

Iowa REACH Intensive Care Coordination Subcommittee Meeting

April 2025

Agenda

- Review of care coordination models in Iowa
- Recap of care coordination models in other states
- Discussion
- Public comment

Care Coordination Models in Iowa

Certified Community Behavioral Health Clinics
(CCBHC) and Health Homes

Overview

Review similarities and difference to both programs

- Eligible populations
- Expectations
- Provider eligibility
- Team roles
- Services

Case Studies

Questions

Eligible Populations

CCBHC	Health Homes
<ul style="list-style-type: none">• Individuals with SMI• Individuals with SED• Individuals with SUD• Pregnant and parenting women with SUD concerns• Veterans• Youth with depression and SUD concerns• BIPOC and other underrepresented populations• Anyone in need of behavioral health care, regardless of ability to pay	<ul style="list-style-type: none">• Individuals with SMI• Individuals with SED• Habilitation state plan services• Children's mental health waiver

Provider Eligibility

CCBHC

- Accredited as a Community Mental Health Center or, Accredited as a Mental Health Service Provider and, Licensed as an outpatient substance use disorder provider (SUD) and,
- Non-profit organization, exempt from tax; or Indian Health Service (IHS), an Indian tribe, or tribal organization pursuant to a contract, grant, cooperative agreement, or compact with IHS under the Indian Self-Determination Act.
- Meet Iowa certification requirements

Health Homes

- Be an Iowa accredited Community Mental Health Center or, Mental Health Service Provider or an Iowa licensed residential group care setting or, Iowa Licensed Psychiatric Medical Institution for Children facility or,
- Nationally accredited by the Council on Accreditation or, The Joint Commission under the accreditation standards that apply to mental health rehabilitative service or, Commission on Accreditation of Rehabilitation Facilities under the accreditation standards that apply to mental health rehabilitative service

Team Roles

CCBHC	Health Homes
<ul style="list-style-type: none">• CCBHC case management/care coordination• Crisis team• Outpatient behavioral health providers• Interdisciplinary treatment teams	<ul style="list-style-type: none">• Nurse care manager• Care coordinator• Trained peer or family support specialist

Services

CCBHC	Health Homes
<ul style="list-style-type: none">• Outpatient mental health & substance use services• Person and family-centered treatment planning• Community-based mental health care for veterans• Peer, family peer support, peer counseling and peer recovery coaching services• CCBHC case management/care coordination• Outpatient primary care screening & monitoring• Psychiatric rehabilitation services• Screening diagnosis & risk assessment• Crisis services	<ul style="list-style-type: none">• Comprehensive care management• Care coordination• Health promotion• Comprehensive transitional care follow up• Patient & family support• Referral to community & social support services

Recap of care coordination models in other states

Illinois Pathways to Success

Pathways to Success: Care Coordination

Two tiers of care coordination and support services are provided by Care Coordination and Support Organizations (CSSOs)

High Fidelity Wraparound

- Youth accesses crisis services regularly and is often involved in multiple child-serving systems
- Caseload: 1:10

Intensive Care Coordination

- Youth would benefit from additional community services
- Caseload: 1:25

Washington Wraparound with Intensive Services (WISE) Program

WISe Care Coordination

- Intensive care coordination is part of Wraparound Intensive Services (WISe), a team-based approach.
- Community behavioral health centers become WISe provider agencies
 - WISe provider agencies assign teams to children and youth who are eligible for the program.
 - A care coordinator works with the team to facilitate, and coordinates services and supports.
- Care coordinator caseload: 10 or fewer participants with a maximum of 15.
- Service intensity averages must be at least 10.5 hours monthly at the agency level (including care coordination)

Discussion

Public Comment

More Info

- ▶ Washington WISe: <https://www.hca.wa.gov/billers-providers-partners/program-information-providers/wraparound-intensive-services-wise>
- ▶ Illinois Pathways to Success: <https://hfs.illinois.gov/medicalproviders/behavioral/pathways.html>
- ▶ Idaho YES: <https://yes.idaho.gov/>