

1st Five Required Professional Development/Training Crosswalk with Institute Modules

Early Brain Development and Attachment (Birth to 3)

Comparable Institute Module: Child Development: Birth to 3

Link: <https://institutefsp.org/modules/child-development-birth-to-3>

Duration: 45 minutes

Description: This 45-minute training describes the way children from birth to three grow and learn in the four developmental domains within the context of their environment. It guides the family support professional to support families in celebrating developmental milestones and addressing concerns.

Learning Objectives:

- Terms describing developmental domains: cognitive, physical, language, and social-emotional.
- Terms describing developmental core competencies: cognitive, physical, language, and social-emotional.
- Possible developmental delays or concerns are explained, and how these may impact learning and development.
- Typical language milestones from birth to 3 years. Common "red flags" indicating risk for autism spectrum disorder.
- How development and early learning occur within the context of a secure relationship with a consistent caregiver.
- How early learning occurs through play.
- Early literacy behaviors in infants and toddlers.
- How neural connections in the brain are built over time through the serve-and-return process.
- Terms "discipline" and "punishment."
- Positive guidance strategies include limit setting, providing choices, and natural and logical consequences.

Other Relevant Training: Supporting Parent-Child Interactions OR Child Development: Secrets of Baby Behavior

Notes: Available in Spanish

Early Brain Development and Attachment (3 to 5)

Comparable Institute Module: Child Development: 3 to 5

Link: [Institute for the Advancement of Family Support Professionals](#)

Duration: 45 minutes

Description: This module overviews typical child development for children ages three through five. With this knowledge, family support professionals will have the tools and information they need to talk with parents about typical and atypical development, educate parents about how they can support their child's development, and learn skills for talking with parents about the need for early identification of delays and disabilities.

Learning Objectives:

- Describe the developmental domains.
- Describe developmental milestones for children ages three through five.
- List ways you can help parents support their child's development.
- Explain the importance of early identification of developmental delays and disabilities.
- Identify signs that indicate a need for screening or referral.

Other Relevant Training: N/A

Notes: Available in Spanish

Early Brain Development and Attachment (Young Children)

Comparable Institute Module: Social and Emotional Development of Young Children

Link: <https://institute4sp.org/modules/social-and-emotional-development-of-young-children>

Duration: 45 minutes

Description: This 45-minute online module describes the social and emotional development of infants, toddlers, and young children. Participants will learn typical social and emotional developmental milestones and practices and approaches to support families in supporting their young children's social and emotional development. They'll also learn to recognize risk factors and signs of potential concerns.

Participants will learn to identify signs and symptoms of trauma and its impact on social and emotional development. Finally, they will identify resources and supports families can access to support their children's social and emotional development needs.

Learning Objectives:

- Define the social and emotional development of young children.
- Identify typical social and emotional milestones in young children from birth to five years by specific age ranges.
- Describe practices and approaches to support social and emotional development in young children.
- Recognize risk factors for potential social and emotional concerns in young children.
- Define trauma and list types of traumatic experiences.
- Describe the impact of trauma on infants, toddlers, and young children from a developmental perspective.
- Identify trauma signs and symptoms in infants, toddlers, and young children.
- Identify resources and supports families can access to support social and emotional development needs.

Other Relevant Training: N/A

Notes: N/A

Caregiver Depression

Comparable Institute Module: Adult Mental Health Part Two: Perinatal Depression

Link: <https://institutefsp.org/modules/adult-mental-health-part-two-perinatal-depression>

Duration: 45 minutes

Description: Part two, Perinatal Depression, is a 45-minute module that describes the risk factors, signs, and symptoms of perinatal depression. Participants will learn the importance of screening and referral for women who may be experiencing perinatal depression. They'll also learn strategies for supporting families affected by perinatal depression.

Learning Objectives:

- Identify risk factors, signs, and symptoms associated with perinatal depression.
- Identify the importance of screening and referral.
- Learn strategies for supporting families who are affected by perinatal depression.

Other Relevant Training: Adult Mental Health Part One

Notes: N/A

Motivational Interviewing

Comparable Institute Module: The Why, What, and How of Effective Participant Communications

Link: <https://institutefsp.org/modules/the-why-what-and-how-of-effective-participant-communications>

Duration: 240 minutes

Description: Learn about principles and skills necessary to enhance effective interaction with families in a one-on-one or group setting.

Learning Objectives:

- Explain the skills needed for effective communication and difficult conversations.
- Develop and facilitate engaging learning experiences that are informative and respectful of the adult learner.
- Assess personal learning style and predict how personal learning style may impact facilitation choices.
- Generate family support documentation that is concise, factual, and complete.

Other Relevant Training: Three-Step Counseling Strategy OR Virtual Home Visiting 103

Notes: N/A

Working with Families Affected by Substance Abuse Disorders

Comparable Institute Module: Substance Use: Risks and Effects in Pregnancy and Early Childhood Development

Link: <https://institute4sp.org/modules/substance-use-risks-and-effects-in-pregnancy-and-early-childhood-development>

Duration: 45 minutes

Description: This module describes the disease model of addiction and the impact that substance use and addiction have on women and their unborn babies, infants, and children. Participants will learn about the family support professional role in identifying possible substance use, making referrals, and helping clients overcome barriers to treatment. The module includes a video about Neonatal Abstinence Syndrome and soothing techniques that family support professionals can teach their clients. Finally, the module discusses important substance use legislation that all family support professionals must know..

Learning Objectives:

- List common drugs of abuse.
- List signs of possible drug use or manufacture.
- Understand the role that age and gender play in substance use and addiction.
- Discuss risks and effects for pregnant women, unborn babies, newborns, children, and families.
- Describe strategies for educating women about substance use, helping them overcome barriers to treatment, and connecting them to resources for diagnosis and treatment.
- Describe Neonatal Abstinence Syndrome and strategies mothers can use to soothe their babies.
- Describe important substance use legislation.

Other Relevant Training: Substance Exposed Infants, Part 1, Part 2, and Part 3

Notes: N/A

Working with Families Affected by Domestic Violence

Comparable Institute Module: Family Partnerships that Support Change and Healing

Link: <https://institutefsp.org/modules/family-partnerships-that-support-change-and-healing>

Duration: 240 minutes

Description: Develop a deeper understanding of the impact of substance abuse and domestic violence on children and families. Examine what to look for, what the next steps should be, and how to support families through behavioral change.

Learning Objectives:

- Recognize the possible signs of alcohol and substance abuse and the signs of domestic violence.
- Understand the impact of alcohol and substance abuse on children.
- Understand the impact of domestic violence on families and children and the issues of power and control. Understand the importance of protective factors for families and children.
- Understand the family support professional's role when a family is experiencing substance abuse or domestic violence.
- Use the stages of change model when working with participants.

Other Relevant Training: Why Screen Women for Substance Use, Intimate Partner Violence, Mental Health, and Perinatal Depression?

Notes: N/A

Adverse Childhood Experiences (ACEs)

Comparable Institute Module: ACES 101 – Impact and Our Opportunity

Link: <https://instituteofsp.org/modules/aces-101-impact-and-our-opportunity>

Duration: 180 minutes

Description: This module introduces the groundbreaking 1998 ACEs Study. This study found a link between Adverse Childhood Experiences (ACEs) and adult health outcomes. This module will look at brain development research that explains why ACEs have a lifelong effect on health and behavior. In scenario-based learning sequences, you will learn how toxic stress can cause protective features of brain development and functioning to become maladaptive through the processes of epigenetic and triggering. This module also includes a survey of projects and programs that have used the knowledge from the ACEs study and brain research to begin to build better communities and stop the spread of ACEs to future generations.

Learning Objectives:

- Understand the ACEs research well enough to talk about it to someone else.
- Understand the data and its implications for yourself and others.
- Understand how brain development can be affected by toxic stress.
- Describe how the damage of toxic stress can be passed from one generation to the next through the process of epigenetics.
- Describe some of the prevention and response strategies.

Other Relevant Training: Historical Trauma, OR Learning In: Trauma and Resilience, OR Understanding Hope as an Intervention Strategy

Notes: N/A

Health Equity

Comparable Institute Module: Leaning In: Trauma and Resilience

Link: <https://institutefsp.org/modules/leaning-in-trauma-and-resilience>

Duration: 45 minutes

Description: This module provides a general overview of trauma and the impact it has on families, providers and family-provider relationships. With a strong understanding of trauma and resilience, you'll be better equipped to support families to address trauma, establish resilience and create well-being. You'll also consider how your own and others' trauma impacts your work and your daily life and identify ways you can support your own resilience.

Learning Objectives:

- Define trauma and list potential traumatic events for adults and children.
- Describe the science that clarifies trauma and resilience.
- Identify the effects of trauma on the brain, body and behavior.
- Explore the use of resilience as a strategy to mitigate trauma.
- Understand how your own trauma history impacts your work with families.
- Define compassion fatigue and vicarious trauma and list strategies to take care of yourself and support your own resilience.

Other Relevant Training: Cultural Humility Part One: Supporting Immigrant Families, A Culturally Humble Approach

Notes: Added May 2025