

# Molina Summer Events and Outreach

# Virtual Diabetes Care Series

## What we'll discuss:

- How to eat and live healthier
- How to manage your medicines
- How to lessen your risks
- New ways to treat your diabetes

## Dates:

Wednesday, July 16, 2025 - 6 to 7 p.m., CST  
Wednesday, September 17, 2025 - 10 to 11 a.m., CST  
Wednesday, November 5, 2025 - 6 to 7 p.m., CST  
Wednesday, December 3, 2025 - 10 to 11 a.m., CST

## Register:

[Molina Iowa - Virtual Diabetes Care Webinar](#)

\$25 in healthy  
rewards for  
members who  
attend

## Virtual diabetes care series

If you are living with diabetes, join Molina Healthcare of Iowa's **virtual diabetes care series** to learn ways to better manage the disease, how to lower your A1C and much more.



**You should attend if you are an adult with:**

- **Diabetes or pre-diabetes** (or have had a history of these conditions)
- **Or are a caregiver of someone with diabetes**



**Date and time:**

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See the upcoming series and [register here](#) and/or scan the QR Code



If you have questions about this program, call Member Services at **(844) 236-0894 (TTY: 711)**, or email at [MolinalAVABInfo@MolinaHealthcare.com](mailto:MolinalAVABInfo@MolinaHealthcare.com)



**What we'll discuss:**

- How to eat and live healthier
- How to manage your medicines
- How to lessen your risks
- New ways to treat your diabetes



Molina members can earn **\$25 in Healthy Rewards** for attending each session



Learn more about additional Healthy Rewards for completing diabetes care screenings

# Baby Shower



## Save the Date!

**September 6th, 2025, at 2:00 PM**

**Online and In-person**

**1400 Inspiration Pl SW**

**Cedar Rapids, IA 52404**

Registration coming soon!

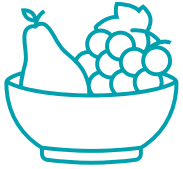


If you are pregnant or had a new baby in the last six months, you're invited to a baby shower!

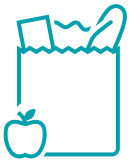
Attend and earn a \$100 reward for each pregnancy. Use it to pay for diapers, wipes, formula, car seats, car seat bases or a Pack 'n Play!

# Produce Bags

Molina provides fresh produce to communities at events and in areas that have been identified as food insecure.



**Fresh Fruits and Vegetables**



**Culturally appropriate foods**



**Help communities address food insecurity**



## Produce Bag Events

Date	Event	Location
7/29/2025	Red Oak Mini Golf Tourney at YMCA	101 E. Cherry St, Red Oak, IA 51566
7/29/2025	Molina Day at Oakridge Neighborhood	1401 Center St. Des Moines, IA 50314
7/30/2025	Molina Community Day at YMCA	1100 Maple St. Atlantic, IA 50022
8/20/2025	Molina Community Day at Black Hawk County YMCA	<u>669 S Hackett Rd, Waterloo, IA 50701</u>
8/31/2025	Laundry Love	Wash Daze Laundry, 3558 W. Broadway 51501, Council Bluffs, IA, 51501
9/6/2025	Recovery Rally	Ottumwa
08/01,08/15	Des Moines Downtown Library	1000 Grand Ave, Des Moines, IA 50309
08/11, 08/12	Valley Resource Fair	West Des Moines

# Health and Wellness

Molina aims to assist members with physical fitness by giving away bikes. Upcoming events include bike rodeos and block parties



## Bike Giveaways



## Promote Safety with Helmets





# Health and Wellness

Date	Event	Location
7/16/2025	Spencer Block Party at YMCA	1001 11th Ave, Spencer, IA 51301
7/25/2025	South Sioux City Bike Rodeo at YMCA	601 Riverview Dr. South Sioux, City, NE 68776
8/14/2025	Molina at Rock Valley Physical Therapy	2109 Cedarwood Dr. #200, Muscatine, IA 52761
8/01/2025	Council Bluffs Bike Rodeo @YMCA	235 Harmony St. Council Bluffs, IA 51503
8/20/2025	Black Hawk County Block Party at YMCA	669 S Hackett Rd. Waterloo, IA 50701

# Gym Membership

- Free YMCA 12-month membership for all eligible Molina members. To be eligible, members must have completed an annual physical (ages 18+ years) or well-child visit (ages 0-17 years) during the previous 12 months.



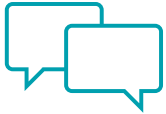


# Resource Fairs

Molina speaks with members at in-person events like health fairs to inform them about our value-added benefits and answer questions on how to get the most out of their health plan.



## Health Education Materials



## Value-Added Benefit Materials



## Event Giveaways i.e. baby bottles, stress balls, and back scratchers.



# Resource Fairs

Date	Event	Address
7/10/2025	LINC Event	101 W 5th Street, Spencer, IA 51301
8/2/2025	Community Baby Shower	1340 11th Street NW, Cedar Rapids, IA 52405
8/5/2025	Breakfast and Breastfeeding	1500 Loras Blvd. Dubuque, IA 52001
8/5/2025	Rock the Center	1021 Nebraska St. Sioux City, IA 51105
8/5/2025	Block Party	126 N 10th Street, Ft. Dodge IA, 50501
8/6/2025	Block Party	223 W 7th Street, Spencer, IA 51301
8/7/2025	Wellness Bash	100 Pearl Street, Council Bluffs, IA 51503
8/7/2025	Voy 61 Back to School Event	1228 US-61Delmar, IA 52037
8/8/2025	Health Fair	715 W Milwaukee Ave. Storm Lake, IA 50588
8/9/2025	Steppin' It Up	1690 Elm St. #300 Dubuque, IA 52001

## Resource Fairs - Continued

Date	Event	Address
08/15-08/16	Johnson County Back to School	Iowa City
8/16/2025	Community Baby Shower	Davenport
8/22/2025	Council Bluffs- staff only	1 Arena Way, Council Bluffs, IA 51501
8/05/2025	Back to School Block Party	126 N 10th Street, Fort Dodge, IA 50501
08/07/2025	Community Health Center Event	404 N Federal Way, Mason City, IA 50401
08/07/2025	Primary Health Care Community Night	1200 University Ave, Des Moines, IA 50314

# Additional Molina Supports

Healthy Rewards are set dollar amounts you earn by taking care of your health.

## What Can I Buy?

### Over-the-counter health and wellness items

- Allergy sinus cold & flu
- Oral health Diabetes care
- Digestive health
- Eye & eye care
- First aid Foot care
- Incontinence products
- Pain relief
- Sun & skin care
- Support, braces, & wraps
- Vitamins

### Monthly expenses

- Rent, mortgage, utilities, internet, phone service, pest control, and transportation (Lyft, Uber, bus passes, taxis).

**GAS Pay-at-the-Pump:** Can be used at any gas pump that accepts VISA cards.

### Baby items

- Infant diapers
- Toddler pull-ups
- Baby wipes
- Baby formula
- Pack-n-play\*
- Car seat\*
- Car seat base\*
- Strollers\*
- Travel Systems (car seat/stroller combo)\*



## Member rewards Stay healthy and get the items you need

Molina Healthcare of Iowa (Medicaid)



### Where can I use my member rewards?

Once you have activated your rewards card and registered for your online account, login to [HealthyBenefitsPlus.com/MolinaHealthyRewards](https://HealthyBenefitsPlus.com/MolinaHealthyRewards) to see a full list of participating in-store merchants by using the "Store Finder" tool.

Below are a few participating in-store merchants:

- **Grocery stores:** HyVee, Walmart, Dollar General, Schnucks
- **Drug stores:** CVS, Walgreens, and Walmart and participating community pharmacies
- **Shop online at** [Walmart.com](https://Walmart.com)

### What can I buy with my rewards card?

Use your rewards to buy approved items such as:



### Whole care items:

- **Eligible groceries** (same as eligible foods through SNAP food stamp/EBT benefits)
- **Over-the-counter products**
- **Home and personal supplies** (body soap, shampoo, conditioner, cleanser, dental care, paper towels, toilet paper, paper cups, bathroom supplies, kitchen cleaner, dishwasher detergent, fan, air conditioner, space heater)
- **Bill pay** (pay monthly expenses like electric, heating, gas, sanitation, water, sewer, internet, and phone services)
- **Pest control**
- **Assistive devices** (grab bars, raised toilet seats, bedroom safety aids)
- **Pet care and supplies**
- **Disaster recovery supplies**
- **Non-medical transportation**



### Baby items: (Only eligible through earned pregnancy rewards)

- Infant diapers
- Toddler pull-ups
- Baby wipes
- Baby formula
- Pack-n-play\*
- Car seat\*
- Car seat base

\*Items can only be purchased at Walmart online or in-store.



**Gas pay-at-the-pump:** Only eligible by selecting gas pay-at-pump option when you claim your reward. Reward can be redeemed at any pump with pay-at-pump option.

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# Additional Molina Supports

Finding solutions that align with your needs

## Specialists Support

**Child Welfare Specialist**

**Justice System Specialist**

**Housing Specialist**

**Employment Specialist**

**Peer Support Specialist**

**EPSDT Specialist**

**Rural Health Specialist**

**Maternal Health Specialist**

To connect with any specialist or case management services please call Member Services [\(844\) 236-0894](tel:8442360894) TTY: 711

