

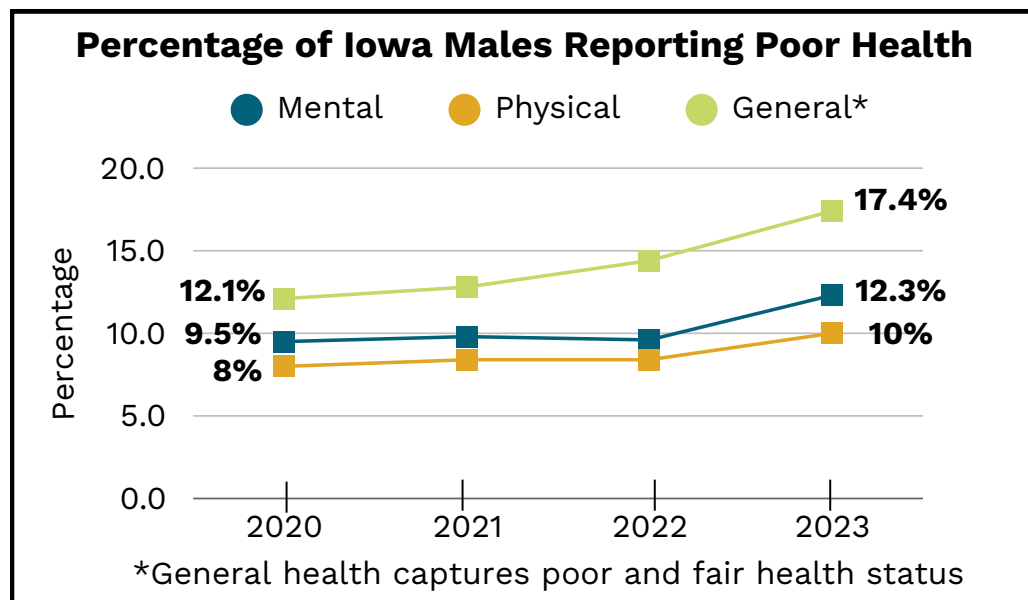
Men's Health in Iowa



Health and Human Services

Iowa Behavioral Risk Factor Surveillance System 2023

Data Collected from Adults Aged 18 Years & Older



The percentage of Iowa males reporting poor health has **increased** since 2020.

Males reported **less** medical attention than females

Males had a **higher** prevalence of substance use and chronic conditions



72.4% of males have had a routine checkup in the past year compared to **83.6%** of females



Males had lower rates of health insurance coverage than females (**91.2%** compared to **94.1%**)



28.5% of males had *never* received a recommended colorectal screening compared to **22.9%** of females (2022)

Category	Males	Females
Binge Drinking	25.5%	15.7%
Brain Injury	31.7%	21.1%
Heart Attack	5.5%	3.2%
Heavy Drinking	8.3%	6.2%
Marijuana Use	12.4%	8.1%
Oral Nicotine Pouches	3.8%	0.6%

Rates of lung cancer screening, diagnosed diabetes, cigarette and e-cigarette use were similar among males and females