

2025 Iowa Youth Survey

Coming to your school this Fall!



What is the Iowa Youth Survey?

Every two years, the Iowa Department of Health and Human Services and the Iowa Department of Education partner with school districts across the state to administer the **Iowa Youth Survey (IYS)**. The IYS is a key source of youth-reported data on health behaviors and experiences, helping schools, communities, and state agencies improve the well-being and outcomes of Iowa's youth.

Topics Covered Include:

- ▶ Nutrition and exercise
- ▶ Beliefs & attitudes, including having a support system
- ▶ Substance use
- ▶ Mental health
- ▶ Extracurricular activities and volunteering
- ▶ Safety and bullying experiences

For Parents/Guardians:

All parents or guardians must provide consent for your child(ren) to participate. If you would like your child(ren) to participate, your school will provide you with a consent form that you must sign and return. Questions may be directed to your school district or to Iowa HHS at iowayouthsurvey@hhs.iowa.gov

Your child will **not** be asked for their name, date of birth, or any identifying information. Participation is completely optional and voluntary.