**Portal: Bureau of Prevention, Treatment and Recovery Services – Prevention Resources (**[**Portal: Bureau of Substance Use - Resources & Training | Health & Human Services**](https://hhs.iowa.gov/substance-use-portal-training)**)**

The resources below are provided to enhance contractor knowledge on substance misuse, problem gambling and suicide prevention.  Resources include publications, web links and guidance related to prevention. Also included are Bureau of Prevention, Treatment and Recovery Services specific prevention supports and prevention forms. This webpage will be updated as new resources become available.

**Prevention Foundations**

* [**Code of Ethical Conduct**](https://iowabc.org/wp-content/uploads/2021/02/cps_ethics.pdf)
* [**Prevention Acronyms**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/iowa%20prevention%20acronymns%20-%20july%202021.pdf) (link to document in Comms Request)
* [**Responsible Gaming Information**](https://www.ncpgambling.org/programs-resources/responsible-gaming/)
* [**Substance Use Information**](https://www.drugabuse.gov/drug-topics)
* [**Suicide Information**](https://www.sprc.org/about-suicide)

**Prevention Theories**

* [**Institute of Medicine (IOM)/Continuum of Care**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/iom%20categories%20overview.pdf) (link to document in Comms Request)
* **[Public Health Model](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/public%20health%20model%20overview.pdf)** (link to document in Comms Request)
* **[Socio-Ecological Model](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/socio%20ecological%20model%20overview.pdf)** (link to document in Comms Request)
* **[Stages of Change](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/stages%20of%20change%20overview.pdf)** (link to document in Comms Request)

**Prevention Approaches and Service Models**

* **[Center for Substance Abuse Prevention (CSAP) Strategies](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/csap%20strategies%20overview.pdf)** (link to document in Comms Request)
* Strategic Prevention Framework Application for Prevention Success Training
  + [**SPF Guide**](https://www.samhsa.gov/sites/default/files/20190620-samhsa-strategic-prevention-framework-guide.pdf) (link to https://www.samhsa.gov/resource/ebp/strategic-prevention-framework)
  + [**SPF Overview**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/strategic%20prevention%20framework%20overview_1.pdf) (link to document in Comms Request)

**Coalitions**

* [**Community Anti-Drug Coalitions of America Primers**](https://www.cadca.org/resource-types/primer) (link to https://www.cadca.org/resources-center/)
* [**Elements of Effective Coalitions**](https://pttcnetwork.org/centers/global-pttc/community-coalitions-and-collaborators-priority-area)

**Culturally Responsive Prevention Services**

* [**Health Equity**](https://www.cdc.gov/chronicdisease/healthequity/index.htm)
* [**National Standards for Culturally and Linguistically Appropriate Services (CLAS)**](https://thinkculturalhealth.hhs.gov/clas)
* [**Social Determinants of Health**](https://www.cdc.gov/socialdeterminants/index.htm)
* Stigma
  + [**Preventing and Reducing Stigma**](https://pttcnetwork.org/centers/great-lakes-pttc/preventing-and-reducing-stigma) (link to https://pttcnetwork.org/great-lakes-pttc-products-preventing-and-reducing-stigma/)
  + [**Words Matter: How Language Choice Can Reduce Stigma**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/words%20matter-how%20language%20choice%20can%20reduce%20stigma.pdf) (link to https://solutions.edc.org/sites/default/files/Words-Matter-How-Language-Choice-Can-Reduce-Stigma\_0.pdf)

**Prevention Evidence-Based Program, Practice and Policy Resources**

* [**Blueprints for Healthy Youth Development**](https://www.blueprintsprograms.org/)
* [**Centers for Disease Control and Prevention (CDC) Community Guide**](https://www.thecommunityguide.org/topic/excessive-alcohol-consumption)
* [**Effective Suicide Prevention**](https://www.sprc.org/effective-suicide-prevention)
  + [**CDC's Preventing Suicide: A Technical Package of Policies, Programs and Practices**](https://www.cdc.gov/suicide/pdf/suicideTechnicalPackage.pdf)
  + [**Suicide Prevention Resources and Programs**](https://www.sprc.org/resources-programs)
* [**National Institute on Drug Abuse (NIDA) Prevention Drug Use Among Children and Adolescents**](https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/preventingdruguse_2_1.pdf) (link to https://nida.nih.gov/sites/default/files/PODAT-InBrief-Preventing-Drug-Use-Child-Adolescents-FINAL.pdf)
* [**RAND Prevention Underage Drinking Technical Report**](https://www.rand.org/pubs/technical_reports/TR403.html)
* [**Substance Abuse and Mental Health Services Administration (SAMHSA) Evidence-Based Practices Resource Center**](https://www.samhsa.gov/resource-search/ebp)
* [**Stacked Deck: A Program to Prevent Problem Gambling**](https://www.hazelden.org/HAZ_MEDIA/7931_stackeddeck.pdf)

**Prevention Specialist Certification**

The [**Iowa Board of Certification**](https://iowabc.org/) (IBC) oversees the Prevention Specialist Certification process.  Questions about certification requirements should be directed to the IBC staff.  IBC supports a Certified Prevention Specialist (CPS) and Advanced Certified Prevention Specialist (ACPS) certification. Details about these certification processes can be found [**here**](https://iowabc.org/credentials/cps/).

**National Prevention Resources**

* [**Alcohol Policy Information System**](https://alcoholpolicy.niaaa.nih.gov/)
* [**Centers for Disease Control and Prevention**](https://www.cdc.gov/)
  + [**Alcohol**](https://www.cdc.gov/alcohol/)
  + [**Marijuana**](https://www.cdc.gov/marijuana/)
  + [**Opioids**](https://www.cdc.gov/drugoverdose/)
  + [**Tobacco**](https://www.cdc.gov/tobacco/)
* [**Community Anti-Drug Coalitions of America**](https://www.cadca.org/)
* [**Drug Enforcement Administration**](https://www.dea.gov/)
* [**National Council on Problem Gambling**](https://www.ncpgambling.org/)
* [**National Institute on Alcohol Abuse and Alcoholism**](https://www.niaaa.nih.gov/)
* [**National Institute on Drug Abuse**](https://www.drugabuse.gov/)
* [**National Mentoring Partnership**](https://www.mentoring.org/)
* [**Office of National Drug Control Policy**](https://www.whitehouse.gov/ondcp/)
* [**Prevention Technology Transfer Center**](https://pttcnetwork.org/)
* [**Substance Abuse and Mental Health Services Administration**](https://www.samhsa.gov/)
* [**Suicide Prevention Resource Center**](https://www.sprc.org/)

**Prevention Documents and Forms**

* [**Evidence-Based Program Adaptation Request Form**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/idph%20adpation%20request%20form.zip) (link to document in Comms Request)
* [**Evidence-Based Practices, Programs and Policies Selection and Implementation Guide**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/idph%20ebp%20and%20implementation%20guide%20%28january%202022%29.pdf) (Version 1, January 2022) (link to document in Comms Request)
* [**Evidence-Based Practices, Programs and Policies Selection and Implementation Guide**](https://hhs.iowa.gov/media/12149/download?inline) (Version 2, March 2023) (link to document in Comms Request)
* [**Evidence-Based Program Waiver Form**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/idph%20ebp%20waiver%20request%20form.zip)  (link to document in Comms Request)
* [**Prevention Supports**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/idph%20prevention%20supports.pdf) (link to document in Comms Request)
* Your Life Iowa (YLI) Resource Center (resource for Iowa HHS approved prevention media campaign materials and YLI promotional materials) (link to https://yourlifeiowa.org/resource-center)

**Capacity Coaching Services**

* **[Capacity Coaching Overview](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/capacity%20coaching%20overview%20document.pdf)** (link to document in Comms Request)
* [**Coaching Application**](https://docs.google.com/forms/d/e/1FAIpQLSeCRB0TKdlDePTz9pvi7Qa5hOvLILxIXrbilH342bZV2mvBZA/viewform?usp=sf_link) (link to https://forms.office.com/pages/responsepage.aspx?id=TXssjVoIF0aFNjinbRmw2uFle4h85UxCvhXMtRIBOqVUOENEMjhHUFNHMkRONTdPNkFKUEwzMkJPVC4u&route=shorturl)
* [**Iowa’s Capacity Coaching System**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/coaching%20system%20overview.pdf) (link to document in Comms Request)
* [**Starting the Coaching Process**](https://hhs.iowa.gov/sites/default/files/portals/1/userfiles/55/starting%20the%20coaching%20process%20document.pdf) (link to document in Comms Request)