



MPA Steering Committee

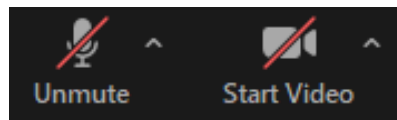
**MEETING 9: MPA UPDATES
AND WORKGROUP ACTIVITIES**

Iowa Solutions for Aging with
Independence and Longevity (IA
SAIL): Multisector Plan for
Aging, Including Aging with
Disabilities (MPA)

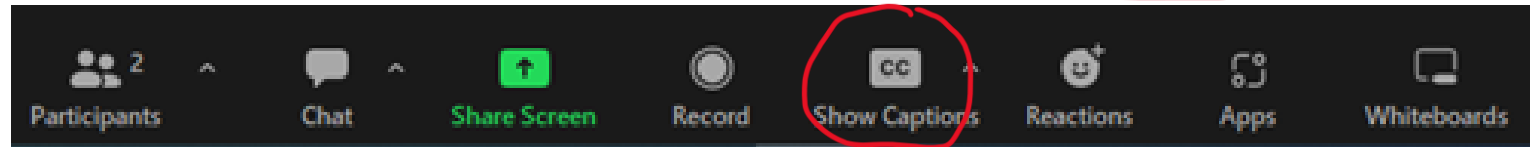
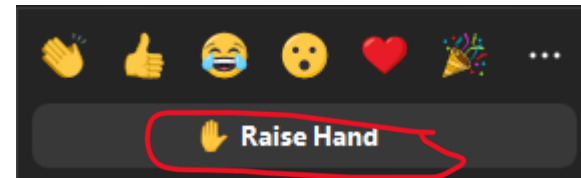
March 19, 2025

Meeting Logistics: Zoom Navigation

Please ensure your mic is muted when you are not speaking during the meeting. This can be found in the **far-left corner** of your screen.



To ask a question, please hit the **“raise hand”** button under the **“Reactions”** button



Chat button can be found here.

Click the **“CC’ button”** for closed captioning.

Meeting Logistics



Meeting materials will be sent out to the group after the meeting.

Materials will also be posted online.



Please stay on mute if you are not speaking.
If able, please turn your camera on while speaking.



While you can submit your input through the Zoom chat, the MPA team will provide opportunities for discussion throughout the meeting.



To submit feedback after this meeting, please email **eugenia.kendall@hhs.iowa.gov**.

Agenda





Welcome and Introductions

Steering Committee Members

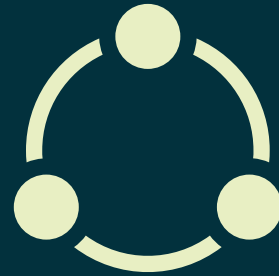
- **Anne Crotty**, Office of Health Equity
- **Brooke Lovelace**, Iowa Developmental Disabilities Council
- **Emma Simmons**, Iowa Transportation Coordination Council
- **Dr. Robert Kruse**, Iowa HHS – Division of Public Health
- **Jeff Berckes**, Office of the Chief Information Officer (OCIO)
- **Jill Lange**, Iowa HHS – Division of Community Access
- **Jill Myeres-Gadelmann**, Iowa HHS Division of Public Health
- **Jonn Durbin**, HHS – Division of Administration
- **Julie Johnson**, Iowa Department of Transportation
- **Kasey Lee**, Iowa Department of Transportation
- **Kathleen Meradith-Eyers**, Iowa Department of Transportation
- **Kimberley Walford**, Department for the Blind
- **Kevin Gabbert**, Iowa HHS – Division of Behavioral Health
- **Latisha McGuire**, Iowa HHS – Iowa Medicaid
- **Melissa Gillett**, Iowa Department of Transportation
- **Sally Kreamer**, Department of Corrections
- **Sara Bath**, Department of Workforce Development
- **Sonya Streit**, Iowa HHS – Division of Strategic Operations
- **Commandant Todd Jacobus**, Iowa Department of Veteran Affairs
- **Trisha Gowin**, Iowa HHS – Division of Family Well-Being & Protection
- **Zach Rhein**, Iowa HHS – Division of Aging and Disability Services

Steering Committee Members (cont'd)

- **Aimee Barritt**, Iowa State Association of Counties
- **Brad Anderson**, American Association of Retired Persons (AARP) Iowa
- **Dr. Brian Kaskie**, University of Iowa – Health Management and Policy
- **Caitlin Owens**, Iowa's University Center for Excellence in Developmental Disabilities (UCEDD)
- **Cecilia Martinez**, Onelowa
- **Daniel Garrett**, Iowa Housing Partnership
- **Di Findley**, Iowa CareGivers
- **Doug Bickford**, Alzheimer's Association – Iowa Chapter
- **Erin Ulrich**, Iowa Rural Health Association
- **Dr. Harleah Buck**, Csomay Center for Gerontological Excellence
- **Greg Fier**, Olmstead Consumer Task Force
- **Jeanne Fitzgerald**, Iowa Association of Councils of Government
- **Karen Mackey**, Tribal Representative, Human Rights, City of Sioux City
- **Katherine Riley Harrington**, Iowa Community Action Association
- **Kay Fisk**, Older Iowans Legislature
- **Kelly Butts-Elston**, Connections Area Agency on Aging
- **Linda Hildreth**, Iowa Area Agency on Aging Association
- **Mylene Wanatee**, Meskwaki Nation Representative
- **Nichole Moore**, Iowa Association of Councils of Government
- **Paige Yontz**, AARP Iowa
- **Shelly Sindt**, – Elderbridge Area Agency on Aging

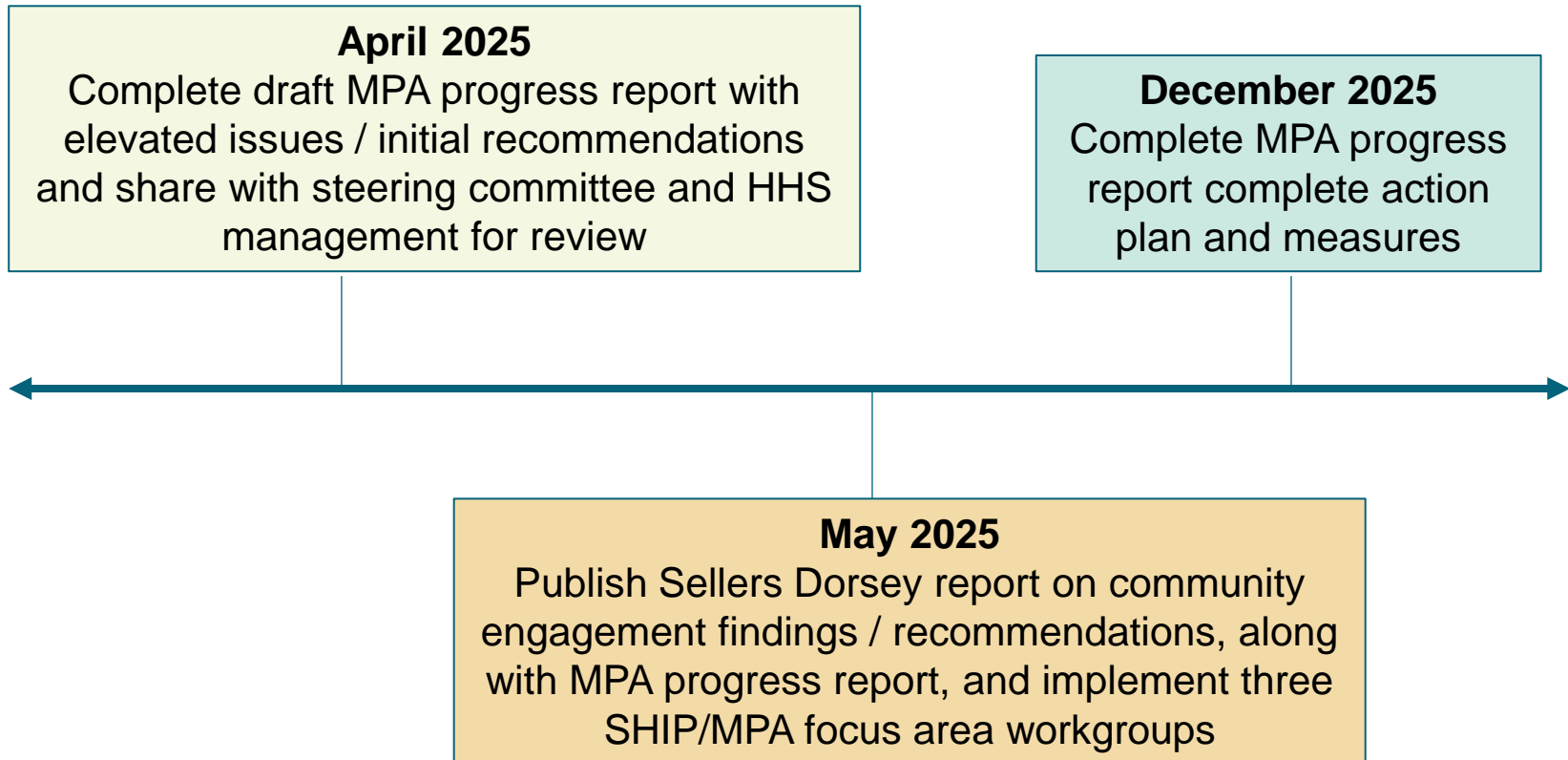
Steering Committee Support

- **Eugenia Kendall**, Iowa Health and Human Services (HHS) – Division of Aging & Disability Services MPA Project Manager
- **Emily Eppens**, Iowa Health and Human Services (HHS) – Communications Manager



Recap of December Meeting / Update on MPA Preliminary Report

Tentative MPA Report Timeline





Crosswalk of MPA and Other State Plans

Priority: Access to Care

State Health Assessment (SHA)	State Health Improvement Plan (SHIP)	Multisector Plan on Aging (MPA)	State Plan on Aging (SPA)
<p>State Health Assessment Priority: Access to Care</p>	<p>Improve access to behavioral health services for all people in Iowa</p> <p>Strengthen Iowa's behavioral health system by increasing available resources and capacity</p>	<p><i>MPA Goal: Increase the number of available and inclusive health and human services</i></p> <p>MPA Focus Area 1 & 2: Access to HCBS/Person-Centered Services</p> <p>MPA Focus Area 3: Direct Care Professionals Support</p> <p>MPA Focus Area 4: Health Equity</p> <p>MPA Focus Area 5: Quality of Care</p>	<p>Maximize Independence - Older adults have access to high quality, equitable and person-centered services that maximize independence, community integration and self-sufficiency</p>

Priority: Economic Stability and Income / Housing

State Health Assessment (SHA)	State Health Improvement Plan (SHIP)	Multisector Plan on Aging (MPA)	State Plan on Aging (SPA)
<p>State Health Assessment Priority:</p> <ul style="list-style-type: none"> • Economic Stability and Income • Housing 	<p>No current goals identified</p>	<p><i>MPA Goal: Increase the number of affordable and accessible housing and transportation options</i></p> <p>MPA Focus Area 6: Paying for Services</p> <p>MPA Focus Area 7: Affordable and Accessible Housing</p> <p>MPA Focus Area 8: Affordable and Accessible Transportation</p>	<p>No current goals identified</p>

Priority: Mental Health

State Health Assessment (SHA)	State Health Improvement Plan (SHIP)	Multisector Plan on Aging (MPA)	State Plan on Aging (SPA)
State Health Assessment Priority: Mental Health and Mental Disorders	<p>Improve access to behavioral health services for all people in Iowa</p> <p>Strengthen Iowa's behavioral health system by increasing available resources and capacity</p>	<p><i>MPA Goal: Increase community connections and support of socially isolated individuals and family caregivers</i></p> <p>MPA Focus Area 9: Social Isolation</p> <p>MPA Focus Area 10: Unpaid Caregiver Support</p>	<p>Stay Engaged and Supported - Older adults are supported by formal and informal caregivers of their choice and have social connections within their communities</p>



MPA/SHIP Workgroups Activities

SHIP/MPA Workgroups

Priority Area: Access to Care

Workgroup - Available and Inclusive Health and Human Services

Focus Area: Access to HCBS

Focus Area: Coordination of Services and Person-Centered Services

Focus Area: Direct Care Professionals Support

Focus Area: Health Equity

Focus Area: Quality of Care

Priority Area: Economic Stability, Housing and Transportation

Workgroup - Affordable and Accessible Community Living

Focus Area: Paying for Services

Focus Area: Affordable and Accessible Housing

Focus Area: Affordable and Accessible Transportation

Priority Area: Mental Health

Workgroup - Connected and Supported Communities

Focus Area: Social Isolation

Focus Area: Unpaid Caregiver Support

SHIP Access to Care: Behavioral Health

Goal 1: Improve access to behavioral health services for all people in Iowa

Focus Area 1.1 Awareness of Resources

- Promote culturally appropriate behavioral health services
- Promote formal and informal peer-based support and interventions
- Encourage employers to adopt behavioral health policies and practices for employees
- Collaborate with employers to raise awareness of behavioral health services in the community

Focus Area 1.2 Factors Influencing the System

- Share the total costs of behavioral health care in Iowa with policymakers
- Support the use of therapists in schools
- Investigate barriers to accessing behavioral health services

SHIP Access to Care: Behavioral Health

Goal 2: Strengthen Iowa's behavioral health system by increasing available resources and capacity

Focus Area 2.1: Children and Youth

- Increase prevention programming for youth ages 0-18 Support collection and use of adolescent health data Promote mental health plans in schools
- Amplify existing behavioral health programming for children ages 0-5

Focus Area 2.2 Training and Support Services

- Increase access to training and continuing education on behavioral health issues
- Encourage behavioral health screening at primary care level
- Promote behavioral health profession apprenticeship programs
- Encourage the use of many types of behavioral health professionals in different sectors
- Investigate different licensure models for behavioral health profession

Focus Area 2.3 Collaboration

- Develop connections among behavioral health initiatives.
- Promote community input in decision making and in the development of programming and policies

SHIP Healthy Eating and Active Living

Goal 1: Reduce barriers to affordable, nutritious foods for all people in Iowa

Focus Area 1.1: Food Insecurity

- Promote innovative food access initiatives
- Support participation in nutrition programs
- Explore policy changes to expand the Farmer's Market Nutrition Program
- Increase the number of school-based food pantries
- Identify gaps in access to culturally preferred foods

Focus Area 1.2: Locally Sourced Food

- Increase training opportunities for small food producers and processors
- Support policies to increase the amount of locally sourced food available through community food nutrition programs
- Increase the number of small food producers and processors in rural areas

Focus Area 1.3: Collaboration

- Raise awareness of the Iowa Food Systems Plan
- Use a unified approach to educate various sectors on the difference between food and nutrition security
- Investigate food rescue practices in Iowa

SHIP Healthy Eating and Active Living

Goal 2: Increase engagement in active living among all people in Iowa

Focus Area 2.1: Physical Activity Options

- Educate people on the variety of ways one can meet activity recommendations
- Promote physical activity initiatives that improve access for all people
- Engage with partners to identify best practices in providing comprehensive access to physical activity services for all community members

Focus Area 2.2: Collaboration

- Collaborate with a variety of partners to cross-promote existing programs and expand their reach
- Improve the evaluation of active living programming



Discussion

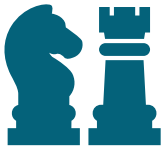
Workgroup Activities



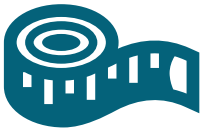
Review of Focus Areas



Develop desired outcomes



Review and modification of
strategies/tactics



Identify measures of success



Next Steps

Public Comments

Questions?

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