

Antimicrobial Stewardship Programs

A Toolkit for Settings Using and Prescribing Antimicrobials

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Executive Summary

The Antibiotic Stewardship Toolkit presented herein offers a framework for healthcare facilities to optimize the use of antibiotics, combat antimicrobial resistance, and improve patient outcomes across diverse healthcare settings. This toolkit integrates evidence-based strategies, practical tools, and customizable resources to support healthcare professionals in implementing effective antibiotic stewardship programs based on the Centers for Disease Control and Prevention (CDC) Core Elements for Antibiotic Stewardship. Concluding the document are resources for veterinary settings.

KEY COMPONENTS:

- Leadership Commitment: Strong leadership engagement and support are
 paramount for the successful implementation and sustainability of antibiotic
 stewardship initiatives. Leadership commitment fosters a culture of
 accountability, resource allocation, and interdisciplinary collaboration necessary
 for achieving stewardship goals. Practical guidance is offered for allocating
 resources effectively to support antibiotic stewardship initiatives within healthcare
 organizations, ensuring long-term sustainability and scalability.
- 2. Accountability: Designating individuals with accountability for antibiotic stewardship activities, including a designated leader and multidisciplinary team members with expertise in infectious diseases, pharmacy, microbiology, and quality improvement, ensures comprehensive oversight and coordination of stewardship efforts. Fostering collaboration and communication among healthcare professionals across various disciplines, including physicians, pharmacists, nurses, infection preventionists, and laboratory personnel, promotes a team-based approach to antibiotic stewardship, facilitates shared decision-making, and improves patient care outcomes. Strategies for fostering interdisciplinary collaboration and communication are emphasized, recognizing the integral role of teamwork in achieving optimal antibiotic use and patient outcomes.
- 3. Expertise: Ensuring access to expertise in antimicrobial management, including pharmacists and infectious diseases specialists, enhances appropriate prescribing and fosters collaboration among healthcare professionals and patients. Providing education and training to antimicrobial stewardship leaders on stewardship principles, antimicrobial resistance, and optimal antibiotic use enhances awareness, knowledge, and skills necessary for effective antibiotic stewardship practices. Guidance on developing expertise will be provided.



- 4. Action: Implementing strategies to improve antibiotic prescribing practices, such as the use of facility specific evidence-based guidelines and antimicrobial stewardship interventions like prospective audit and feedback enhances the appropriateness of antibiotic therapy, reduces unnecessary antibiotic exposure, and minimizes the emergence of antimicrobial resistance and preventable antibiotic associated adverse events. User-friendly tools and resources will be outlined that promote action.
- 5. Tracking and Reporting: Establishing systems for monitoring antibiotic prescribing practices, tracking antimicrobial resistance patterns, and reporting antibiotic use and resistance data to relevant stakeholders enables continuous surveillance, evaluation, and feedback, facilitating targeted interventions and quality improvement initiatives. Metrics for evaluating antibiotic prescribing practices are outlined, along with strategies for collecting and analyzing data to monitor adherence to stewardship principles. Regular feedback mechanisms are established to provide healthcare providers with actionable insights for continuous improvement.
- 6. Education and Training: Providing education and training on antibiotic stewardship principles, antimicrobial resistance, and optimal antibiotic use to healthcare professionals, patients, and caregivers enhances awareness, knowledge, and skills necessary for effective antibiotic stewardship practices and stewardship team collaboration. Educational materials are included emphasizing the principles of antibiotic stewardship and the importance of individual and collective responsibility in ensuring appropriate antibiotic use.

While this guide offers valuable stewardship resources, it's not exhaustive. We urge facilities to customize toolkit components. Stewardship coordinators should assess what fits best, tailor plans to their facility's needs, and align strategies with existing practices. There is no "one size fits all" strategy for stewardship programs, but by implementing some of the principles included in this Toolkit, in alignment with the CDC Core Elements for Antibiotic Stewardship, healthcare facilities can strengthen their commitment to responsible antibiotic use, mitigate the spread of antimicrobial resistance, and safeguard the effectiveness of antibiotics for future generations.







OVERVIEW:

The CDC Core Element for leadership commitment emphasizes the critical role of strong leadership in driving effective antimicrobial stewardship programs across healthcare settings. It highlights the need for engagement and support from leadership at all levels, including hospital administrators, nursing home directors, and outpatient practice managers, to prioritize stewardship efforts, allocate resources, and foster a culture of accountability and collaboration among healthcare staff. Strong leadership commitment is essential for the successful implementation and sustainability of antimicrobial stewardship initiatives, ensuring that resources are effectively utilized, staff are engaged, and patient outcomes are optimized through responsible antibiotic use.

Hospitals:

In hospitals, leadership commitment involves engaging hospital administrators, department heads, and clinical leaders to champion stewardship efforts, allocate resources, and promote a culture of accountability and collaboration among healthcare staff. Leadership should dedicate the necessary human, financial, and information technology resources and the antimicrobial stewardship leaders should have stewardship responsibilities in their contract, job description, or performance review to sustain staffing resources needed to operate the program effectively.

Leadership Tools for the Hospital Setting:

Tool	Resource
Leadership Support Statement Templates	 Template from Nebraska that can be adapted and used for administrators to sign a statement of support Example from Kansas of a statement of support from leadership
Institutional Policy Templates	 Example of a policy on antimicrobial stewardship that can be adapted from Nebraska Template from Kansas
Commitment Posters	 Poster template from AHRQ of Provider Commitment to use antibiotics appropriately Template from CDC where company logo can be printed on poster



	Slides and facilitator guide from AHRQ on making a case to administrators that antimicrobial stewardship is an important patient safety issue in acute care hospitals
Making the Case	Example proposal from Kansas of an antibiotic stewardship business plan
	Example of a presentation from Kansas that can be used to justify an antimicrobial stewardship program

Nursing homes:

Similarly, in nursing homes, leadership commitment entails the active involvement of facility administrators, medical directors, and nursing leadership to prioritize antibiotic stewardship, provide necessary support and resources, and foster a culture of quality improvement and resident safety. Written statements of support of improving antibiotic use, including stewardship tasks in position descriptions, communicating with staff about expectations about use of antibiotic use, and creating a culture of safety are all examples of commitment.

Leadership Tools for Nursing Homes:

Tool	Resource
Leadership Support Statement	 Descriptions of roles in CDC's Core Elements for Antimicrobial Stewardship for staff and administrators of long-term care facilities CDC poster on creating a culture of improving antimicrobial use in nursing homes Template that can be adapted for administrators to use when endorsing support
Institutional Policy Templates	 Policy template from AHRQ Example of a policy for antimicrobial stewardship in long-term care facility for adaptation
Commitment Posters	 AHRQ poster template of Provider Promise about Antibiotics with directions for adaptation CDC template of a provider commitment letter specific to antibiotic use in nursing homes CDC example of a provider commitment poster adaptable to multiple settings



Making the Case

- Slides and facilitator guide from AHRQ on making the case to administrators that antimicrobial stewardship is an important patient safety issue in nursing homes
- AHRQ guide on partnering with a senior leadership executive on implementing antimicrobial stewardship
- AHRQ guide on changing the system culture to improve antibiotic safety in a nursing home

Outpatient settings:

In outpatient settings, commitment and accountability is demonstrated by the engagement of practice managers, physicians, and other healthcare providers in promoting appropriate antibiotic prescribing, implementing evidence-based guidelines, and integrating stewardship principles into routine clinical practice. Outpatient clinics and health care system leaders can commit by identifying a single leader to direct antibiotic stewardship activities within a facility, include related duties in position descriptions or job evaluation criteria, and communicate with staff members to set patient expectations. The intended audiences for this guidance include clinicians (e.g., physicians, dentists, nurse practitioners, and physician assistants) and clinic leaders in primary care, medical and surgical specialties, emergency departments, retail health and urgent care settings, and dentistry, as well as community pharmacists, other health care professionals, hospital clinics, outpatient facilities, and health care systems involved in outpatient care.

Leadership and Accountability Tools for Ambulatory Settings:

Tool	Resource	
Commitment Posters	 AHRQ poster template for prescriber commitment with instructions for adaption 	
	 AHRQ poster template for prescriber commitment in Spanish with instructions for adaption 	
	CDC example of a provider commitment poster	
Making the Case	AHRQ guide on convincing prescribers of the importance of improving antibiotic prescribing	
	 AHRQ Slides on implementing antibiotic stewardship into ambulatory care practice 	
	 Introduction to Antibiotic Stewardship in the Outpatient Setting - recording from Nebraska 	



Accountability



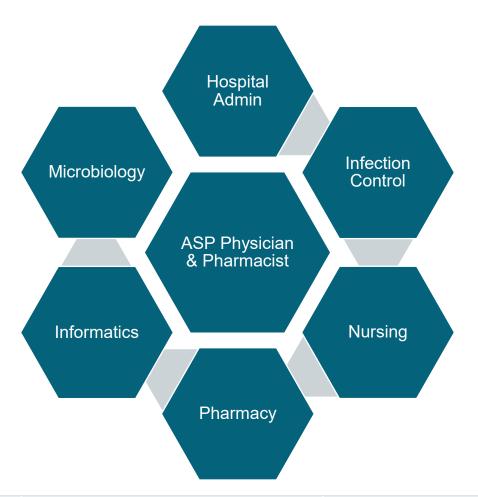
OVERVIEW:

The Accountability CDC Core Element for antimicrobial stewardship focuses on establishing clear roles, responsibilities, and processes to ensure the effective implementation of antimicrobial stewardship programs. Across settings, it generally includes designating leadership responsibilities by assigning specific individuals or teams with leadership responsibilities for overseeing and coordinating antimicrobial stewardship activities within healthcare facilities. Accountability should be created by developing clear structures and mechanisms for holding individuals and teams accountable for their roles in antimicrobial stewardship, including regular reporting and performance evaluations. Lastly, education and training should be provided to those who lead the stewardship program. Providing education and training to leaders ensures they understand their roles in antimicrobial stewardship and have the necessary knowledge and skills to implement stewardship practices effectively.

Hospitals:

The hospital's antibiotic stewardship program requires designated leaders with **priority to be co-led by a physician and pharmacist**, accountable for management and outcomes. Leaders of stewardship programs should be qualified through training in infectious diseases and/or antibiotic stewardship. While non-physicians may lead, a designated physician should provide support and serve as a point of contact or as the medical director for the program, as prescribing is ultimately under the direction of the medical staff. Multidisciplinary teams can help increase the effectiveness and oversight of the team. Core members often include those with clinical, pharmaceutical, diagnostic, and technical expertise (infection preventionists, information technology, nursing leaders, microbiologists). Setting clear roles and expectations amongst leaders and team members are essential.





Team Member	Activities this person is accountable for	How? (which core elements, define in more detail)	Resources/ Needs
Medical Director Leader	 Set prescribing standards Responsible for program management and outcomes Develop treatment guidelines 	Accountability, Reporting, Education, Action	ASP training, dedicated time
Pharmacist Leader	 Review antibiotic utilization Audit and feedback, pharmacy interventions Develop treatment guidelines 	Pharmacy Expertise, Action, Tracking	ASP training, dedicated time
Infection Preventionist	 Surveillance, education Day to day data collection, review of infection data (CDI rates) 	Tracking, Reporting	
Nurse leader	 Set expectations for standards of practice (assessing, monitoring, communicating changes in patient conditions) 	Action, Education	
Microbiologist	Antibiogram creationDiagnostic stewardship	Reporting, Action	
Information Technology	 Integrate protocols into existing workflows Implement AUR reporting 	Tracking, Reporting	
Executive ASP "Champion"	Support TrainingResource allocation	Leadership Commitment	



Tool	Resource
	Identifying key stakeholders template from Kansas
	Stakeholder engagement template from Kansas
	Assigning members and duties template from Kansas
Building the Team	Resource identification template from Kansas
and realin	Committee oversight template from Kansas
	AHRQ resources on improving communication and teamwork
	AHRQ slides on sustaining stewardship activity

Nursing Homes:

Nursing homes should appoint individuals responsible for antibiotic stewardship activities, with the support of facility leadership. This includes empowering the medical director to set antibiotic prescribing standards and oversee adherence, the director of nursing to establish practice standards for frontline nursing staff and engaging the consultant pharmacist in quality assurance activities. Nursing home antibiotic stewardship leads should collaborate with key partners such as the infection prevention program coordinator, consultant laboratory, and state/local health departments. These partners provide expertise, data, and support to inform and enhance antibiotic stewardship efforts. At a minimum the stewardship team should include an infection preventionist, medical director, and pharmacy leader.

Accountability Tools for Nursing Homes:

Tool	Resource
	AHRQ guide to building a team in a nursing home
Building	AHRQ template for assigning roles and responsibilities in nursing home
the Team	AHRQ template for planning agenda
	AHRQ template for monitoring agenda





Pharmacy Expertise

OVERVIEW:

Antimicrobial stewardship programs and leaders should establish antibiotic expertise within their facilities or have access to expertise to implement antibiotic stewardship activities. This can involve partnering with infectious disease consultants and consultant pharmacists who have received specialized training in antibiotic stewardship or offering certificate courses to program leaders. It's recommended that the antibiotic stewardship physician and/or pharmacist leaders have completed infectious diseases specialty training or a certificate program to ensure expertise and effectiveness in stewardship efforts.

Hospitals:

Hospitals must ensure that designated antibiotic stewardship leaders possess the necessary qualifications, including education, training, experience, or certification in antibiotic stewardship. Effective hospital antibiotic stewardship programs typically involve strong engagement of pharmacists and physicians with specialized training and expertise in antibiotic stewardship. Priorities include ensuring there is a documented pharmacy leader qualified through training. Some hospitals have found it helpful to seek off-site support by enrolling in multi-hospital collaboratives, placing requirements into contractual responsibilities of external services, or funding remote consultation with experts in antimicrobial stewardship. Note that even when remote expertise is used, it is important to have a leader of the program who is on staff at the hospital.



Expertise Tools for Hospitals:

Tool	Resource
Regulatory Requirement	Notice from the Centers of Medicad and Medicare Services (CMS) on Conditions of Participation related to Antimicrobial Stewardship
Training programs	Centers for Diseases Control and Prevention
	 Designed for physicians \$300 for non-members Making A Difference in Infectious Diseases (MAD-ID) Offers basic and advanced programs Course cost of \$500/physician or pharmacist
CDC Resources	Useful material from CDC related to improving antibiotic use

Nursing Homes:

Nursing homes should ensure access to individuals with antibiotic expertise. Examples include partnering with consultant pharmacists who have completed specialized training programs, collaborating with hospital antibiotic stewardship program leads, and developing relationships with infectious disease consultants in the community.



Drug Expertise Tools for Nursing Homes:

Tool	Resource	
Regulatory Requirement	CMS long-term care facility antimicrobial stewardship regulations	
Training Programs	All of the tools mentioned in the hospital pharmacy expertise section are applicable to long-term care.	
	American Society of Consultant Pharmacists (ASCP) resources Training Material and toolkit specific to long-term care facilities	
CDC Resources	Educational Material from CDC on Antibiotic Use	





Action

OVERVIEW:

Healthcare settings can implement policies and interventions to improve antibiotic prescribing practices, aiming for measurable outcomes. Clinicians should use evidencebased diagnostic criteria and treatment recommendations, consider delayed prescribing or watchful waiting when appropriate, and undergo communication skills training. Hospitals and nursing homes should implement interventions including standardizing practices for suspected infections, conducting antibiotic reviews, and addressing clinical situations driving inappropriate antibiotic use. Implementing interventions such as prospective audit and feedback or preauthorization, guided by facility-specific treatment guidelines, is crucial for improving antibiotic use. There is no "one size fits all" set of strategies or policies for Action, and each institution should tailor interventions to what is both a priority and feasible to their local needs as each facility differs greatly in types of prescribers, culture, patient population, resistance patterns, and resources. Initial focus should be on obvious problems that are likely to lead to early and measurable successes. These initiatives should be designed to improve patient care and to promote positive relationships with influential clinicians. The framework below can be used to guide stewardship strategies.

Approach to Implementing Action

Step 1: Perform a needs assessment

 Identify most common infections and which antibiotics are prescribed (and potentially misused), you can target guideline, policy, and education efforts

Step 2: Brainstorm

- Summarize the problems, examine solutions, and describe capacity and resources to address
 - It may be helpful to rank these strategies as high, medium, low yield/priority

Step 3: Formalize plan, execute/implement initiative

• Example: develop CAP guideline, provide education, create order set, perform audit and feedback, track adherence to guideline/monitor effectiveness of interventions)



Hospitals:

Antibiotic stewardship programs should implement interventions, such as prospective audit/feedback or preauthorization, and facility or region-specific treatment guidelines for commonly encountered infections (community acquired pneumonia, urinary tract infections, and skin/soft tissue infections) to improve antibiotic use. Priorities should include having a formal policy/procedure for review of antibiotics for either or both methods (preauthorization or prospective audit and feedback) and the creation/utilization of local guidelines. Guidelines streamline and standardize antibiotic decision making and can be used as the framework when developing other interventions including clinical decision support, order sets, prospective audit and feedback interactions, and assessing adherence to local criteria.

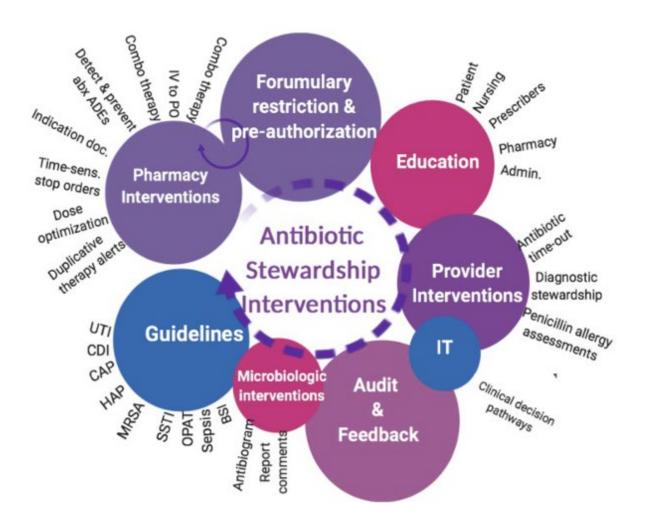


Image from:

http://www.kdheks.gov/epi/download/KS ABX Stewardship CAHs Toolkit.pdf



Action Tools for Hospitals:

Tool	Resource	
	Nebraska ASAP Resources	
Techniques,	 Template for a database that can be used to track interventions 	
including tools	o Sample recommendation template	
for performing	o <u>Daily antibiotic checklist</u>	
Prospective Audit and	AHRQ 4 Moments of Antibiotic Decision-Making	
Feedback	o Four moments: Posters and screensaver	
	o Antibiotic time out tool	
	o <u>Team antibiotic review form</u>	
	Examples of Clinical Pathways and Guidance for numerous infections from Nebraska Medicine	
Local	 AHRQ best practices for the diagnosis and treatment of infectious syndromes: 	
Guidelines	 Asymptomatic bacteriuria and urinary tract infection 	
	o Lower Respiratory Tract Conditions	
	o Cellulitis and Skin and Soft Tissue Infections	
Diagnostic Stewardship	Examples of diagnostic test guidance for numerous infections from Nebraska Medicine	
	Iowa Antimicrobial Stewardship Summit Presentation:	
	 Reassessing penicillin allergies and ensuring safe and effective antibiotic patient safety webinar recording 	
Pharmacy	Renal dose adjustment guidance from Nebraska Medicine	
Based Intervention	IV to PO policies:	
	o IV to PO policy template from Nebraska	
	o IV to PO policy template from Kansas	
	Penicillin allergy protocol template from Kansas	



	Presentation at Iowa Antimicrobial Stewardship Summit:
	 Effective Communication Strategies to Improve Antibiotic Prescribing Webinar recording
	 AHRQ tips for Communication Strategy and Behavior Changes
Communication	 Slides on effective behavior changes for antibiotic prescribing
	 Slides on effective changes to antibiotic decision making
	 Slides on identifying targets for improvement in antibiotics
	 Slides on improving communication and teamwork
	Example of Antibiogram for most common pathogens
Microbiology Interventions	Antibiogram Excel template from Kansas
	CDC toolkit for reducing blood culture contamination

Nursing Homes:

Action strategies for nursing homes focus on enhancing antibiotic use through policy and practice changes. Existing medication safety policies should be extended to address antibiotic prescribing in accordance with CMS regulations. Broad interventions are recommended to standardize practices for suspected infections or antibiotic use, including improved evaluation, communication of symptoms, diagnostic testing optimization, and implementing antibiotic reviews and/or antibiotic time-outs for all prescriptions. Additionally, it advocates for integrating pharmacists into the care team to support antibiotic stewardship by assisting in appropriate ordering, reviewing culture data, and collaborating on monitoring and guidance. Specific interventions are proposed to identify clinical scenarios contributing to inappropriate antibiotic use, such as asymptomatic bacteriuria or UTI prophylaxis, and implement tailored interventions. The approach emphasizes gradual implementation, prioritizing facility needs and sharing successful outcomes with staff and providers. It is recommended for facilities to implement at least one policy or practice to improve antibiotic use. This should be done in a stepwise fashion, so staff become familiar and not overwhelmed with changed.

Examples of Implementation

- Broad interventions to improve antibiotic use:
- Documentation of dose, duration, indication
- Establish best practices for microbiology testing
- Facility specific treatment recommendations
- Implement algorithms for the assessment of residents (Loeb criteria)
- Utilize a communication tool for suspected infections (SBAR)
- Develop and disseminate facility specific antibiogram
- Perform antibiotic time outs
- Reduce prolonged courses for common infections



Action Tools for Nursing Homes:

Tool	Resource				
CDC and ARHQ Toolkits	CDC Core Elements of Antibiotic Stewardship in Nursing Homes				
	CDC Educational Resources				
	AHRQ Long Term Care Antibiotic Use Toolkit				
	o Readiness Assessment				
	 <u>Template for planning agenda</u> 				
	The 4 moments of antibiotic decision-making form and guide (AHRQ)				
	AHRQ Learn best practices for common infectious syndromes				
	 Best practices pocket cards and posters 				
	 Best practices for suspected urinary tract infection 				
	 Best practices for suspected lower respiratory tract infection 				
	 Best practices for skin and soft tissue infections 				
	 Best practices for penicillin allergy 				
	 <u>Clostridioides difficile management</u> 				
Infection and	 Iowa Webinar Series on Best Practices for Infections in Nursing Homes: 				
syndrome specific	 Diagnosis, treatment, and prevention of UTI in older adults residing in post-acute and long-term care settings 				
interventions	 Appropriateness of antibiotics for infections in long-term care 				
	 Optimizing antibiotic therapy in nursing homes: Managing adverse events, drug interactions, and renal adjustments 				
	 Implementing key strategies for antimicrobial stewardship in nursing homes 				
	Iowa Antimicrobial Stewardship Summit Presentations:				
	 Antibiotic stewardship for UTIs in the nursing home 				
	SBAR Tools + Checklists from Nebraska				
	o <u>How to use an SBAR</u>				
	o <u>Implementation of an SBAR</u>				
	 Loeb's Criteria Checklist 				



	o Antibiotic Time-Out SBAR
	 Skin and soft tissue infection SBAR
	 Urinary tract infection SBAR
	 Algorithm for management of suspected urinary tract infection in long term care residents
	 Guidance for antibiotic prophylaxis for recurrent urinary tract infections
	 SBAR for urinary tract infection treatment recommendations
	AHRQ appropriate collection of microbiologic samples
	 AHRQ poster for collecting bacterial cultures
	 AHRQ poster for collecting urine cultures
NA: 1: 1	 AHRQ one-pager on collection of microbiologic cultures
Microbiology	CDC guide to minimizing blood culture contamination
	Antibiograms:
	o Antibiogram template in Excel from Nebraska
	 Antibiogram template in Word document from Nebraska
	AHRQ Guide to Communicating Infectious Concerns with Antibiotic Prescribers AHRQ slides on communicating infectious concerns with
	 <u>AHRQ Guide to Discussing Infectious Concerns About Residents</u> <u>With Family Members and Caregivers</u>
Communication	 AHRQ slides on communicating infectious concerns with family and caregivers
	DESC Technique for Dealing with Conflict in Residents and Families from AHRQ
	 AHRQ one-page example of effective communication with residents and family members about urinary tract infections
	 AHRQ one-page example of effective communication with residents and family members about respiratory tract infections



Ambulatory Settings:

Outpatient clinicians and clinic leaders can implement policies and interventions to promote appropriate antibiotic prescribing practices. A stepwise approach with achievable goals can facilitate changes and prevent staff from feeling overwhelmed. Assessment and modification of implemented policies are crucial for improvement. Priority should be given to interventions based on feasibility, acceptability, resource commitment, and anticipated barriers. Clinicians can improve prescribing by using evidence-based diagnostic criteria, delayed prescribing practices, or watchful waiting. Clinic leaders can improve prescribing by providing communication skills training, requiring written justification for non-recommended prescriptions, offering clinical decision support, and using triage systems to prevent unnecessary visits. These actions aim to transform policy and practice into measurable outcomes and enhance antibiotic stewardship.



Action Tools for Ambulatory Settings:

Tool	ource		
	CDC Outpatient Antibiotic Recommendations		
	CDC Pediatric Outpatient Antibiotic Recommendations		
	Watchful Waiting Strategy		
	o CDC on watchful waiting for ear infections		
	o CDC on delayed prescribing		
	 CDC on symptom relief for viral illness 		
	AHRQ Best Practices for Diagnosing and Managing Common Infectious Syndromes		
	AHRQ four moments of antibiotic prescribing in ambulatory care		
	Iowa Antimicrobial Stewardship-HAI Webinars		
Infection and Syndrome Specific	 The application of outpatient antimicrobial stewardship principles to commonly encountered pediatric outpatient infections 		
Interventions	 Reassessing penicillin allergy ensuring safe and effective antibiotic treatment 		
	 Optimizing dental antibiotic prophylaxis, guideline adherence and patient safety 		
	Local guideline examples		
	 Ambulatory urinary tract infection guidance from Nebraska 		
	 Managing adults with acute respiratory infections pocket card from Nebraska 		
	 Acute bronchitis poster from Nebraska 		
	o Rhinosinusitis poster from Nebraska		
	 Viral upper respiratory tract infections poster from Nebraska 		



	Iowa Antimicrobial Stewardship-HAI Webinar Effective communication strategies to improve antibiotic prescribing
Communication	AHRQ slides on Communicating with patients and families about antibiotic decisions
	AHRQ slides on Improving communication between members of the practice
	AHRQ poster on When do you need antibiotics?







OVERVIEW:

Measurement is crucial for identifying areas of improvement and assessing the effectiveness of interventions in antibiotic stewardship programs. This involves evaluating both processes, such as adherence to policies and guidelines, and outcomes, such as patient health, *C. difficile* infections, and antibiotic use and resistance. Regular reporting of data and findings from these evaluations to healthcare providers and leadership is essential for guiding practice changes and maintaining awareness of progress in antibiotic stewardship efforts.

Hospital Settings:

There are multiple ways to monitor antibiotic use and antimicrobial resistance in the hospital setting, but the preferred methods are through the CDC's National Healthcare Safety Network (NHSN). Hospitals are expected to monitor antibiotic prescribing, intervention impacts, and resistance patterns. By electronically submitting data to the NHSN Antimicrobial Use (AU) and Antimicrobial Resistance (AR) Options acute care hospitals will have a framework for benchmarking that can be used to inform and assess stewardship interventions. This method provides data on antibiotic usage expressed as days of therapy (DOTs) and comparison values called standardized antimicrobial administration ratios (SAARs). SAAR risk-adjusted summary measures can be used to track antibiotic use, compare antibiotic use against similar facilities, and assess the impact of stewardship activities. Use of the NHSN's AU/AR Options cuts auditing time dramatically, and programs can instead focus on providing this information to providers for feedback. Additionally, it provides a mechanism for facilities to report and analyze the use of multiple antimicrobials and resistance patterns. However, reporting requires an electronic medical record that utilizes barcode medication administration and data formatting for submission requires a validated system for CDA file completion which sometimes must be supplied by an external software vendor.

Reporting priorities include **regular reporting** (at least annually) antibiotic use and resistance to healthcare staff; providing annual prescriber, unit, or service-level reports for targeted feedback; and monitoring adherence to at least 1 facility-specific treatment guideline. These requirements are key in integrating into the quality improvement pathway. It is strongly encouraged to ensure reporting and collaboration between infection control and stewardship, with reporting through Quality Assurance and Performance Improvement (QAPI).

Tracking and Reporting Tools for Hospitals:



Tool	Resources
NHSN Antibiotic Use and Resistance (AUR) Reporting Option	 Nebraska ASAP resources on reporting antibiotic use CDC's NHSN Operating Manual for the Antimicrobial Use and Resistance (AUR) options Frequently asked questions about AUR reporting List of Vendors that can facilitate submission of AUR reports to NHSN AU Vendor List AR Vendor List
NHSN Data Analysis	Duke Antimicrobial Stewardship Outreach Network: Leveraging NHSN Antibiotic Use Data to Inform, Implement and Assess Antibiotic Stewardship Activities
Reporting Structure	 Ways to Include Antimicrobial Stewardship in your institutional policies <u>Example from Nebraska</u> <u>Example of a policy that includes the structure from Kansas</u>
Tracking and Reporting Interventions	Example of an intervention tracking worksheet from Nebraska



Nursing Home Settings:

The CDC Core Element for Nursing Homes regarding tracking and reporting involves comprehensive monitoring of antibiotic use practices and outcomes to guide practice changes and evaluate the impact of interventions. Key actions include collecting data on adherence to antibiotic prescribing policies, tracking the amount and frequency of antibiotic use, and reviewing clinical assessments and documentation. Additionally, nursing homes should measure clinical outcomes such as *C. difficile* infections, antibiotic-resistant organisms, and adverse drug events. This data needs to be regularly shared with clinicians, nurses, and leadership to maintain awareness and guide improvements. Targeted feedback can be provided to clinicians to influence prescribing behaviors.

Tracking and Reporting Tools for Nursing Homes:

Tool	Resources				
General Resources and Examples	 Example agenda for QAPI meeting on Antibiotic/Infection Monitoring from AHRQ AHRQ Guide to Choosing an Intervention and Measuring Change Measuring Antibiotic Prescribing, Use and Outcomes: Appendix B from CDC's Core Elements in Nursing Homes Appendix C from CDC's Core Elements: Data Sources, Elements, and Measures for Tracking Antibiotic Use in Nursing Homes 				
Tracking and Reporting	 AHRQ Guide on how to Monitor and Sustain Antimicrobial Stewardship Antibiotic Tracking Sheet Example (PDF, Word, Excel) Sample Monthly Summary Reports (PDF, Word, Excel) Quarterly or Monthly Prescribing Profile (PDF, Word) Staff Safety Assessment Form Intervention Worksheet Monthly Data Collection Form Monitoring for Adverse Events Learning from Antibiotic Associated Adverse Events Form AHRQ Adverse Drug Reaction Worksheet from Nebraska ASAP 				



	Annual report templates
Program	 Activities for Nursing Home Prescribers
Outcomes	o Activities for Nursing Home Staff
	Quarterly Summary of Antibiotic Use, Template from Nebraska ASAP

Ambulatory Care Settings:

Tracking and reporting clinician antibiotic prescribing is crucial for guiding practice changes and assessing progress in antibiotic stewardship. Decisions about the level of tracking and reporting, outcomes to track, and data sources are important considerations. Tracking can occur at the individual clinician or facility level, with individualized feedback being effective in promoting adherence to guidelines. High-priority conditions for improvement, such as acute bronchitis, can be identified, and outcomes related to appropriate diagnosis and antibiotic selection can be tracked and reported. Additionally, tracking the percentage of visits resulting in antibiotic prescriptions can help minimize the influence of diagnostic coding practices. Complications of antibiotic use and antibiotic resistance trends can also be monitored, although smaller sample sizes may limit reliability. Clinicians and clinic leaders can both be involved in antibiotic stewardship efforts, either by self-evaluating prescribing practices or implementing tracking and reporting systems at the facility level. Sharing performance on quality measures and established reduction goals can further support improvement efforts in antibiotic prescribing.

Tracking and Reporting Tools for Ambulatory Care Sites:

Tool	Resources			
General Guidance	Checklist of CDC Core Elements for Outpatient Antibiotic Stewardship			
	CDC MITIGATE Antimicrobial Stewardship Toolkit for adult and pediatric emergency departments and urgent care settings			
	Urgent Care Association: Antimicrobial Stewardship Toolkit			
	Getting Started with Antibiotic Stewardship in Dental Clinics			
	 ADA Antibiotic Stewardship Guide 			
	 CDC Checklist for Antibiotic Prescribing in Dentistry 			
	AHRQ Gap Analysis for Antibiotic Stewardship in Ambulatory Care			
Tracking	AHRQ Monthly Data Collection Template for Ambulatory Care			
	HEDIS measure on Antibiotic Utilization for Respiratory Conditions			



Reporting

- AHRQ Implementing Antibiotic Stewardship in Your Practice
- Effect of an Outpatient Antimicrobial Stewardship Intervention on Broad-Spectrum Antibiotic Prescribing by Primary Care Pediatricians. Gerber JS, et al. JAMA 2013
- Durability of Benefits of an Outpatient Antimicrobial Stewardship
 Intervention After Discontinuation of Audit and Feedback. Gerber JS, et al. JAMA 2014





Education

OVERVIEW:

Educational efforts are essential to all stewardship activities. Educational efforts for stewardship should focus on both the why appropriate antibiotic use is essential (decrease antimicrobial resistance, preserve the activity of antibiotics, improve patient outcomes, etc.) and the how antibiotic use be improved. Education should focus on prescribers, especially in the hospital, but in other settings such as LTCF and ambulatory settings, the education of patients and family members is important as well. Education is foundational but effectiveness erodes over time and must be repeated.

Hospital Settings:

Stewardship programs should ensure they are regularly educating and updating prescribers. Numerous topics can be addressed in education but generally **facility specific data will be most relevant to local prescribers**. Topics for recurring education might include updates on antimicrobial resistance and changes in the local antibiogram. Other topics may include formulary changes, guideline updates, or changes in microbiologic testing. Finally, education should be a key component supporting any stewardship intervention.

Education can be deployed in numerous ways. Some options include regular newsletters distributed either via paper or electronically. Didactic presentations may be done in both formal and informal settings. These are more effective when using case-based material, particularly de-identified cases from the facility which highlight antimicrobial use issues. Web- or app-based resources can be deployed as well. Institutions may have electronic learning systems which could also be used. Development of education should consider the knowledge level and expertise of the target audience.



Educational Tools for Hospitals:

CDC Resources	Core Elements for Antimicrobial Stewardship in Acute Care Hospitals			
	o Priorities for Hospital Core Element implementation			
	Implementing Antimicrobial Stewardship in Small and Critical Access Hospitals			
	Be Antibiotics Aware Toolkit – numerous videos and brochures			
	 Antibiotic Prescribing and Use 			
	 Antibiotic Use and Resistance Facts 			
	Antibiotic Stewardship Courses – CME training in antimicrobial stewardship			
	Nebraska ASAP			
State Based Resources	• <u>Colorado</u>			
1100001000	• <u>Minnesota</u>			
AHRQ	Toolkit for Improving Antibiotic Use in Acute Care Hospitals			
Pharmacy	SIDP Education Center			
and ID Organizations	IDSA Practice Guidelines			



Nursing Home Settings:

Optimal education on appropriate antibiotic use in nursing homes must have a multifaceted approach. Residents and their family members need to understand the risks in addition to benefits associated with antibiotic use. Providers are often not on site, and therefore nurses and aides have a larger role in assessment and communication of symptoms for the residents. Some delivery techniques might differ from those in acute care settings.

Education Tools for Nursing Homes:

Tool	Resources				
General	CDC Core Elements of Antimicrobial Stewardship in Nursing Homes				
Guidance	Compilation of Educational Materials from Nebraska ASAP				
	CDC Handout for Nursing Home Professionals: Be Antibiotics Aware with Effective Communication				
	Washington State Department of Health Toolkit				
	 <u>Urinary Tract Infections and Asymptomatic Bacteruria – for Nurses</u> 				
Staff Education	 <u>Urinary Tract Infections and Asymptomatic Bacteruria – for</u> <u>Nursing Assistants</u> 				
Education	 Antibiotic Use and Antibiotic and Antibiotic Resistance – for Nurses 				
	 Antibiotic Use and Antibiotic and Antibiotic Resistance – for Nursing Assistants 				
	Appropriate Use Criteria for Flouroquinolones and Clindamycin				
	Communicating with Residents and Families about Antibiotics				
	CDC Educational Posters				
	 5 Ways Consultant Pharmacists Can Be Antibiotics Aware 				
Consultant	 Ensure Documentation of the Indication for Every Antibiotic Order 				
Pharmacist Involvement	o Limit Prolonged Antibiotic Prophylaxis for Urinary Tract Infection				
	 Avoid Treatment of Asymptomatic Bacteriuria 				
	o <u>Use the Shortest Effective Antibiotic Duration</u>				
	o Improve Fluoroquinolone Prescribing Practices				



Resident & Family Education

 Numerous handouts, brochures and posters from CDC related to optimal antibiotic use in English and Spanish

Ambulatory Care Settings:

Education is a key intervention for all forms of stewardship but in the ambulatory setting education of providers, patients and family members is essential. Numerous educational needs are present for providers. Provider education on the importance of ambulatory stewardship and frequent areas of misuse such as upper respiratory tract infections is important when establishing a program. Mitigating knowledge deficits in providers is not the only goal of education but psychosocial pressures (time pressure, patient/family expectations, quality metrics, etc.) should be addressed as well.

Managing patient expectations and providing education is also a key component of improving antibiotic use. Providers should be trained in communication strategies to address patient expectations for antibiotics and the potential harms of antibiotics. Numerous tools are available to assist with this education including training, handouts, posters, and flyers from the CDC and AHRQ.

Patient and family education should be a part of ambulatory stewardship efforts as these expectations can drive inappropriate prescribing. Patients should receive clear messaging about the **role antibiotics play and where they provide benefit** and where they do not. When antibiotics are not used patients and families should be provided with **information on how to relieve symptoms and when and how to contact a provider** if they do not improve. Finally educational efforts should be persistent as retention is often poor.



Education Tools for Ambulatory Care:

Tool	Resource				
CDC/CMS	Core Elements for Antimicrobial Stewardship in Ambulatory Care				
Resources	Antibiotic Stewardship in Outpatient Telemedicine				
	 Numerous educational materials including posters, patient handouts, prescription pads for symptom relief, sticker sheets, window clings 				
	For Healthcare Providers				
	 Antibiotics and Adverse Effects 				
	Patient Education Handouts				
	 Improving Antibiotic Use flyer 				
	 Virus or Bacteria Patient Handout 				
	 Antibiotics Aren't Always the Answer Brochure 				
	Improving Outpatient Antibiotic Prescribing: CDC Toolkit for Healthcare Payers				
	CMS Field Guide to Antibiotic Stewardship in the Outpatient Setting				
State Based Resources	 Nebraska ASAP (patient and prescriber directed educational tools and templates as well as provider directed educational videos) Colorado (patient focused posters, handouts, info sheets and 				
	videos)				
	Minnesota (patient focused posters, handouts, info sheets)				
	Provider focused educational videos on managing common ambulatory infections				
AHRQ	How to develop stewardship in your practice				
	 Communication strategies including training materials on methods and tools for use with patients 				
	PEW Trust Antibiotic Resistance Project				
	Pediatric Infectious Diseases Society (PIDS) ASP Toolkit				
Other Organizations	American Academy of Pediatrics EQUIPP: Antibiotic Decisions Making MOC Training				
	American Academy of Pediatrics Antimicrobial Resistance and Stewardship Resources				



Current State Assessments

Included are updated assessment tools for both inpatient and long-term care settings.

	Antimicrobial Stewardship Self-Assessment Instrument for			
	Acute Care Hospitals			
	Facility Name:			
Da	te Completed:			
l.	Hospital Leadership Commitment			
1.	Provide program leader(s) dedicated time for program management and daily stewardship interventions?	Yes		No
2.	Provide stewardship program leader(s) with resources (e.g., IT support, training) to effectively operate the program?	Yes		No
3.	Appoint a senior executive that serves as a champion to ensure the program has resources and support to accomplish its mission?	Yes		No
4.	Meet with the stewardship team to report and discuss stewardship activities, outcomes, and resource needs at least annually (including the hospital board)?	Yes		No
5.	Have a formal written leadership support statement that commits resources to support an antimicrobial stewardship program?	Yes		No
6.	Ensure that antibiotic stewardship activities are integrated into quality improvement and patient safety efforts?	Yes		No
7.	Ensure that staff from key support departments (IT, hospital medicine, microbiology) have sufficient time to contribute to stewardship activities?	Yes		No



II.	Accountability & III. Drug			
	Expertise			
8.	Has your facility identified a leader who is accountable for antimicrobial stewardship program oversight?	Yes	Seeking	No
9.	Are antibiotic stewardship duties included in the leader's job description and annual performance evaluation?	Yes		No
10	If yes, indicate who is accountable for antimicrobial stewardship activities, their role, and percent time in an average week dedicated to stewardship activities at the facility. (Select all that apply). Physician O-25% 26-50% 100% Pharmacist O-25% 26-50% 100% Other O-25% 76-99% 100% Other 100% 76-99% 100%	Lead Lead Lead	Co-Lead Co-Lead Co-Lead	Support Support Support
11	11.What is the highest level of antibiotic stewardship training of the program leaders? (Select all that apply)			
	☐ Infectious Disease Residency or Fellowship			
	☐ Antibiotic Stewardship Certificate Program			
	☐ Online training modules or conference attendance			
12	Does your facility utilize any form of remote stewardship expertise (i.e., tele-stewardship)?	Yes		No



13.Does your facility have an antibiotic stewardship policy that requires an antibiotic stewardship program or requires the implementation of antibiotic stewardship activities?	Yes		No
14.Does the facility have an active multidisciplinary Antibiotic Stewardship Committee that meets at least quarterly?	Yes		No
15.Is on-site pharmacy available? If not available 24/7, name of contract/remote pharmacy	24/7	Limited	No
16.Does the ASP work in collaboration with the Infection Prevention Program?	Yes		No
17.Does the ASP work in collaboration with the Quality Program?	Yes		No
IV. Action: Implement Interventions			
to Improve Antibiotic Use Broad	Interventions		
18.Does your facility have facility- specific treatment guidelines, based on national guidelines and local susceptibility, to assist with antibiotic selection for common infections (e.g., CAP, UTI, SSTI)? If yes, date the guidelines were last updated?	Yes, ≥3	Yes, <3	No
19.Does your facility perform prospective audit and feedback for specific antibiotic agents or specific clinical situations?	Yes	Developing	No
20.Does your facility perform preauthorization for specific antibiotic agents?	Yes	Developing	No



21.Does your facility have a formal procedure for all prescribers to conduct regular reviews of antibiotic selection until a definitive diagnosis and treatment duration are established (i.e., time out)?	Yes	Developing	No
Pharmacy-Di	riven Interven	tions	
22.Are there treatment recommendations to assess and clarify documented penicillin or antibiotic allergy? Is penicillin skin-testing available in your facility?	Yes Yes	Developing Developing	No No
23.Does pharmacy have a structured program to review any planned outpatient parenteral antibiotic therapy (OPAT), including evaluation and monitoring of patients discharged on IV antibiotics?	Yes	Developing	No
24.Does pharmacy review antibiotic prescriptions at discharge to ensure the shortest effective duration of antibiotics is prescribed?	Yes	Developing	No
25.Is there a pharmacy-driven protocol in place for changes from intravenous to oral antibiotics without a physician's order?	Yes	Developing	No
26.Is there a pharmacy-driven protocol in place to adjust antimicrobial doses for organ dysfunction?	Yes	Developing	No
27.Are there processes to optimize antimicrobial dosage based on pharmacokinetics/pharmacodynami cs? If yes, for which antimicrobial agent(s)?	Yes	Developing	No



28.Are there time-sensitive automatic stop orders for specified antimicrobials (e.g., antimicrobials for surgical prophylaxis discontinued after one dose)?	Yes	Developing	No
Diagnosis and Infect	tion-Specific Ir	nterventions	
29.Is there a procedure to stop unnecessary antibiotics in new cases of <i>Clostridioides difficile</i> infection (CDI)?	Yes	Developing	No
30.Have specific interventions been implemented to promote optimal antimicrobial use for common and high-risk infections?	Yes		No
If yes, indicate for which of infection(s):			
 □ Community-acquired pneumonia □ Ventilator-associated pneumonia □ Urinary tract infections □ Skin and soft-tissue infections □ Surgical prophylaxis □ Clostridioides difficile infection (CDI) □ S. aureus bacteremia □ Sepsis □ Guidelines for patients at high risk of CDI □ Other culture-proven invasive infections 			nfections a roven invasive
Microbiology and Laboratory Diagnostic Interventions			
31.Is an onsite microbiology lab which performs organism identification and susceptibility testing available?	Yes		No
If no, where are tests performed? ———————————————————————————————————			
What is the average results turnaround time for a positive culture?	>3 days	3-5 days	>5 days



32.Does your facility utilize any rapid blood culture identification technology? If yes, which technology?	Yes		No
33.Does your facility produce and distribute an antibiogram at least annually?	Yes		No
34.Does the antibiotic stewardship program work in collaboration with microbiology laboratory staff?	Yes		No
35.The stewardship program works with the micro lab to provide selective reporting of antibiotic susceptibility testing results.	Yes		No
36.The stewardship program works with the micro lab to place comments in micro reports to improve prescribing.	Yes		No
Nursing	Interventions		
37.Does the antibiotic stewardship program engage bedside nurses in actions to optimize antibiotic use?	Yes	Developing	No
38.Nurses initiate discussions with the treating team on switching from intravenous to oral antibiotics.	Yes	Developing	No
39.Nurses initiate daily antibiotic course review discussions with the treating team (i.e., antibiotic time-out).	Yes	Developing	No



V. Tracking Antibiotic Use and **Outcomes Process Measures** 40. Does your antibiotic stewardship Yes Developing No program monitor prospective audit and feedback interventions by tracking the types of interventions and acceptance rate of recommendations? 41. Does your antibiotic stewardship Yes Developing No program monitor preauthorization interventions by tracking which agents are being requested for which conditions? 42. Does your stewardship program Yes Developing No monitor adherence to facilityspecific treatment recommendations? Yes 43. Does your stewardship program Developing No monitor adherence to a documentation policy (dose, duration, and indication)? 44. Does the ASP monitor compliance Yes Developing No with one or more of the specific interventions in place? **Antibiotic Use and Outcome Measures** 45. Does your antibiotic stewardship Yes Developing No program track CDI in context of antibiotic use? 46. How does your facility monitor antimicrobials use at the unit and/or facility-wide level? ☐ Submitting to the National Healthcare Safety Network (NHSN) Antimicrobial Use (AU) Option ☐ Manual tracking by using electronic health record data ☐ Using pharmacy purchasing data □ Other



VI. Reporting Antibiotic Use and Outcomes			
47.Does the ASP share facility-specific reports on antimicrobial use with prescribers at least annually?	Yes		No
48.Is a current antibiogram been distributed to prescribers at your facility at least annually?	Yes		No
49.Do prescribers receive direct, personalized communication on improving their antimicrobial prescribing (compared to peers)?	Yes		No
50.Is antibiotic stewardship data communicated to staff (including prescribers, pharmacists, nurses, and hospital leadership) via email, newsletters, pocket-guides, events, or other avenues?	Yes		No
51.Are antibiotic stewardship outcomes directly reported to quality assurance/performance improvement committees?	Yes		No
52.List hospital committees where antibi	iotic stewardshi	p data is repo	rted
VII.			
Education and Training			
53.The healthcare facility provides competency-based education on optimal antibiotic prescribing, antibiotic adverse events, and antibiotic resistance at least annually to: (Select all that apply)			
☐ Prescribers			
☐ Pharmacists			
☐ Nursing staff			
☐ Other			



54. How are patients provided education on important side effects of prescribed antibiotics? (Select all that apply)			
☐ Discharge paperwork	□ Discharge paperwork		
☐ Verbally by nurse			
☐ Verbally by pharmacist	□ Verbally by pharmacist		
☐ Verbally by physician	□ Verbally by physician		
☐ None of the above	☐ None of the above		
55.Nurses receive training on appropriate criteria for ordering and sending microbiologic tests (urine cultures, blood cultures, respiratory cultures, or stool for <i>C. diff</i> testing).	Yes		No
56.Does your stewardship program provide education to prescribers as part of the prospective audit and feedback process?	Yes		No
57.Does facility leadership provide opportunities for hospital staff to obtain further training related to antibiotic stewardship?	Yes		No



VIII. Additional Questions on Antimicrobial Stewardship Challenges
58.What is the primary area of antimicrobial misuse in your facility? ———————————————————————————————————
59.List the top three barriers to improvement of the antibiotic stewardship program
a)
b)
c)

Developed based on CDC Antibiotic Stewardship Program Assessment Tool, CDC Infection Control Assessment and Response (ICAR) Tool, and NHSN Annual Hospital Survey Last updated 2023



Veterinary settings

Compared to human healthcare settings, the veterinary profession has room for growth when it comes to antimicrobial stewardship. To assist with this growth the American Veterinary Medical Association (AVMA) adapted CDC's Core Elements of Antibiotic Stewardship to create a policy defining antimicrobial stewardship and the core principles in veterinary medicine. Modeled after the principles outlined for human healthcare settings, it includes:

- · committing to stewardship,
- advocating for a system of care to prevent common infectious diseases,
- selecting and using antimicrobial drugs judiciously,
- · evaluating antimicrobial drug use practices, and
- educating and building expertise.

In veterinary settings, commitment and accountability is demonstrated by the engagement of practice managers, practice leaders, and other veterinary care providers in promoting appropriate antibiotic prescribing, implementing evidence-based guidelines, integrating stewardship principles into routine clinical practice, and making client education a priority. This toolkit can be used as a starting point for veterinary settings first establishing a stewardship program. For settings with a robust program wanting to further expand, the methodologies implemented in human healthcare settings could be applied to a veterinary setting to enhance a well-established program. Clinics and veterinary professionals wanting to learn more about various stewardship methodologies and auditing practices not currently implemented in veterinary medicine are encouraged to read the previous sections of this document.





Engagement Tools for Veterinary Settings:

Tool	Resource
Commitment Posters	 FDA brochure for antibiotic stewardship in veterinary medicine AVMA poster highlighting the core principles of antimicrobial stewardship
Making the Case	 Infection disease specialist and zoonotic disease expert Dr. Scott Weese describes the global impact of AMR in humans and animals Manuscript in Nature defining antimicrobial stewardship with a one health perspective
How-To Guides	 lowa Department of Health and Human Services' One Health antimicrobial stewardship online resources to help veterinary clinics establish or enhance a stewardship program University of Minnesota Antimicrobial Resistance and Stewardship Initiative online resources for a variety of species, including clinical guidelines
College of Veterinary Medicine Programs	 The Ohio State University educational materials to promote stewardship in companion animals, equine, and farm animals Michigan State University materials to promote the development and implementation of practical strategies that help dairy farmers prevent infectious bacterial diseases that may require antibiotic treatments