

Public Notice

State Plan Amendment (SPA) IA-25-0024

Updates to Multisystemic Therapy (MST) and Functional Family Therapy (FFT)

Posted: 7/1/2025

The Iowa Department of Health and Human Services (HHS), pursuant to the requirements outlined in 42 C.F.R. §447.205, hereby gives notice of the proposed action to clarify Multisystemic Therapy (MST) and Functional Family Therapy (FFT) provider qualification and supervision standards. MST and FFT providers must meet qualifications detailed in the HHS’ Behavioral Health Services Provider Manual to provide services in the State.

Summary of Submission:

This notice is to provide information of public interest with respect to the updates regarding MST and FFT treatment provider qualification and supervision standards to align with the State’s Behavioral Health Services Provider Manual. Iowa Medicaid is submitting State Plan Amendment (SPA IA-25-0024) to CMS detailing these changes, effective July 1, 2025.

Estimated Fiscal Impact:

Iowa Medicaid anticipates that the proposed changes will have the following fiscal impact:

Federal Fiscal Year	Federal Dollars	State Fiscal Year	State Dollars
FFY 2025 <i>(10/1/24 – 9/30/25)</i>	\$7,242.00	SFY 2026 <i>(7/1/25 – 6/30/26)</i>	\$16,585.00
FFY 2026 <i>(10/1/24 – 9/30/25)</i>	\$15,764.00	SFY 2027 <i>(7/1/26 – 6/30/27)</i>	\$27,793.00

The proposed changes to the provider qualification and supervision standards are subject to approval by the Centers for Medicare & Medicaid Services (CMS).

Public Review and Comments:

A copy of the SPA- IA-25-0024 and public notice is posted on the HHS website at the following link:

<https://hhs.iowa.gov/public-notice/2025-07-01/public-notice-state-plan-amendment-spa-ia-25-0024-updates-multisystemic-therapy-mst-and-functional>

To reach all stakeholders, non-electronic copies will be made available for review at each local HHS office.

Submission of Comments:

Written comments may be sent to Quality/Innovation and Medical Policy Bureau, Department of Health and Human Services, Iowa Medicaid, 321 East 12th St., Des Moines, IA 50319-0114 or may be emailed to gimp_public_comment@hhs.iowa.gov. Please indicate SPA IA-25-0024 in the subject line of the email.

All written and emailed comments must be received no later than July 31, 2025, by 4:30 P.M.

Submitted by:

Rebecca Curtiss, Interim Medicaid Director