

# Molina Healthcare of Iowa's Maternal Health

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# Pregnant? Have a new baby?

Molina Healthcare of Iowa has a special program for eligible pregnant members. This program will help members get the education, support, and services they need for a healthy pregnancy.

Depending on your needs, we can offer the following services:



Connection to primary care, OBGYN, specialty providers and telehealth services



Educational resources



Transportation to medical appointment



Access to care managers by phone



Connection with social and community-based organizations



Face-to-face visits with a care manager, as needed



**Molina My Health**  
**Healthy Beginnings**

# Care Management

## What is Care Management

Care Management helps you make choices and decisions about your care in partnership with your family, care givers and providers.

## How can Care Managers help:

We put **you in the center** of all your healthcare decisions through an **integrated approach**.



Scheduling provider appointments



Getting medications



Creating and updating patient care plans



Finding community resources



Understanding discharge plans

## Specialists supporting Case Management

Child Welfare Specialist

Justice System Specialist

Integrated Health Home Specialist

Employment Specialist

Housing Specialist

High Risk OB Nurses

Peer Support Specialist

# Community Connectors

The Community Connector Program is a program designed to improve the access of care through the involvement of a Molina Community Connector.

## Our Community Connectors can help members find:

- Housing resources
- A medical home
- Food bank locations
- Baby item resources

## Community Connectors can assist members with:

- Food assistance applications
- Health and social services applications
- Home Delivered Meals
- Health goals
- Determining Medicaid eligibility
- Primary Care Provider discussions



# Nursing Services

Molina Healthcare is proud to partner with EveryStep to provide care where our community needs it. Through EveryStep's suitcase clinics, nurses are providing prenatal supports in organizations that are already convenient locations for parents in Polk, Warren, Dallas, and Madison county.

## FREE Nursing Services Available Today!



### **Our nurse can answer questions and provide information related to:**

- Your general health or your child's health
- Pregnancy, labor/delivery and postpartum
- Breastfeeding
- Family planning
- Mood disorders
- Dental health
- Your child's developmental milestones and emotional needs
- Safe sleep and newborn care
- Immunizations
- Advocating for yourself and your family

### **Services that can be provided today:**

- Access to birth control
- Pregnancy and STI testing
- Blood pressure checks
- Dental screenings and fluoride application  
*(for children and pregnant individuals)*
- Blood lead level testing
- Help finding a doctor, dentist or support services

[everystep.org/find-care](https://everystep.org/find-care)

**EveryStep**   
care & support services

*This service is made possible through support from:*

 **MOLINA**  
HEALTHCARE

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# Doula Support



Doula services from a trained pregnancy expert can help support you and your family before, during and after birth.

Meal delivery for high-risk pregnant and postpartum members  
For qualified members, Molina will provide up to free meals delivered to your home.  
Members can use this benefit while pregnant and up to one year after delivery.



# Pregnant Members and Babies Health



## Prenatal & Postpartum Visits

Pregnant members who visit their doctor in the first trimester can earn a \$100 Healthy Rewards. Plus, earn rewards for pregnancy notification, postpartum, and well-child visits.



## Pregnancy Notification

Let Molina know you're pregnant and earn rewards! Get \$50 for notifying us during the 1st trimester and \$25 during the 2nd and 3rd trimesters.



## Count the Kicks

A no-cost app used to track baby's movement during the last months of pregnancy to ensure the baby arrives safely.



## Baby Showers

Pregnant or postpartum members are invited to join our baby showers. You can earn a \$100 Healthy Rewards plus a chance to win giveaway items!

## Healthy Rewards



- Infant diapers
- Toddler pull-ups
- Baby wipes
- Baby formula
- Pack-n-play\*
- Car seat\*
- Car seat base\*
- Strollers

# Celebrating Your Pregnancy Care with Support!



## We're here for you and your baby!

**Dear valued Molina member, congrats!**  
Celebrating your health is a gift. Let's take steps to make your pregnancy a healthy journey. Here's a look at pregnancy rewards you can earn.

- \$100 gift card – Go to a Molina baby shower**  
For expecting members or members with a child six months or less
- Car or booster seat for completing prenatal visits**  
Go to your first trimester visit or within 42 days of enrollment
- \$25 gift card for completing postpartum visits**  
Go to one postpartum visit 7–84 days after the birth of your baby

More benefits to support your pregnancy:

- Text apps:** Get appointment reminders and baby care information
- Home-delivered meals:** For high-risk pregnancy or breastfeeding members
- Doulas services:** Non-medical support for pregnant members before, during, and after birth
- Care managers:** Support for high-risk or at-risk pregnant members who need special care

**And more healthy rewards for you and your baby!**

**Keep our phone number handy!**  
If you have questions about this program, call Member Services at (844) 236-0894 (TTY: 711) or the Health Management Team at (866) 891-2320 (TTY: 711) option 2.

This is the start of a healthy pregnancy and Molina Healthcare is here for you!

Sincerely,  
Molina Healthcare

MolinaHealthcare.com/IA




## Estimada y valiosa miembro de Molina: ¡Felicidades!

**Molina Healthcare of Iowa – ¡Estamos aquí para atenderla!**  
Celebrar su salud es un regalo. Tomemos medidas para que su embarazo sea un viaje saludable. A continuación, encontrará las recompensas por embarazo que puede obtener:

- Tarjeta de regalo de \$100: Ir a una fiesta prenatal en Molina**  
Para los miembros en espera de su bebé o miembros que tengan un hijo menor de seis meses.
- Asiento para bebé o elevador por completar visitas prenatales**  
Asistir a la visita del primer trimestre o dentro de los 42 días de la inscripción.
- Tarjeta de regalo de \$25 por completar visitas posparto**  
Asistir a una visita posparto entre 7 y 84 días después del nacimiento de su bebé.

Más beneficios para ayudarla en su embarazo:

- Aplicaciones de texto:** obtener recordatorios de citas e información sobre el cuidado del bebé/información
- Comidas a domicilio:** para miembros con un embarazo de alto riesgo o que estén amamantando.
- Servicios de doulas:** apoyo no médico para las miembros embarazadas antes, durante y después del nacimiento.
- Administrador de atención:** apoyo a las miembros con embarazo de alto riesgo o en riesgo que necesitan atención especial.

**¡Y más recompensas saludables para usted y su bebé!**

**¡Tenga a mano nuestro número de teléfono!**  
Si tiene preguntas sobre este programa, llame a Servicios para Miembros al (844) 236-0894 (TTY: 711) o al Equipo de Administración de Salud al (866) 891-2320 (TTY: 711), opción 2.

¡Este es el comienzo de un embarazo saludable y Molina Healthcare está aquí para atenderla!

Cordialmente,  
Molina Healthcare Su familia extendida

MolinaHealthcare.com/IA




## Rural Maternal Health

Access to services in rural settings for expecting members can be difficult and can include:

- Low-income or limited jobs
- Limited housing options or affordable housing
- Limited or no transportation
- Limited birthing hospitals or clinics options
- Limited number of healthcare providers
- Limited insurance coverage
- Lack of community programs and resources

**We're here for you!**  
Molina Healthcare of Iowa has a special program for eligible pregnant members. This program will help members get the education, support, and services they need for a healthy pregnancy. Depending on your needs, we can offer the following services:

- Connection to primary care, OB/GYN, specialty providers and telehealth services**
- Educational resources**
- Transportation to medical appointments**
- Connection with social and community-based organizations**
- Access to care managers by phone**
- Face-to-face visits with a care manager, as needed**

**Earn healthy rewards for completing pregnancy and women's health exams!**  
If you have questions about this program, call Member Services at (844) 236-0894 (TTY: 711) or the Health Management team at (866) 891-2320 (TTY: 711) and select option 2.

This is the start of a healthy pregnancy and Molina Healthcare is here for you!

MolinaHealthcare.com





Source: ruralhealthcare.org

❑ Our Healthy Beginnings Program –receive case management and community resource support with our Molina teams.



# How to Claim Rewards?



Call Member Services at **(844) 236-0894**



Login to the **My Molina** app/Member Portal



Contact your **Case Manager**

**Healthy Rewards  
Program Member Form**



## Questions?

Email: [MEInquiries@MolinaHealthcare.com](mailto:MEInquiries@MolinaHealthcare.com)