



Iowa REACH Services and Providers Subcommittee Meeting

March 11, 2025



Health and
Human Services

In-Home and Community-based Supportive and Therapeutic Services (IHCSTS)

- Individualized, strength-based interventions to correct or ameliorate behavioral health conditions that interfere with a child's functioning.
- Supportive and **therapeutic** Interventions help the child to build skills necessary for successful functioning in the home and community and improve the family's or caregiver's ability to help the child successfully function in the home and community.
- Interventions delivered according to a care plan developed by the care planning team.

Overview of Peer State Intensive Home and Community-Based Supports and Therapeutic Services

Illinois 'Pathways to Success'

Intensive Home-Based Services (IHB)

- Therapeutic Support Services
- Individual Support Services
- Family Peer Support
- Therapeutic Mentoring
- Respite

Idaho 'YES'

Intensive Home & Community Based Services (IHCBS) Programs

- Assessment and Planning
- Crisis services
- Support services
- Treatment services

Ohio 'OhioRISE'

Intensive Home-Based Treatment (IHBT)

- Care Coordination
- Psychiatric Residential Treatment Facilities (PRTF)
- Behavioral health respite
- Primary flex funds
- Mobile Response and Stabilization Services (MRSS)

Illinois: Pathways to Success

Details about Illinois' Intensive Home-Based Services available [here](#)

Illinois: Intensive Home-Based (IHB) Service Overview

- **IHB** is a team-based service that provides individualized, time-limited, focused services directly to children and their caregivers in home and community settings.
- IHB utilizes Solution Focused approaches, Functional Behavioral Assessment (FBA) and support from Managing and Adapting Practice (MAP)
- IHB consists of **two components**: Intensive Home-Based Clinical (IHBC) and Intensive Home-Based Support (IHBS).

Setting: IHB is provided in home and community settings and often during non-traditional business hours (Face-to-face, by phone, or by video)

Illinois: Intensive Home Based (IHB) Roles

IHB Clinical (IHBC)

- ▶ Utilizes information from a functional behavioral assessment to develop an evidence-informed clinical intervention plan.
- ▶ Delivers therapeutic interventions focused on symptom reduction and improving family functioning.
- ▶ Primarily draws upon solution-focused approaches.
- ▶ Utilizes Managing and Adapting Practice (MAP) tools.
- ▶ Provides clinical direction of the interventions of the IHB Support staff.

IHB Support (IHBS)

- ▶ Supports the youth and family in implementing therapeutic interventions, skills development, and behavioral techniques from the clinical intervention plan.
- ▶ Teaches the youth to understand, direct, interpret, manage, and control feelings and emotional responses.
- ▶ Assists the family to address the youth's emotional and behavioral needs.
- ▶ Primarily draws upon solution-focused approaches.
- ▶ Services provided consistently with MAP tools and are under the direction of the IHBC role.

IHB Team Lead

- ▶ Provides coaching and support to IHBC and IHBS staff.
- ▶ Ensures effective implementation of solution-focused approaches, MAP and Functional Behavioral Assessment into the Child and Family Team (CFT) process.
- ▶ May also fill the IHBC role.

IL Intensive Home-Based (IHB) Services Provider Qualifications

IHB Clinical

- ▶ Qualified mental health professional (QMHP) - Masters
 - LSWs, LPCs, RNs, OTs
 - Individuals with a relevant master's degrees
- ▶ Licensed Practitioner of the Healing Arts (LPHA)
 - Physician
 - Advanced practice nurse with psychiatric specialty
 - Clinical psychologist
 - Clinical social worker
 - Clinical professional counselor
 - Marriage and family therapist

IHB Support

- ▶ Mental Health Professional (MHP) with 2 years experience with children and families.
 - Provides services under the supervision of a qualified mental health professional (QMHP).
 - Possesses additional bachelor's level educational background or additional relevant experience.

IL Intensive Home-Based (IHB) Services Provider Training Requirements

- All IHB roles must complete the following training through PATH:
 - Take the self-paced Systems of Care in Illinois course*
 - Maintain annual certification in the IM+CANS*
 - Attend the 2-day IHB services core training* and
 - Participate in quarterly boosters.
- IHB Team Leads must also attend a 1-day IHB Team Lead training
- IHB Clinicians and Team Leads must become certified as a Managing and Adapting Practice (MAP) Therapist according to the standards and timelines outlined by HFS
- IHB Technical Assistance calls and coaching available through PATH

Idaho Youth Empowerment Services (YES)

Idaho: Intensive Home & Community-Based Services (IHCBS) Service Overview

- **IHCBS** are individualized, strengths-based, family-centered, and culturally competent. All services focus on the youth's emotional/ behavioral needs. Delivery of services may include, but are not limited to, the following modalities:
 - Functional Family Therapy (FFT)
 - Multidimensional Family Therapy (MDFT)
 - Multisystemic Therapy (MST)
 - Therapeutic Behavioral Services (TBS)
 - Family Program (FP)
- Services may include behavior management, therapy, crisis intervention, and parent education and training.

Setting: IHCBS is provided in the youth's home or in the community.

ID Intensive Home and Community Based Services (IHCBS) Provider Qualifications and Training

Services	Qualifications and Training
Functional Family Therapy (FFT)	<ul style="list-style-type: none"> • FFT site certification from FFT, LLC • Master's
Therapeutic Behavioral Services (TBS)	<ul style="list-style-type: none"> • TBS training • Bachelors in human service field such as psychology, social work or counseling
Multisystemic Therapy (MST)	<ul style="list-style-type: none"> • MST certification from MST Incorporated • Master's
Multidimensional Family Therapy (MDFT)	<ul style="list-style-type: none"> • MDFT certification from MDFT International • Master's
Family Program	<ul style="list-style-type: none"> • Work for a Family Program certified site from Healthy Foundations. • FP training and supervision to hold a Healthy Foundations Family Program certification • Licensed therapist

Ohio Resilience through Integrated Systems and Excellence (RISE)



Health and
Human Services

Ohio: Intensive Home-Based Treatment (IHBT) Service Overview

- **Intensive Home-Based Treatment (IHBT)** is strength-based and family-driven intensive service, with both the child/adolescent and family regarded as equal partners with the IHBT staff in all aspects of developing the service plan and service delivery.
- IHBT service activities and components are individually tailored to meet the needs of the child/adolescent and family. The frequency and modality of contacts may fluctuate based on the assessed needs and unique circumstances of the child, adolescent, and family.

Setting: IHBT is provided in the home, school, and community where the child/adolescent lives and functions. Appointments are made at a time that is convenient to the child/adolescent and family, including evenings and weekends if necessary.

OH Intensive Home-Based Treatment (IHBT) Provider Qualifications and Training

- IHBT is provided by a licensed behavioral health professional
 - Master's preferred
 - Trained in IHBT
- A team of at least two full-time staff provide IHBT
 - Requires clinical supervision
 - Staff must be trained in skills and competencies of IHBT
 - Practitioners treating co-occurring mental health and substance use must have credentials in both
 - The team goes through an annual fidelity review

OH Intensive Home-Based Treatment (IHBT) Training Competencies

- Family systems.
- Risk assessment, crisis stabilization, and safety planning.
- Parenting skills and supports for children/adolescents with SED.
- Cultural competency.
- Intersystem collaboration with a focus on schools, courts, and child welfare.
- Trauma-informed and resiliency-focused care.
- Educational and vocational functioning.
- IHBT philosophy, including strength-based assessment and treatment planning.
- Understanding the complex and interconnected range of symptoms and needs of children and adolescents, including co-occurring substance use disorders and developmental disabilities.

General Discussion

Public Comment