

# SUMMARY OF IOWA'S 2023-2028 STATE HEALTH IMPROVEMENT PLAN (SHIP)

Iowa's 2023-2028 SHIP includes two important parts that connect with other local, state and national health improvement efforts. With a focus on data, collaboration and equity, the 2023-2028 SHIP provides a vision for the health of Iowa and a framework for organizations engaging in health improvement work. People throughout Iowa are encouraged to use the SHIP to build connections and increase collective impact.

## FOCUSED EFFORTS

The Healthy Iowans Partnership Steering Committee and Workgroups collaborate on goals, objectives and strategies centered around three main priorities:

- Strengthening Relationships
- Access to Care: Behavioral Health
- Healthy Eating & Active Living

The Steering Committee chose these priorities after an in-depth review of the [2021-2022 State Health Assessment](#) (SHA) and an analysis of feasibility and potential impact.

## PARTNERS IN ACTION

Hundreds of organizations in the larger Healthy Iowans Partnership continue essential health improvement work to address all seven 2021-2022 SHA priorities. These efforts are found on the [Partners in Action website](#).



## VIEW THE FULL SHIP

This summary provides a high-level overview of the Healthy Iowans Partnership's work. To view the full 2023-2028 SHIP, visit our [website](#) or scan this QR code with your phone's camera.



# ACCESS TO CARE: BEHAVIORAL HEALTH

**2023 - 2028 SHIP  
FOCUSED EFFORTS**

## GOAL 1

Improve access to behavioral health services for all people in Iowa

### FOCUS AREAS



Awareness of  
Resources



Factors Influencing  
the System



Non-Traditional Delivery  
of Services

## GOAL 2

Strengthen Iowa's behavioral health system by increasing available resources and capacity

### FOCUS AREAS



Children and Youth



Training and Support  
Services



Collaboration

**VIEW THE FULL**  
**2023 - 2028 SHIP** FOR  
STRATEGIES, MEASURES  
AND PARTNERS IN ACTION



Health and  
Human Services

# HEALTHY EATING & ACTIVE LIVING

## 2023 - 2028 SHIP FOCUSED EFFORTS

### GOAL 1

Reduce barriers to affordable, nutritious foods for all people in Iowa

### FOCUS AREAS



Food Insecurity



Locally Sourced Food



Collaboration

### GOAL 2

Increase engagement in active living among all people in Iowa

### FOCUS AREAS



Physical Activity  
Options



Collaboration

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**2023 - 2028 SHIP** FOR  
STRATEGIES, MEASURES  
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Health and  
Human Services