



## Program Quality Measures



# Agenda

- Cardiovascular/Hypertension: Heart and High Blood Pressure Quality Measures
- Measure Overview
  - Effectiveness of Care
    - Management Outcomes
      - Controlling High Blood Pressure
      - Blood Pressure Control for Diabetics
    - Medication Management
      - Beta-Blocker Treatment
      - Statin Therapy
      - Statin Therapy for Diabetics
  - Wellpoint's Member Support



# Effectiveness of Care

olol & statin

- Controlling High Blood Pressure (CBP)
  - Age 18 or older
  - Diagnosed with High Blood Pressure [hypertension]
  - Blood pressure measured less than 140/90 mm Hg
- Blood Pressure Control for Patients with Diabetes (BPD)
  - Ages 18—75
  - Diagnosed with Type 1 or Type 2 Diabetes
  - Blood pressure measured less than 140/90 mm Hg



- Persistence of Beta-Blocker Treatment After a Heart Attack (PBH)
  - Age 18 or older
  - Hospital admission July 1 – June 30
  - Prescribed a beta-blocker for 6 months after hospital discharge
    - Examples: Atenolol, Bisoprolol, Metoprolol, Nebivolol, Propranolol
- Statin Therapy for Patients with Cardiovascular Disease (SPC)  
Statin Therapy for Patients with Diabetes (SPD)
  - Ages 21—75 (Females and all for the diabetic the measure age range 40—75)
  - Diagnosis of atherosclerotic cardiovascular disease (ASCVD)—cholesterol build up/blocking of arteries
  - Prescribed and continued use of statin therapy
    - Examples: Atorvastatin, Fluvastatin, Lovastatin, Pravastatin, Rosuvastatin, Simvastatin



# Wellpoint Member Support

## Case Management

- Disease specific education which includes blood pressure and cholesterol control and diabetes.
- Member focused care plan goals.
- Care coordination and support scheduling follow-up appointments and coordinating other services.

## Medical & Pharmacy

- Medical equipment—including blood pressure cuffs
- Prescription coverage of blood pressure (olol) and cholesterol medications (statin)

## Extras

- Healthy Rewards
  - Wellness Visit—\$25 per 12 months.
  - High Blood Pressure Medication Refill—\$10 per quarter (every 3 months)
- Value Added Benefits
  - Healthy Adults Healthy Results Choose Healthy
  - Fresh Food Connect
  - Healthy Lifestyle Aids

## Resources

- [Wellpoint Iowa Member Website](#)
  - [Healthy Rewards](#)
  - [Value Added Benefits \(VABs\)](#)
- Case Management Email Address: [IACM@Wellpoint.com](mailto:IACM@Wellpoint.com)
- [Iowa Health and Human Services \(HHS\) Medicaid Dashboard => Quality Scores](#)
  - [HEDIS](#)
  - [CAHPS](#)
  - [NCQA Plan Ratings](#)
  - [CMS Core Set Measures](#)
  - [Iowa Medicaid Scorecard](#)



