



Community-Based Neurobehavioral Rehabilitation Services (CNRS)

What are community-based neurobehavioral rehabilitation services (CNRS)?

A team of experts provides CNRS to help adults with brain injuries and mental health needs with thinking, medical, behavioral and social challenges.

The experts help people get better at everyday tasks, stay healthy, be more independent and reduce harmful behaviors.

There are two main types of CNRS:

- **Residential CNRS:** These services are delivered in small residential care homes managed by a licensed CNRS provider. Participants living in these locations have access to residential CNRS around the clock.
- **Intermittent CNRS:** These services are for people living in their own homes and are provided as needed to help the person and their family.



What can CNRS help me with?

CNRS helps people with brain injuries develop strategies and coping skills to manage the following challenges, depending on their individual assessed needs. These needs could include:

- Problems with thinking, memory, solving problems or learning new things
- Trouble with lasting symptoms from a brain injury like headaches, dizziness, tiredness, nausea, seizures or problems speaking or sleeping
- Issues with mood swings (changing quickly between happy, sad or angry), getting angry or upset easily, making quick decisions without thinking about what might happen or staying on task
- Challenges getting along with others or understanding their spoken or non-spoken communication

Am I eligible for CNRS?

You may qualify for CNRS if all the following are true:

- You are age 18 or older
- You are eligible for Medicaid
 - **Note:** Because CNRS is a community-based service, nursing facility Medicaid financial eligibility requirements do not apply
- You have a qualifying brain injury diagnosis
- You have serious behavioral problems that need more help than regular outpatient care can give you, including:
 - If you are currently in a hospital, institution, or jail or if you are homeless
 - If you're at risk of being in a hospital, institution, or jail or becoming homeless
 - If you have had serious behavioral or mental health issues that needed more help than regular outpatient care could give you more than once in the past, like emergency services or hospital stays
- You have a detailed assessment of your neurobehavioral health by a licensed specialist conducted in the last 90 days

For more detail on CNRS eligibility requirements, see [IAC Ch. 78.56\(2\)](#).