 3:00 PM Strategic Planning – 4th Wednesday of every month 2:00 PM to 3:00 PM Public Safety – need recurring monthly day and time for meetings</p> <p>See Attachment C – Task 3 – Committees and Workgroups</p>

<p>Action Plan Notes</p>	<ul style="list-style-type: none"> • Finish re-polling for Task 11 from 23-25 IMHPC Strategic Plan - Done • Ensure workgroups are needed and best serve the work and current focus of the Council. Added a workgroup 3-19 – Public Safety • Ensure that Council meetings are focused, concise, and make the best use of Council members’ time to ensure attendance and retention. • Monitor the development of the Aging and Disability Agency Alzheimer’s and Dementia website https://hhs.iowa.gov/programs/programs-and-services/aging-services/nutrition-health/alzheimers-other-dementias State Plan for Alzheimer’s and Dementia – October 2022 – 20 pages https://hhs.iowa.gov/media/592/download?inline 2025 Iowa Dept. of Aging State Plan Draft https://hhs.iowa.gov/media/15566/download?inline=&utm_medium=email&utm_source=govdelivery Aging Services https://hhs.iowa.gov/aging-services Long Term Services and Supports (LTSS) https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/ltss • For Disability services - https://hhs.iowa.gov/disability-services-0 there are two separate pages that support those seeking pathways for assistance on the website. • There is also the Iowa’s Disability Services System page https://hhs.iowa.gov/initiatives/system-alignment/iowas-disability-services-system that highlights the transition and expansion of services through the ADRC Technical Assistance and Call Center and Disability Access Points in the division. • Monitor the development of the final Behavioral Health State Plan https://hhs.iowa.gov/media/14823/download?inline • HHS System Alignment page - https://hhs.iowa.gov/initiatives/system-alignment#:~:text=With%20the%20alignment%20of%20Public%20Health%20and%20Human%20Services%20to • Behavioral Health Service System https://hhs.iowa.gov/initiatives/system-alignment/behavioral-health-service-syst • There will be only one (1) ASO in the behavioral health service system – 7 behavioral health districts but only 1 ASO – Iowa Primary Care Association • Trualta Login - ltssiowa (training platform) • Monitor what is happening on the federal level as well as the state level. • Determine the duties of the I-PAC and how the block grant will be spent after realignment is concluded on July 1, 2026.
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Action Step	Responsibility	Completion Date
I-PAC Activities:		
Goal - Development of 2025 I-PAC Interim Strategic Plan		November 2024 – July 2026
Task 1: Determine effectiveness of orientation and block grant education presentations		Done
<p>a. Re-Poll members on the effectiveness of Member Orientation. Is there an increased understanding of their role, duties, and responsibilities of being a Council member.</p> <p>b. Re-Poll members on the effectiveness and comprehension regarding the block grant and the three-part presentation.</p> <p>c. Discuss poll results (orientation & block grant education)</p>	<p>Brad Richardson and Patti Manna- re-polling results-</p> <p>Block grant education and orientation guidance to be taught every year -</p> <p>Workgroups have been given more explicit guidance on resp and goals on a mo. and annual basis.</p>	<p>Nov. 25, 2024</p> <p>Discussed at 1-15-25 Council meeting.</p>
6 Monthly Workgroups – Patti to keep track of cited policy and legislative items for each workgroup		
Task 2: Project work for Children's Issues Workgroup		July 2026
<p>a. reflect the adopted priorities of the Council</p> <p>b. set and attend monthly meetings</p> <p>c. monitor state realignment actions and identify what will affect your topic area</p> <p>d. monitor state legislative action and policy to identify what will affect your topic area</p> <p>e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic</p> <p>f. monitor federal action and policy to identify what will affect your topic area</p> <p>g. make recommendations for further education on the targeted topic</p> <p>h. provide a report at each Council meeting- timing will depend on magnitude of effects found</p>		
Task 3: Project work for Substance Use Disorders workgroup		July 2026
<p>a. reflect the adopted priorities of the Council</p> <p>b. set and attend monthly meetings</p> <p>c. monitor state realignment actions and identify what will affect your topic area</p> <p>d. monitor state legislative action and policy to identify what will affect your topic area</p> <p>e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic</p> <p>f. monitor federal action and policy to identify what will affect your topic area</p> <p>g. make recommendations for further education on the targeted topic</p> <p>h. provide a report at each Council meeting- timing will depend on magnitude of effects found</p>		

Task 4: Project work for Older Adults workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting-timing will depend on magnitude of effects found 		
Task 5: Project work for CCBHC workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting-timing will depend on magnitude of effects found 		
Task 6: Project work for Strategic Planning workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting-timing will depend on magnitude of effects found 		

Task 7: Project work for Public Safety Workgroup		July 2026
<ul style="list-style-type: none"> a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting- timing will depend on magnitude of effects found 		
Action Step	Responsibility	Completion Date
5 - Workgroups – limited and irregular meeting times		
Task 8: Project work for Orientation workgroup		July 2026
<ul style="list-style-type: none"> • Member/Orientation packets - Adjust as needed changes are identified • Mentor new members • Jan each year – Review council member responsibilities – will require changes in the presentation as our responsibilities change 	Orientation power point slides shown 1/15/25	
Task 9: Project work for Block Grant Education workgroup		January 2026
<ul style="list-style-type: none"> • Teach what the Block Grant contains in 3 sessions to the full council • Re-polling will indicate if this is to be done every year or on a biennial basis • The existing presentation will need to be adjusted after the upcoming BG application is finalized 	BG education to be done each year (polling results)	
Task 10: MH/SUD Combined Block Grant		September 2025
<ul style="list-style-type: none"> • Meet with HHS grant writers • Provide feedback on proposed grant application • Identify gaps in Iowa adult and children's MH and SUD system • Provide information as requested by grant writers • Review final draft for accuracy 		

Task 11: Bylaws/Policy/Procedures Workgroup		July 2026
<ul style="list-style-type: none"> • Upon direction by the Council – Bylaws and Council policy will be revised based on changes identified. • Monthly Workgroup members and Executive Committee will identify possible changes whether it be from state alignment, state legislation, state policy, federal legislation or federal policy. • Policy and Bylaw workgroup will send updated draft version of documents to the full Council for review and discussion • Council will vote on final draft of documents 		
Task 12: Steering Committee		July 2026
<ul style="list-style-type: none"> • Meet on a regular basis – quarterly • Monitor progress of workgroups • Monitor progress of identified changes affecting I-PAC and the targeted topics of the Monthly Workgroups 		
3 - Standing Committees	Responsibility	Completion date
Task 13: Executive Committee		
Continue to meet statutory requirements and identified duties of the Executive Committee		
Collaborate with Steering Committee to monitor the progress of the interim strategic plan progress		
Task 14: Monitoring and Oversight Committee		
Continue to meet statutory requirements and Identified duties of the Monitoring and Oversight Committee.		
Task 15. Nominations Committee		
Continue to meet statutory requirements and Identified duties of the Nominating Committee.		
Task 16: January 2025 Council meeting		
Discuss and present the “ Interim Strategic Plan ” for approval <i>Updated 3-19-25</i>	Approved 1-15-25	January 2025
Task 17: July 2026 Council meeting		
Reconvene Steering Committee		March 2026
Task 18: July 2026 Council meeting		
Completion of the interim strategic plan Plan for how the new strategic plan will be prepared – who is involved, etc.		July 2026

Task 19: Write new Strategic Plan for July 2026 forward to 2028		
<p><i>Include any necessary changes based on Council and Steering Committee input and information obtained from monthly workgroups during the interim strategic plan – the ending date which was 7-1-26.</i></p> <p><i>Re-do SWOT analysis to give direction to the new Strategic Plan</i></p>		January 2027