Woodward Resource Center (WRC)

Center of Excellence (CoE) Outreach Team

Iowa Medicaid Competency-Based Training (CBT) Session

June 2025



Please consider completing this pre-test while we wait. Link: https://www.surveymonkey.com/r/WRCcoe-pre

Woodward Resource Center (WRC) Center of Excellence (CoE)

Mission

The WRC CoE works to strengthen communitybased support that promotes optimal quality of life for individuals through expert training, consultation, and collaborative leadership.

Vision

The WRC CoE strives to foster inclusive communities across Iowa in which individuals have full access to the care and opportunities they need and desire.

Values

The WRC CoE is grounded in the following values: Prevention-Focused Solution, Commitment to Quality of Life, Sustainability and Empowerment and Excellence in Collaboration and Inclusivity.



CoE began in March 2024 as the GRC Strike Team

Strike Team consisted of 6 members

The CoE is now a permanent support arm of HHS/WRC



Phases

Phase 1: Glenwood Resource Center (GRC) Transition Monitoring: Fulfill the State's obligation for GRC transition monitoring in accordance with the DOJ/HHS/GRC Consent Decree. The WRC CoE will employ staff to conduct such monitoring.



Phase 2: Consultation Services: Promote improved community service outcomes, including reducing risk for individuals with an intellectual disability, by helping community providers identify barriers to healthy living.



Phase 3: Crisis Assessment and Stabilization: Provide an opportunity for short term assessment, stabilization and initial skill development at WRC for individuals with an intellectual disability to ensure a successful return to a more integrated community setting.

Phase 1: Glenwood Resource Center (GRC) Transition Monitoring



Transitions from Glenwood Resource Center

147	Total transitions from April 2022-June 2024
27	Woodward Resource Center (WRC)
82	Home and Community-Based Services (HCBS) community homes
9	Other ICF/IID
16	Host homes
6	Nursing facilities
7	Hospice



Phase 2: Consultation Services



Consultation Services



Promote improved community service outcomes, including reducing risk for individuals with an intellectual disability, by helping community providers identify barriers to healthy living.

A team of clinical experts provide support for individual referrals

A team provides training and education on a variety of topics

To qualify, the individual must be eligible to receive Medicaid services

Center of Excellence Team







Over 200 years of combined experience

- Intellectual and Developmental Disabilities (I/DD)
- Complex health and behavioral healthcare needs

Support through assessment, consultation, record review, plan development, training and more

Support may be provided by an individual clinician or a team of clinicians

Specialized Team Members

- Nurse Specialist
- Speech and Language Pathologist (SLP)
- Physical Therapist (PT)
- Occupational Therapist (OT)
- Two Training Specialists
- Psychology Administrator (BCBA –D)
- Board Certified Behavior Analyst (BCBA)





WRC CoE - Phase 2 Offerings*:

Acute health concerns	Communication
Chronic health conditions	Behavior concerns
Preventative plan for illness	Data collection
Feeding and swallowing safety	Exercise
Mealtime supports	Adaptive equipment
Fall injuries and prevention	Mobility
Gross and fine motor skills	Positioning
Daily living skills	Accessibility/modifications
Routines	Gross and fine motor skills
Sensory regulation	Individualized educational trainings

^{*}This is not a comprehensive list of offerings WRC CoE may support



Individual Referral Process

https://hhs.iowa.gov/specialty-care-facilities/woodward-resource-center/wrc-center-excellence





Training Referral Process





Consultation Success Story



Phase 3: Crisis Assessment and Stabilization



Crisis Assessment & Stabilization

- ▶ Provide an opportunity for short-term assessment, stabilization and initial skill development at WRC
- ► Ensure a successful return to a more integrated community setting for individuals with intellectual disability
- ► Funded by appropriations
 - Reduce census and utilize current appropriation
 - Request additional appropriation
- ► This will be a short-term WRC admission; therefore, will have to have an Intellectual Disability (ID) diagnosis
- ► Reduce overall facility census to 100



