



Stay Healthy at the Fair



BEFORE THE FAIR

- ▶ Hydrate
- ▶ Remember your sunscreen and bug repellent
- ▶ Wear proper clothing for the weather
- ▶ Consider bringing hand sanitizer or wipes in case handwashing stations are not available



DURING THE FAIR

- ▶ Wash your hands frequently. Especially after touching common surfaces, using the restroom, being near the animals, going on a ride, before eating or preparing food, after changing diapers, and after removing soiled clothes or shoes
- ▶ Choose a clean place to sit and eat any meals
- ▶ Stay hydrated
- ▶ Avoid bringing pacifiers, bottles, sippy cups, teething toys into the animal exhibit areas
- ▶ Avoid eating or drinking near the animals



AFTER THE FAIR

- ▶ Remove and rinse off shoes before entering your home if you were in areas with animals
- ▶ Wash off your stroller if it was in the animal areas
- ▶ If you believe you became ill from a food item or food stand – consider calling to report to our foodborne illness complaint line at 888-IowaSic.