IOWA REACH PRESENTATION

Responsive and Excellent Care for Healthy Youth (REACH)

Dex Walker, Iowa Medicaid

May 21, 2025



Iowa REACH is a new Medicaid initiative focused on developing and improving home and community-based behavioral health services for children and adolescents with serious emotional disturbances.

It establishes a governance structure to collaboratively coordinate and oversee the implementation of the court approved agreement in **C.A. v. Garcia.**



Overview





Iowa REACH will serve:

- ► Medicaid-eligible Iowa children under 21 with a serious emotional disturbance.
 - Condition not attributable to an intellectual or developmental disability.
 - Determined by a licensed practitioner.
 - Assessed as needing intensive home and community-based services.



Paving the Path to Integrated Behavioral Health, Disability and Aging Services in Iowa

Currently, lowans face roadblocks in getting behavioral health care, disability services, and support with aging. From 2022 to 2024, Iowa HHS worked with Iowans to learn how to create a coordinated system with better access to services.

Starting in 2025, lowans will see improvements to the programs and services that provide support for people to live independently and in their community.

The guiding principles of HOME remain at the center of our work.



- lowans do not have information to understand what services are available to them
- lowans with similar needs may qualify for different levels of support
- Iowans with behavioral health needs will have access to Certified Community Behavioral Health Clinics (CCBHCs)
- Other services may be available to help people who live in institutions move back to the community

lowa proposes to:

- Streamline the number of Medicaid waivers it offers and base their supports on need rather than diagnosis
- · Improve the waiver waitlist system
- Strengthen community-based services, including crisis services, for children with Serious Emotional Disturbance (SED)

lowa proposes that:

- Children with SED will access new services, including intensive case management
- Two new services
 will launch under new
 Medicaid waivers: Peer
 Mentoring and Community
 Transition Supports



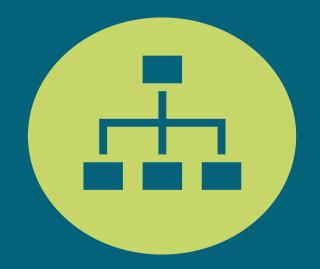
Health and Human Services The **Iowa REACH** initiative is split into three (3) entities which meet once a month.

- REACH Implementation Team
- Consumer Steering Committee
- Five (5) additional subcommittees

The goals for these committees include:

- Maintaining commitment to vision and goals
- Provide oversight and recommendations
- Engage youth, families, providers, and child-serving organizations

Organization





Implementation Plan

The **Implementation Plan** serves as a single, integrated plan that outlines the approach lowa will take to improve the delivery of home and community-based mental health services.

- ► **Goal 1:** Develop, improve and strengthen the Relevant Services for the Defined Class to effectively meet their needs and maximize their success and development in the least restrictive setting.
- ► **Goal 2:** Develop a quality management and accountability structure that ensures ongoing quality assurance and systems improvement for the Defined Class.



Consumer Steering Committee

- ► The Consumer Steering Committee engages families and providers through targeted engagement and education activities to design and implement the Relevant Services to improve and strengthen services as part of the lowa REACH Initiative.
- ► They will provide input and recommendations to Implementation Team and its subcommittees based on lived experience.



Additional REACH Subcommittees

Assessment Tool Subcommittee

▶ Develop a public engagement and decision-making process to decide on the new uniform assessment tool that will be used for Iowa REACH Initiative pathways to care.

Communications Subcommittee

▶ Develop accessible information about the obligations of this settlement and the plan to provide Relevant Services within the Iowa REACH continuum of care for youth, providers, and child-serving agencies.

Services and Providers Subcommittee

► Develop and strengthen the HCBS service array that is individualized and strengths-based aimed to correct behavioral health conditions that interfere with a child's functioning.



Additional REACH Subcommittees (Page 2)

Intensive Care Coordination Subcommittee

► Implement an improved and strengthened care coordination service array that effectively meets the individualized needs of the Defined Class.

Quality Improvement and Assurance Subcommittee

► Develop Quality Improvement and Accountability (QIA) framework and plan that establishes the approach and elements of performance the state will monitor to determine the quality of the Relevant Services and evaluate whether the Defined Class are achieving improved outcomes.



