

## Breastfeeding Training and Resources for Medical Professionals

Partnership with medical professionals in Iowa is critical to ensuring the continuity of care for breastfeeding families. Strategy 2.3.2 of the Iowa Breastfeeding Strategic Plan supports this partnership by providing a list of breastfeeding training opportunities for medical professionals. The State Breastfeeding Team has compiled the opportunities below.

### Breastfeeding Trainings

Training Name	Organization	Cost	Delivery Method	CMEs Available	Description
<a href="#">Breastfeeding Friendly Consortium</a>	Virginia Maternal and Child Health Services	\$59 - \$275	Online	Yes, Up to 20 credits by the ABP for Part 2 and Part 4; A maximum of 20 AMA PRA Category 1 Credits	The courses are comprehensive and contain general information and current trends on breastfeeding. The information is geared towards those pursuing a Baby Friendly Hospital Designation, but can be informative to all audiences.
<a href="#">Baby-friendly Hospital Initiative Training for Maternity staff</a>	World Health Organization	Free	Online/Self-Paced	No	Full resources, including slides and manuals, for 21 sessions related to the Baby Friendly Hospital Initiative. The slides can be reviewed individually, or the materials could be used to host a full training.

<a href="#">GOLD Online Learning Comprehensive Catalog of Lactation Trainings</a>	Gold Learning – Online Continuing Education	\$50 - \$170 per bundle	Online/Self-Paced	Yes, CMEs vary depending on the course	A list of lactation course bundles that are specifically geared towards physicians/OBGYNs.
<a href="#">First Latch</a>	Lactation Education Resources	Varies	Online	Yes, it varies depending on the courses taken	First Latch is designed for hospitals working to become Baby Friendly Hospital Initiative-designated. The course covers all 'Ten Steps to Successful Breastfeeding' and will prepare your staff to care for breastfeeding mothers AND successfully pass the BFHI site visit. Fifteen hours of webcast lessons (video of PowerPoint presentation with instructor's audio) covering all 10 Steps to Breastfeeding Success. Lessons range from 20 – 45 minutes in length. Cost is determined by the number of participants enrolled.
<a href="#">Iowa Lactation Education</a>	Iowa Breastfeeding Coalition	Varies	Live	No	There are a total of three two-hour sessions touching on breastfeeding essentials, common lactation concerns, and deeper conversations regarding breastfeeding support. The sessions can be taken as a six-hour training or offered individually. The Iowa Breastfeeding Coalition and communities around the state host the Iowa Lactation Education. If you are interested in attending a training and don't see an offering near you, please contact the Iowa Breastfeeding Coalition at <a href="mailto:iowabreastfeedingcoalition@gmail.com">iowabreastfeedingcoalition@gmail.com</a> .

## Breastfeeding Resources

Resource Name	Organization	Resource Type	Description
<a href="#">Breastfeeding &amp; Lactation Support Policies for Medical Trainees</a>	American Academy of Pediatrics	Repository	The website features resources for institutions creating or revising their breastfeeding and lactation policies that support their medical trainees. The webpage includes draft surveys to measure knowledge of an existing breastfeeding policy, guidelines for what should be in a policy, sample presentations, and policy dissemination ideas. The step-by-step guide was created by a group of institutions that participated in a learning collaborative funded by the Centers for Disease Control and Prevention.
<a href="#">Breastfeeding Education for Health Care Providers</a>	Institute for the Advancement of Breastfeeding & Lactation Education (IABLE)	Repository	A list of resources for health care physicians and other providers. Types of resources include courses, webinars, conferences, books, and podcasts.
<a href="#">The Breastfeeding-Friendly Pediatric Office Practice</a>	American Academy of Pediatrics	Journal Article	A journal article describing practices pediatricians can implement to support breastfeeding dyads.