

SUMMARY OF IOWA'S 2023 - 2028 STATE HEALTH IMPROVEMENT PLAN (SHIP)

Iowa's 2023-2028 SHIP includes two important parts that connect with other local, state and national health improvement efforts. With a focus on data, collaboration and equity, the 2023-2028 SHIP provides a vision for the health of Iowa and a framework for organizations engaging in health improvement work. People throughout Iowa are encouraged to use the SHIP to build connections and increase collective impact.

FOCUSED EFFORTS

The Healthy Iowans Partnership Steering Committee and Workgroups collaborate on goals, objectives and strategies centered around three main priorities:

- Strengthening Relationships
- Access to Care: Behavioral Health
- Healthy Eating & Active Living

The Steering Committee chose these priorities after an in-depth review of the [2021-2022 State Health Assessment](#) (SHA) and an analysis of feasibility and potential impact.

PARTNERS IN ACTION

Hundreds of organizations in the larger Healthy Iowans Partnership continue essential health improvement work to address all seven 2021-2022 SHA priorities. These efforts are found on the [Partners in Action website](#).



VIEW THE FULL SHIP

This summary provides a high-level overview of the Healthy Iowans Partnership's work. To view the full 2023-2028 SHIP, visit our [website](#) or scan this QR code with your phone's camera.



ACCESS TO CARE: BEHAVIORAL HEALTH

**2023 - 2028 SHIP
FOCUSED EFFORTS**

GOAL 1

Improve access to behavioral health services for all people in Iowa

FOCUS AREAS



Awareness of
Resources



Factors Influencing
the System



Non-Traditional Delivery
of Services

GOAL 2

Strengthen Iowa's behavioral health system by increasing available resources and capacity

FOCUS AREAS



Children and Youth



Training and Support
Services



Collaboration

VIEW THE FULL
2023 - 2028 SHIP FOR
STRATEGIES, MEASURES
AND PARTNERS IN ACTION



Health and
Human Services

HEALTHY EATING & ACTIVE LIVING

2023 - 2028 SHIP FOCUSED EFFORTS

GOAL 1

Reduce barriers to affordable, nutritious foods for all people in Iowa

FOCUS AREAS



Food Insecurity



Locally Sourced Food



Collaboration

GOAL 2

Increase engagement in active living among all people in Iowa

FOCUS AREAS



Physical Activity
Options



Collaboration

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2023 - 2028 SHIP FOR
STRATEGIES, MEASURES
AND PARTNERS IN ACTION



Health and
Human Services