

# Molina Summer Events and Outreach

# Virtual Diabetes Care Series

## What we'll discuss:

- How to eat and live healthier
- How to manage your medicines
- How to lessen your risks
- New ways to treat your diabetes

\$25 in healthy  
rewards for  
members who  
attend

## Dates:

Wednesday, July 16, 2025 - 6 to 7 p.m., CST  
Wednesday, September 17, 2025 - 10 to 11 a.m., CST  
Wednesday, November 5, 2025 - 6 to 7 p.m., CST  
Wednesday, December 3, 2025 - 10 to 11 a.m., CST

## Register:

[Molina Iowa - Virtual Diabetes Care Webinar](#)

## Virtual diabetes care series

If you are living with diabetes, join Molina Healthcare of Iowa's **virtual diabetes care series** to learn ways to better manage the disease, how to lower your A1C and much more.



**You should attend if you are an adult with:**

- **Diabetes or pre-diabetes** (or have had a history of these conditions)
- **Or are a caregiver of someone with diabetes**



**Date and time:**

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See the upcoming series and [register here](#) and/or scan the QR Code



If you have questions about this program, call Member Services at **(844) 236-0894 (TTY: 711)**, or email at [MolinalAVABInfo@MolinaHealthcare.com](mailto:MolinalAVABInfo@MolinaHealthcare.com)



**What we'll discuss:**

- How to eat and live healthier
- How to manage your medicines
- How to lessen your risks
- New ways to treat your diabetes



Molina members can earn **\$25 in Healthy Rewards** for attending each session



Learn more about additional Healthy Rewards for completing diabetes care screenings

Molina Healthcare of Iowa (Molina) complies with all Federal civil rights laws that relate to healthcare services. Molina offers healthcare services to all members without regard to race, color, national origin, age, disability, or sex. Molina Healthcare of Iowa Member Services: (844) 236-0894 (TTY: 711). English: Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call the number above. Español (Spanish): Servicios de asistencia de idiomas, ayudas y servicios auxiliares, traducción oral y escrita en letra más grande y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

# Baby Shower



## Save the Date!

**September 6th, 2025, at 2:00 PM**

**Online and In-person**

**1400 Inspiration Pl SW**

**Cedar Rapids, IA 52404**

Registration coming soon!

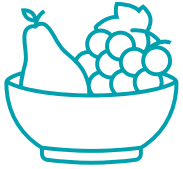


If you are pregnant or had a new baby in the last six months, you're invited to a baby shower!

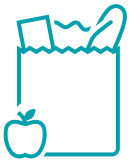
Attend and earn a \$100 reward for each pregnancy. Use it to pay for diapers, wipes, formula, car seats, car seat bases or a Pack 'n Play!

# Produce Bags

Molina provides fresh produce to communities at events and in areas that have been identified as food insecure.



**Fresh Fruits and Vegetables**



**Culturally appropriate foods**



**Help communities address food insecurity**



## Produce Bag Events

Date	Event	Location
7/29/2025	Red Oak Mini Golf Tourney at YMCA	101 E. Cherry St, Red Oak, IA 51566
7/29/2025	Molina Day at Oakridge Neighborhood	1401 Center St. Des Moines, IA 50314
7/30/2025	Molina Community Day at YMCA	1100 Maple St. Atlantic, IA 50022
8/20/2025	Molina Community Day at Black Hawk County YMCA	<u>669 S Hackett Rd, Waterloo, IA 50701</u>
8/31/2025	Laundry Love	Wash Daze Laundry, 3558 W. Broadway 51501, Council Bluffs, IA, 51501
9/6/2025	Recovery Rally	Ottumwa
08/01,08/15	Des Moines Downtown Library	1000 Grand Ave, Des Moines, IA 50309
08/11, 08/12	Valley Resource Fair	West Des Moines

# Health and Wellness

Molina aims to assist members with physical fitness by giving away bikes. Upcoming events include bike rodeos and block parties



## Bike Giveaways



## Promote Safety with Helmets





# Health and Wellness

Date	Event	Location
7/16/2025	Spencer Block Party at YMCA	1001 11th Ave, Spencer, IA 51301
7/25/2025	South Sioux City Bike Rodeo at YMCA	601 Riverview Dr. South Sioux, City, NE 68776
8/14/2025	Molina at Rock Valley Physical Therapy	2109 Cedarwood Dr. #200, Muscatine, IA 52761
8/01/2025	Council Bluffs Bike Rodeo @YMCA	235 Harmony St. Council Bluffs, IA 51503
8/20/2025	Black Hawk County Block Party at YMCA	669 S Hackett Rd. Waterloo, IA 50701

# Gym Membership

- Free YMCA 12-month membership for all eligible Molina members. To be eligible, members must have completed an annual physical (ages 18+ years) or well-child visit (ages 0-17 years) during the previous 12 months.



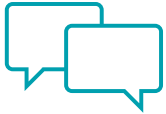


# Resource Fairs

Molina speaks with members at in-person events like health fairs to inform them about our value-added benefits and answer questions on how to get the most out of their health plan.



## Health Education Materials



## Value-Added Benefit Materials



## Event Giveaways i.e. baby bottles, stress balls, and back scratchers.



## Resource Fairs

Date	Event	Address
7/10/2025	LINC Event	101 W 5th Street, Spencer, IA 51301
8/2/2025	Community Baby Shower	1340 11th Street NW, Cedar Rapids, IA 52405
8/5/2025	Breakfast and Breastfeeding	1500 Loras Blvd. Dubuque, IA 52001
8/5/2025	Rock the Center	1021 Nebraska St. Sioux City, IA 51105
8/5/2025	Block Party	126 N 10th Street, Ft. Dodge IA, 50501
8/6/2025	Block Party	223 W 7th Street, Spencer, IA 51301
8/7/2025	Wellness Bash	100 Pearl Street, Council Bluffs, IA 51503
8/7/2025	Voy 61 Back to School Event	1228 US-61Delmar, IA 52037
8/8/2025	Health Fair	715 W Milwaukee Ave. Storm Lake, IA 50588
8/9/2025	Steppin' It Up	1690 Elm St. #300 Dubuque, IA 52001

## Resource Fairs - Continued

Date	Event	Address
08/15-08/16	Johnson County Back to School	Iowa City
8/16/2025	Community Baby Shower	Davenport
8/22/2025	Council Bluffs- staff only	1 Arena Way, Council Bluffs, IA 51501
8/05/2025	Back to School Block Party	126 N 10th Street, Fort Dodge, IA 50501
08/07/2025	Community Health Center Event	404 N Federal Way, Mason City, IA 50401
08/07/2025	Primary Health Care Community Night	1200 University Ave, Des Moines, IA 50314

# Additional Molina Supports

Healthy Rewards are set dollar amounts you earn by taking care of your health.

## What Can I Buy?

### Over-the-counter health and wellness items

- Allergy sinus cold & flu
- Oral health Diabetes care
- Digestive health
- Eye & eye care
- First aid Foot care
- Incontinence products
- Pain relief
- Sun & skin care
- Support, braces, & wraps
- Vitamins

### Monthly expenses

- Rent, mortgage, utilities, internet, phone service, pest control, and transportation (Lyft, Uber, bus passes, taxis).

**GAS Pay-at-the-Pump:** Can be used at any gas pump that accepts VISA cards.

### Baby items

- Infant diapers
- Toddler pull-ups
- Baby wipes
- Baby formula
- Pack-n-play\*
- Car seat\*
- Car seat base\*
- Strollers\*
- Travel Systems (car seat/stroller combo)\*



## Member rewards Stay healthy and get the items you need

Molina Healthcare of Iowa (Medicaid)



### Where can I use my member rewards?

Once you have activated your rewards card and registered for your online account, login to [HealthyBenefitsPlus.com/MolinaHealthyRewards](https://HealthyBenefitsPlus.com/MolinaHealthyRewards) to see a full list of participating in-store merchants by using the "Store Finder" tool.

Below are a few participating in-store merchants:

- **Grocery stores:** HyVee, Walmart, Dollar General, Schnucks
- **Drug stores:** CVS, Walgreens, and Walmart and participating community pharmacies
- **Shop online at** [Walmart.com](https://Walmart.com)

### What can I buy with my rewards card?

Use your rewards to buy approved items such as:



### Whole care items:

- **Eligible groceries** (same as eligible foods through SNAP food stamp/EBT benefits)
- **Over-the-counter products**
- **Home and personal supplies** (body soap, shampoo, conditioner, cleanser, dental care, paper towels, toilet paper, paper cups, bathroom supplies, kitchen cleaner, dishwasher detergent, fan, air conditioner, space heater)
- **Bill pay** (pay monthly expenses like electric, heating, gas, sanitation, water, sewer, internet, and phone services)
- **Pest control**
- **Assistive devices** (grab bars, raised toilet seats, bedroom safety aids)
- **Pet care and supplies**
- **Disaster recovery supplies**
- **Non-medical transportation**



### Baby items: (Only eligible through earned pregnancy rewards)

- Infant diapers
- Toddler pull-ups
- Baby wipes
- Baby formula
- Pack-n-play\*
- Car seat\*
- Car seat base

\*Items can only be purchased at Walmart online or in-store.



**Gas pay-at-the-pump:** Only eligible by selecting gas pay-at-pump option when you claim your reward. Reward can be redeemed at any pump with pay-at-pump option.

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# Additional Molina Supports

Finding solutions that align with your needs

## Specialists Support

**Child Welfare Specialist**

**Justice System Specialist**

**Housing Specialist**

**Employment Specialist**

**Peer Support Specialist**

**EPSDT Specialist**

**Rural Health Specialist**

**Maternal Health Specialist**

To connect with any specialist or case management services please call Member Services [\(844\) 236-0894](tel:8442360894) TTY: 711

