

## Pasteurized Human Donor Milk Depots and Dispensaries

There are a variety of reasons why an infant may not be able to have their mother's own breastmilk. In those instances, pasteurized donor human milk is a safe option for families who would prefer for their infants to have breast milk. The Mother's Milk Bank of Iowa, operated by the University of Iowa's Stead Family Children's Hospital, collects and distributes donated milk throughout Iowa and the Midwest. Most milk distributed goes to infants in the hospital and NICU settings.

The pasteurization process of donor milk is an important step to ensure that the milk is safe to consume. Donated milk is heat-treated for 30 minutes and then rapidly chilled for storage. This process eliminates any potential hazards, such as viral and bacterial concerns, while still leaving the beneficial parts of breastmilk, including antibodies.

- ▶ **For Donors:** Women can donate their extra breastmilk to infants in need at a depot near them. There are some simple screening requirements before being able to donate. For more information, reach out to the Mother's Milk Bank of Iowa at 1-319-387-9930.
- ▶ **Purchasing Donor Milk:** While most donated milk is given to infants in the hospital setting, families can purchase donor milk to use at home. Please note that donor milk is generally an out-of-pocket expense and requires a prescription, so be sure to consult with your doctor. For more information on purchasing donor milk, reach out to the Mother's Milk Bank of Iowa at 1-319-384-9929.

## Donor Milk Depot Locations

You must be a registered donor with Mother's Milk Bank of Iowa before donating. Contact [Mother's Milk Bank of Iowa](https://www.mmbank.org) at 1-319-387-9930 for more information.

Organizations marked with an asterisk(\*) also serve as Pasteurized Donor Milk Dispensary Locations. A prescription from your doctor is needed before you can purchase pasteurized donor milk. Contact the [Mother's Milk Bank of Iowa](https://www.mmbank.org) at 1-319-384-9929 for more information.

## Northwest Iowa

**Counties:** Buena Vista, Carroll, Cherokee, Clay, Crawford, Dickinson, Emmet, Ida, Lyon, Monona, O'Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sac, Sioux, Woodbury

Organization Name	Address	Phone
Buena Vista Regional Medical Center	1525 West 5 <sup>th</sup> Street, Storm Lake, Iowa	712-213-8662
Spencer Hospital Birth Center	1200 1 <sup>st</sup> Avenue, Spencer, Iowa	712-264-6314
St. Anthony Regional Hospital	311 South Clark Street, Carroll, Iowa	712-794-5260

## North Iowa

**Counties:** Butler, Cerro Gordo, Floyd, Franklin, Hancock, Humboldt, Kossuth, Mitchell, Winnebago, Worth, Wright

Organization Name	Address	Phone
Iowa Specialty Hospital Clarion	1316 South Main Street, Clarion, Iowa	515-532-9357
MercyOne North Iowa Medical Center	1000 4 <sup>th</sup> Street, SW, Mason City, Iowa	641-428-7689

## Northeast Iowa

**Counties:** Allamakee, Benton, Black Hawk, Bremer, Buchanan, Chickasaw, Delaware, Dubuque, Fayette, Howard, Jackson, Jones, Tama, Winneshiek

Organization Name	Address	Phone
*Emplify Health	112 Jefferson Street, West Union, Iowa	563-422-3811
*MercyOne Dubuque Medical Center	250 Mercy Drive, Dubuque, Iowa	563-589-8553
*MercyOne Waterloo Medical Center	3421 West 9 <sup>th</sup> Street, Waterloo, Iowa	319-272-6455
Regional Health Services of Howard County	235 8 <sup>th</sup> Avenue West, Cresco, Iowa	563-547-2101
Regional Medical Center	709 West Main Street, Manchester, Iowa	563-927-7318
UnityPoint Health Allen Hospital	1825 Logan Avenue, Waterloo, Iowa	319-235-3620
Waverly Health Center	312 9 <sup>th</sup> Street SW, Waverly, Iowa	319-352-4953
WinnMed	901 Montgomery Street, Decorah, Iowa	563-387-3030

## Central Iowa

**Counties:** Adair, Boone, Calhoun, Dallas, Greene, Grundy, Guthrie, Hamilton, Hardin, Jasper, Madison, Mahaska, Marion, Marshall, Polk, Story, Tama, Webster, Warren

Organization Name	Address	Phone
Mahaska Health	1229 C Avenue East, Oskaloosa, Iowa	641-672-3170
*Mary Greeley Medical Center	1111 Duff Avenue, Ames, Iowa	515-233-7525
MercyOne Des Moines Medical Center	1111 6 <sup>th</sup> Avenue, Des Moines, Iowa	515-358-4091
Mid-Iowa Community Action WIC	226 SE 16 <sup>th</sup> Street, Ames, Iowa	641-752-7162
Pella Regional Health Center	404 Jefferson Street, Pella, Iowa	541-628-6613
Stewart Memorial Hospital	1301 West Main Street, Lake City, Iowa	712-464-3171

## Southwest Iowa

**Counties:** Adams, Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby, Taylor

Organization Name	Address	Phone
Myrtue Medical Center	1213 Garfield Avenue, Harlan, Iowa	712-755-4299
Taylor County Public Health	507 Central Avenue, Bedford, Iowa	712-523-3405

## South Iowa

**Counties:** Appanoose, Clarke, Decatur, Lucas, Monroe, Ringgold, Wayne, Union

Organization Name	Address	Phone
Greater Regional Health	1700 West Townline Street, Creston, Iowa	641-782-3159
Methodist Jennie Edmundson Hospital	933 East Pierce Street, Council Bluffs, Iowa	712-369-6037
Wayne County Public Health	105 N. Lafayette Street, Corydon, Iowa	641-872-1167

## Southeast Iowa

**Counties:** Cedar, Clinton, Davis, Des Moines, Henry, Iowa, Jefferson, Johnson, Keokuk, Lee, Louisa, Linn, Muscatine, Poweshiek, Scott, Wapello, Washington

Organization Name	Address	Phone
Genesis Medical Center	1227 Rusholme Street, Davenport, Iowa	563-421-7740
MercyOne Clinton Medical Center	1410 North 4 <sup>th</sup> Street, Clinton, Iowa	563-244-3905
Southeast Iowa Regional Medical Center Fort Madison	5445 Avenue O, Fort Madison, Iowa	309-371-7541
Southeast Iowa Regional Medical Center West Burlington	1221 South Gear Avenue, West Burlington, Iowa	319-768-2618
UnityPoint Health St. Luke's Hospital	1026 A Avenue NE, Cedar Rapids, Iowa	319-369-8944
*University of Iowa Health Care	200 Hawkins Drive, Iowa City, Iowa	319-356-7182