

1st Five Medical Consultation

The 1st Five Medical Consultants are here to support you in caring for the families you serve.

Colleagues work together to build new skills, share ideas, teach one another, and solve problems. Medical consultants offer peer coaching and educational presentations to Iowa's 1st Five Sites. Providers can participate in these services for free.



Peer Coaching: Incorporating Screening Tools

The 1st Five Medical Consultants specialize in implementing evidence-based screening tools into well-child visits. Peer coaching provides access to colleagues who routinely perform developmental surveillance and screening in their own clinics and are well-versed in the challenges that implementation can pose to different practices. They are here to offer support, help address questions and challenges as they arise, and assist with:

- Workflow
- Realistic implementation of screening tools in a busy office setting
- Billing to optimize reimbursement

1st Five Healthy Mental Development Initiative

The 1st Five Healthy Mental Development Initiative model encourages primary care providers to incorporate standardized surveillance and developmental screening tools into their well-child visits following the American Academy of Pediatrics-endorsed Bright Futures periodicity schedule.

You play a unique role in early identification and treatment of developmental issues. By integrating standardized tools routinely into your practice, you can identify your patients with or at risk for developmental delay early.

Surveillance – use surveillance at every well-child visit.

Developmental Screening - use a standardized developmental screening tool at:

- General Development: 9, 18 and 30 months
- Autism Screening: 18 and 24 months,
- And whenever there is a concern



For more information, please contact your local 1st Five Site Coordinator at <https://hhs.iowa.gov/media/15269/download?inline>